

VASCULAR ACCESS Femoral First – How and When?

BERNARD PRENDERGAST

ST THOMAS' HOSPITAL AND CLEVELAND CLINIC LONDON



AGOSTO 7 - 9 2024





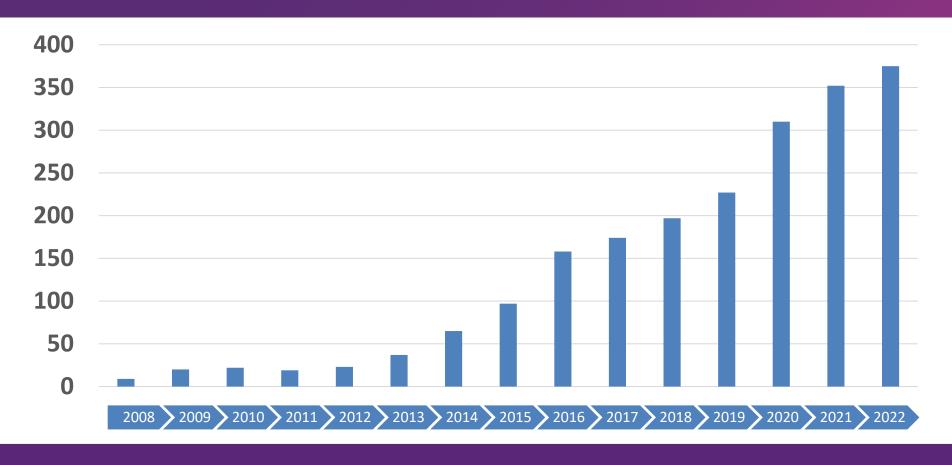


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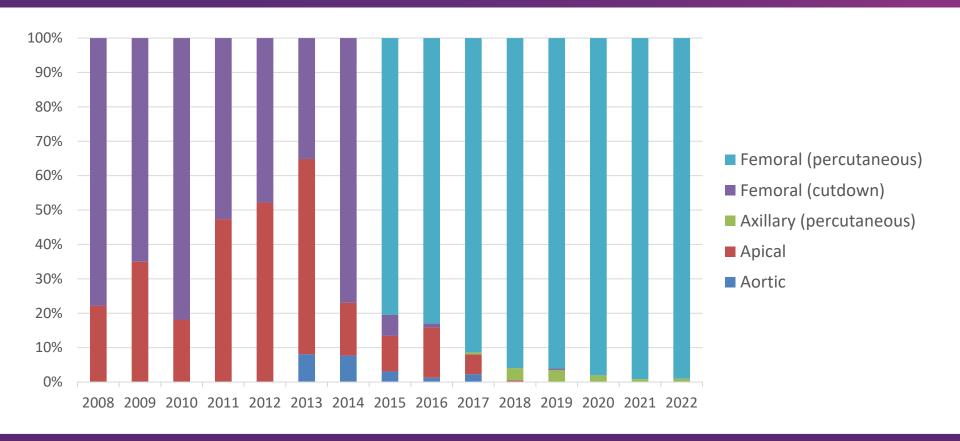




The St Thomas' Hospital TAVI Programme



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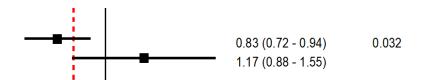
TRANSFEMORAL TAVI IS A CLEAR WINNER...

Meta-analysis of 7 RCTs

MORTALITY

Siontis G et al, European Heart Journal (2019)

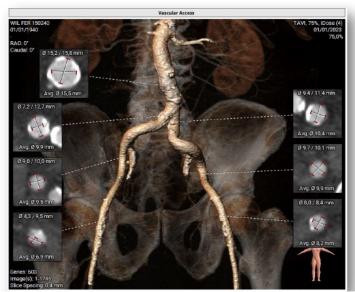




17% relative risk reduction up to 2 years



BUT CAUTION IS REQUIRED...



Ex vivo maximum expansion at pusher site





TAVR Delivery Systems – Outer Diameters (mm)					
Evolut R	23	26	29	34	
EnVeo PRO delivery system	6	6	6	6	
Evolut Pro	23	26	29		
EnVeo PRO delivery system	6.7	6.7	6.7		
Sapien 3	20	23	26	29	
Commander Delivery System with eSheath	5.8 7.5	5.8 7.6	5.8 7.6	6.5 8.2	
Acurate Neo 2	S	M	L		
14 F iSLEEVE	6.0 7.5-8.0	6.0 7.5-8.0	6.0 7.5-8.0		
Portico	23	25	27	29	
FlexNav Delivery System	6.0	6.0	6.3	6.3	

- Careful evaluation of the aorta and ileo-femoral arteries
- Respect size there's no "real 14F" TAVR delivery system
- Watch out for circular or horse shoe calcification
- Tortuosities + Calcification may prevent VDS to pass



Transcatheter Aortic Valve Implantation (TAVI) - Report at a glance

2022/23 data unless otherwise stated.



NCAP

Aortic Valve

(TAVI) Registry



32 NHS centres in England, Wales and Northern Ireland are providing TAVI procedures



7,669 TAVI procedures performed in 2022/23, a **13%** rise compared with 2021/22



25% of TAVI procedures are performed as urgent cases



94% of TAVI procedures are performed with conscious sedation



96% of TAVI procedures are performed via percutaneous femoral arterial access



3 days median length of stay for elective procedures



<2% major complications following a TAVI procedure

- 1.4% stroke
- 1.0% major bleeding
- **1.4%** major vascular access complications
- 1.8% moderate-severe AR after TAVI implant



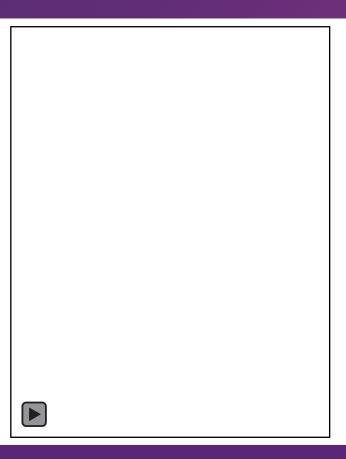
7.4% requirement for a pacemaker following a TAVI procedure (down from **15%** in 2015/16).



∢BCIS▶



What are we trying to avoid?





Considerations for Planning Hostile Access TAVI

Local equipment and expertise

- Anatomical considerations
 - > Vessel depth and calibre
 - Calcification
 - > Tortuosity
 - > Previous intervention (e.g. EVAR, vascular stents)

Micropuncture

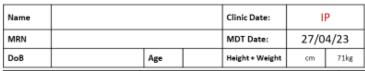




Incremental gains...



Planning the procedure





Details	PMH	Coronaries	
Admitted to with increased breathlessness and peripheral oedema. New fast AF and hypertension. No chest tightness or syncope		Angio 14/4/23 LMS- clear LAD- mild mid vessel and Os D2 lesions Cx mild atheroma RCA dominant mild atheroma	

EF	40%
MG/PG	44/73
AVA	0.4cm²
ECG	AF, narrow
Creat	118



Plan Sizing: Acurate M/L, 25, Portico 27/29, Evolut 29, Sapien 3 26. Access: RFA

Caution Horizontal acrta
Arch Normal – suitable for CEP

Urgency RED - TAVI within 1 month of referral (Priority 2). Should not be last on list.

Huoroscopy LAO4/CAU2 Aorta 67 ° WILEY

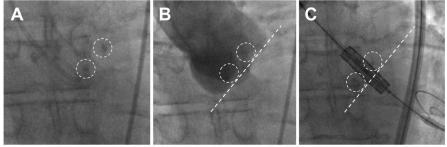
Clinical outcomes following single access transfemoral transcatheter aortic valve implantation

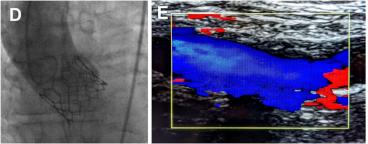
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Abstract

alignment.

Objectives: We describe the first experience using calcification of anatomical landmarks to obviate the need for transcatheter aortic valve implantation (TAVI) alignment aortography and secondary TAVI access.

Background: TAVI alignment conventionally involves secondary femoral access for contrast aortography using a second catheter. Secondary femoral access accounts for up to 25% of all vascular complications. Heavily calcified aortic leaflets are often visible fluoroscopically and can act as markers for TAVI

Methods: We considered 100 consecutive patients for transfemoral TAVI. The first group was considered for a conventional dual access technique and the subsequent group was considered for a single access technique. Relevant baseline, and procedural and outcome measures were recorded.

Results: Baseline characteristics were comparable between groups. Balloon-expandable transcatheter heart valves (THV) were used in all cases. THV implantation was successful in 100% of cases with no procedural or in-hospital mortality. Procedural time and contrast use were lower in the single access group.

There were no Valve Academic Research Consortium (VARC)-2 major vascular complications with the single access technique.

Conclusions: This is the first study describing the use of calcification of anatomical landmarks to obviate the need for secondary TAVI access. Notable observations included successful device implantation in all cases, no VARC-2 major vascular complications, comparable rates of paravalvular leak and permanent pacemaker requirement, shorter procedural times, and lower contrast use. Single access TAVI is a viable alternative technique to minimize vascular access, contrast use, and procedural duration in experienced centers and with selected patients, allowing successful device implantation and low complication rates while further streamlining TAVI workflow.

Aroney N et al. Cath Cardiovasc Int 2022.

The most successful human beings are those who are good at Plan B











Availability of equipment for up front peripheral intervention

Being able to react to the situation

A clear plan if there is a problem







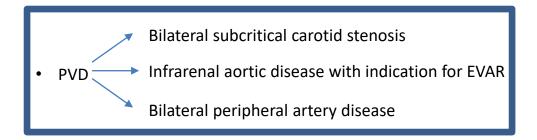
Conclusions and take home messages

- Try to avoid own goals...
 - > Ultrasound guided micropuncture for everyone
- CT analysis is important
 - > To determine strategy
 - > To plan bail-out options
 - > Should be done by interventional cardiologists
- Have the right equipment (including IVL) available
- Trying and failing is reasonable... as long as it is safe
- 'Just push harder' is not the answer!

A case from everyday clinical practice

86 yo man, severe AS with preserved LV ejection fraction

- Chronic anemia
- Previous right pulmonary lobectomy for adenocarcinoma
- CKD IV (eGFR 18ml/min, Serum Creatinine 2.97mg/dl)



Current symptoms: Dyspnoea on mild effort (NYHA III)

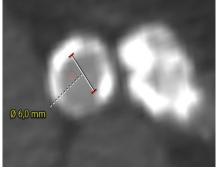
Courtesy of Dr Flavio Ribichini

CT analysis: overview of iliac-femoral axes



Lunderquist wire + eSheath



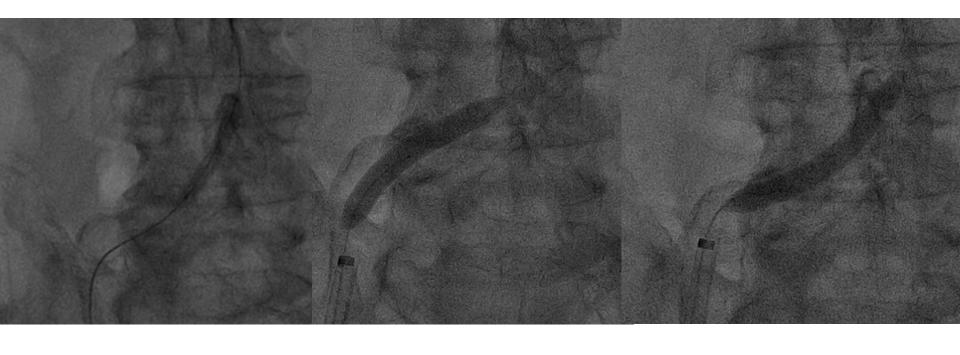




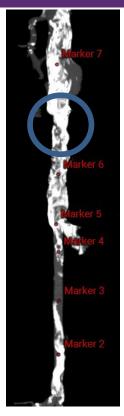
Calcium Arch: 181-270°

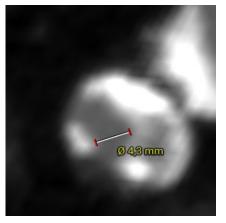


PTA with 6mm balloon + IVL with 8x60mm SW balloon



Further obstacle

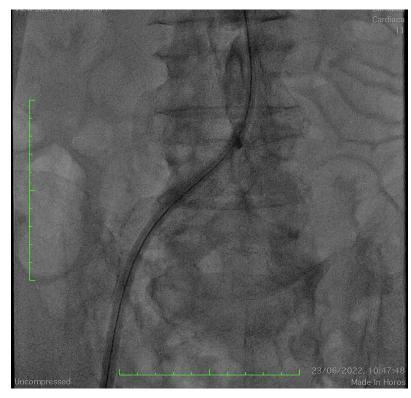






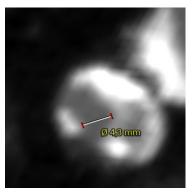
Calcium Arch: 271-360°

Unsuccessful advancement



Sheath change

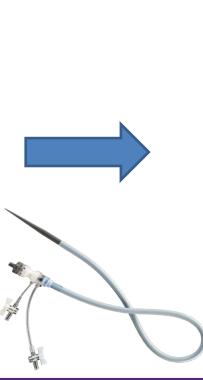






75%

<u>Calcium Arch</u>: **271-360°**





Success!!

