

XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA
CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



DE LA
PREVENCIÓN
A LA **INTERVENCIÓN**

8, 9 y 10 de octubre

Lugar: 
INTERCONTINENTAL
SAN JOSÉ, COSTA RICA

Organiza:



ASOCAR
Asociación
Costarricense
de Cardiología



ASOCAR
Capítulo de Enfermería



ACCI
ASOCIACIÓN COSTARRICENSE DE
CARDIOLOGÍA INTERVENCIONISTA



**JORNADAS
SOLACI**



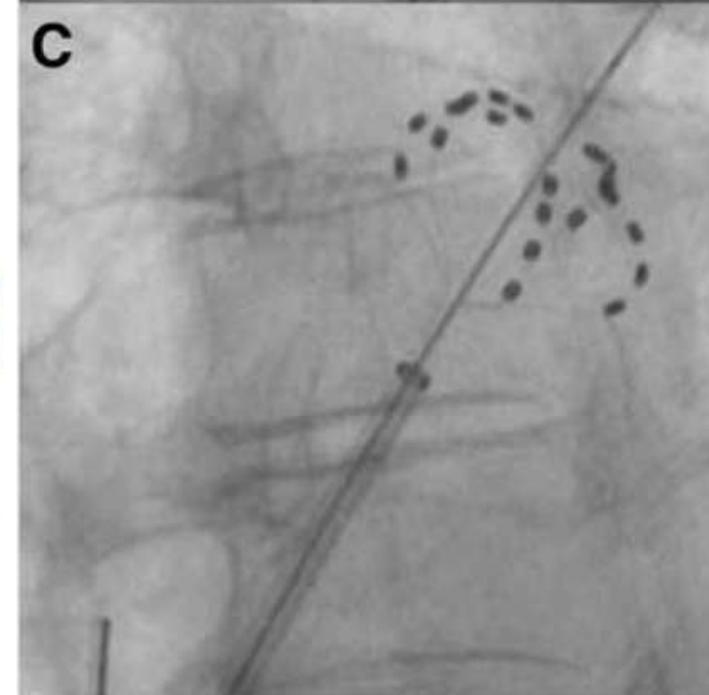
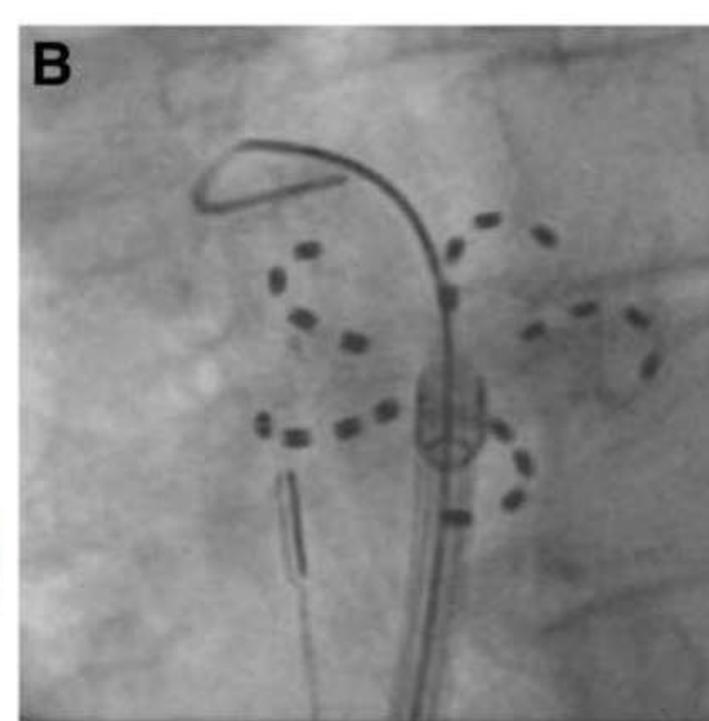
Ablación de fibrilación auricular: dos caminos al mismo objetivo.

Energía pulsada.

Hugo Arguedas Jiménez, M.D., FESC.

Medicina Interna, Cardiología y Electrofisiología cardíaca.
Servicio de Cardiología, Hospital R.A. Calderón Guardia.

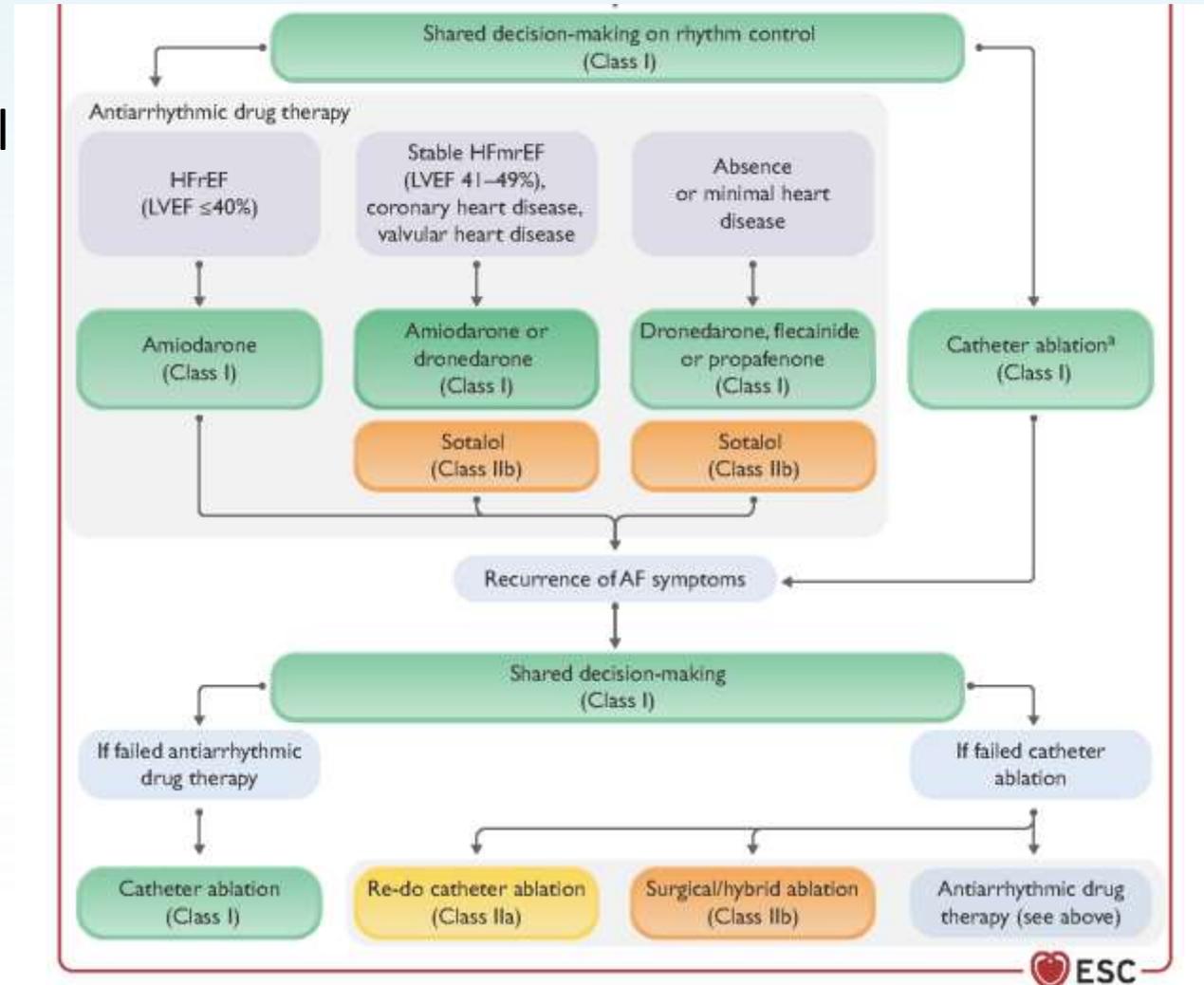
Profesor Instructor de Medicina - Escuela de Medicina.
Profesor de Cardiología - Sistema de Estudios de Posgrado.
Universidad de Costa Rica.
European Heart Rhythm Specialist.





Ablación es el pilar para el control arrítmico.

1. La terapia de ablación es hoy el pilar del tratamiento de la fibrilación auricular.
2. La ablación permite una alta tasa de curación, menor tasa de recurrencias, mejor calidad de vida y una menor mortalidad.
3. La evolución tecnológica dispone de herramientas que mejoran la eficacia y seguridad de la terapia de ablación.



XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



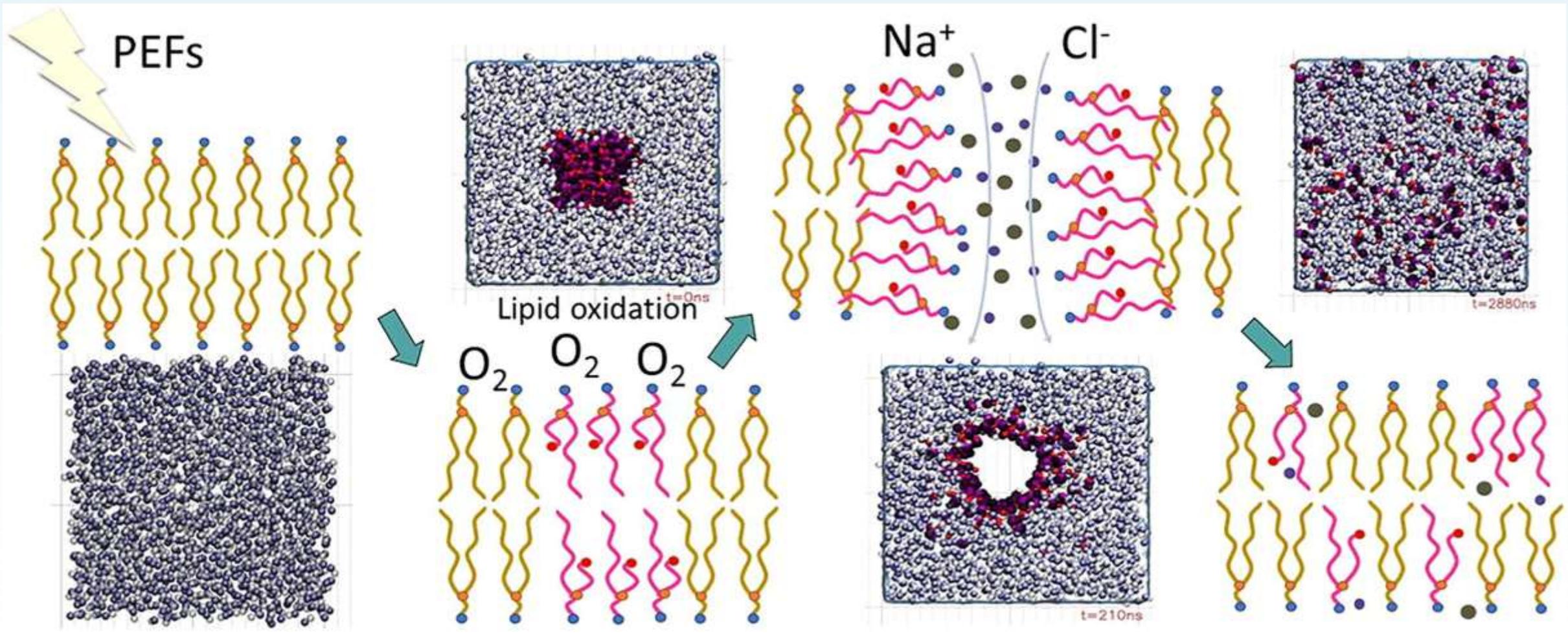
Principios bioelectroquímicos

Organiza:

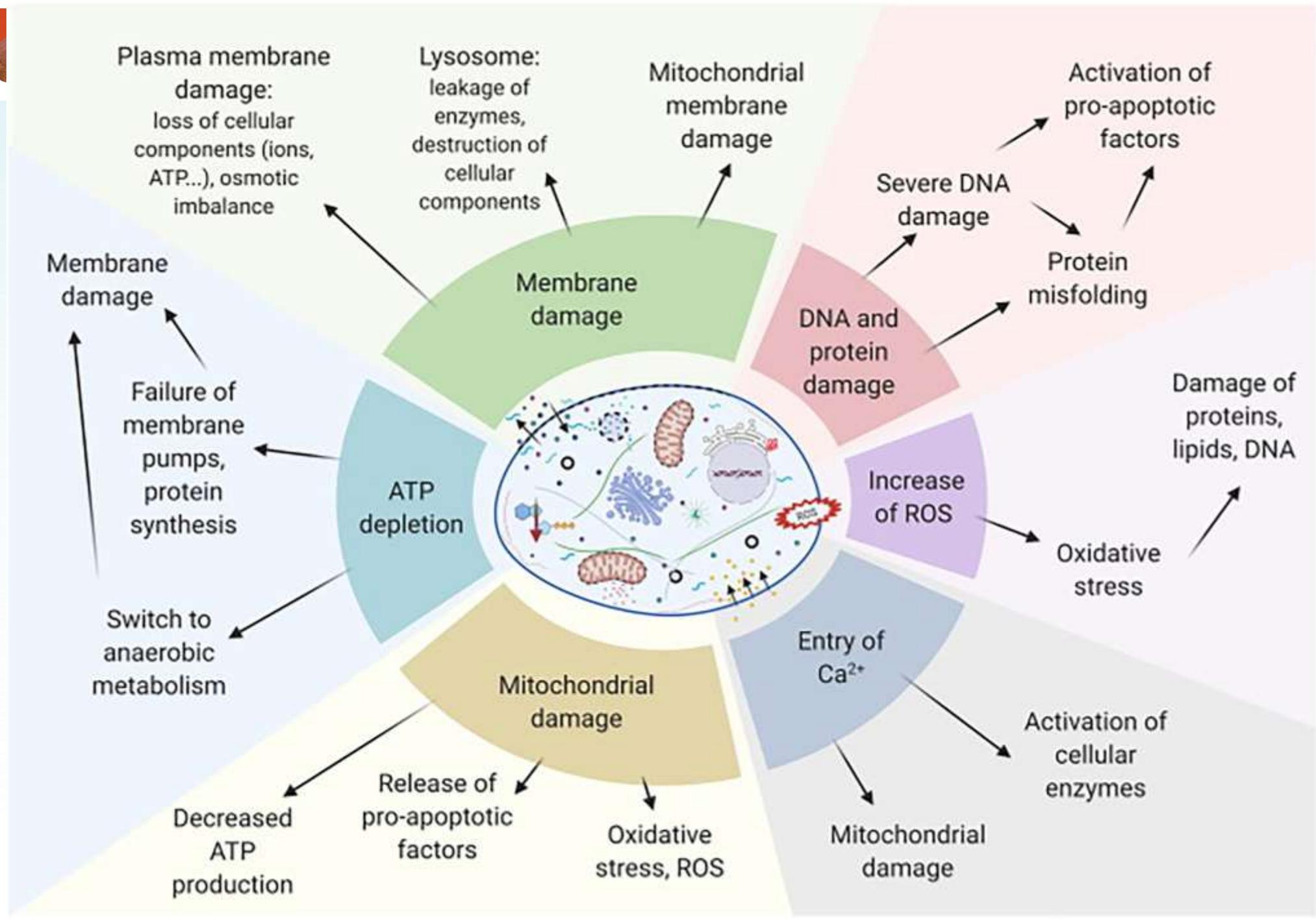




Pulse electrical field



Mecanismos de lesión: formación de nanoporos, desestabilización de lípidos y proteínas de membrana.



XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Parámetros de onda

Organiza:





Parámetros clave de entrega de energía

Voltaje: ideal entre 400–1,200 V/cm.

Duración de pulso: pulsos más largos → menor voltaje, pero riesgo de captura muscular.

Forma de onda:

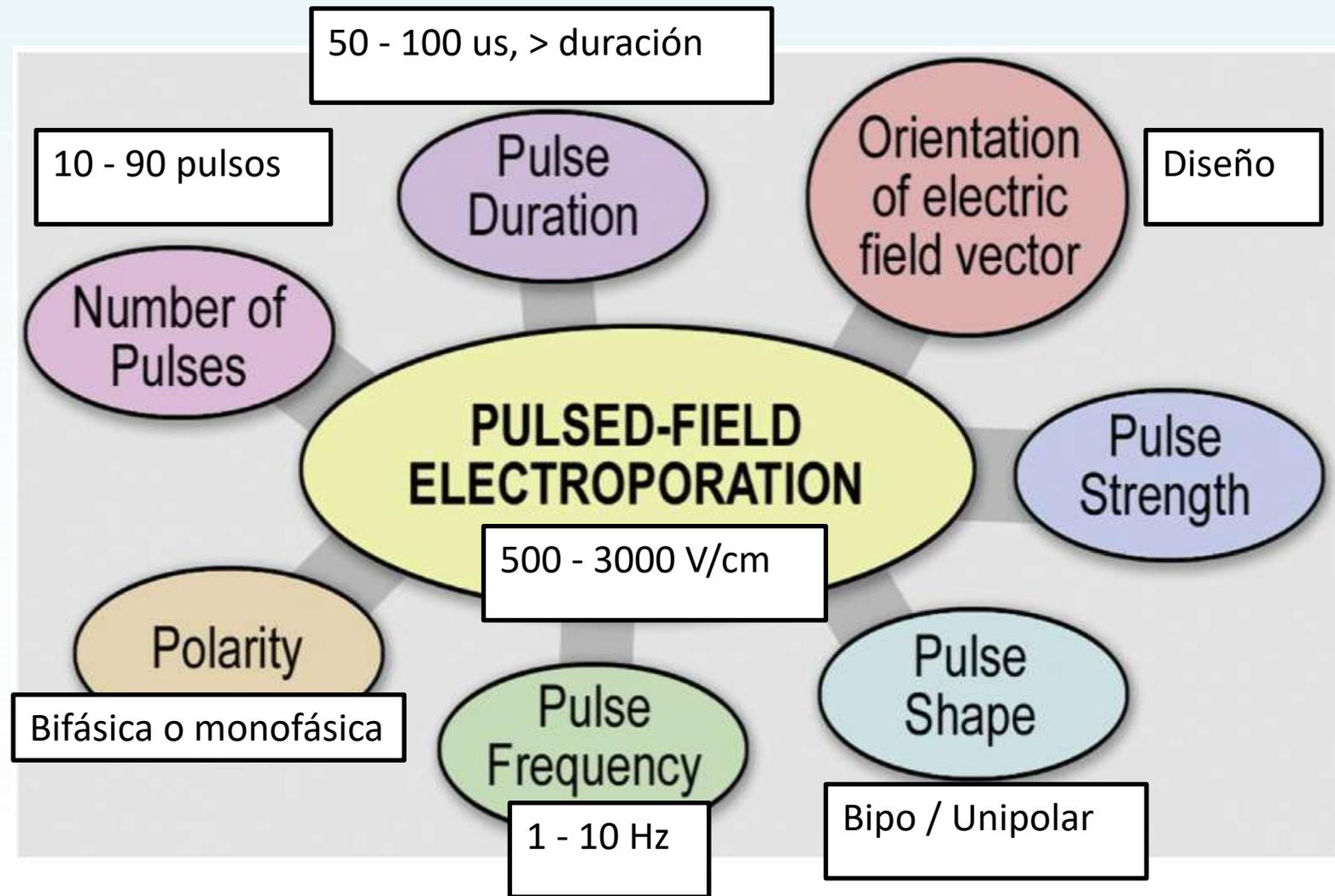
- **Bifásica** → mayor seguridad y durabilidad de la lesión, menos contracción muscular.
- **Monofásica** → más captura muscular y dolor.

Modo de entrega:

- **Bipolar** → campo localizado y menos dolor, adecuado para endocardio.
- **Unipolar** → lesiones profundas, más contracción muscular.

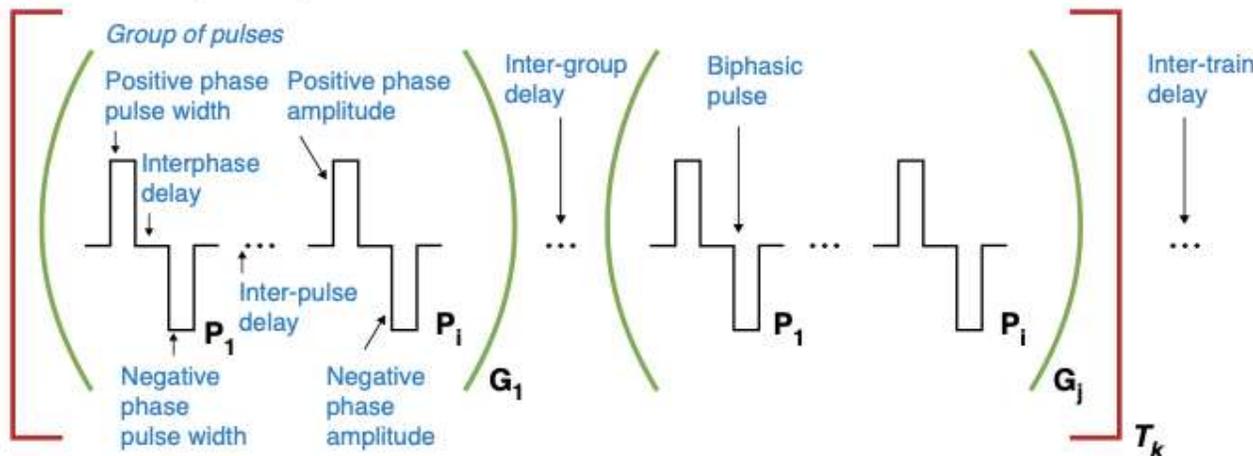
Repetición de pulsos: sumar aplicaciones aumenta profundidad.

Contacto tisular: mejora la transmisión de energía, es menos dependiente que RF.





Train of biphasic pulses



G_i - Group of pulses: P_i number of pulses in a burst/package delivered between two different splines or segments of catheter

Inter group delay: time between bursts/packages of pulses, e.g. between different splines or segments of catheter

T_k - Train of biphasic pulses: delivered to various segments of the catheter—complete delivery in one position of the catheter (also number of PFA deliveries)

Inter-train delay: delivery of train of pulses to the same or different/new position of the catheter (time between PFA deliveries)

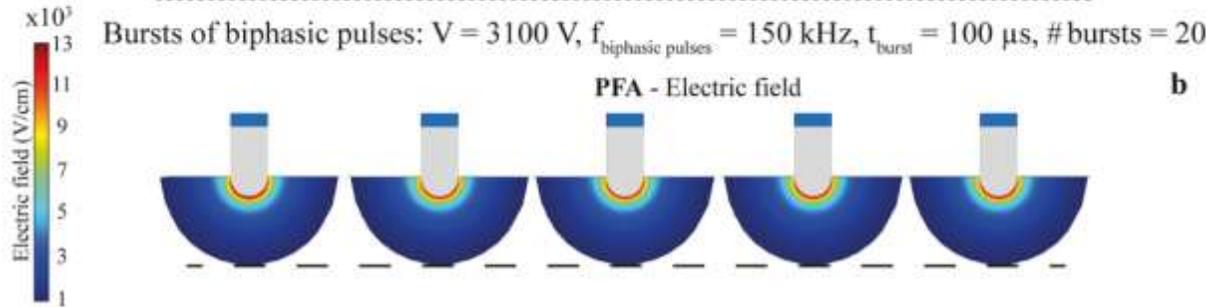
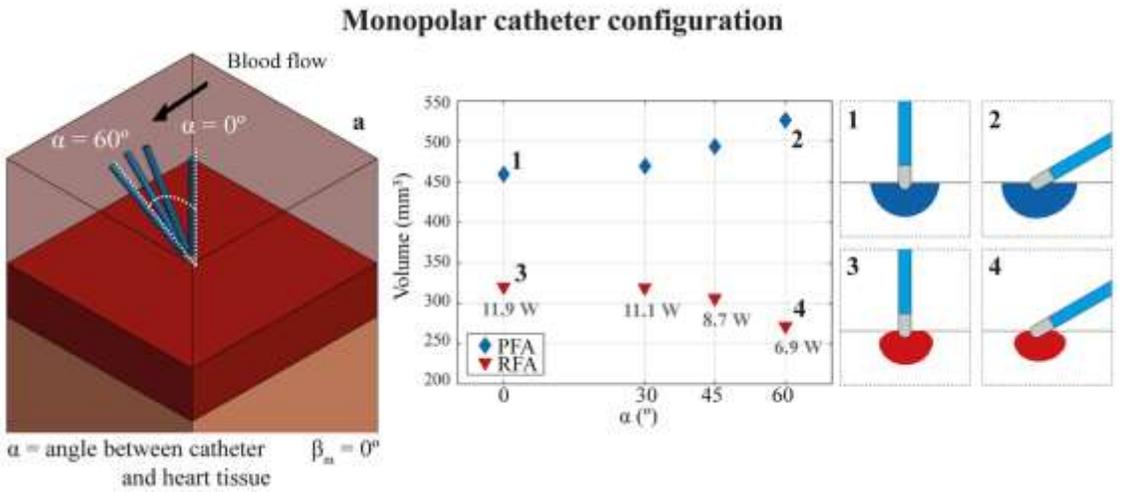
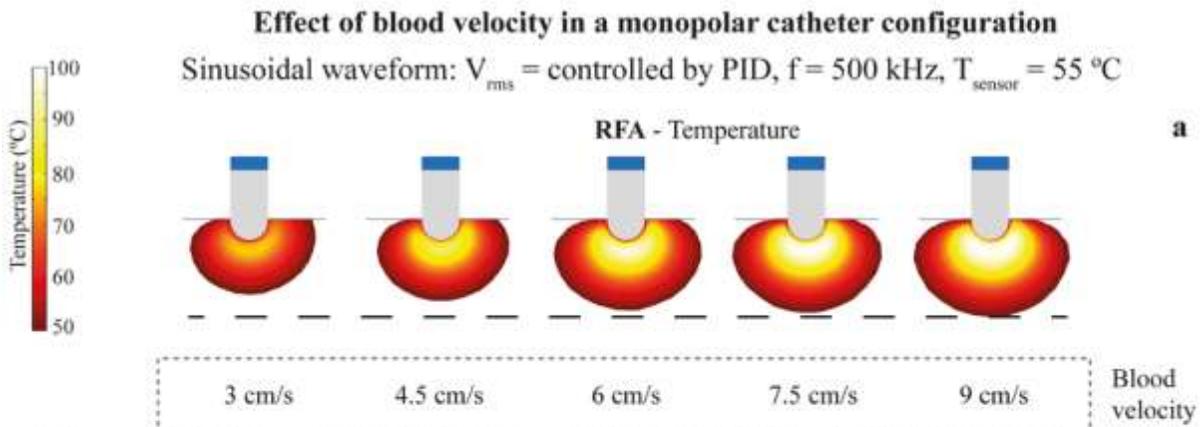
Pulse parameter	Subject to operators choice	Lesion size/ effectiveness	Nerve and muscle caption	Temperature rise	Risks*
Amplitude (V)	(+)	+	+	+	+
Duration/pulse width (μ s)	-	+	+	+	+
Group/number of pulses (-)	-	+	+	+	+
Burst/package (ms)**	-	(\pm)	(\pm)	+	(\pm)
Pause/time between packets (ms)	-	(\pm)	(\pm)	-	-
Number of trains— T_k (-)	+	+	+	+	-
Time between trains (s)	(+)	-	-	-	-



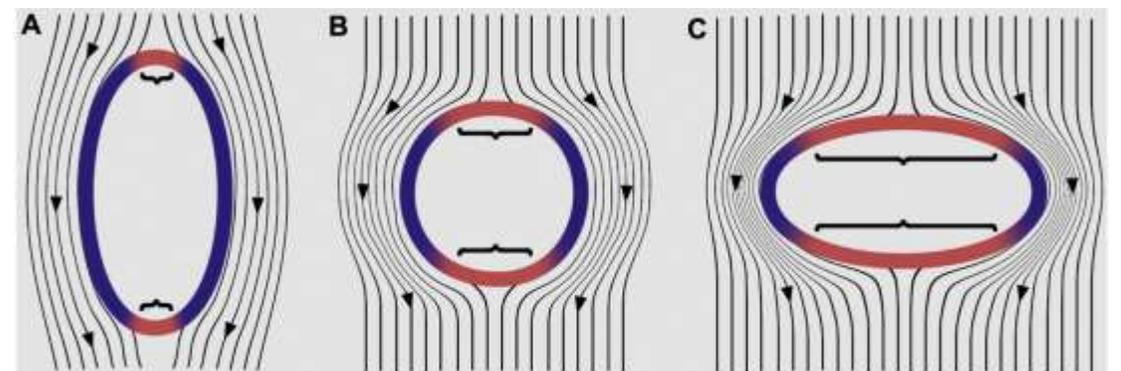
PFA vs ablación térmica

Efecto del flujo sanguíneo

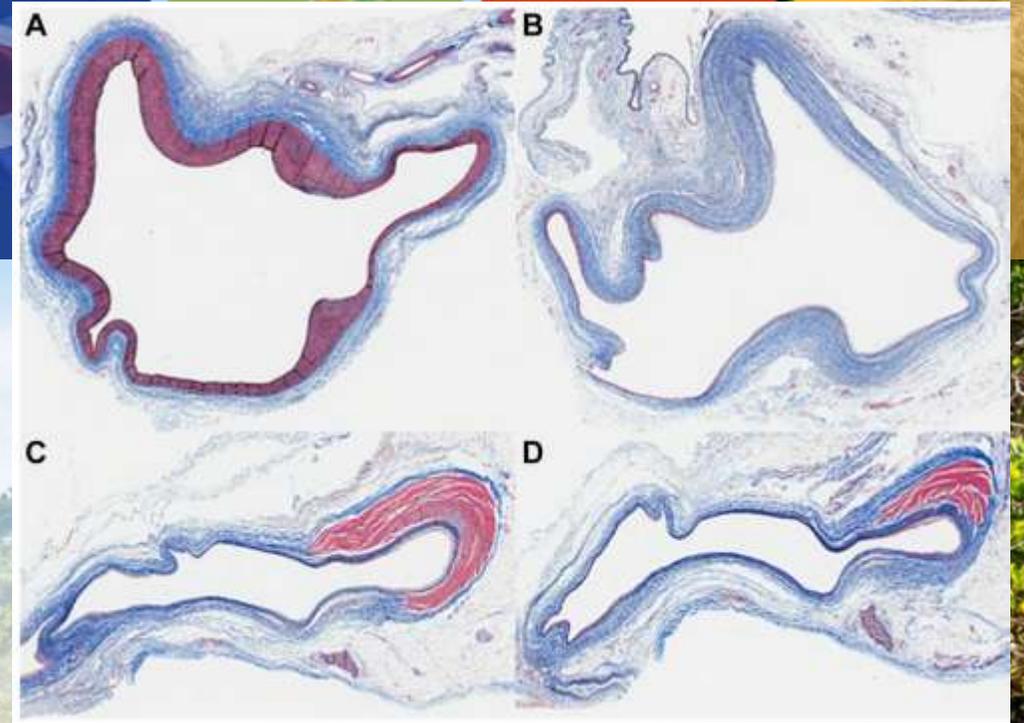
Efecto de la angulación con el tejido



Efecto de la orientación del campo eléctrico



XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Anatomía de la lesión

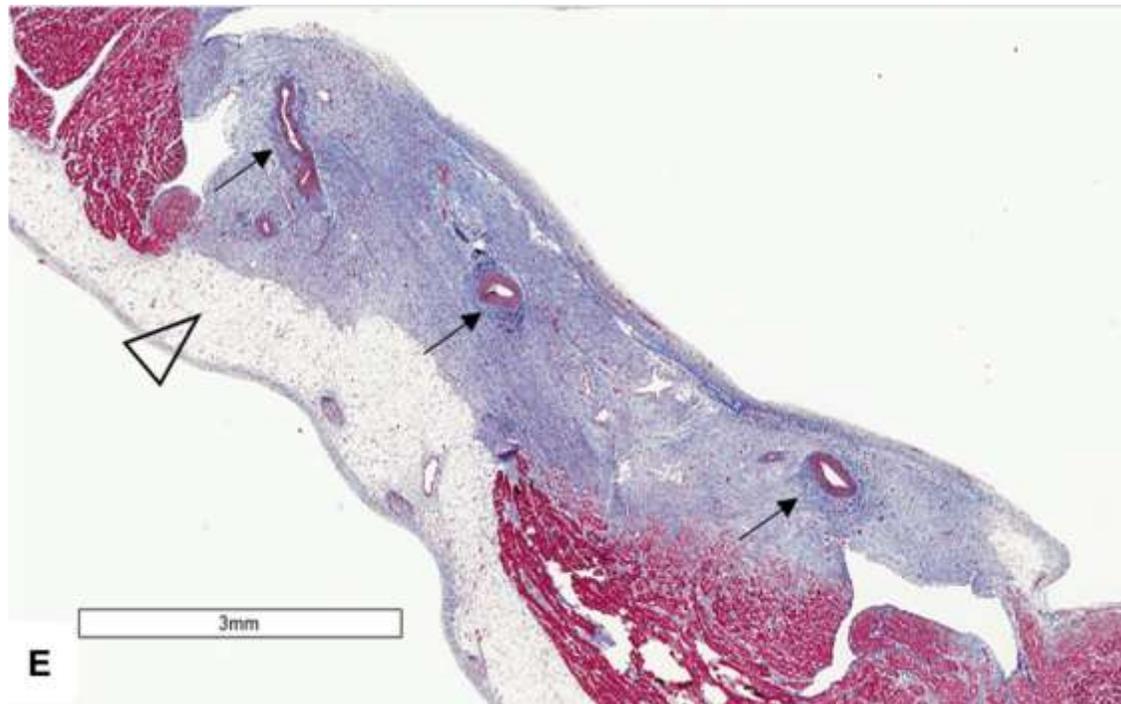
Organiza:





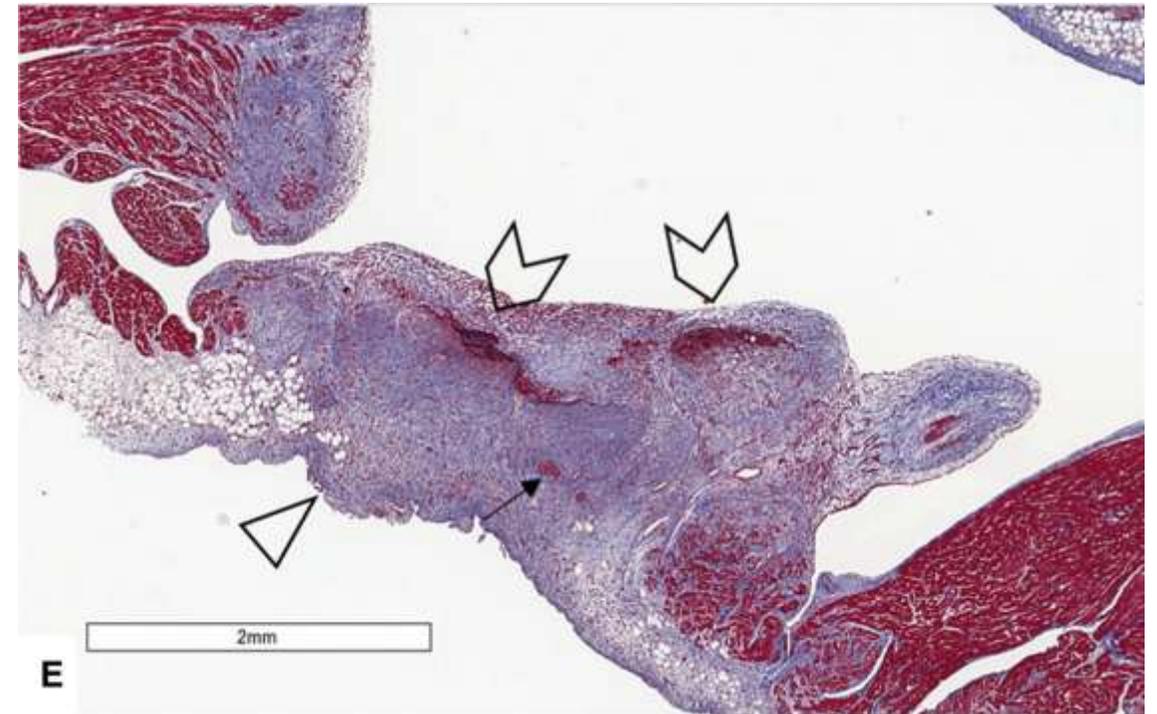
PFA vs ablación térmica

PFA



Respeto grasa epicárdica y arterias.

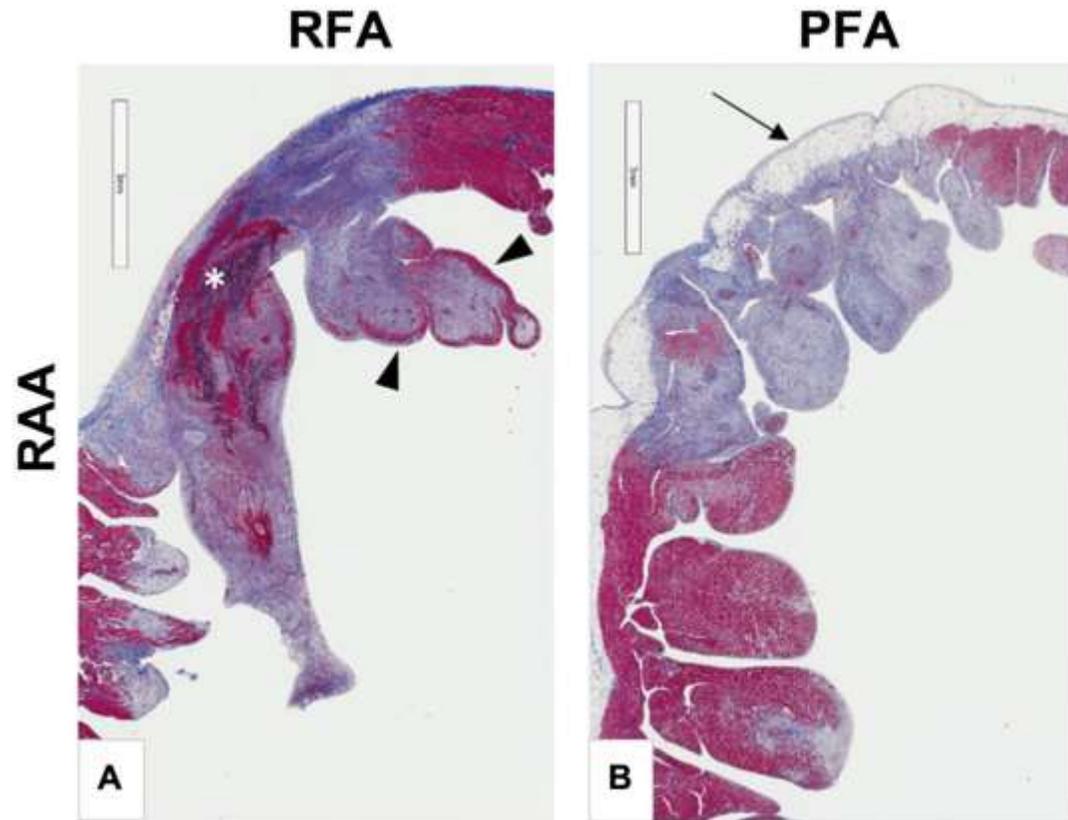
RF



Esfacelación de grasa epicárdica con inflamación.
Trombosis intralesional de arterias
Sustitución fibrótica inicial con focos de hemorragia.

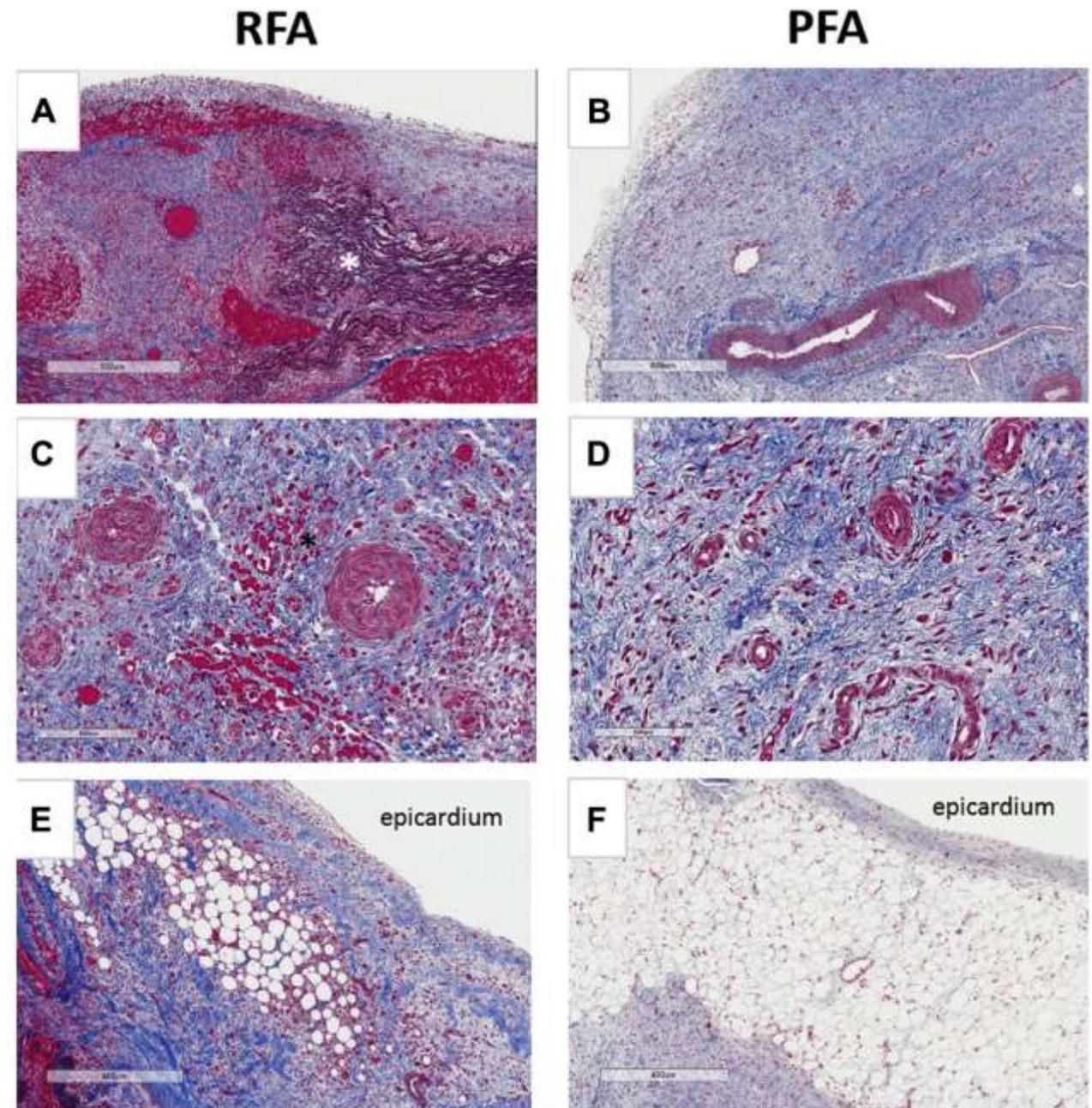


PFA vs ablación térmica



RF produce **necrosis** térmica con posibilidad **fibrosis heterogénea** o “islas” de miocitos viables (“sequesters”).

PFA tiene alta **selectividad** para **miocardio**: preserva grasa, vasos, nervios y estructuras no cardiacas. El campo eléctrico afecta miocitos incluso con **contacto irregular**.



Dr. Melvin Scheinman: 40th Anniversary of Catheter Ablation

44 años

Forty years ago, patients with abnormal heart rhythms had few treatment options: frequently ineffective medications, or open-heart surgery.

UCSF cardiac electrophysiologist Melvin Scheinman, MD, now the *Walter H. Shorenstein Endowed Chair in Cardiology*, spent years developing a new approach. In 1981 he performed the first catheter ablation in humans, threading a catheter through a blood vessel into the heart and successfully delivering an electric shock to short-circuit the arrhythmia. That innovation has revolutionized the care of millions of patients worldwide, relieving their suffering and even curing many of their arrhythmias.

“Dr. Scheinman’s contribution to the field has been one of the most transformative in all of electrophysiology,” said [Jeffrey Olgin, MD](#), Ernest Gallo-Kanu Chatterjee Distinguished Professor in Clinical Cardiology and chief of the UCSF Division of Cardiology.



^ Dr. Melvin Scheinman
Photo credit: Marco Sanchez, UCSF

Treating Arrhythmias without Surgery

Dr. Scheinman arrived at UCSF in 1965 as a cardiology fellow, drawn by exciting research underway at the Cardiovascular Research Institute, as well as the chance to work with leaders such as electrocardiographer [Maurice Sokolow, MD](#), chief of the Division of Cardiology, and [Lloyd Hollingsworth “Holly” Smith, Jr., MD](#), legendary chair of the Department of Medicine.

After fellowship, Dr. Scheinman joined the UCSF faculty, and founded the Coronary Care Unit (CCU) at San Francisco General Hospital (SFGH). That experience fueled his fascination with heart rhythm disorders. In the mid-1970s, he spent a sabbatical year at Duke University working with cardiac electrophysiologists Harold Strauss, MD, and John Gallagher, MD. “I learned about fundamental electrophysiology, and how to do mapping of heart rhythm disorders in humans,” said Dr. Scheinman.

XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Protocolo de trabajo

Organiza:

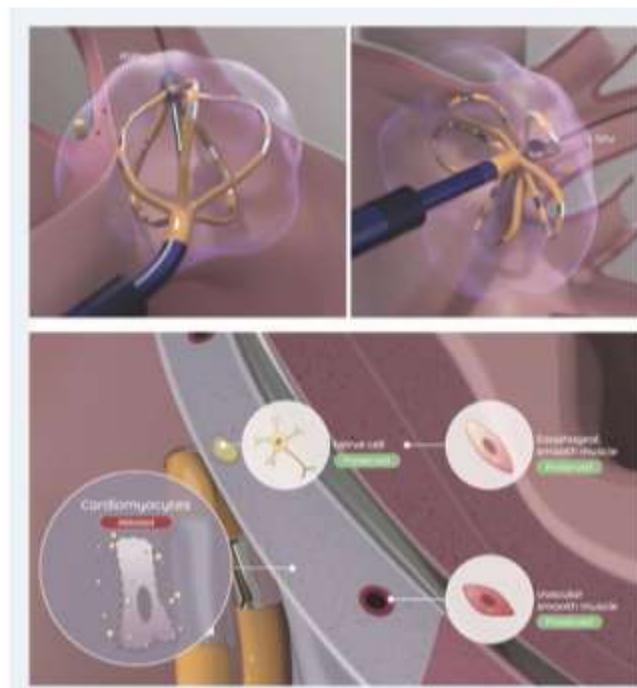
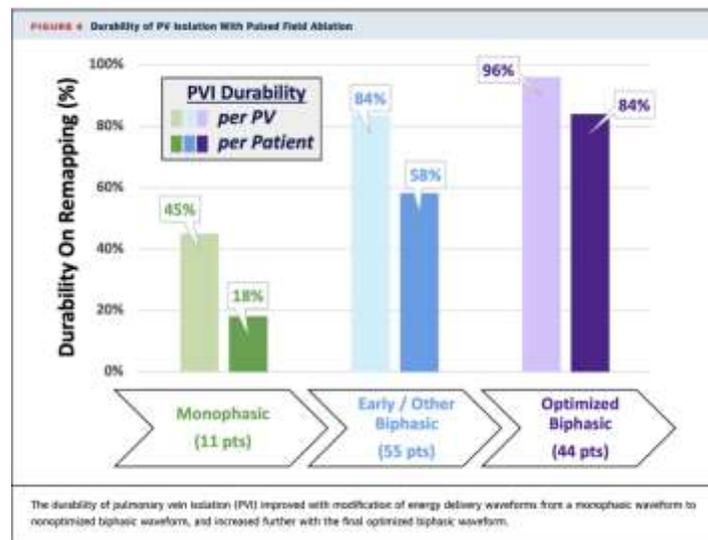
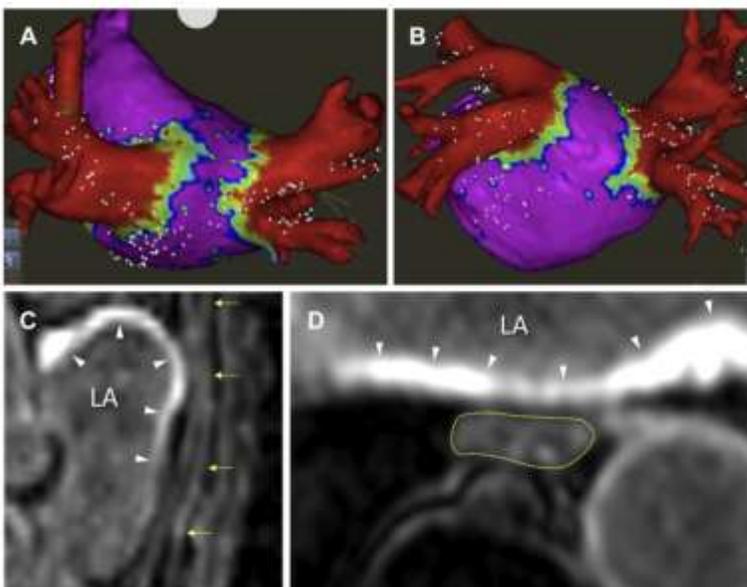


Pulsed Field Ablation of Paroxysmal Atrial Fibrillation

1-Year Outcomes of IMPULSE, PEFCAT, and PEFCAT II

TABLE 2 Procedural Characteristics

	Total Cohort (N = 121)*	Monophasic PF		Biphasic PF Waveforms	
		Waveform (n = 15)	Early/Other (n = 57)	Optimized (n = 49)	
PVI success	475/475 (100)	57/57 (100)	223/223 (100)	195/195 (100)	
Number of lesions/PV					
Combined PVs	7.2 ± 2.2	3.3 ± 0.5	6.9 ± 1.6	8.7 ± 1.5	
LCPV	12.9 ± 6.1	6.3 ± 0.6	10.2 ± 2.5	18.5 ± 4.7	
LSPV	7.3 ± 2.4	3.0 ± 0.0	7.1 ± 2.0	8.6 ± 1.7	
LIPV	6.9 ± 2.2	3.0 ± 0.0	6.5 ± 1.5	8.5 ± 1.6	
RSPV	7.2 ± 2.4	3.4 ± 1.1	7.1 ± 2.1	8.5 ± 1.6	
RIPV	6.9 ± 2.5	3.0 ± 0.0	6.5 ± 2.1	8.6 ± 1.6	
Procedure time, min	96.2 ± 30.3	84.1 ± 13.1	98.4 ± 34.0	97.2 ± 29.1	
Mapping time, min	19.3 ± 12.0	23.6 ± 10.0	17.9 ± 11.0	19.0 ± 13.5	
Catheter dwell time, min*	34.4 ± 15.8	27.3 ± 4.1	36.8 ± 19.6	33.7 ± 12.2	
Fluoroscopy time, min	13.7 ± 7.8	12.2 ± 4.0	14.4 ± 8.8	13.4 ± 7.6	
CTI block success	4/4 (100)	–	–	4/4 (100)	
Catheter dwell time, min†	8.5 ± 7.7	–	–	8.5 ± 7.7	

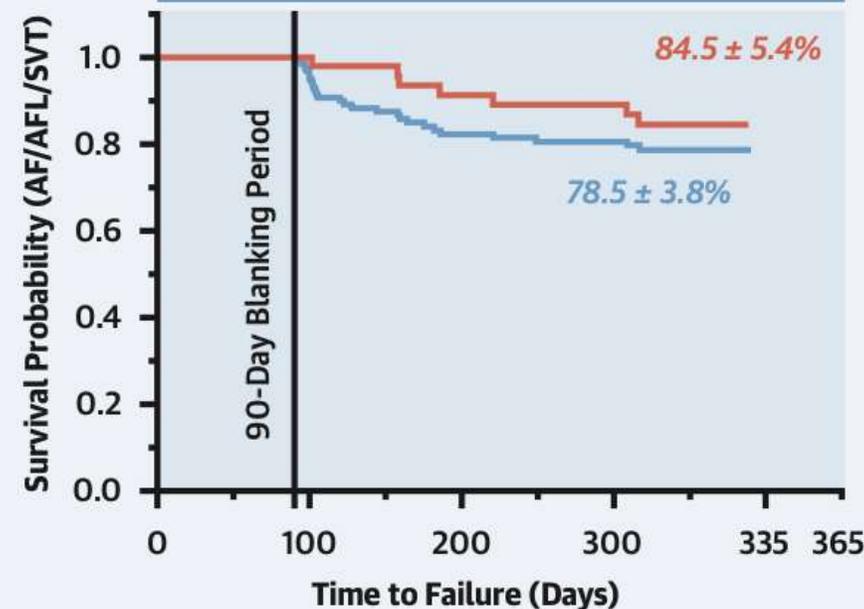


Efficacy

Durability of PV Isolation (Invasive Remapping)

PFA Waveform	Per PV Basis		Per Pt Basis	
	No. %	Durable	No. %	Durable
All	429	84.8%	110	64.5%
PFA-OW	173	96.0%	44	84.1%

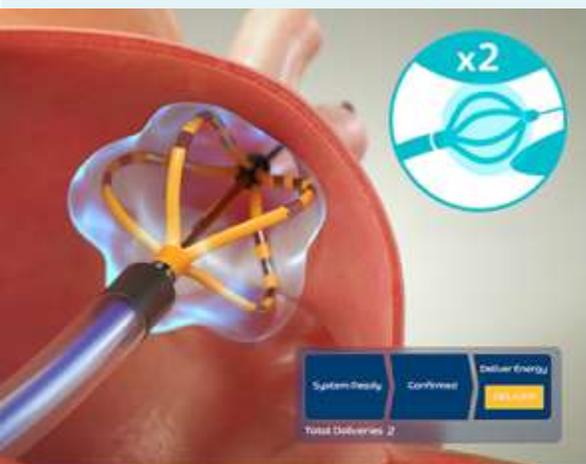
Freedom from AF, AFL or AT



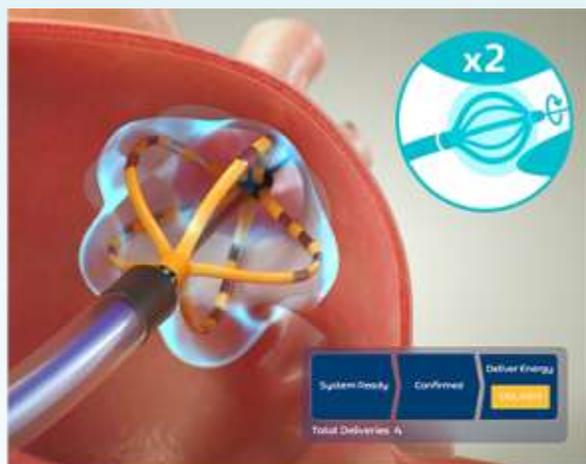
No. at Risk	0	100	200	300	335	365
Entire Cohort	114	97	89	81		
PFA-OW	46	43	40	36		



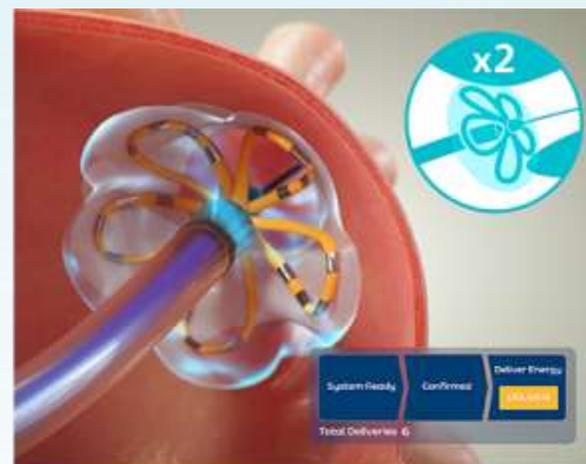
Catéter + forma de onda + dosis



1 Basket position



2 Basket position, rotated

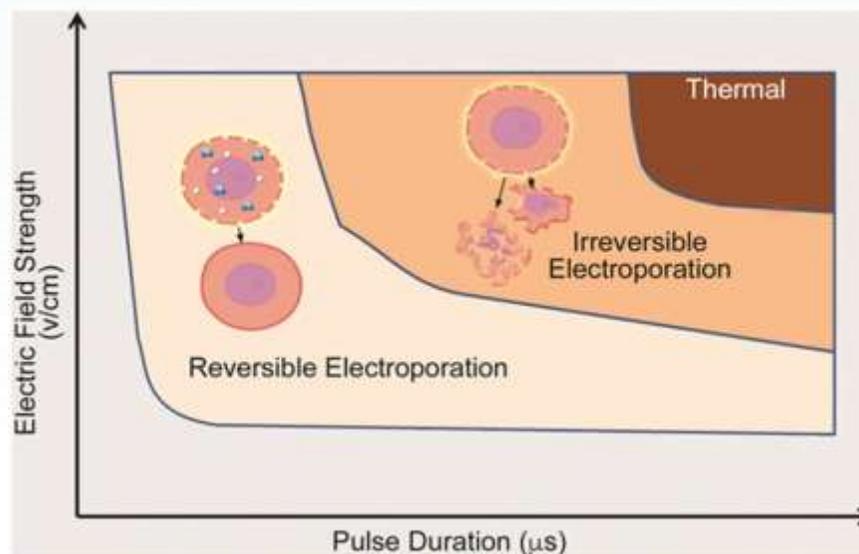


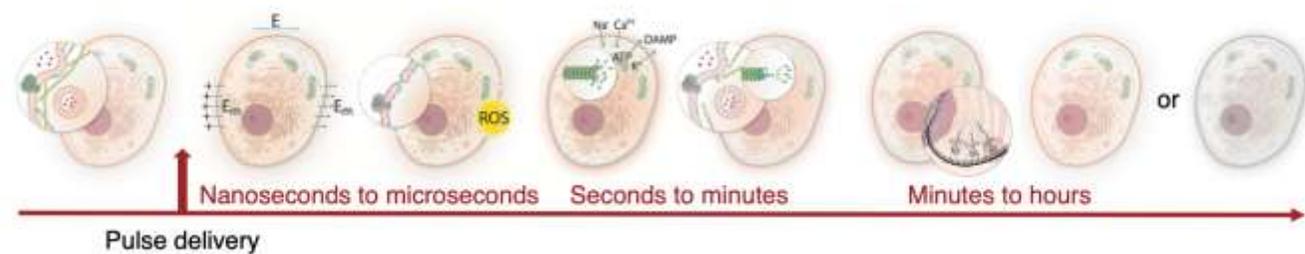
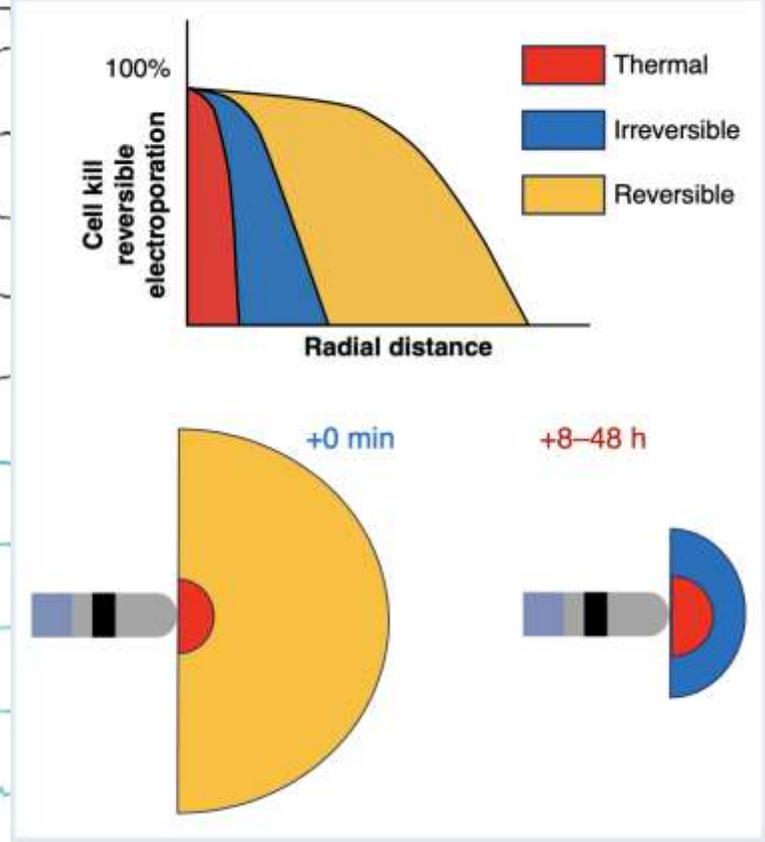
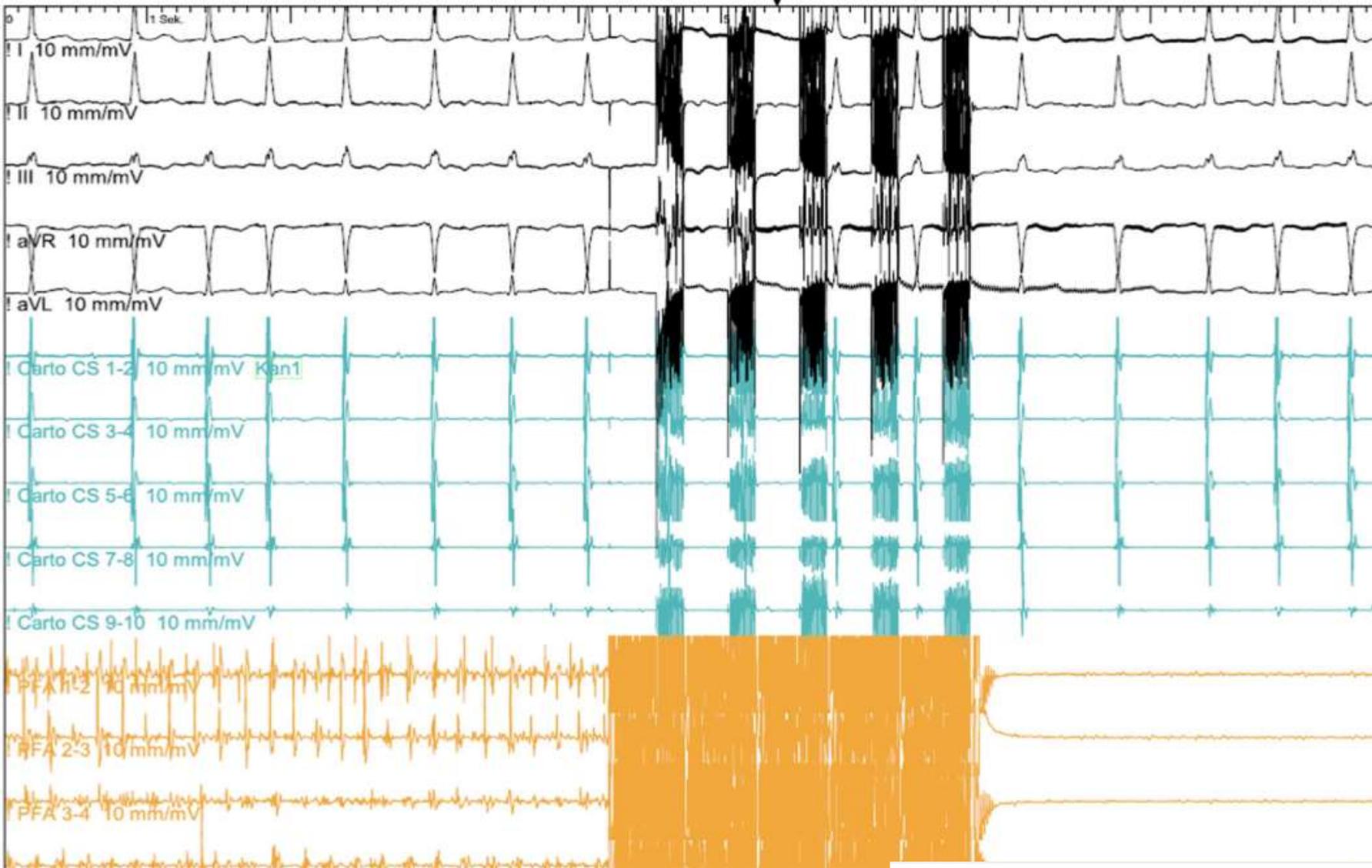
3 Flower position

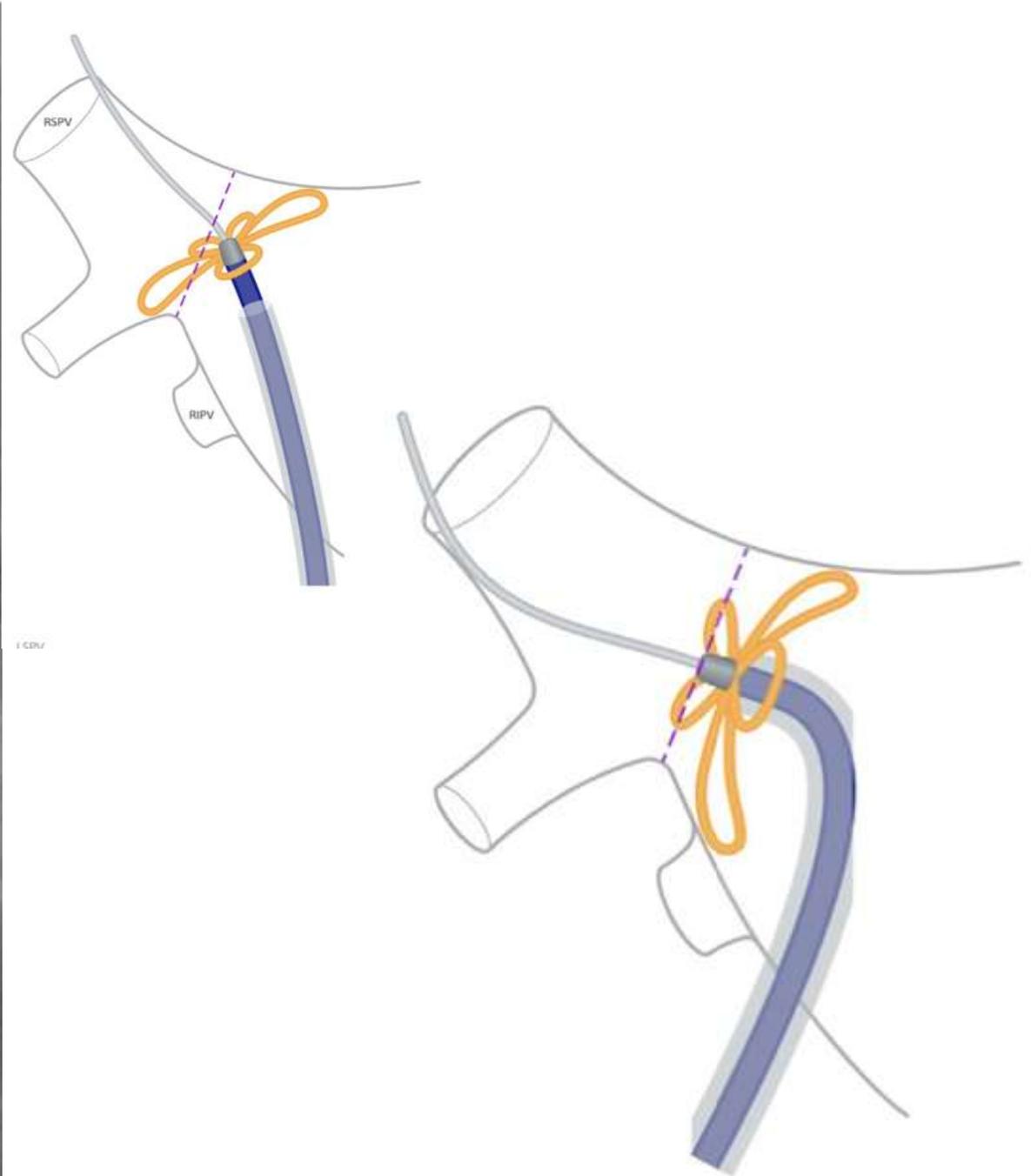
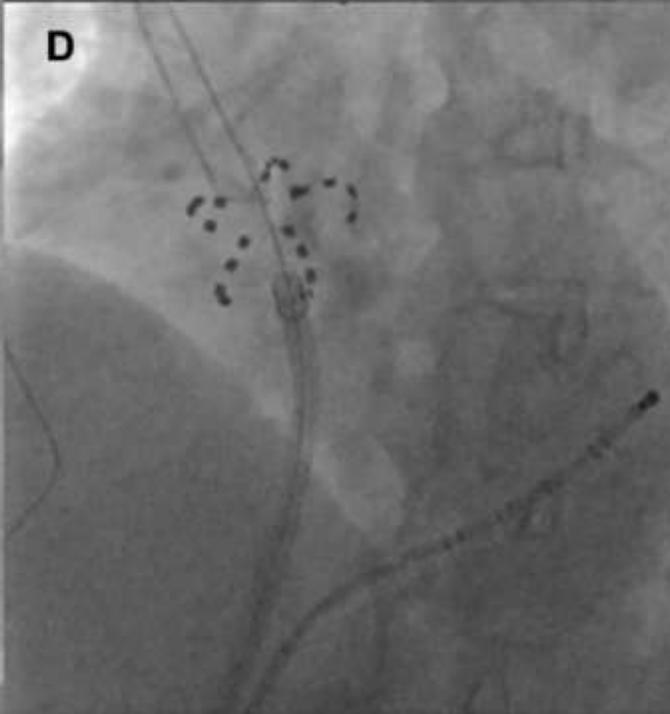
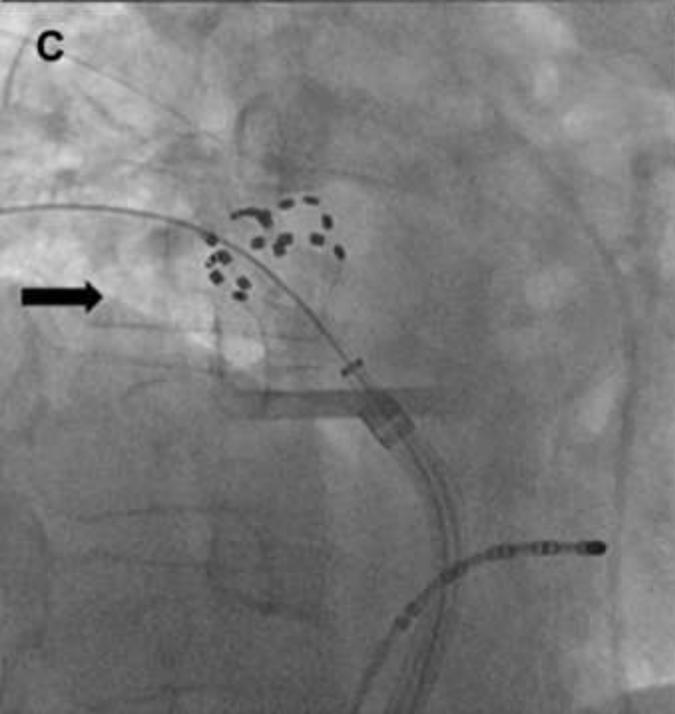
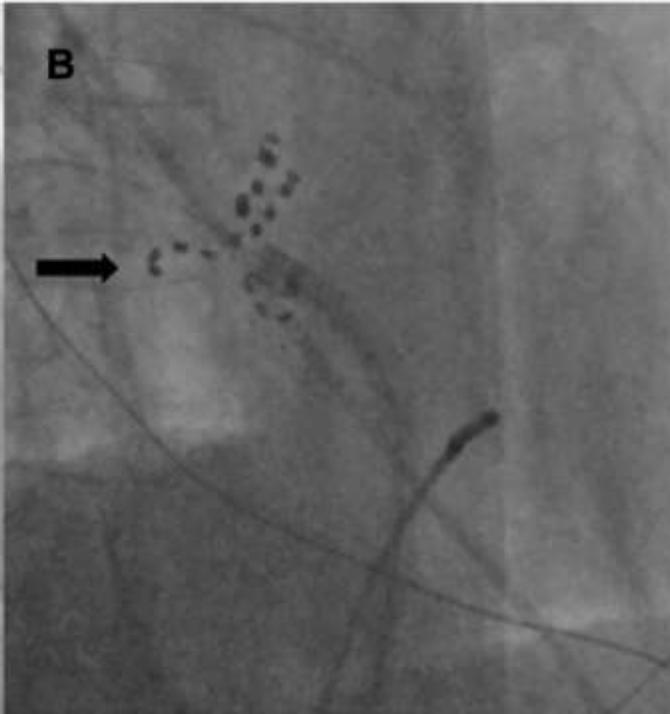
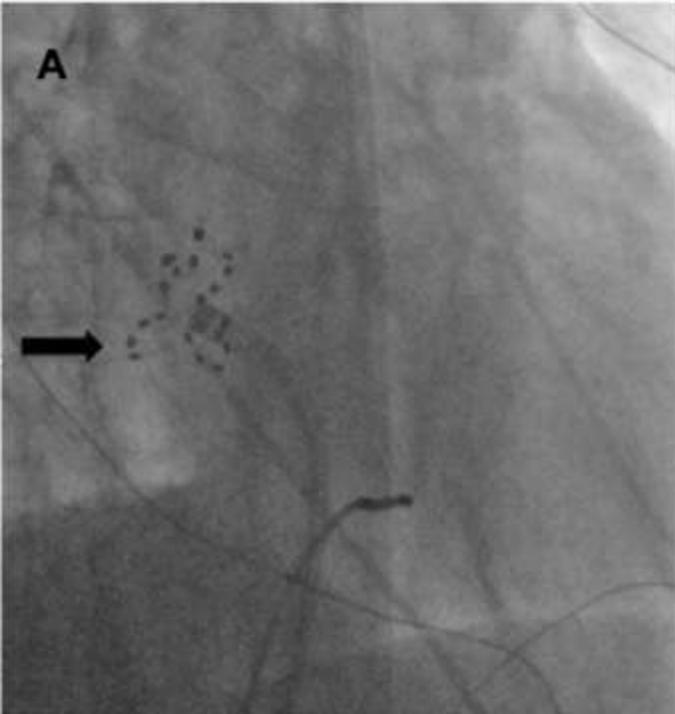


4 Flower position, rotated

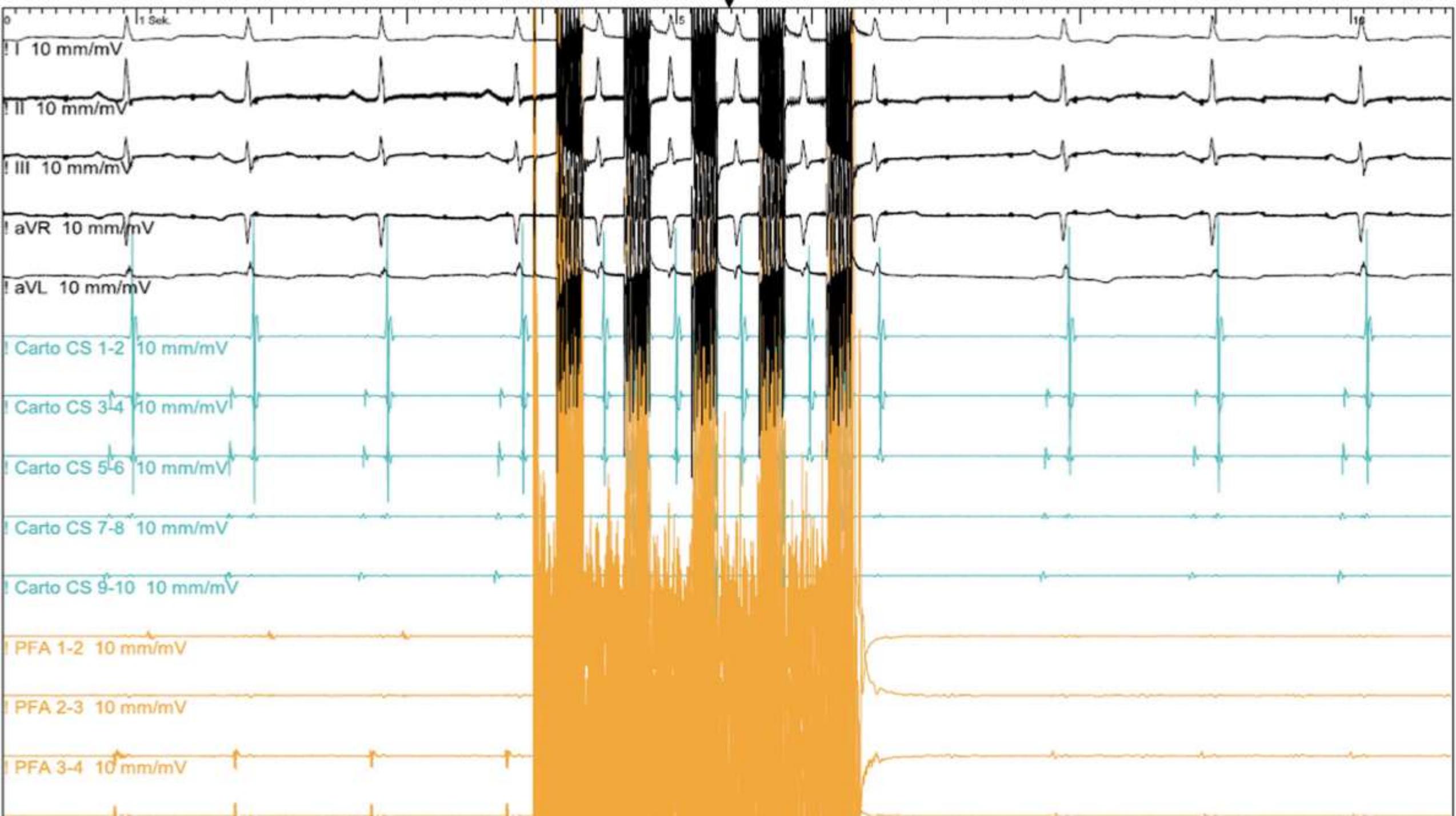
1. Eficacia.
2. Durabilidad de lesión.
3. Reproducibilidad.
4. Seguridad.
5. Versatilidad de uso.











Comparativa

Característica	RF 	Crioablación 	PFA 
Tipo de energía	Calor resistivo	Frío extremo	Campo eléctrico no térmico
Lesión	Necrosis térmica coagulativa	Necrosis por hielo + estasis vascular con isquemia	Electroporación irreversible
Selectividad	No selectiva, lesión irregular.	No selectiva, preserva matriz extracelular.	Alta selectividad miocárdica.
Dependencia contacto	Alta, ángulo de catéter	Alta (balón debe sellar PV)	Menor
Influencia flujo sanguíneo	“Heat sink” limita lesión	Perfusión atenúa frío	No relevante
Daño colateral	Esófago, nervio frénico, PV, trombogénico.	Nervio frénico, esófago	Muy bajo
Tiempo aplicación	Minutos/punto	2–4 min/congelación	Milisegundos
Marcadores eficacia	Potencia, temperatura, fuerza de contacto	Tiempo, T° nadir, recalentamiento	Parámetros de pulso (voltaje, duración, número, repetición)

XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Eficacia

Organiza:



Safety and Effectiveness of Pulsed Field Ablation to Treat Atrial Fibrillation: One-Year Outcomes From the MANIFEST-PF Registry

Table 1. Baseline Characteristics

Characteristics	Patients with available data	Value
Age, n (%) / mean±SD	1568 (100)	64.5±11.5
Female, n (%)	1568 (100)	553 (35)
Atrial fibrillation type, n (%)		
Paroxysmal	1568 (100)	1021 (65)
Persistent	1568 (100)	498 (32)
Long-standing persistent	1568 (100)	49 (3)
CHA ₂ DS ₂ -VASc, n (%) / mean±SD	1568 (100)	2.2±1.6
Medical history		
Body mass index, n (%) / mean±SD	1554 (99.1)	28±5
Atrial flutter, n (%)	1235 (78.8)	158 (12.8)
Coronary artery disease, n (%)	1235 (78.3)	167 (13.5)
Diabetes, n (%)	1568 (100)	196 (12.5)
Hypertension, n (%)	1568 (100)	959 (61.1)
Heart failure, n (%)	1568 (100)	226 (14.4)
Sleep apnea, n (%)	1104 (70.4)	102 (9.2)
Prior stroke/transient ischemic attack, n (%)	1568 (100)	97 (6.2)
Chronic obstructive pulmonary disease, n (%)	992 (63.3)	50 (5)
Echocardiographic parameters		
Left ventricular ejection fraction, n (%) / median (interquartile range)	1381 (88.1)	60 (55–64)
Left atrium diameter (mm), n (%) / median (interquartile range)	1220 (77.8)	42 (39–46)
Antiarrhythmic medications, n (%)		
Class I antiarrhythmic drugs	1566 (99.9)	343 (21.9)
Class III antiarrhythmic drugs	1567 (99.9)	279 (17.8)

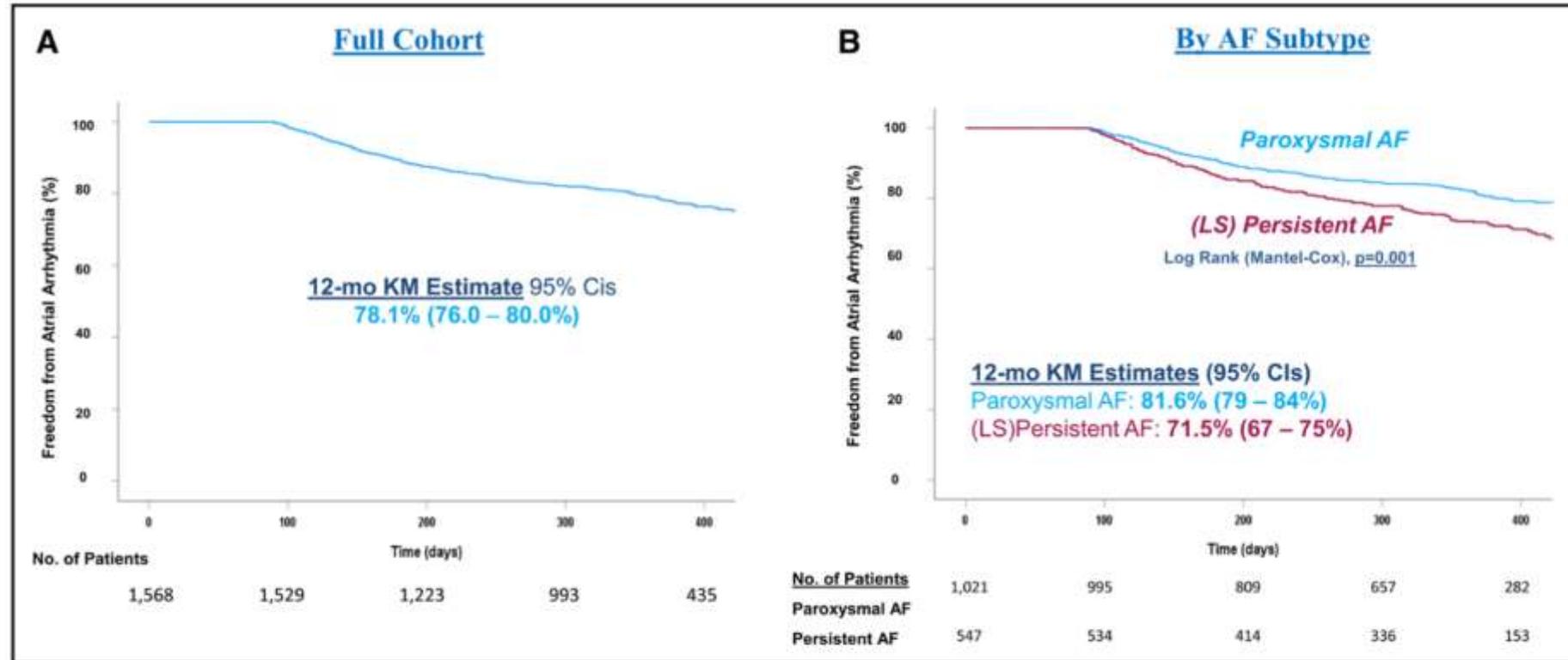


Figure 2. Primary effectiveness outcome.

Kaplan-Meier analysis demonstrating 1-year freedom from arrhythmia in either the full cohort (A) or by AF subtype: paroxysmal AF vs (long-standing) persistent AF (B). AF indicates atrial fibrillation; KM, Kaplan-Meier; and LS, long-standing.

European real-world outcomes with Pulsed field ablation in patients with symptomatic atrial fibrillation: lessons from the multi-centre EU-PORIA registry



7 European centers



42 operators



1233 AF patients treated with PFA



Acute efficacy



99.96% PVI
58 min procedure time

Acute safety

1.7% major complications
(1.1% pericardial tamponade,
0.41% stroke, 0.16% TIA)

Chronic efficacy



AF/AT-free survival at
365 days

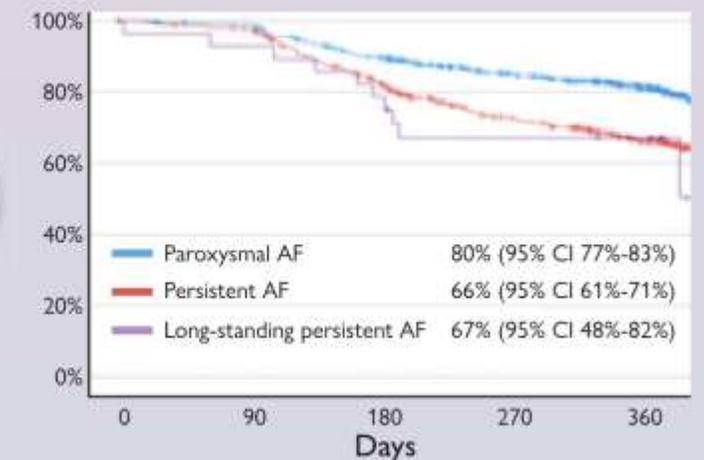
median
follow up

80% in paroxysmal AF
66% in persistent AF

*Reproducible results among
centers irrespective of
operator experience*

Freedom from AF/AT recurrence by AF indication (PFA index procedures)

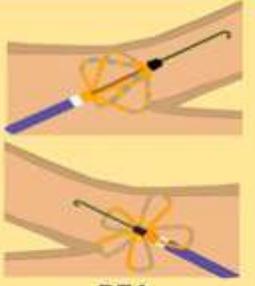
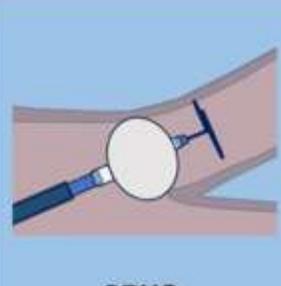
Freedom from AF/AT recurrence



Eficacia de PFA

Multielectrode catheter-based pulsed electric field vs. cryoballoon for atrial fibrillation ablation: a systematic review and meta-analysis

- ADVENT: Mayor proporción de pacientes con carga arrítmica <0.1%.
- EU-PORIA: 71% de venas pulmonares permanecen aisladas en re-mapeo.
- PFA: mayor tasa de éxito agudo, menor recurrencia de TA a 1 año.

	 PFA (N = 2481)	 CRYO (N = 13 766)	P-value
Procedural success (per vein)	99.9% (95% CI: 99.8–100)	99.1% (95% CI: 98.7–99.5)	P < 0.001
Procedural success (patient basis)	99.5% (95% CI: 99.2–99.8)	98.4% (95% CI: 97.9–98.9)	P < 0.001
Procedural time	75.9 min (95% CI: 59.4–92.3)	105.6 min (95% CI: 96.7–114.6)	P < 0.001
Fluoroscopy time	14.2 min (95% CI: 11.8–16.6)	18.9 min (95% CI: 17.1–20.7)	P < 0.001
Major complications	1.2% (95% CI: 0.7–1.7)	1.0% (95% CI: 0.8–1.2)	P = 0.46
Overall complications	3.1% (95% CI: 2.2–4.0)	5.6% (95% CI: 4.6–6.6)	P < 0.001

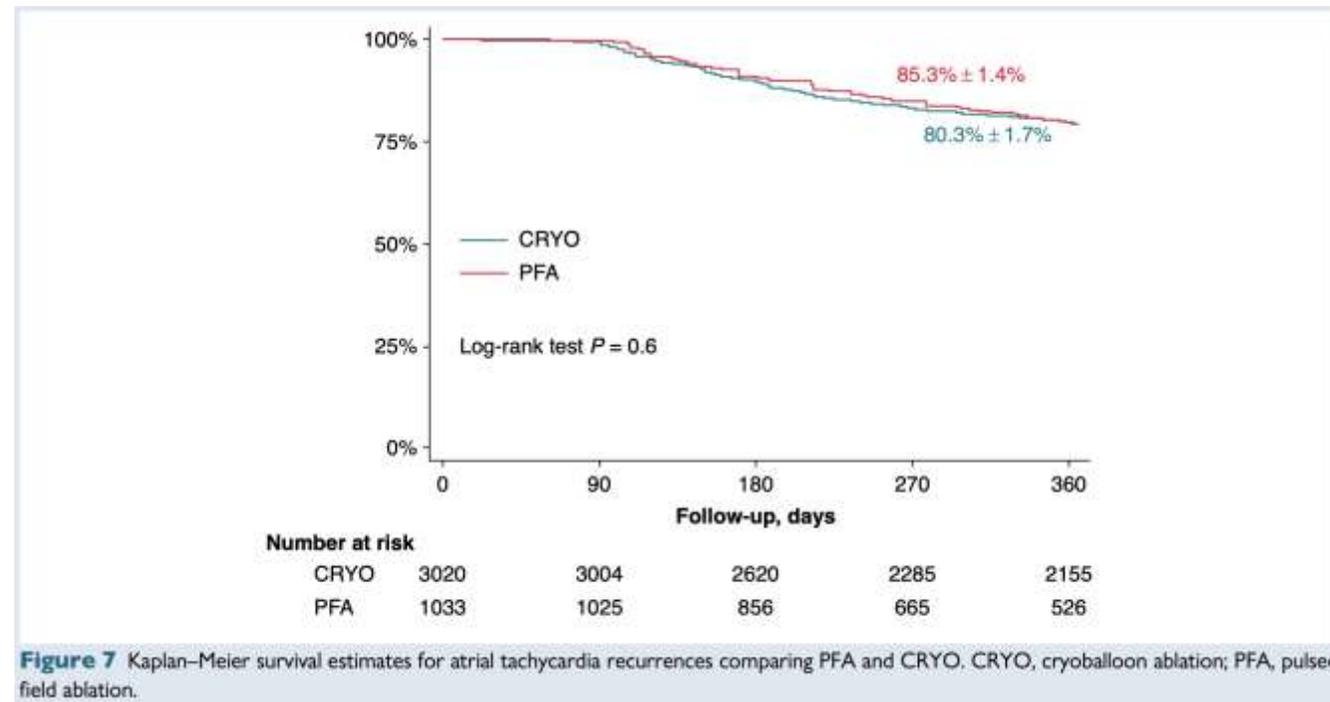


Figure 7 Kaplan–Meier survival estimates for atrial tachycardia recurrences comparing PFA and CRYO. CRYO, cryoballoon ablation; PFA, pulsed field ablation.

Pulsed-field vs cryoballoon vs radiofrequency ablation: Outcomes after pulmonary vein isolation in patients with persistent atrial fibrillation 

PVI for persistent AF

Pulsed-field- vs. Cryoballoon- vs. Radiofrequency ablation

Acute

Long-term

Methods

Index PVI in persistent-AF patients

PFA
214
patients
At least 32
applications

CBA
190
patients
Time-to-effect +
2min

RFA
129
patients
CLOSE Protocol

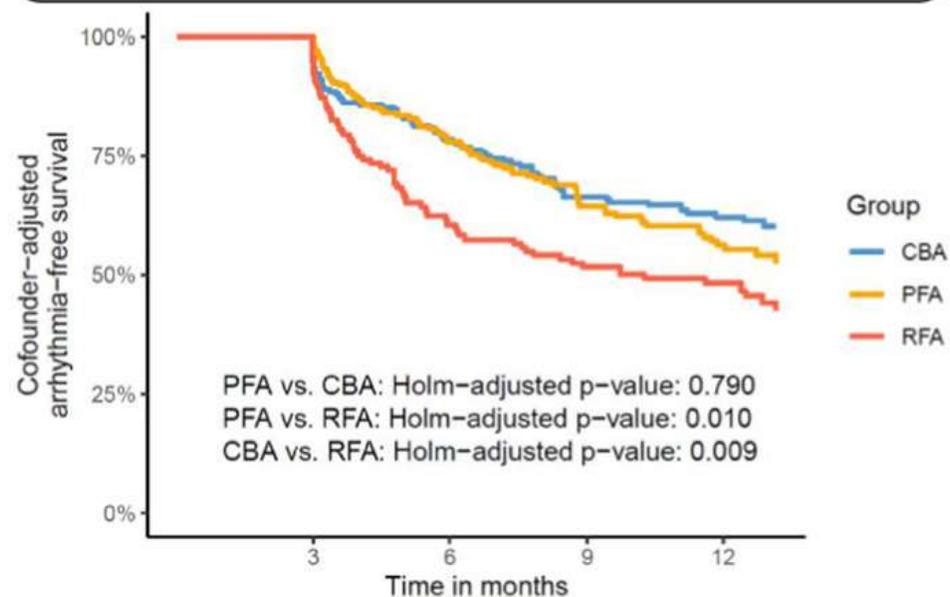
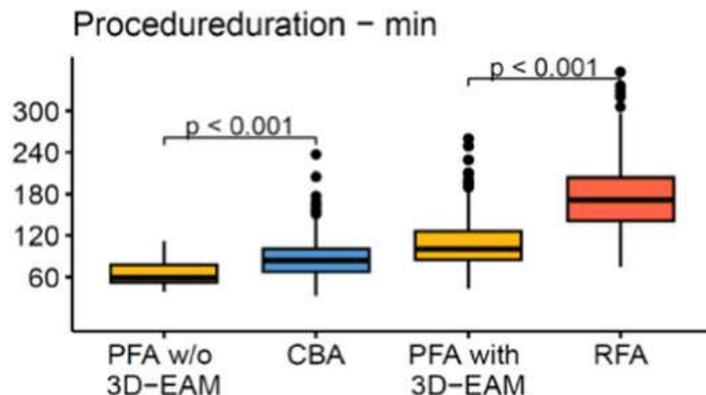
7- day Holter ECG at 3, 6, and 12 months

Primary effectiveness endpoint:
Occurrence of any atrial tachyarrhythmia 91
to 365 days after ablation and lasting >30 s.

Confirmation of bidirectional block without adenosine testing

Results

Acute safety
($p=0.545$)
PFA 5/214 (2.3%)
CBA 5/190 (2.6%)
RFA 1/129 (0.8%)



(*Heart Rhythm* 2024;21:1227–1235)

XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Durabilidad

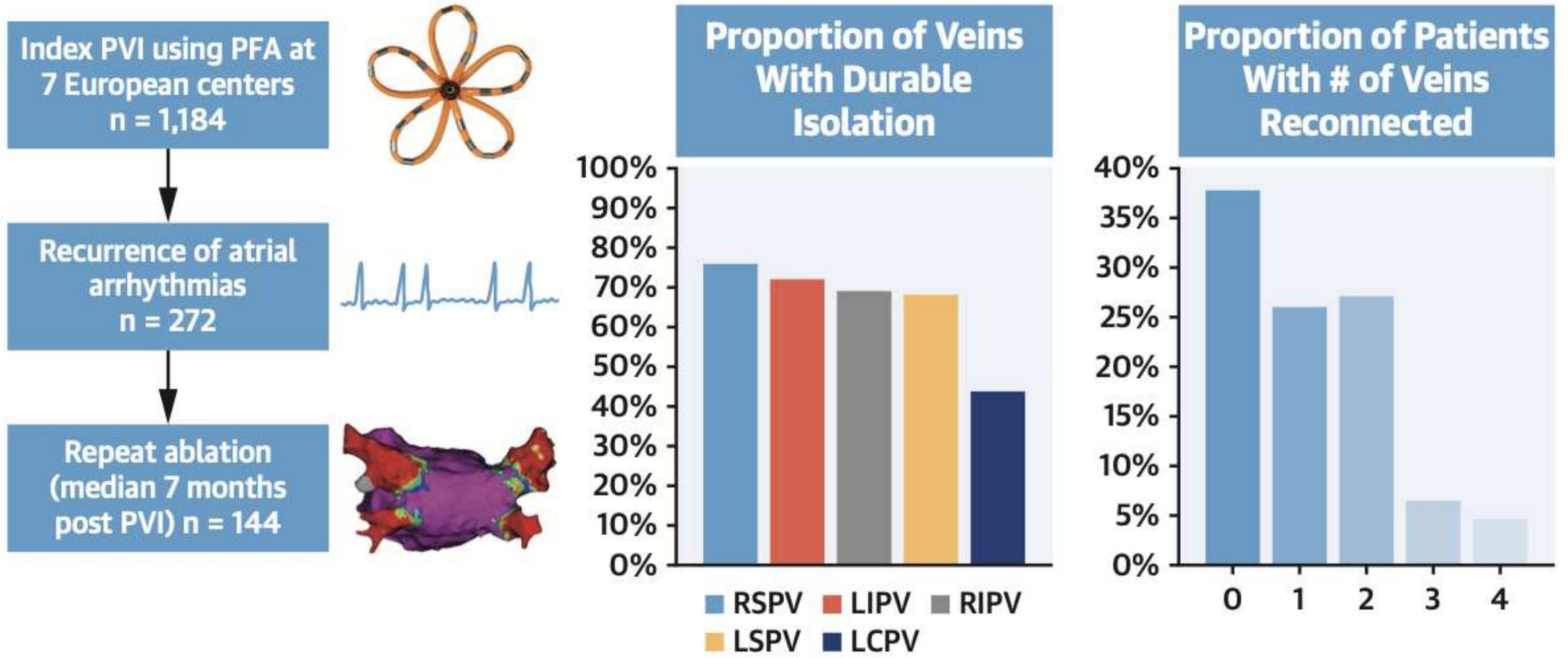
Organiza:



Durability of Pulmonary Vein Isolation Using Pulsed-Field Ablation

Results From the Multicenter EU-PORIA Registry

CENTRAL ILLUSTRATION PVI Durability Using Pulsed-Field Ablation



Kueffer T, et al. J Am Coll Cardiol EP. 2024;10(4):698-708.

Pulmonary vein reconnection and repeat ablation characteristics following cryoballoon-compared to radiofrequency-based pulmonary vein isolation

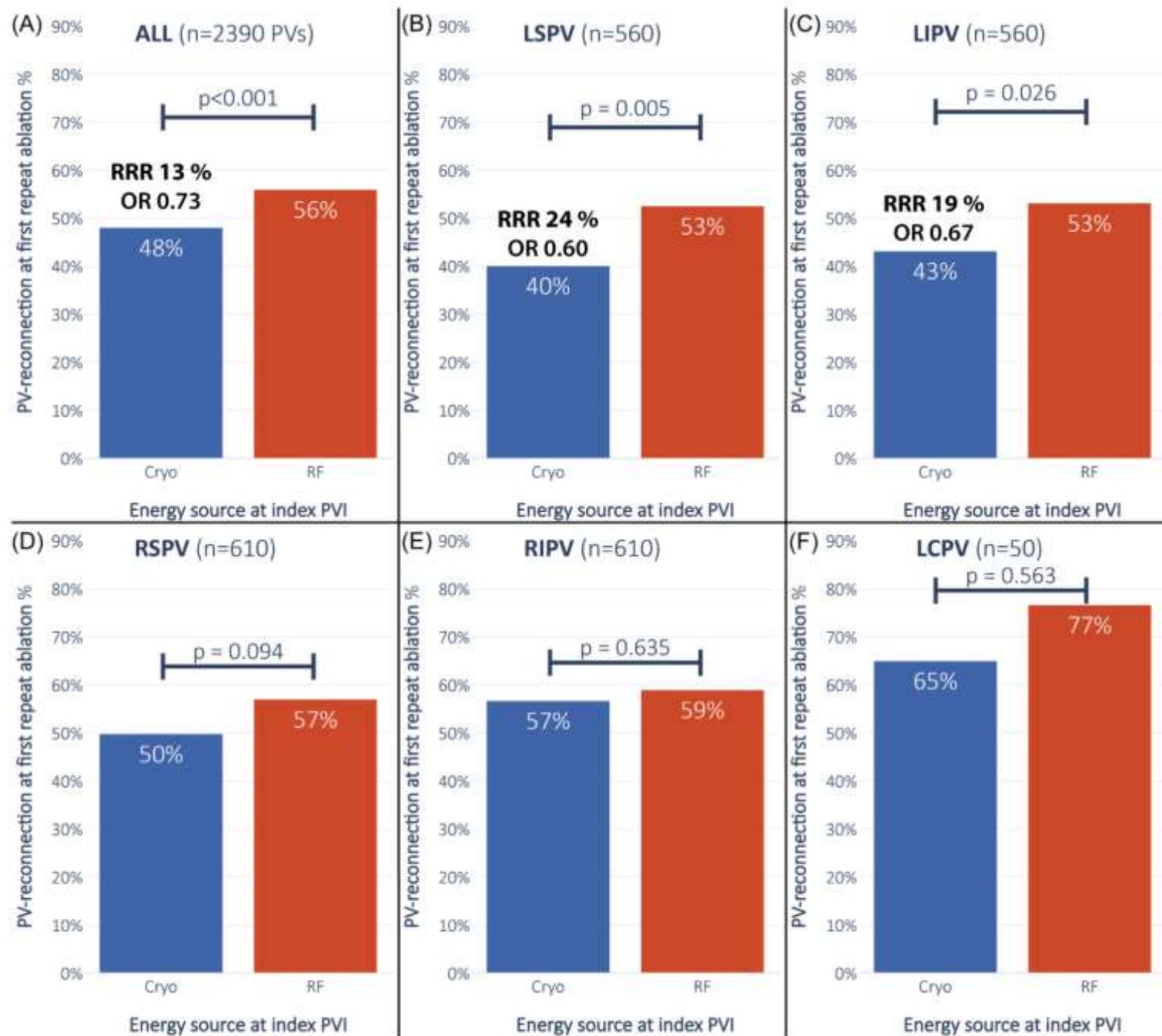


FIGURE 1 Percentage of reconnected pulmonary veins (PV) at first repeat ablation grouped by energy source at index pulmonary vein

Repeat Ablation for Atrial Fibrillation Recurrence Post Cryoballoon or Radiofrequency Ablation in the FIRE AND ICE Trial

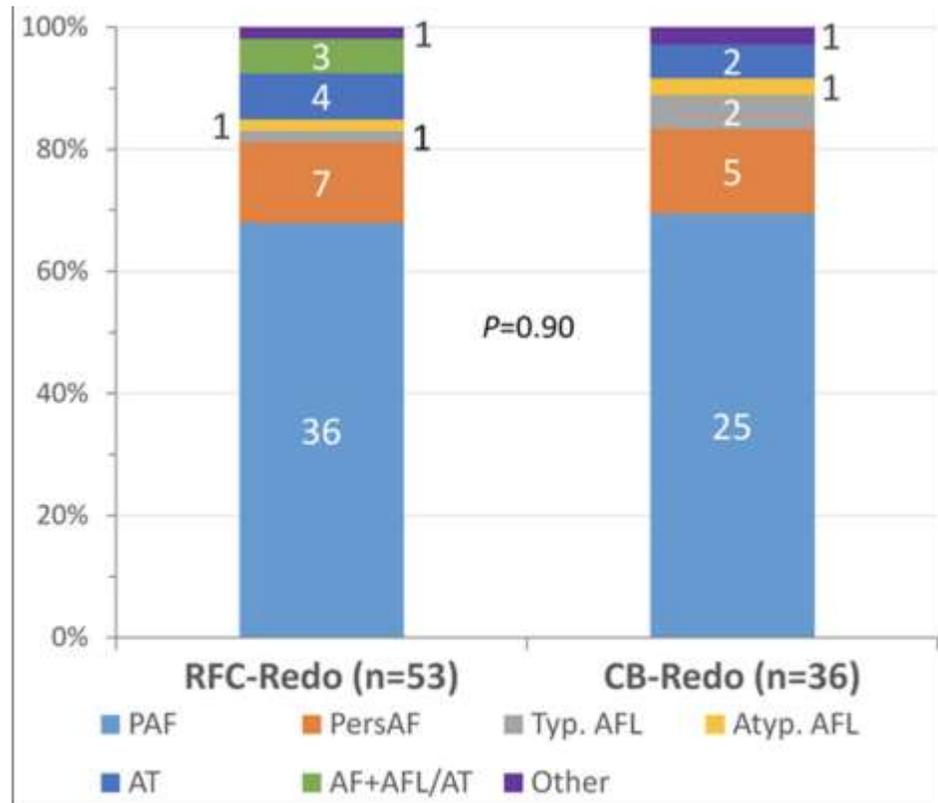


Figure 1. Recurrent arrhythmias before reablation. Paroxysmal atrial fibrillation (AF) was the most prevalent recurrent arrhythmia in both patient groups (68% in radiofrequency current [RFC]-Redo patients, 69% in cryoballoon [CB]-Redo patients). Seven patients (13%) in the RFC-Redo group and 5 patients (14%) in the CB-Redo group progressed from paroxysmal to persistent AF. There was no difference in the type of atrial arrhythmia recurrence before reablation between cohorts ($P=0.09$). Numbers in stacked

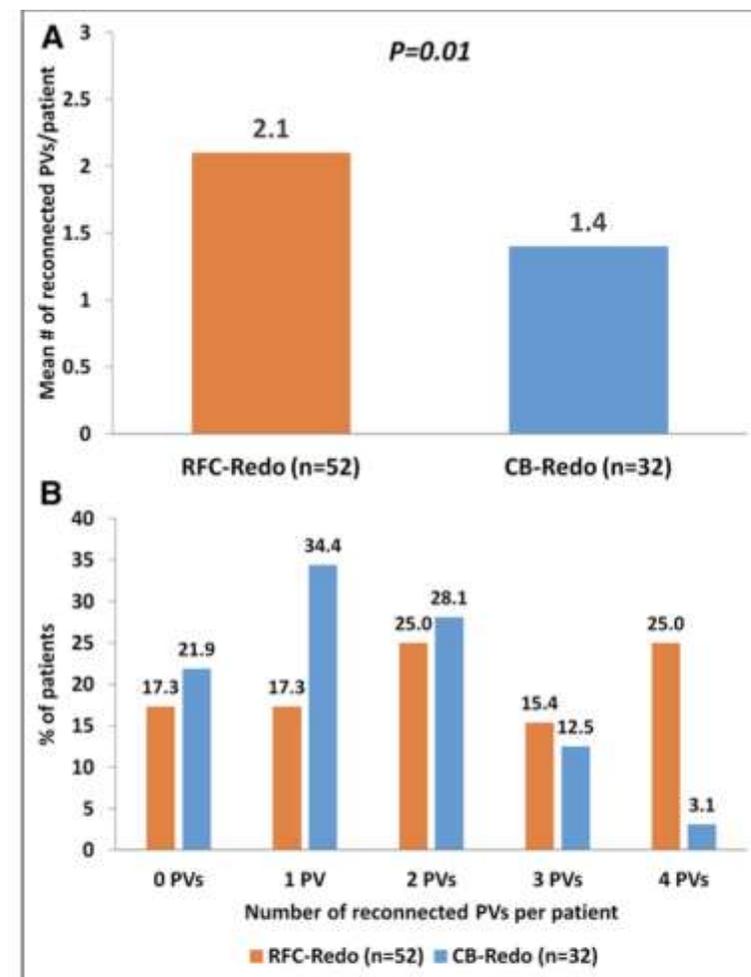


Figure 2. Pulmonary vein (PV) reconnections identified during repeat ablation. **A**, Mean number of reconnected PVs according to patient group. In the radiofrequency current (RFC)-Redo cohort a significantly higher mean number of reconnected PVs per patient than in the cryoballoon (CB)-Redo cohort was observed during repeat ablation ($P=0.01$). **B**, Percentage of patients with 0 to 4 reconnected PVs per patient according to patient group.

Pulsed Field or Cryoballoon Ablation for Paroxysmal Atrial Fibrillation

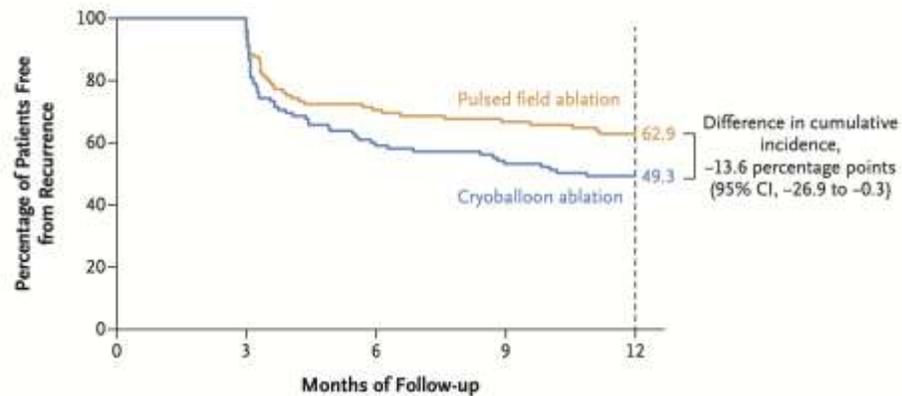
PFA vs Crio

Single Shot CHAMPION trial



Table 1. Characteristics of the Patients at Baseline.*

	Pulsed Field Ablation (N=105)	Cryoballoon Ablation (N=105)
Age — yr	64.0±9.4	63.3±9.6
Male sex — no. (%)	77 (73)	74 (70)
Body-mass index†	27.0±3.9	27.3±4.7
Median CHA ₂ DS ₂ -VASc score (IQR)‡	2.0 (1.0–3.0)	2.0 (1.0–3.0)
Currently smoker — no. (%)	10 (10)	12 (11)
Concomitant clinical conditions — no. (%)		
Hypertension	56 (53)	58 (55)
Vascular disease	12 (11)	16 (15)
History of congestive heart failure	9 (9)	3 (3)
Diabetes	13 (12)	9 (9)
Previous stroke, TIA, or peripheral embolism	4 (4)	7 (7)



No. at Risk (%)	0	3	6	9	12
Pulse field ablation	105 (100)	98 (93)	74 (70)	70 (67)	66 (63)
Cryoballoon ablation	105 (100)	101 (96)	62 (59)	54 (51)	50 (48)

Figure 2. Freedom from Recurrence of Atrial Tachyarrhythmia during the Period from 91 to 365 Days.

Meta-Analysis of Thermal Versus Pulse Field Ablation for Pulmonary Vein Isolation Durability in Atrial Fibrillation: Insights From Repeat Ablation **PFA vs HPSD**

(A)

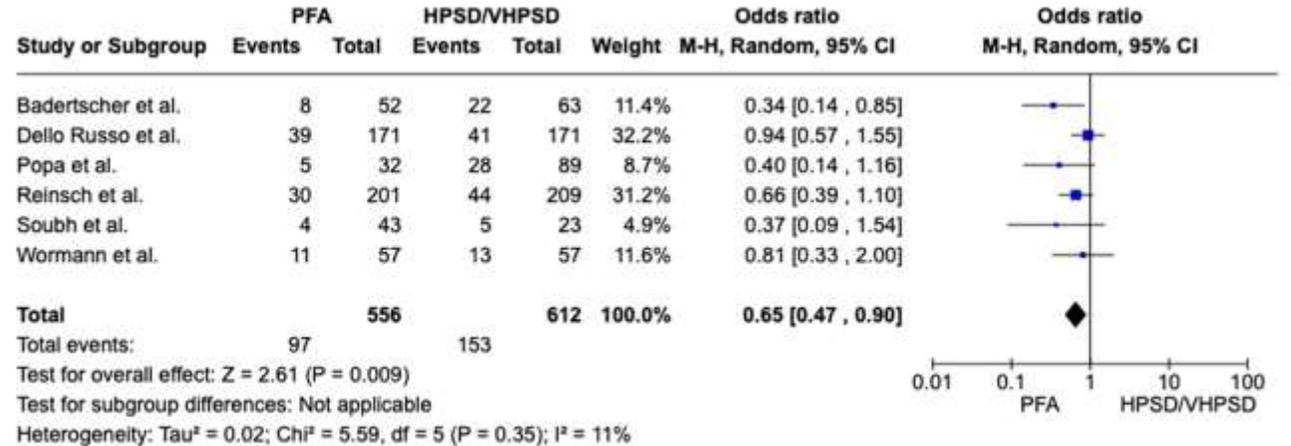
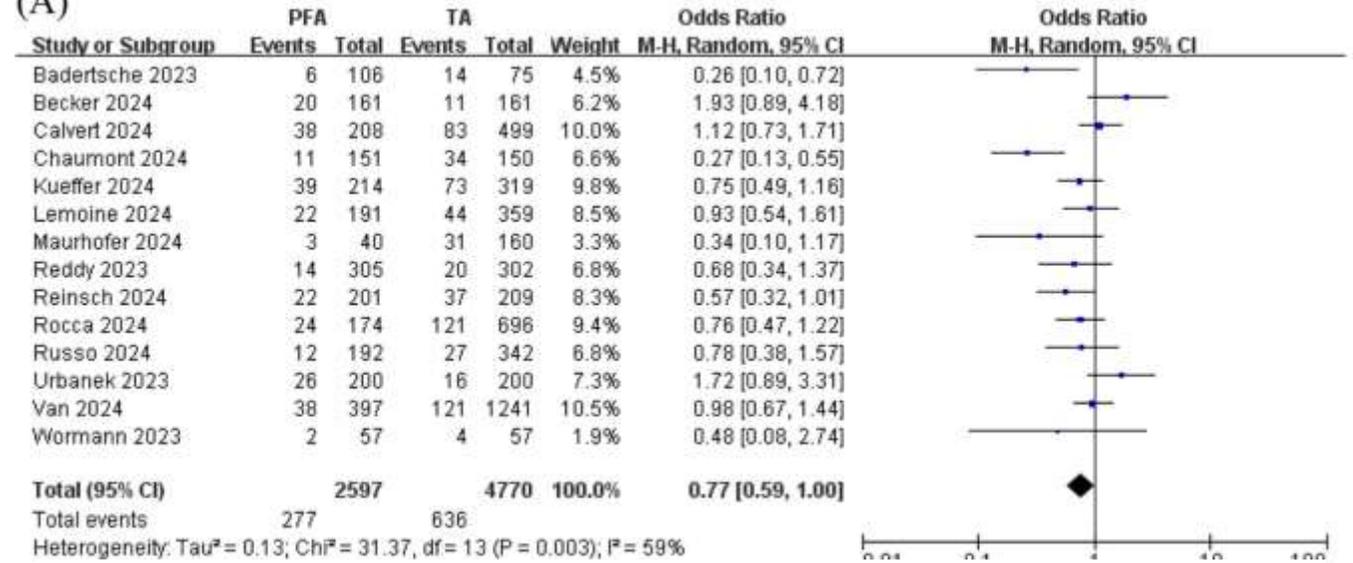
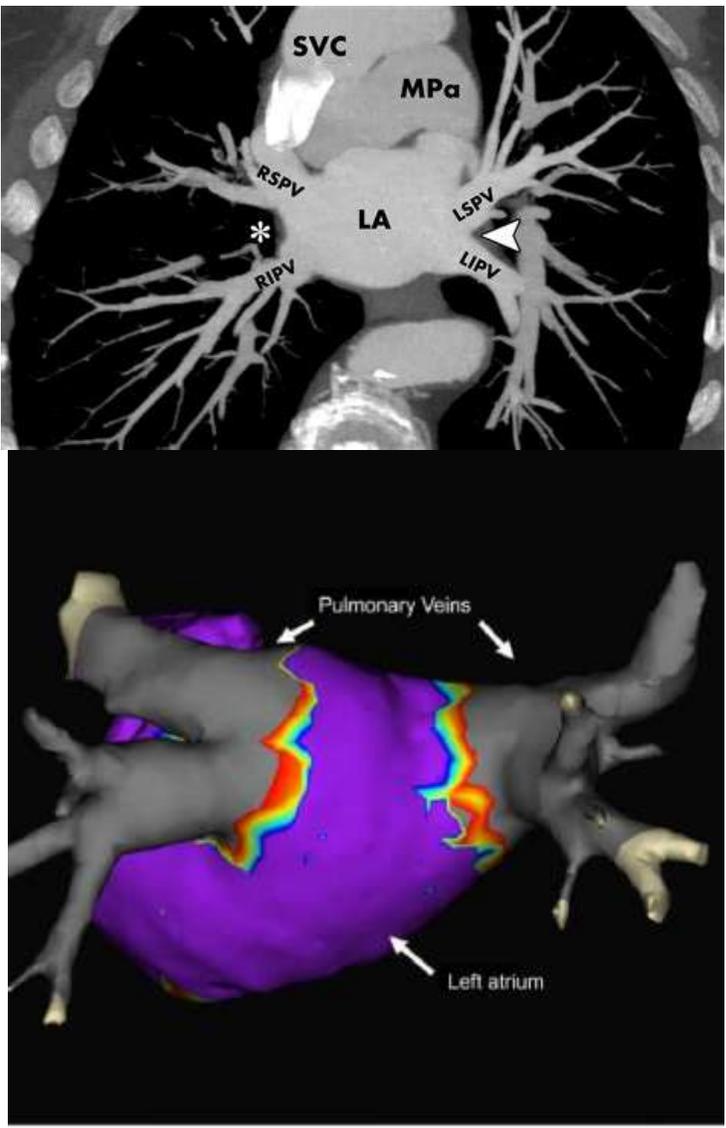


FIGURE 3 | Comparison of AF recurrence between PFA and HPSD/vHPSD RFA in overall population. CI, confidence interval; HPSD, high-power short-duration; PFA, pulsed field ablation; vHPSD, very high-power short-duration.

Durability of pulmonary vein isolation for atrial fibrillation: a meta-analysis and systematic review



PFA > Crio > RF

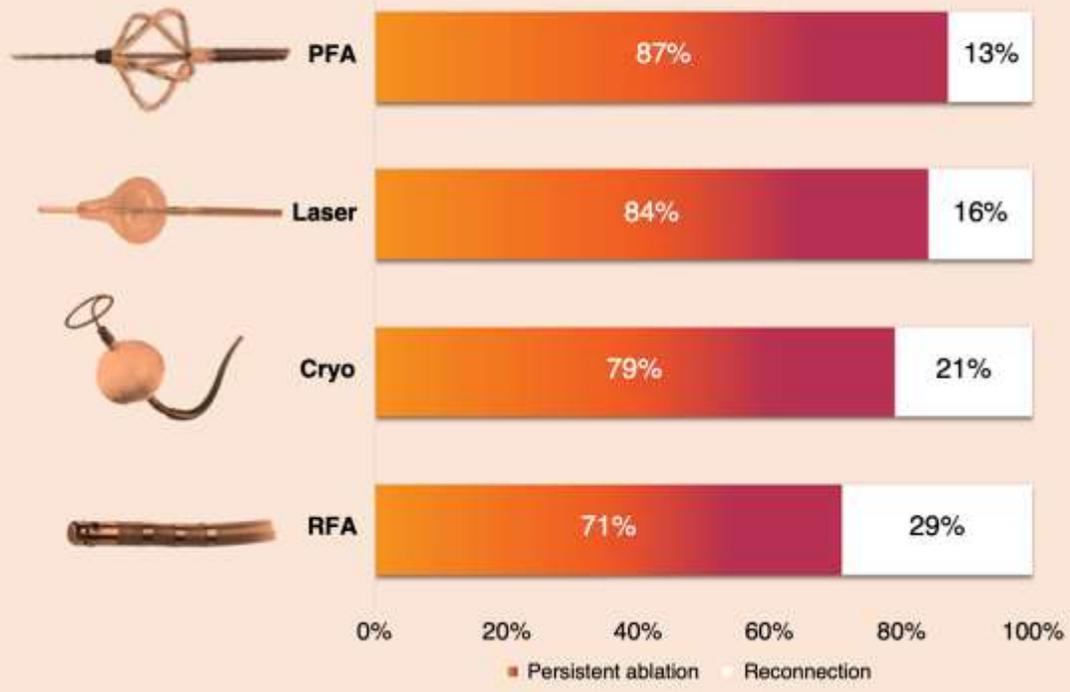
Abstract screening
Invasive redo mapping during FU regardless of AF recurrence



19 studies included
 1050 patients

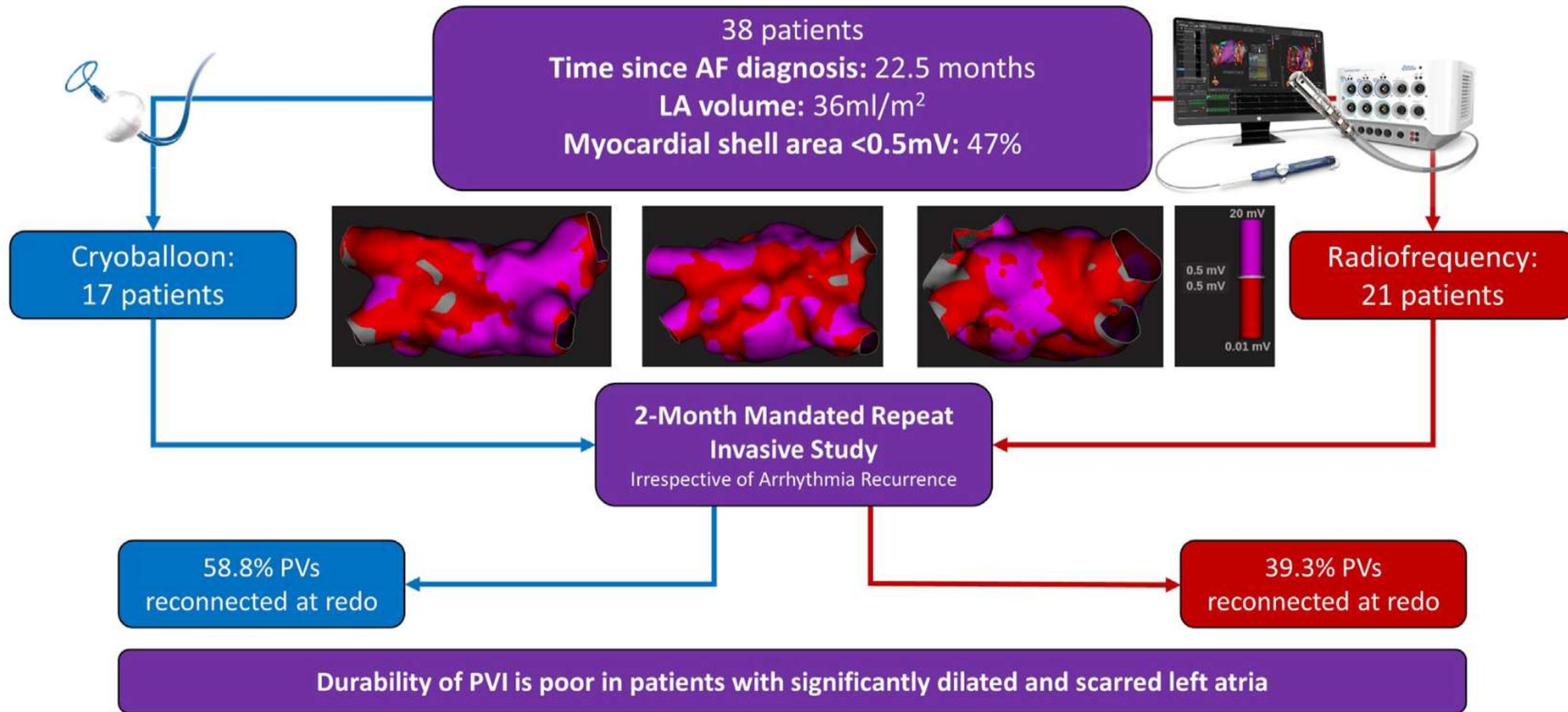
Outcome
Durable pulmonary vein isolation

Results – Lesion durability at follow-up



Cryoballoon	98.25	53.57
Radiofrequency	99.86	45.81
Laser	94.64	61.54
Pulsed-field ablation	100.00	70.00

Durability of Thermal Pulmonary Vein Isolation in Persistent Atrial Fibrillation Assessed by Mandated Repeat Invasive Study



Durabilidad es peor cuanto mayor remodelado auricular.

XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Reproducibilidad

Organiza:



FARADISE Global Registry

1-year outcomes with the pentaspline PFA Catheter

Study design

1158
AF patients

48
Centers

21
Countries

Real-World Registry

Safety

1.5%
Serious adverse event rate

Learning Curve

- ↓ Procedure times
- ↑ Extra-PV ablations
- = 1-year outcomes

Clinical effectiveness

80.8%
Paroxysmal AF

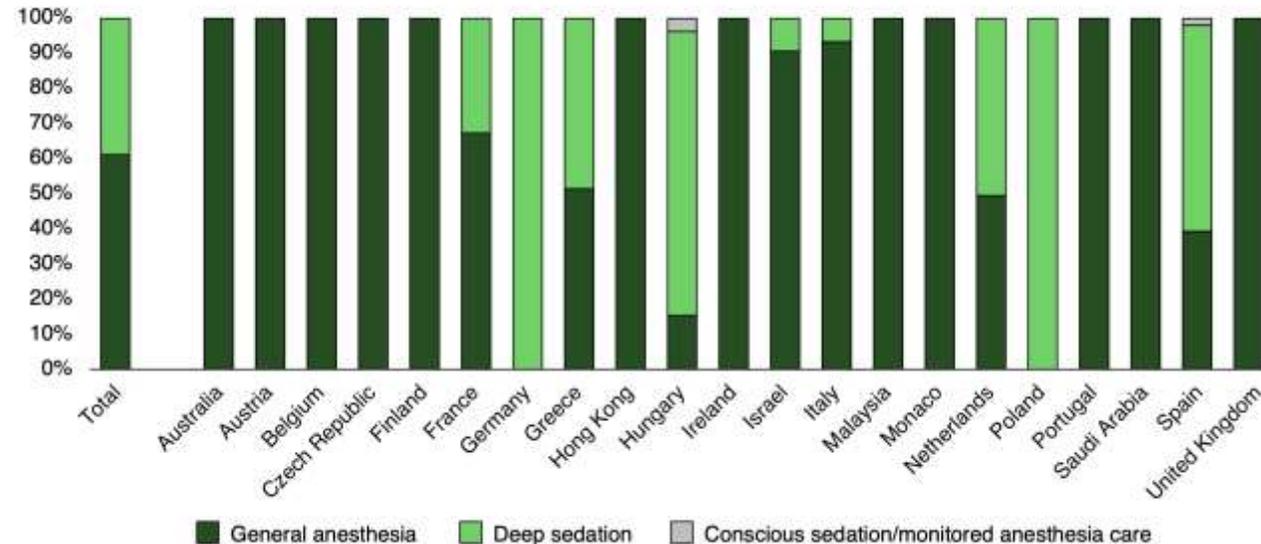


67.7%
Non-paroxysmal AF

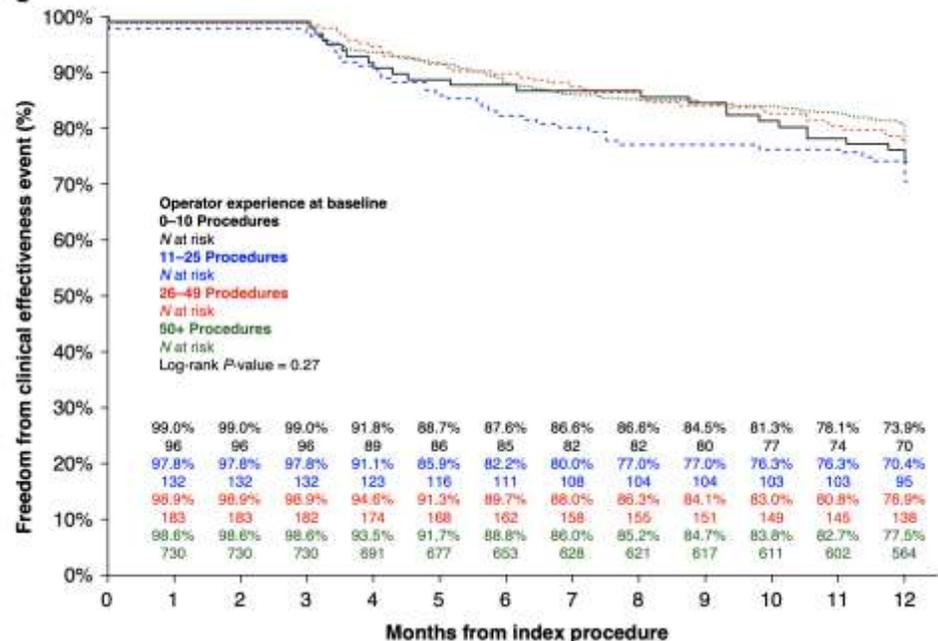
Predictors of success

- ✓ AF Indication (PAF)
- ✓ De Novo ablation
- ✓ Age (<65 yrs)
- ✓ Biological sex (male)
- ✗ Lesion set

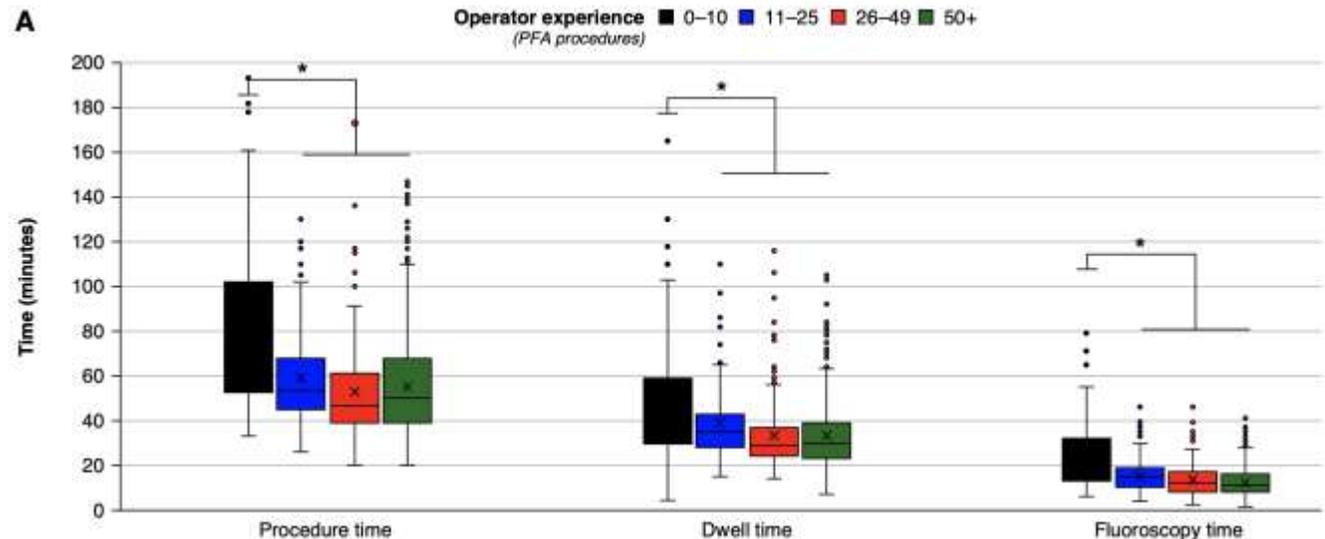
B



C



A



XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI

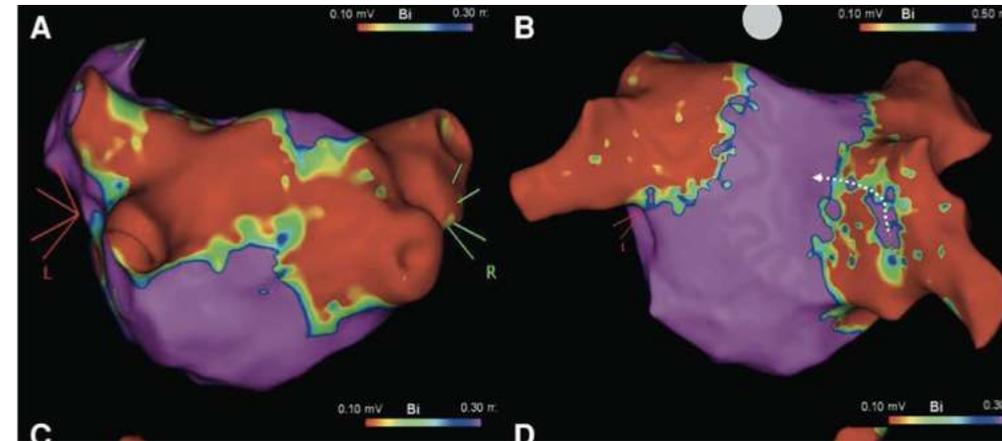
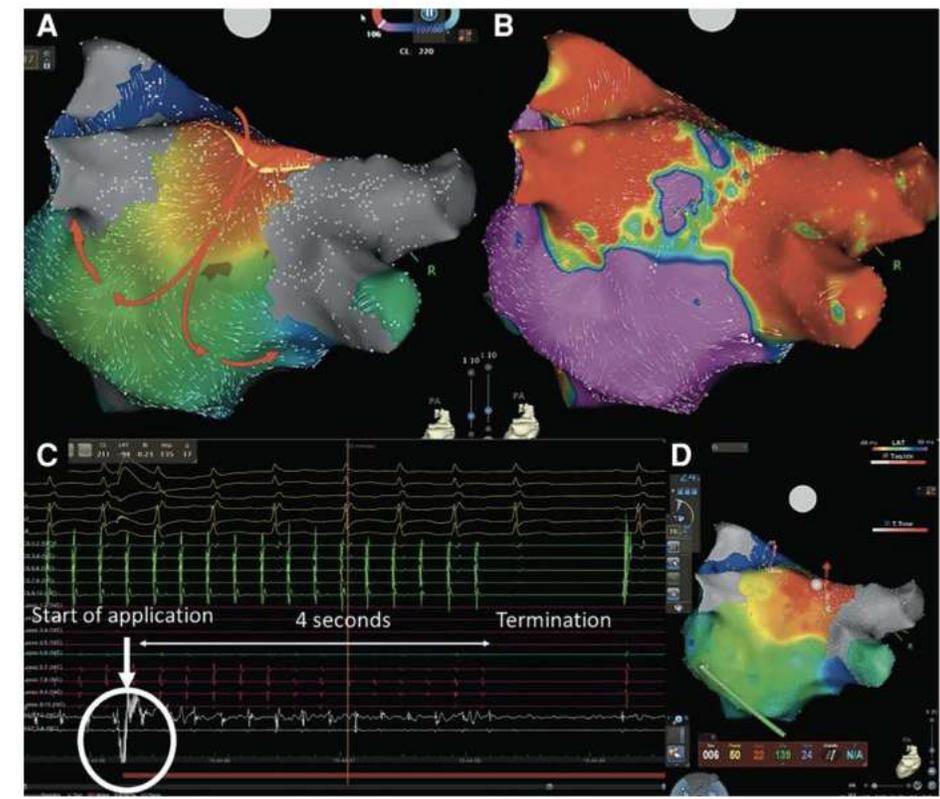
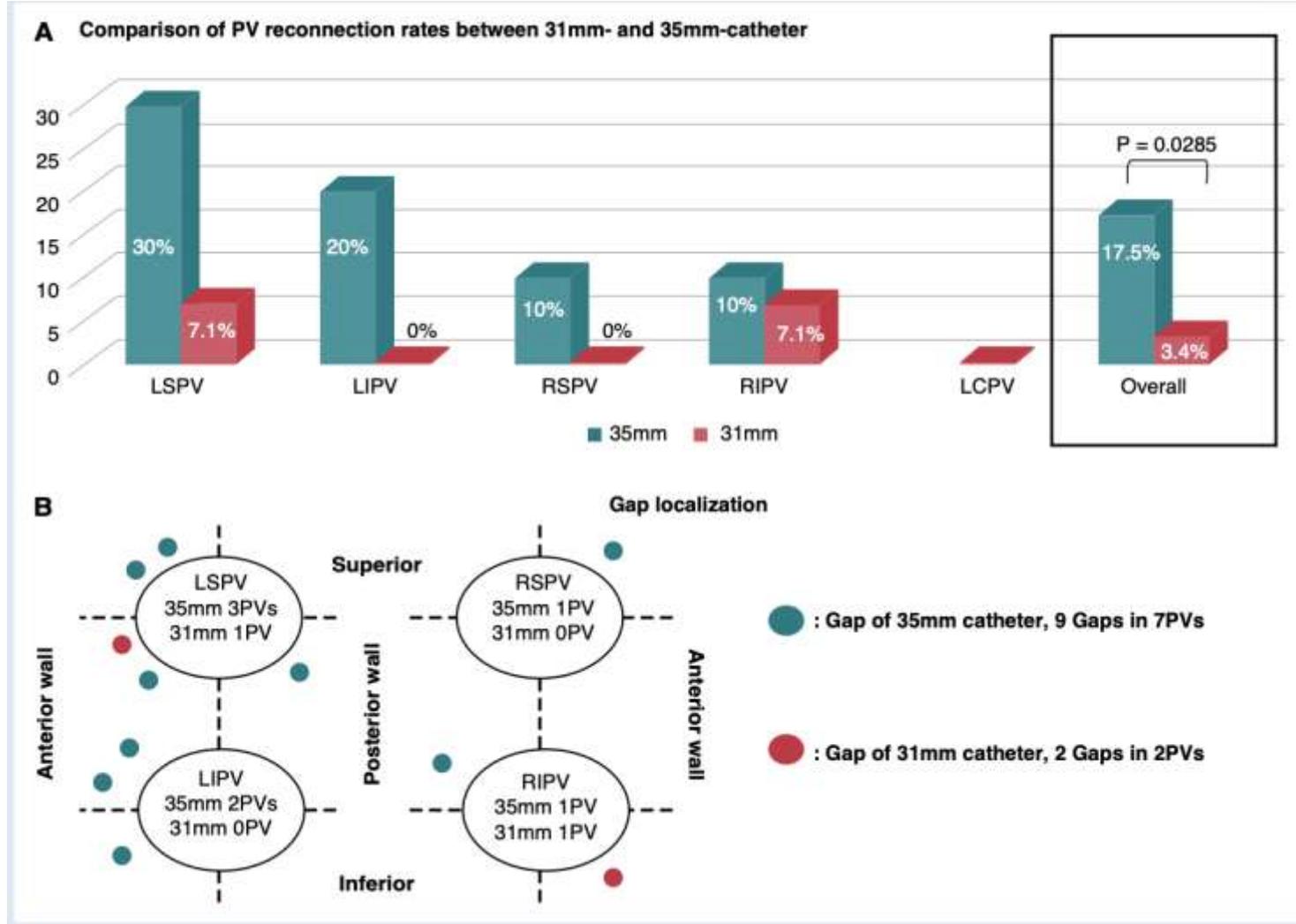


Versatilidad

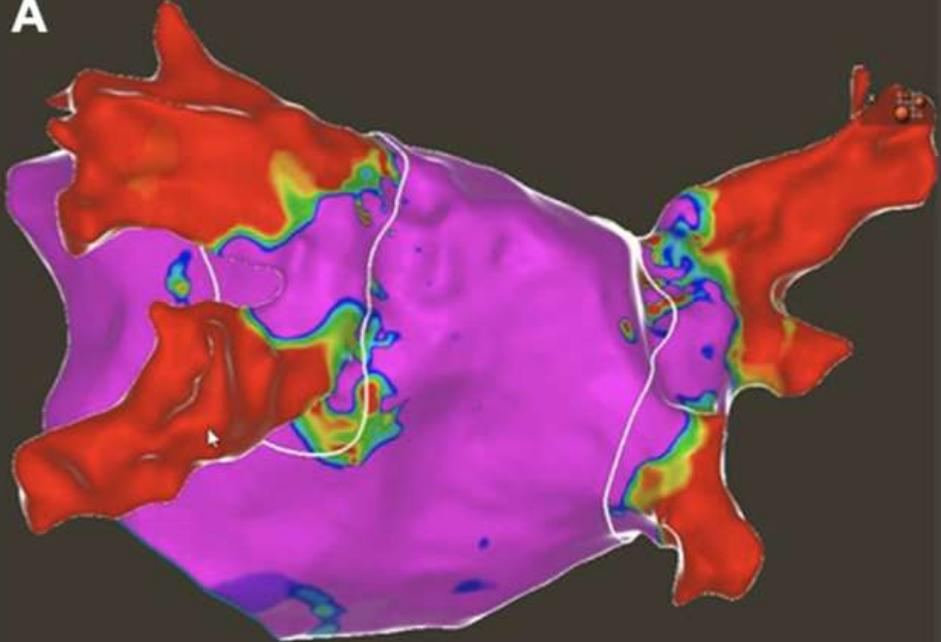
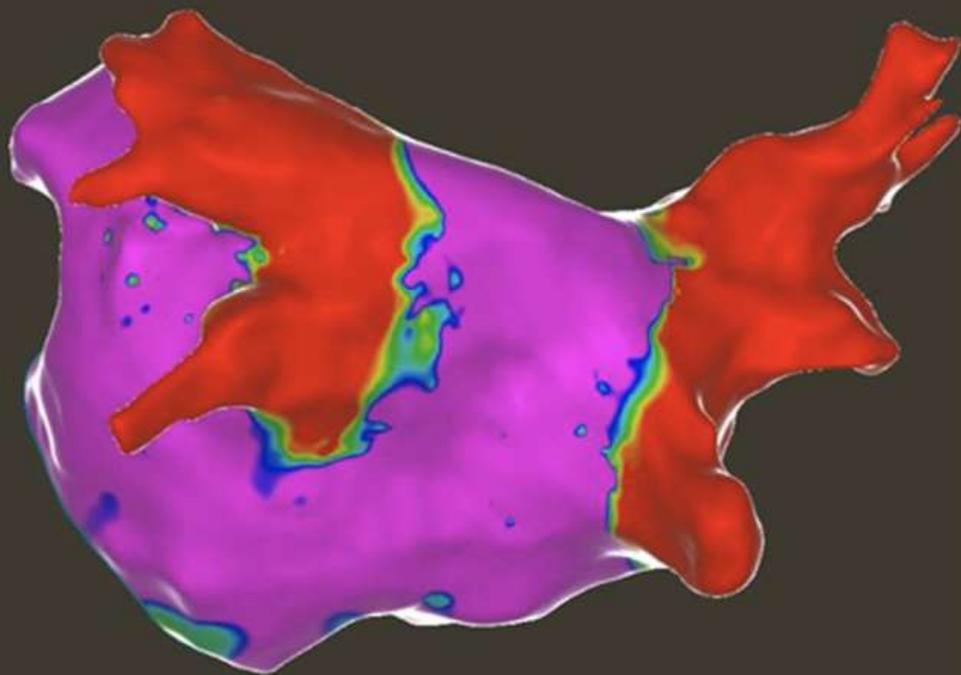
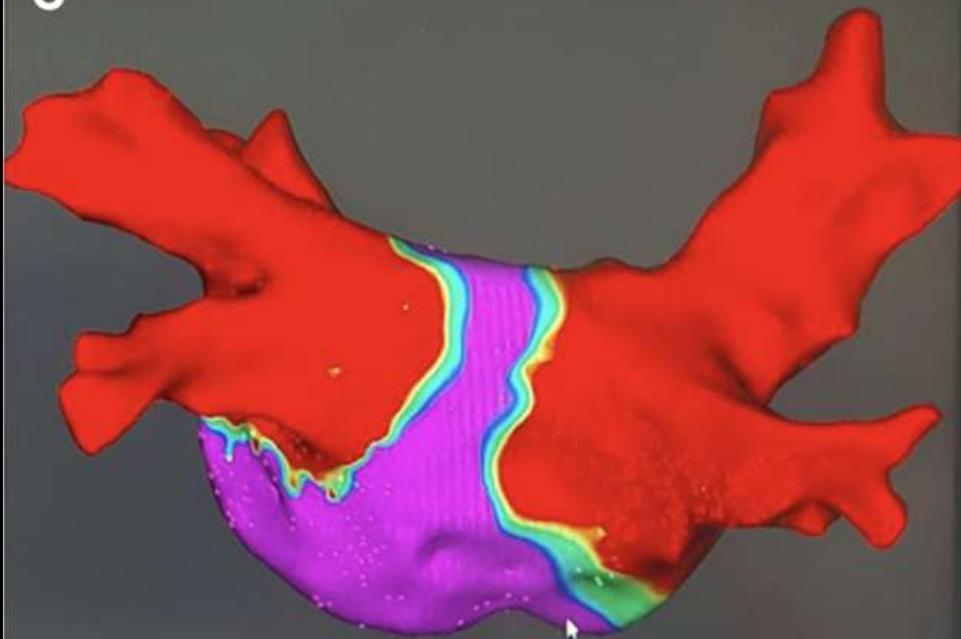
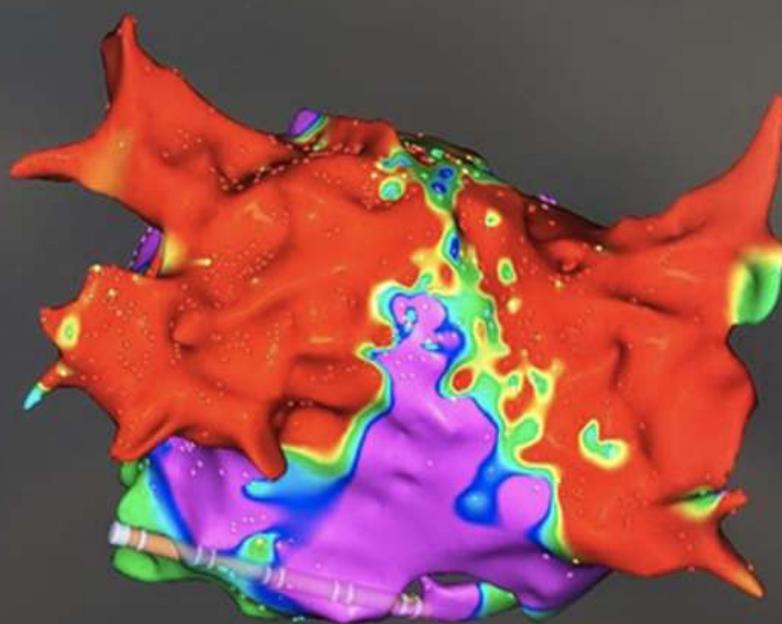
Organiza:



Findings from repeat ablation using high-density mapping after pulmonary vein isolation with pulsed field ablation



Recomendaciones: Uso de pentaspline 31 mm, energía 2 Kv, mapa 3D.

A**B****C****D**

Durability of Pulmonary Vein Isolation Using Pulsed-Field Ablation

Results From the Multicenter EU-PORIA Registry

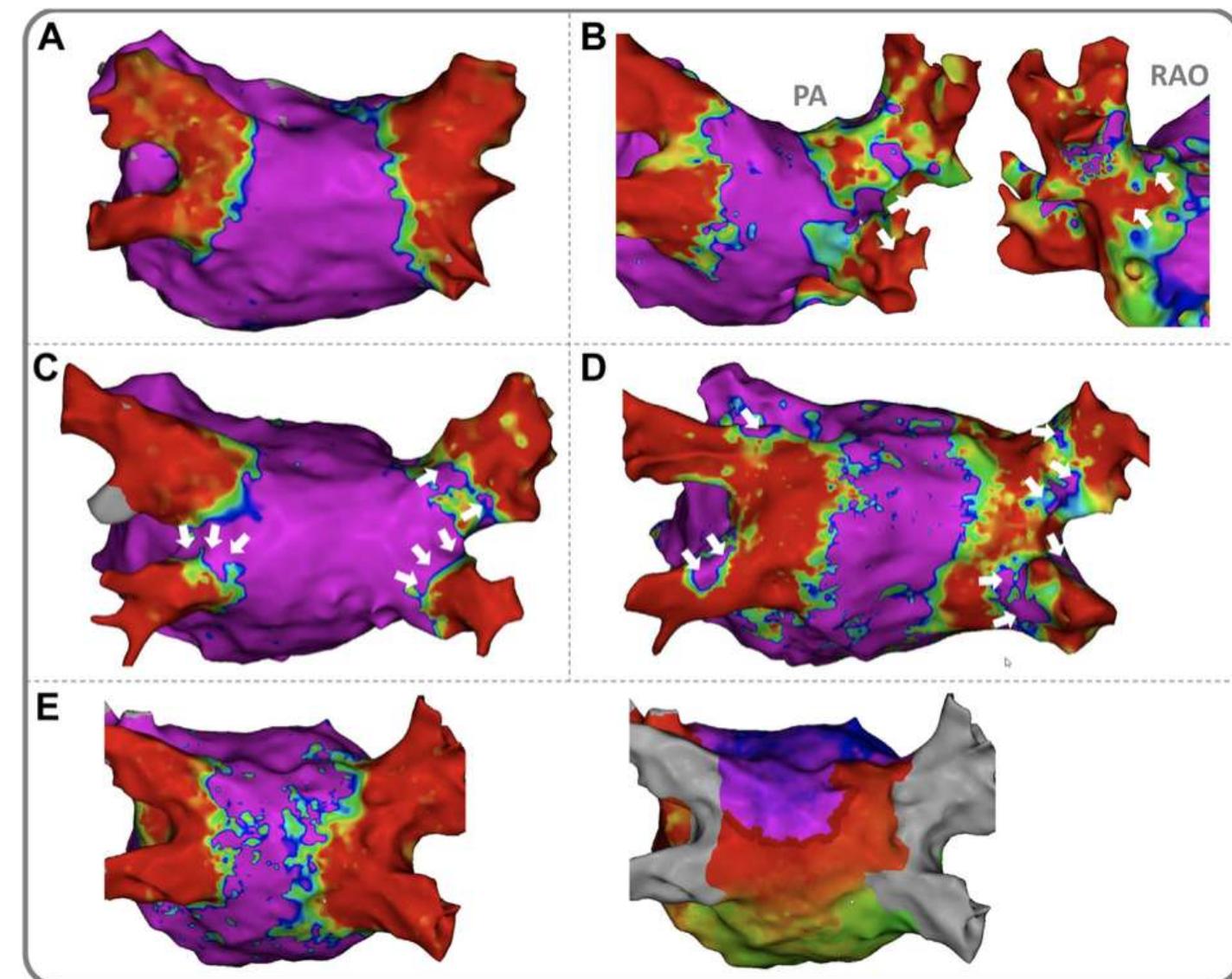
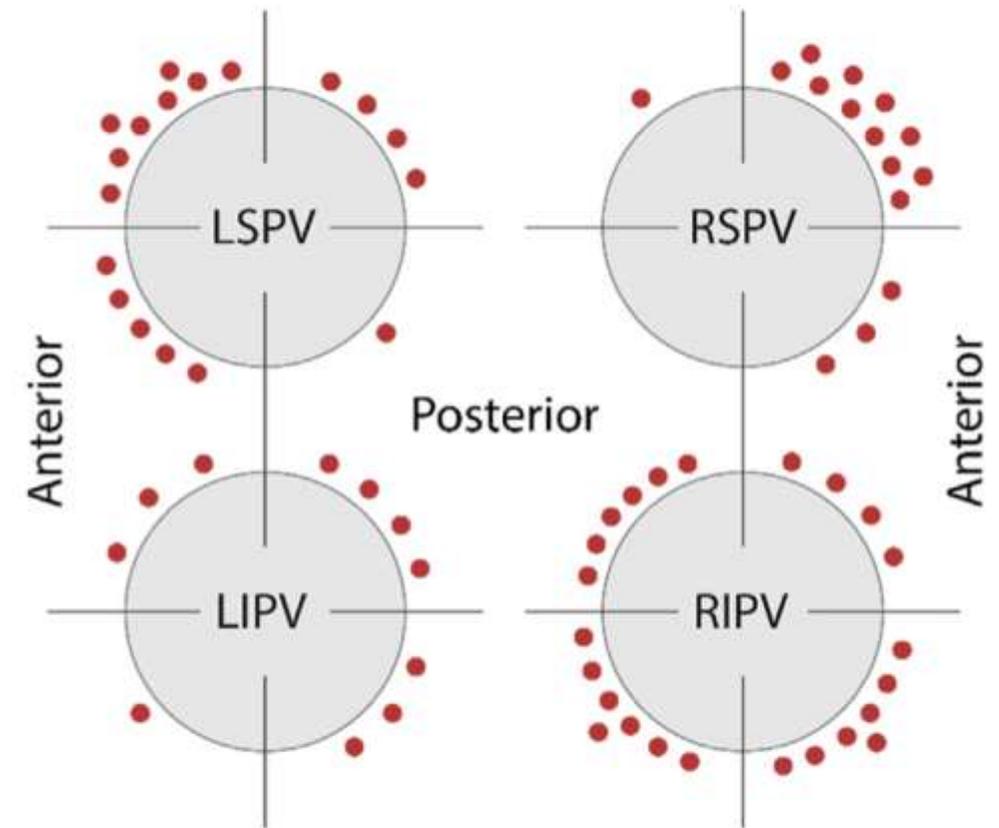


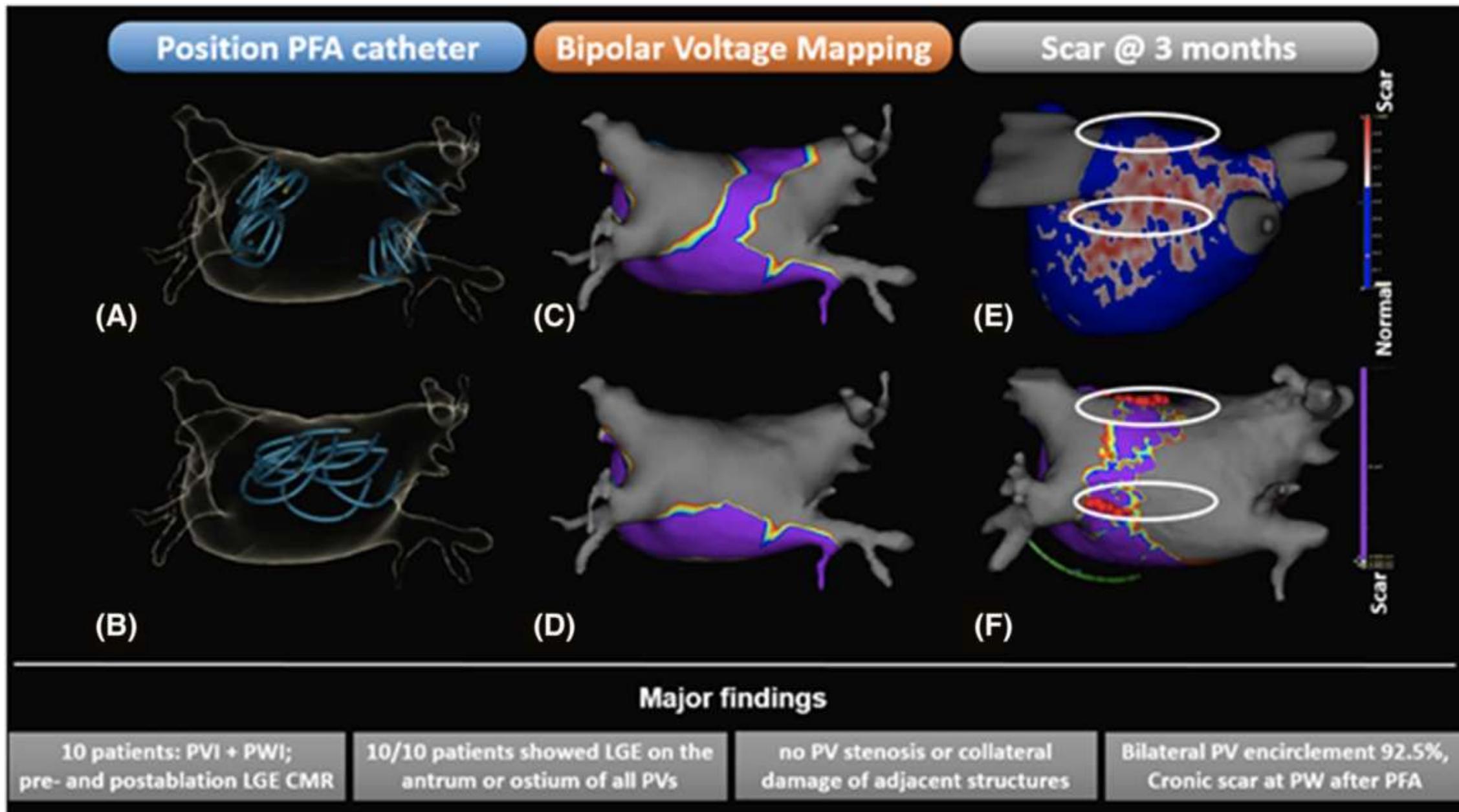
FIGURE 4 Localization of Reconnection Sites Found During Repeat Ablation After PVI Using PFA



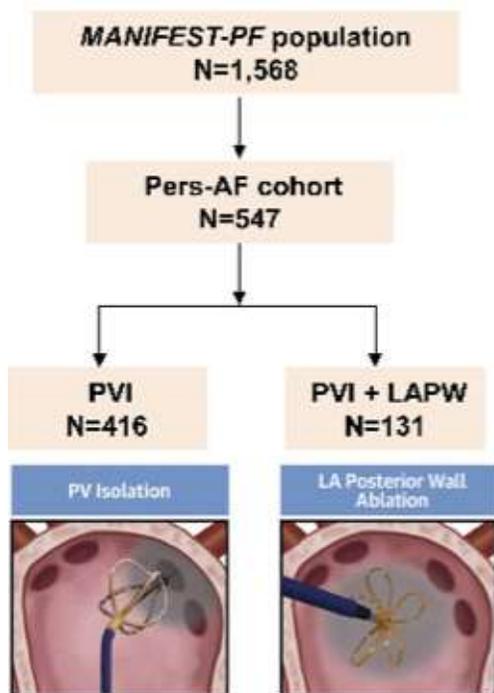
Gaps identified by high-density mapping during repeat ablation after an index PVI using PFA. Abbreviations as in **Figures 1 and 2**.

Lesion formation following pulsed field ablation for pulmonary vein and posterior wall isolation

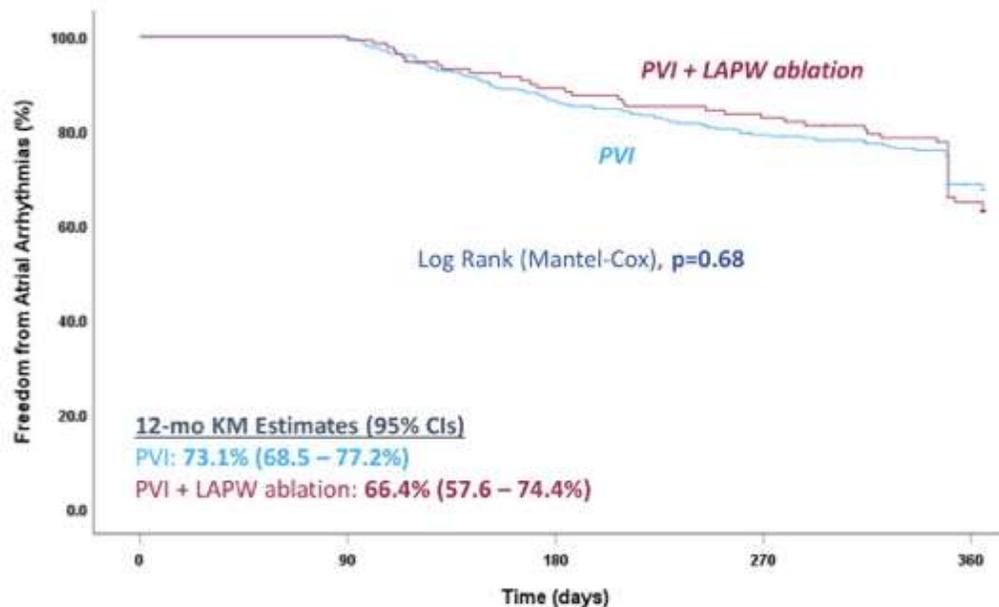
Europace (2023) 25, 433–440
JIntC Electrophysiology (2024) 67:1359–1364 }



Impact of Left Atrial Posterior Wall Ablation During Pulsed Field Ablation for Persistent Atrial Fibrillation: A *MANIFEST-PF* Registry Sub-Study



Primary Outcome
Freedom from any atrial arrhythmia of ≥30 seconds with or without antiarrhythmic drugs, after a single ablation procedure



No. of Patients	0	90	180	270	360
PVI + LAPW ablation	131	130	112	101	65
PVI	416	413	326	256	167

Conclusion
Addition of LAPW ablation to PVI did not significantly improve freedom from atrial arrhythmia at 1-year compared with PVI along

Population
Adults with PersAF undergoing first-time AF ablation using pulsed-field

Mean age: 66.3 years

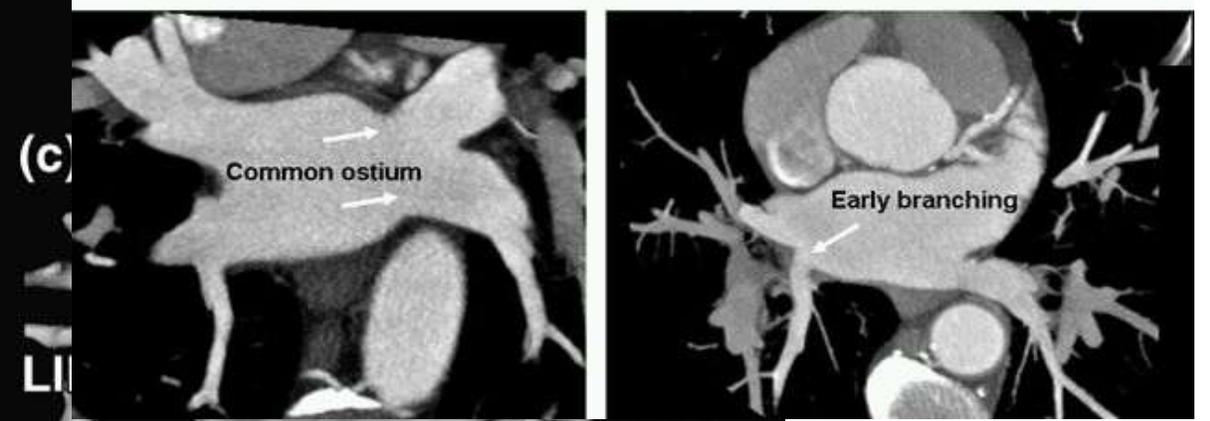
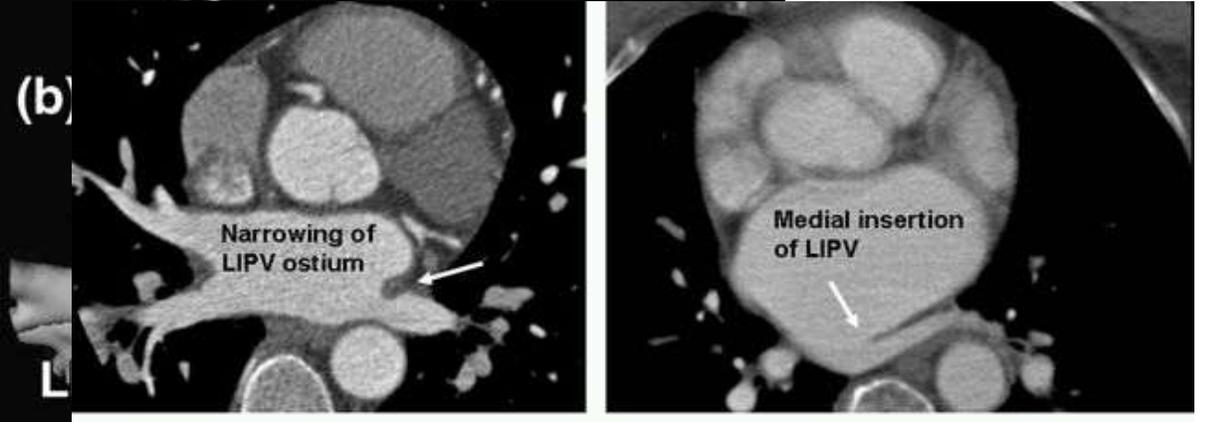
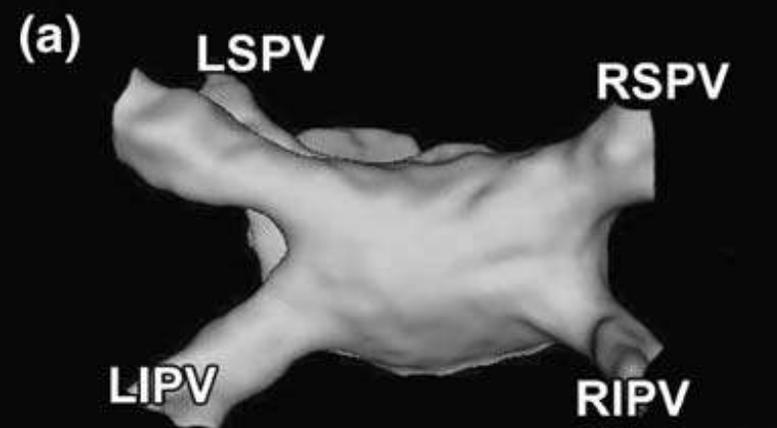
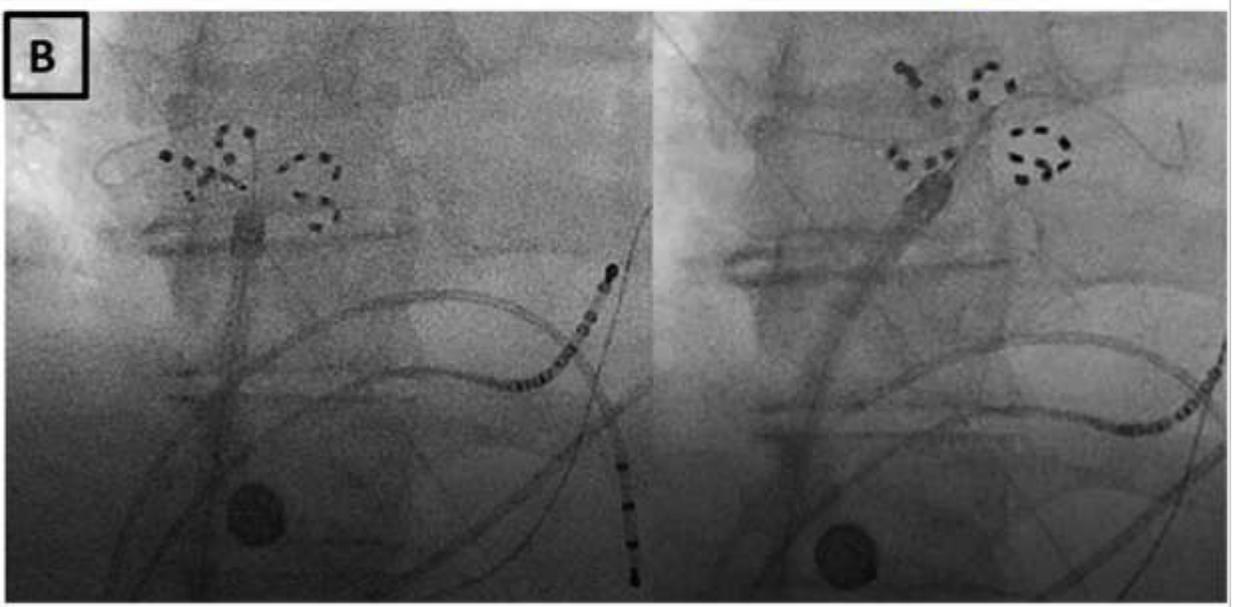
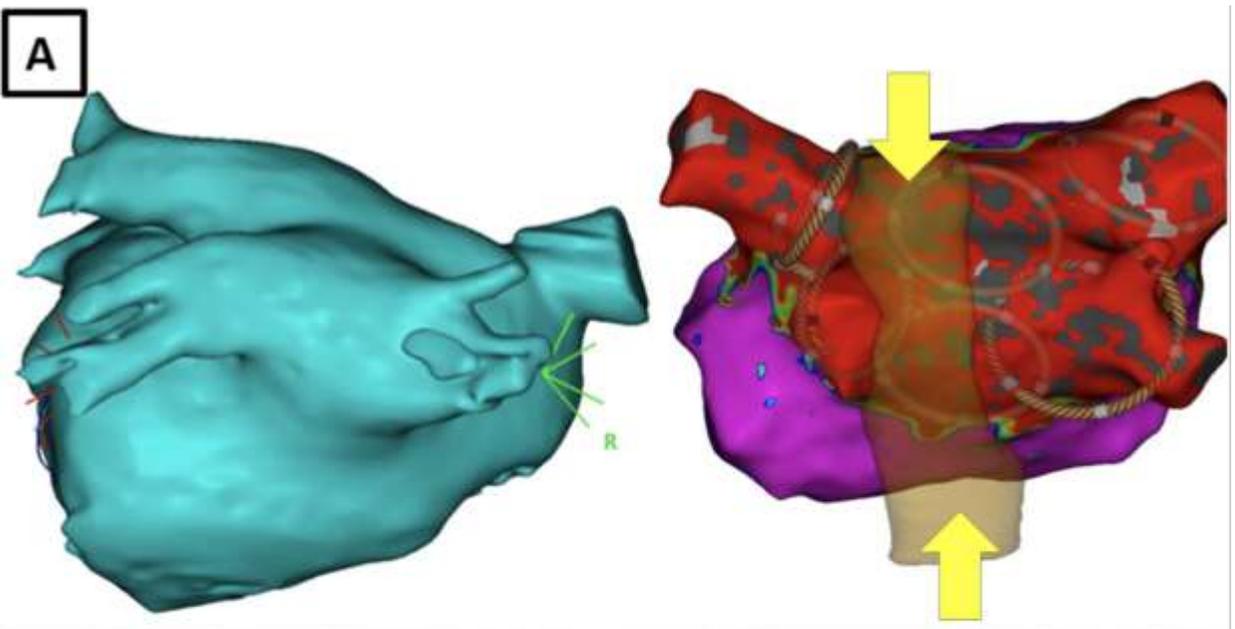
Locations
24 centers from 8 countries

Safety Outcomes	Entire Cohort (n=547)
Acute major adverse events (%)	9 (1.6%)
Esophageal fistula	0
Symptomatic PV stenosis	0
Cardiac tamponade	6 (1.1%)
Percutaneous drainage	5 (1.2%)
Surgical drainage	0
Stroke	2 (0.4%)
Coronary spasm	1 (0.2%)
Phrenic nerve injury (persistent)	0
Death	0
Vascular complications requiring surgery	0
Acute minor adverse events (%)	24 (4.4%)
Pericardial effusion w/o intervention	2 (0.5%)
Pericarditis	1 (0.2%)
Air embolism	3 (0.5%)
TIA	2 (0.4%)
Phrenic nerve injury, transient	1 (0.2%)
Vascular access complications	13 (2.3%)
Hematoma	11 (2.0%)
A-V fistula	1 (0.2%)
Pseudoaneurysm	1 (0.2%)
DVT	0
Respiratory-related	2 (0.4%)
Chronic major adverse events	0

Recomendaciones: Uso de pentaspline 31 mm, energía 2 Kv, mapa 3D.

Pulsed field ablation in common inferior pulmonary trunk

J Interv Card Electrophysiol 66, 809–810 (2023)



XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Seguridad

Organiza:



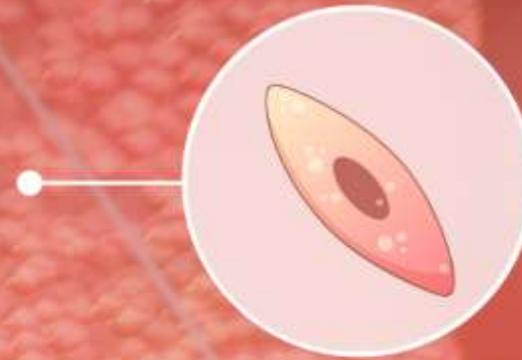
Selectividad tisular:

Umbral cardiomiocitos ≈ 400 V/cm

Esófago $\approx 1,200$ V/cm

Venas pulmonares $\approx 1,600$ V/cm

Nervio frénico $\approx 1,750$ V/cm



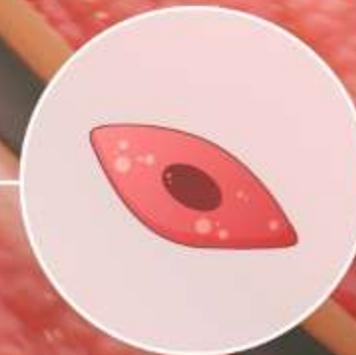
Esophageal smooth muscle

Preserved



Nerve cell

Preserved



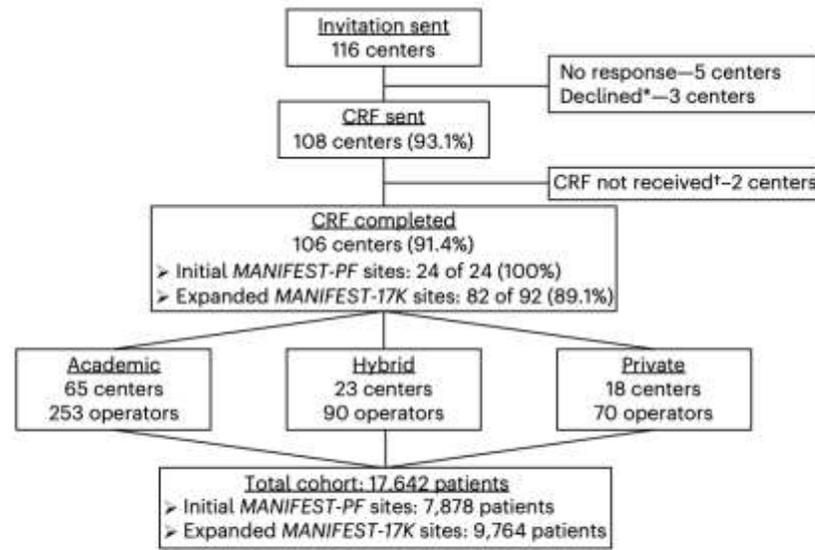
Vascular smooth muscle

Preserved

Safety of pulsed field ablation in more than 17,000 patients with atrial fibrillation in the MANIFEST-17K study

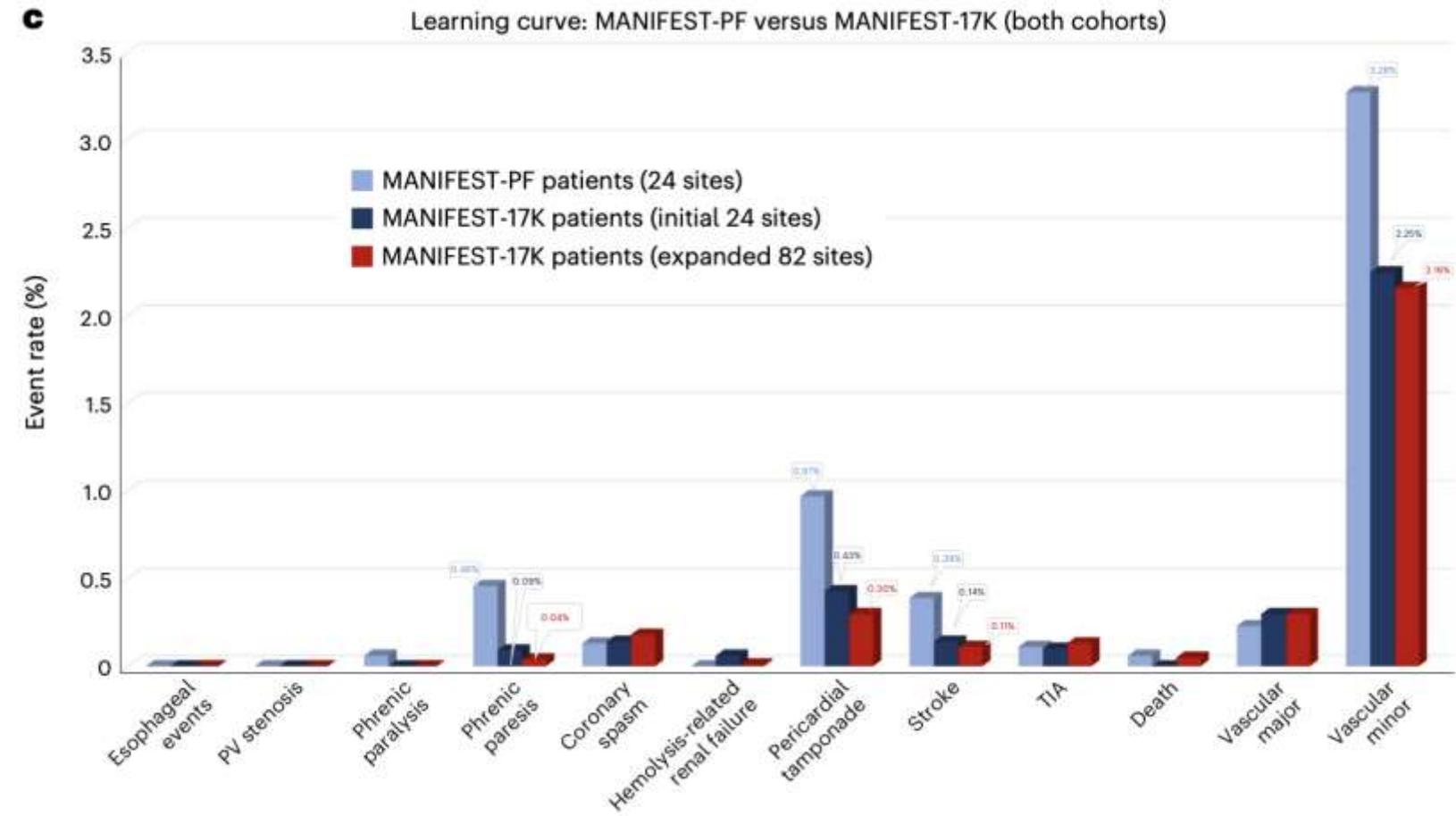
Seguridad: el diferenciador

- Esófago y venas pulmonares: 0% lesiones.
- Parálisis frénica: 11 casos, 0.06%. Recuperación total 100%.
- Coronarias: vasoespasmo reversible, sin lesiones crónicas.
- Hemólisis: 0.03%, lesiones extensas.



* Two centers declined due to time required for regulatory approval, one center declined due to lack of research staff.
† One center could not provide data within specified time frame, one center was not reachable after initial correspondence.

Fig. 1 | Study center, operator and patient numbers. Shown are the invited and participating centers, along with the number of operators and the number of patients included in the study. CRF, case report form.



High incidence of phrenic nerve injury in patients undergoing pulsed field ablation for atrial fibrillation

Louis Chéhirlian, MD,^{1,2} Linda Koutbi, MD,^{1,2} Julien Mancini, MD, PhD,^{2,3} Jérôme Hourdain, MD,^{1,2}
Robin Richard-Vitton, MD,^{1,2} Marie Wilkin, MD,^{1,2} Jean-Claude Deharo, MD,^{1,2,4}
Baptiste Maille, MD, PhD,^{1,2,4} Frédéric Franceschi, MD, PhD^{1,2,4}

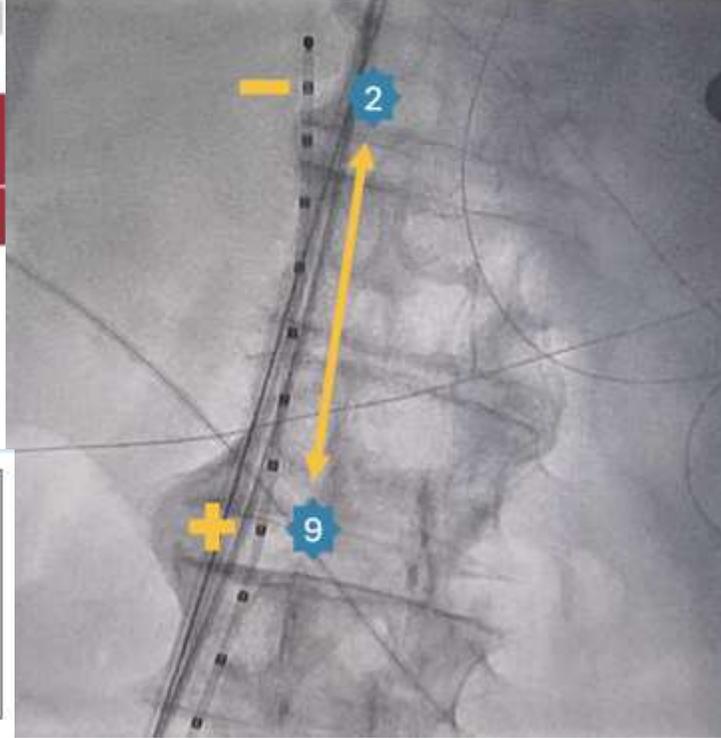
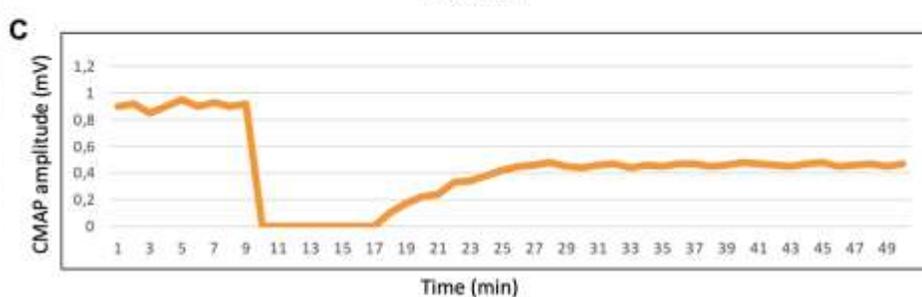
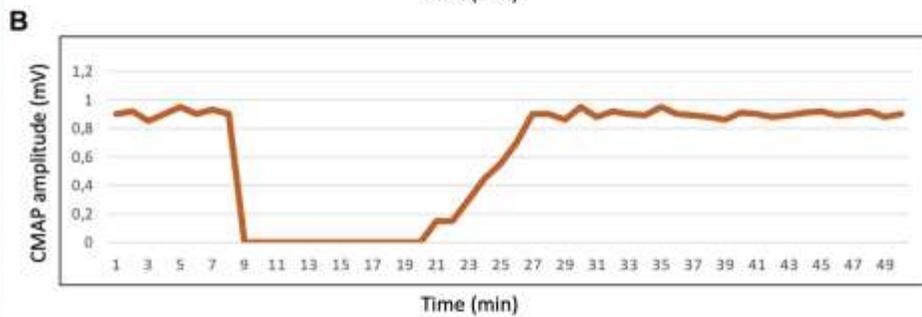
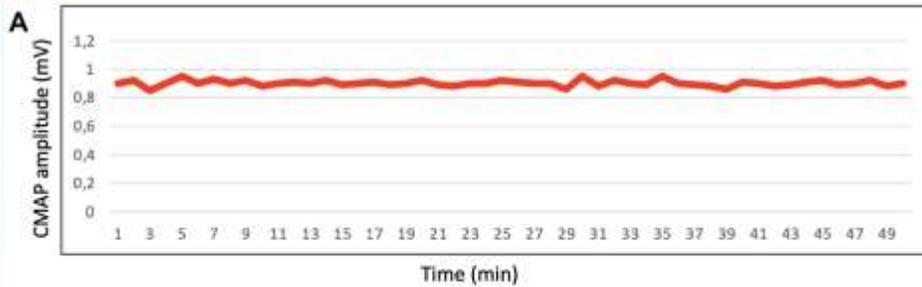


Table 3 Fluoroscopic follow-up and outcomes in patients with abnormal diaphragmatic motion after phrenic nerve palsy (PNP)

PNP side	Discharge (%)	Follow-up	Timing	Value (%)
Right	-19%	Not performed	-	-
Right	-47%	Yes	2 months	-8%
Right	-20%	Yes	6 months	-5%
Right	-35%	Yes	3 months	-35%
Left	-20%	Yes	2 months	-5%
Left	-53%	Yes	1 months	0%

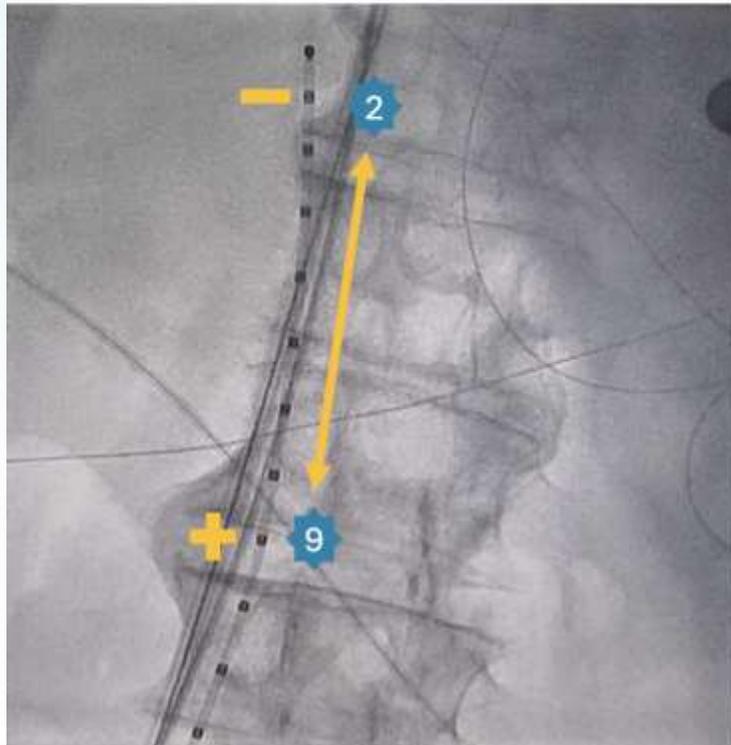
These findings support routine use of dedicated diaphragmatic monitoring and post-procedural dynamic imaging in ablation workflows. Large-scale prospective studies are needed to better assess the incidence, risk factors, and long-term clinical impact of PNI in this context.

Funding Sources: This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

Disclosures: Prof Frédéric Franceschi is a consultant and holds stock in the company Circle-Safe; the other authors have no conflicts of interest to declare.

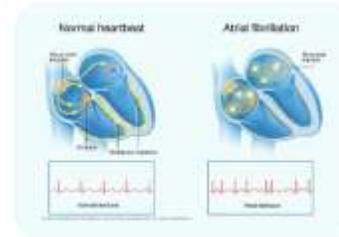
High incidence of phrenic nerve injury in patients undergoing pulsed field ablation for atrial fibrillation

Louis Chéhirlan, MD,^{1,2} Linda Koutbi, MD,^{1,2} Julien Mancini, MD, PhD,^{2,3} Jérôme Hourdain, MD,^{1,2}
Robin Richard-Vitton, MD,^{1,2} Marie Wilkin, MD,^{1,2} Jean-Claude Deharo, MD,^{1,2,4}
Baptiste Maille, MD, PhD,^{1,2,4} Frédéric Franceschi, MD, PhD^{1,2,4}



Disclosures: Prof Frédéric Franceschi is a consultant and holds stock in the company Circle-Safe; the other authors have no conflicts of interest to declare.

Circle Safe Reinventing Phrenic Nerve Monitoring for Patient Safety



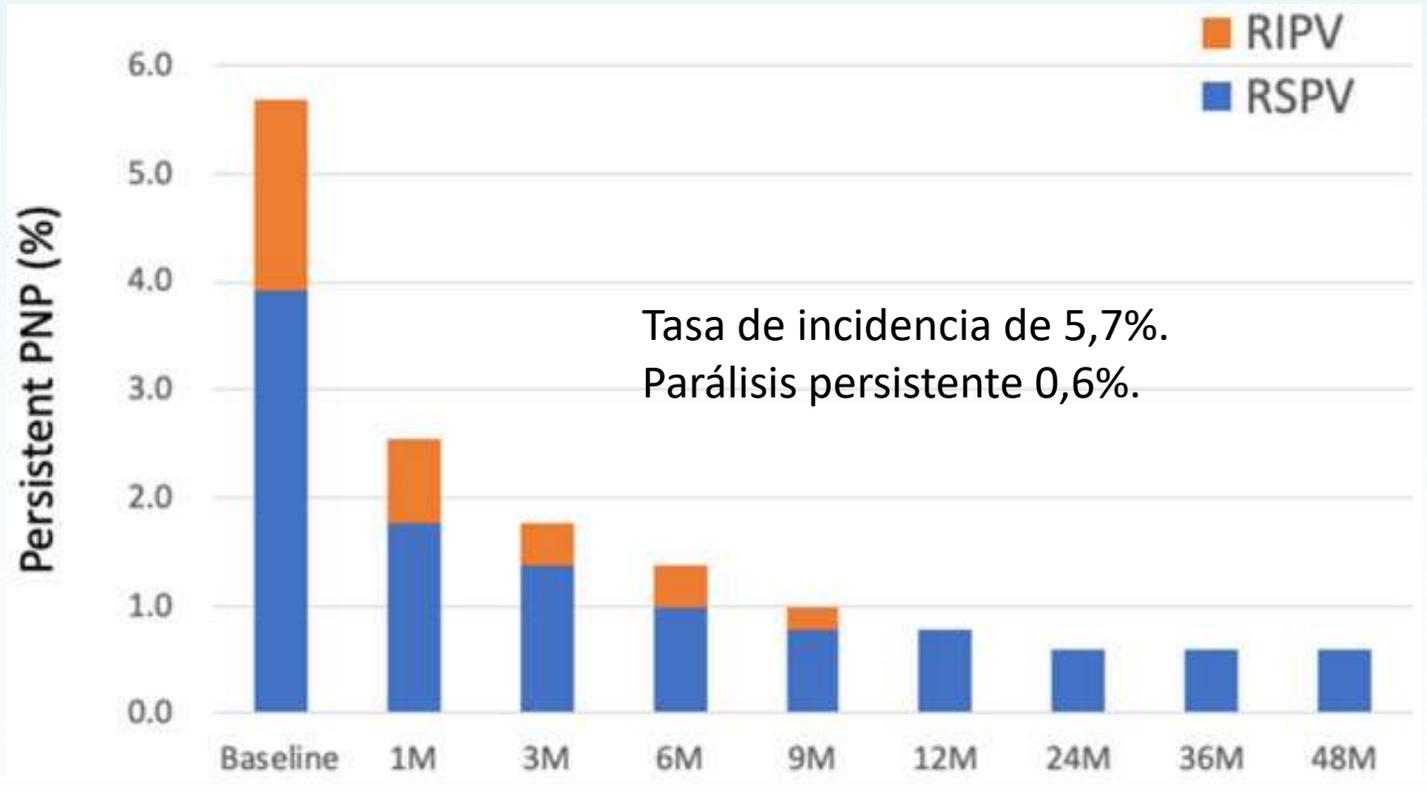
At **Circle Safe**, we're committed to enhancing patient safety during atrial fibrillation (AF) ablation procedures by introducing cutting-edge solutions for phrenic nerve monitoring. Our technology is designed to streamline current practices, providing faster and more reliable nerve damage detection to reduce patient risks.





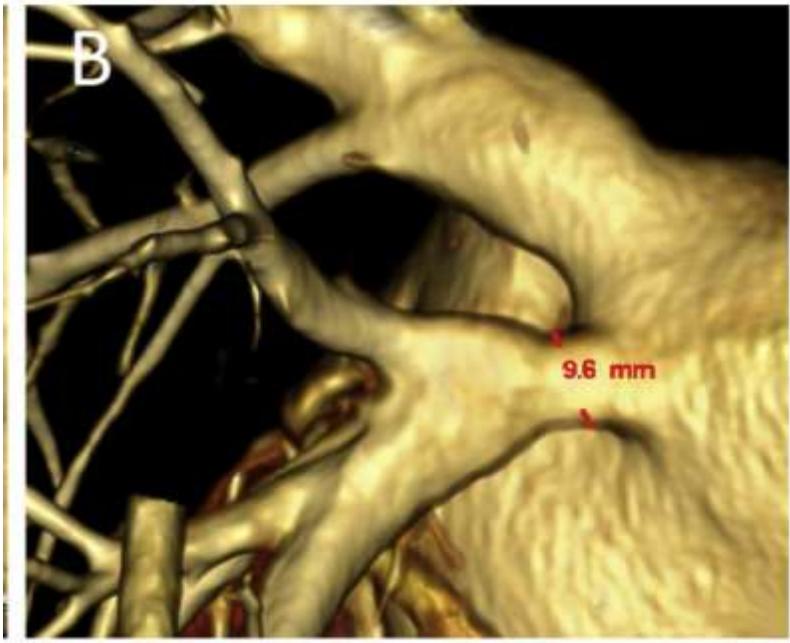
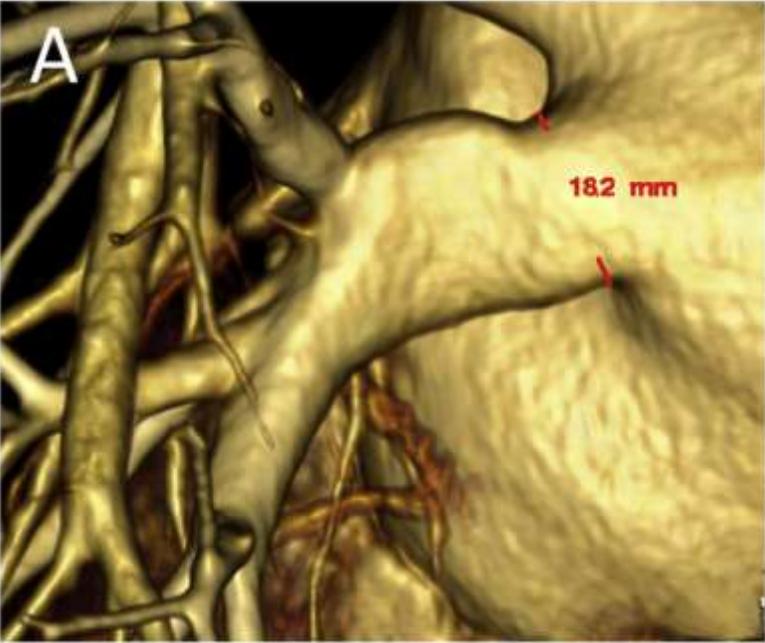
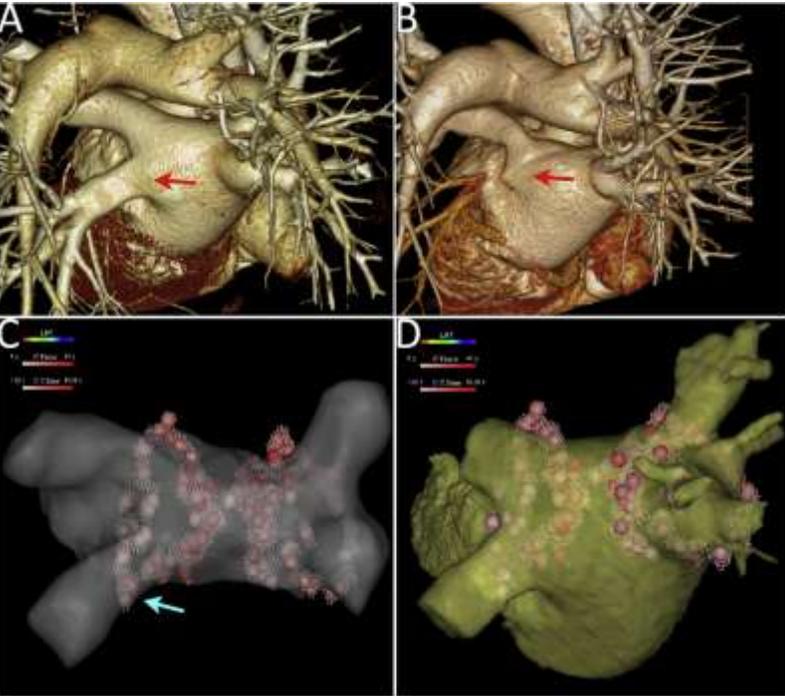
Long-term course of phrenic nerve injury after cryoballoon ablation of atrial fibrillation

	N = 511	PNP (-) N = 482	PNP (+) N = 29	P value
Sex (male)	423 (83%)	403 (84%)	20 (69%)	0.04
Age (years)	59.8 ± 10.1	59.3 ± 10.8	62.9 ± 9.5	0.59
Body mass index (kg/m ²)	24.1 ± 3.2	24.1 ± 3.3	24.2 ± 3.4	0.93
Left atrial diameter (mm)	37.9 ± 16.3	37.9 ± 17.0	36.4 ± 5.4	0.25
LVEF (%)	64.4 ± 5.8	64.3 ± 5.8	64.1 ± 4.4	0.78
eGFR (ml/min/1.73 m ²)	76.9 ± 17.0	76.7 ± 17.3	77.8 ± 13.8	0.81
BNP (pg/ml)	56.1 ± 72.5	56.1 ± 72.5	49.8 ± 45.7	0.66
Hypertension	207 (41%)	194 (40%)	13 (45%)	0.63
Diabetes mellitus	52 (10%)	50 (10%)	2 (7%)	0.55
CHADS ₂ score	0.7 ± 0.9	0.7 ± 0.9	0.7 ± 0.8	0.87
CHA ₂ DS ₂ -VASc score	1.2 ± 1.2	1.2 ± 1.3	1.4 ± 1.1	0.45
Paroxysmal AF	482 (94%)	457 (95%)	25 (86%)	0.052
Operator's experience (cases)				
< 20 cases	153 (30%)	149 (30%)	4 (22%)	0.60
< 30 cases	205 (40%)	199 (41%)	6 (33%)	0.54
< 40 cases	255 (50%)	247 (50%)	8 (44%)	0.62
< 50 cases	296 (58%)	286 (58%)	10 (56%)	0.81



Estenosis de venas pulmonares y ablación de FA

JACC Clin Electrophysiol. 2017 Jun;3(6):589-598.



Estenosis de venas pulmonares y ablación de FA

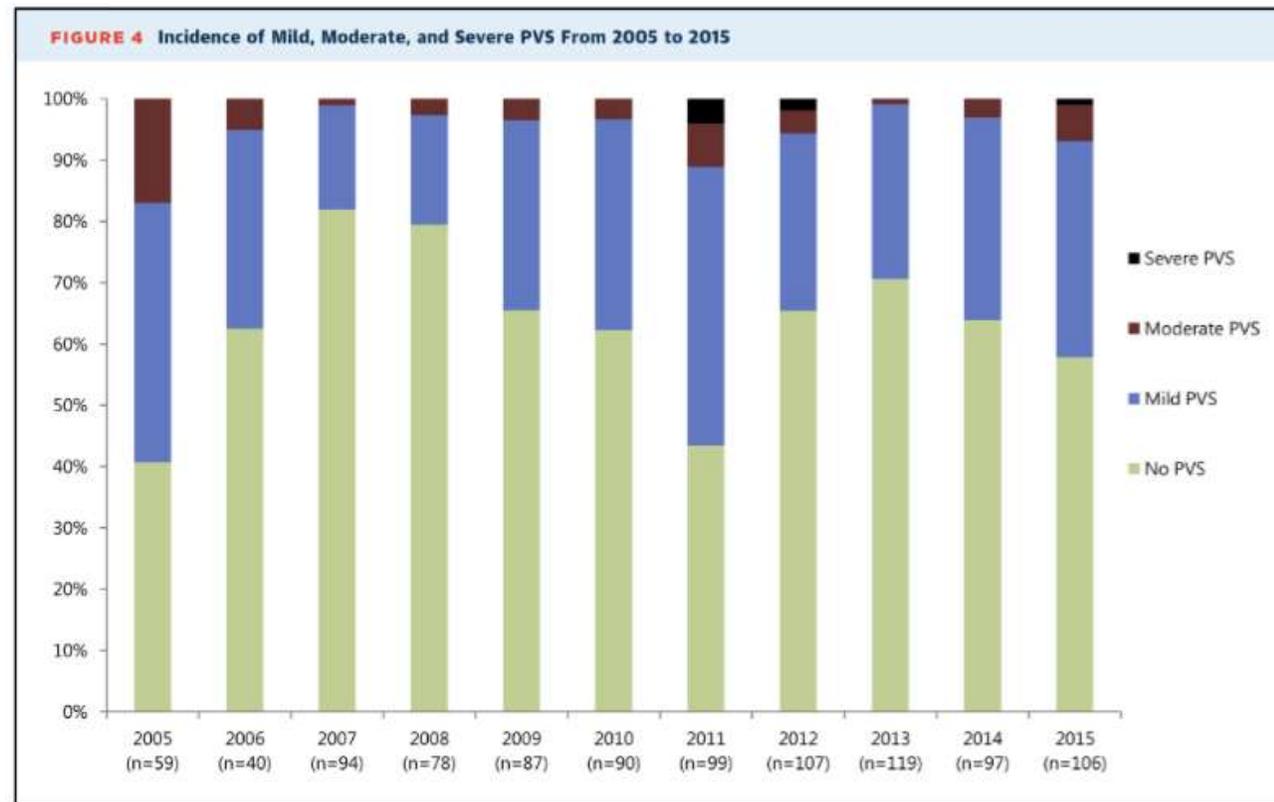
976 pacientes, seguimiento con MRI/CT, 4 a 6 meses posterior a procedimiento.

Hallazgos clave

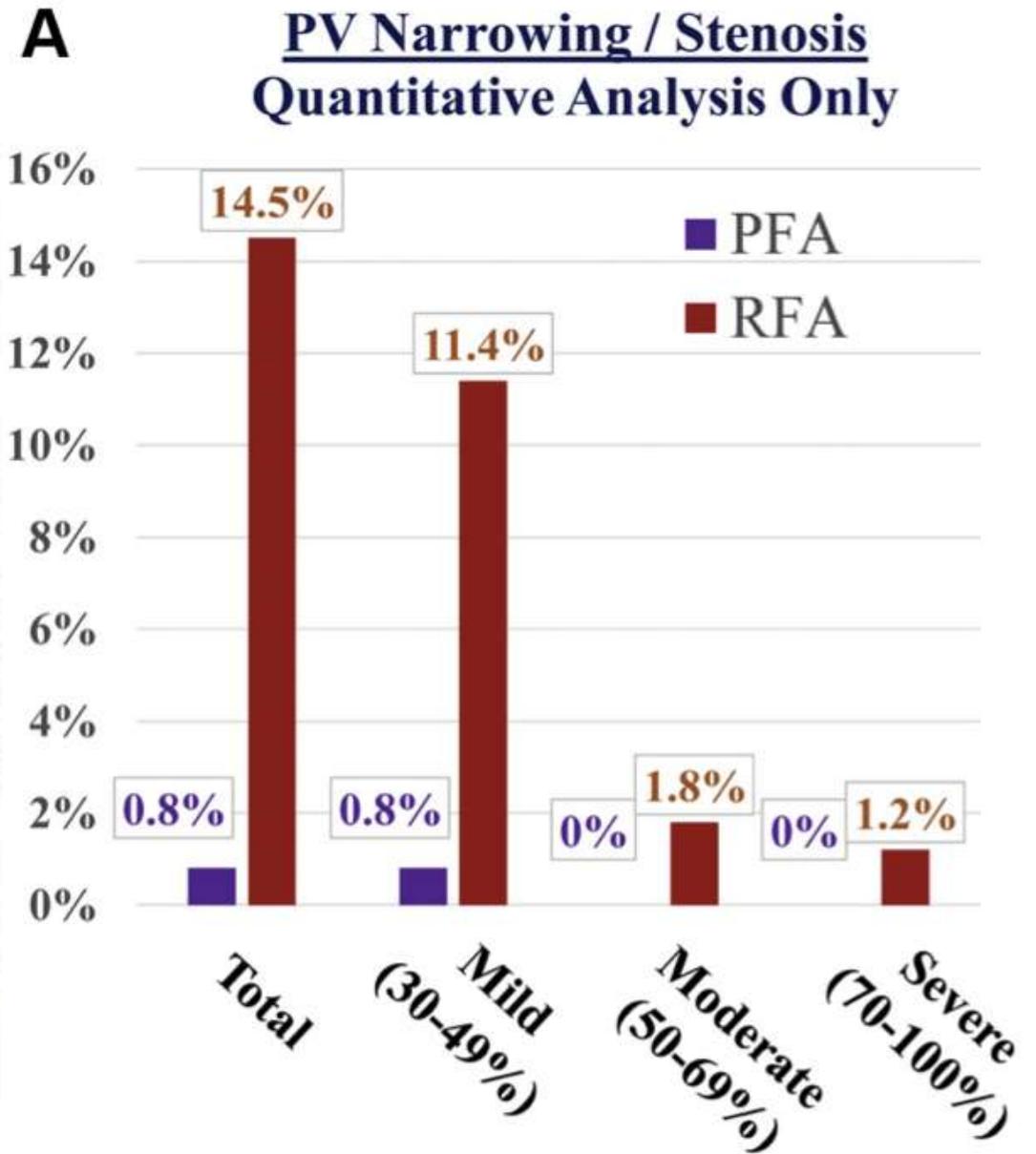
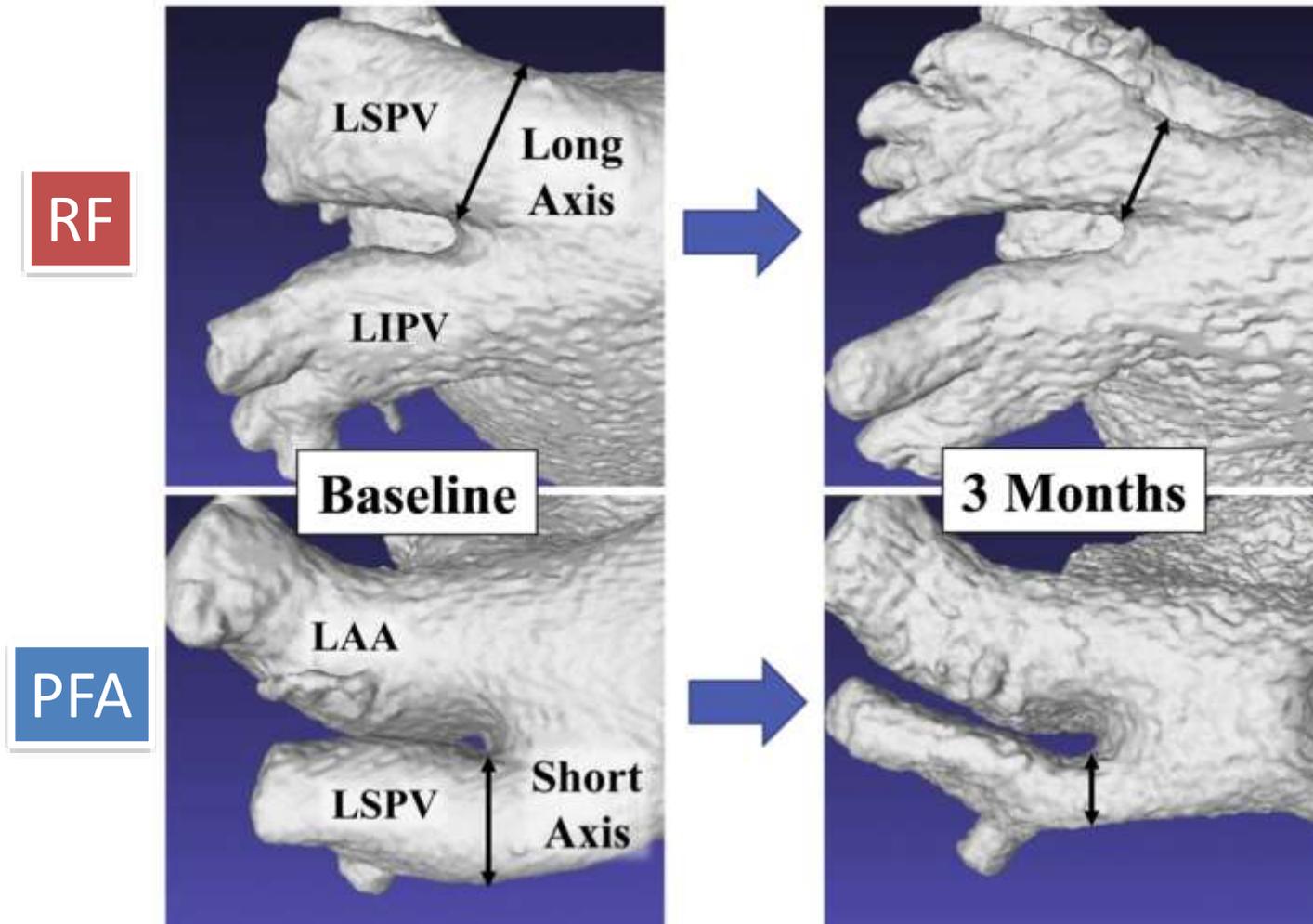
- **Leve PVS (30–50%):** 31%
- **Moderada (50–70%):** 4%
- **Severa (>70%):** 0.7%
- **Sintomática:** 0.1% (solo 1 paciente requirió stent)

Factores asociados

- Ablación **dentro de la vena** con buen contacto tisular.
- Uso de **vainas largas** y catéteres con **contact-force**.
- Más frecuente en **venas pulmonares izquierdas** y troncos comunes.



Ostial dimensional changes after pulmonary vein isolation: Pulsed field ablation vs radiofrequency ablation [ⓔ]



A worldwide survey on incidence, management, and prognosis of oesophageal fistula formation following atrial fibrillation catheter ablation: the POTTER-AF study

Registro multicéntrico, internacional: **214 centros** en **35 países**.

553,729 procedimientos de ablación de FA (RF 62.9 %, crio 36.2 %, otras modalidades 0.9 %).
138 casos de fístula esofágica (incidencia total **0.025**)

Incidencia según modalidad energética

Radiofrecuencia (RF): incidencia **0.038 %**.

Criobalón: incidencia **0.0015 %** ($p < 0.0001$ frente a RF).

Tratamiento y mortalidad

Cirugía esofágica: 47.4 % - 51.9% mortalidad.

Endoscópico directo: 19.8 % - 56.5% mortalidad.

Manejo conservador: 32.8 % - 89.5% mortalidad.

Mortalidad global: **65.8 %**.

PrOgnosis following oesophageal fisTula formaTion in patients undergoing catheter ablation for AF
The POTTER-AF Study

553 729 procedures in
214 centers from
35 countries

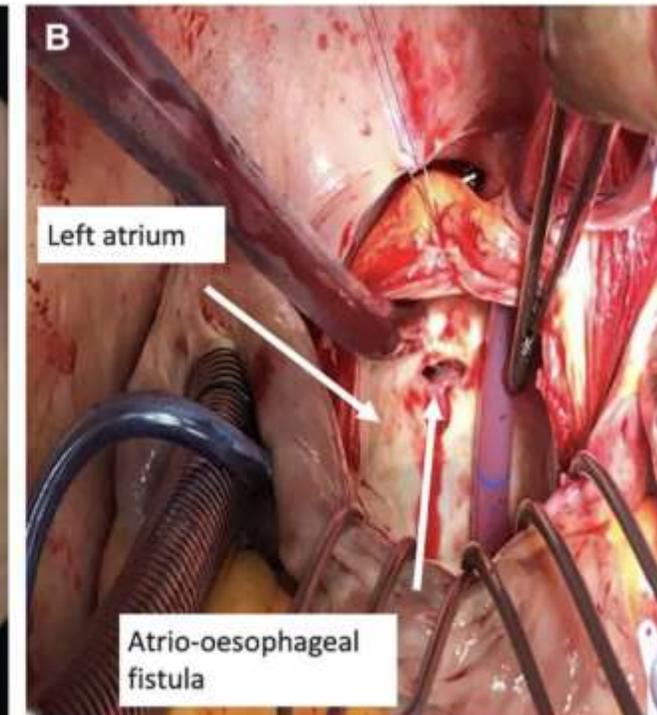
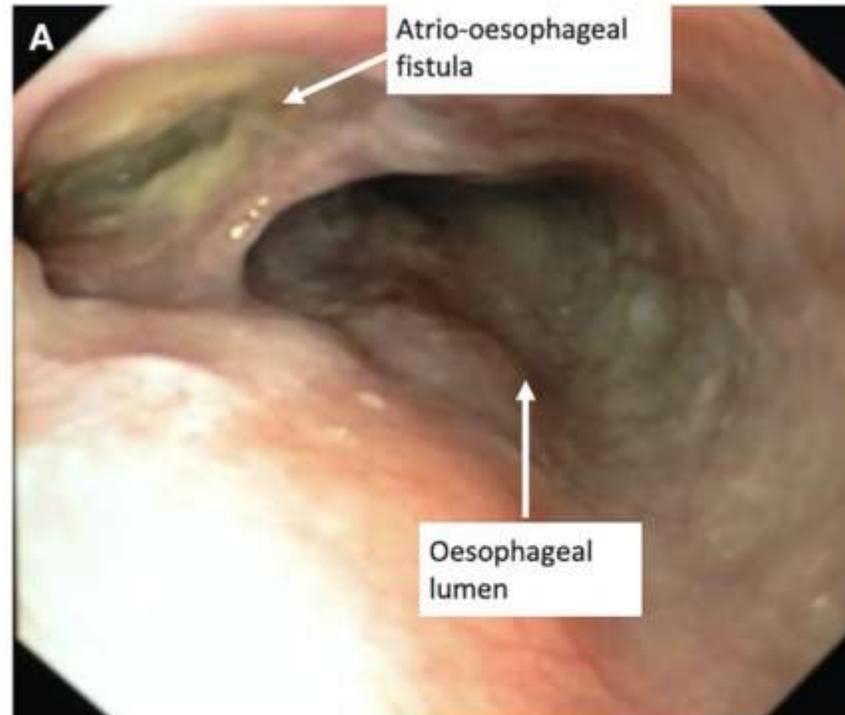


138 oesophageal fistulae

Total incidence: **0.025%**
Radiofrequency: **0.038%**
Cryoballoon: **0.0015%** } $p < 0.001$



POTTER-AF



Esófago y ablación de FA

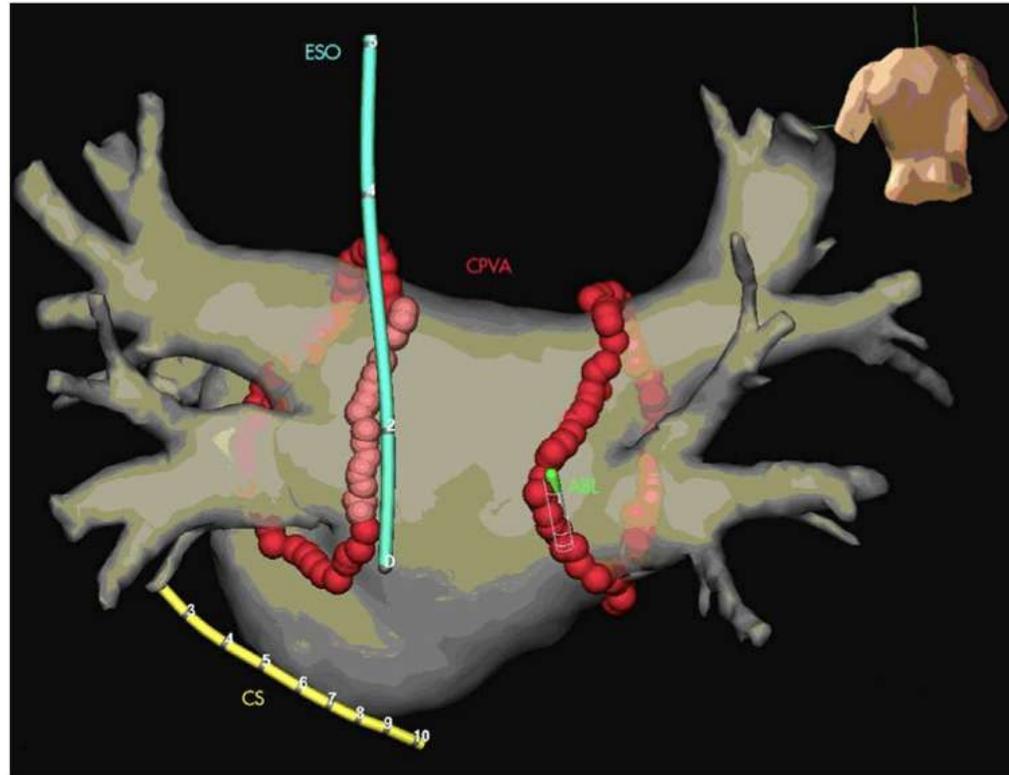


Table 2 Incidental and ablation induced findings

Characteristic	n (%)
Gastric/duodenal erosions	94 (22)
Gastric/duodenal erythema	91 (21)
Gastroparesis	70 (17)
Hiatal hernia	68 (16)
Reflux esophagitis	50 (12)
Grade I	34 (8)
Grade II	11 (3)
Grade III	1 (0)
Thermal lesions	48 (11)

A



C



Endoscopia:

N = 425

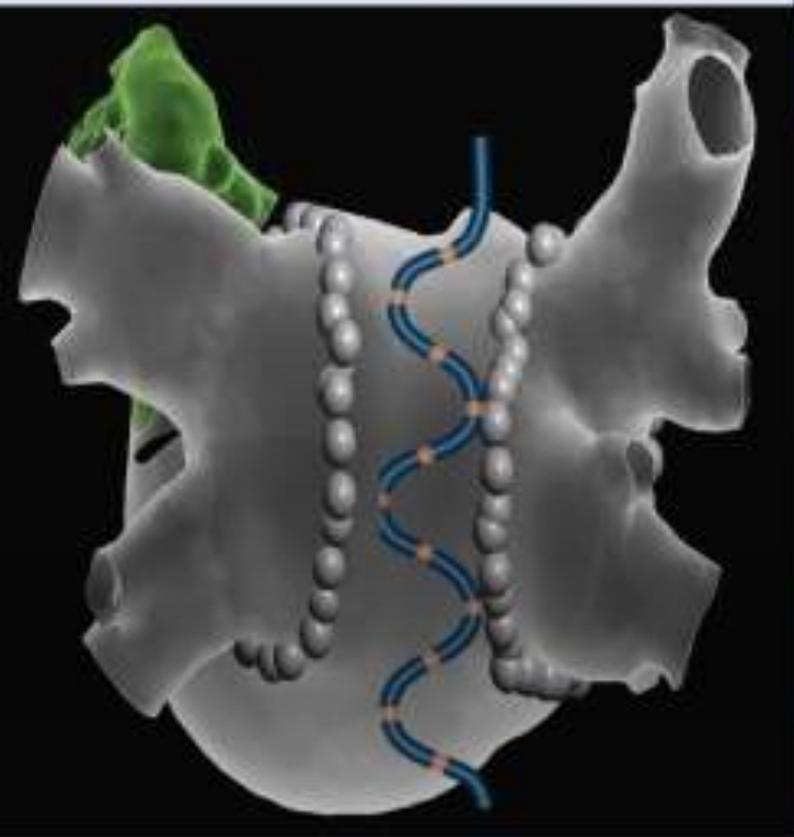
1 a 3 días posterior a ablación.

Si temperatura esofágica >41 °C.

17% desarrollaron gastroparesia.

11% tenía lesiones térmicas.

Hi-Lo HEAT Trial



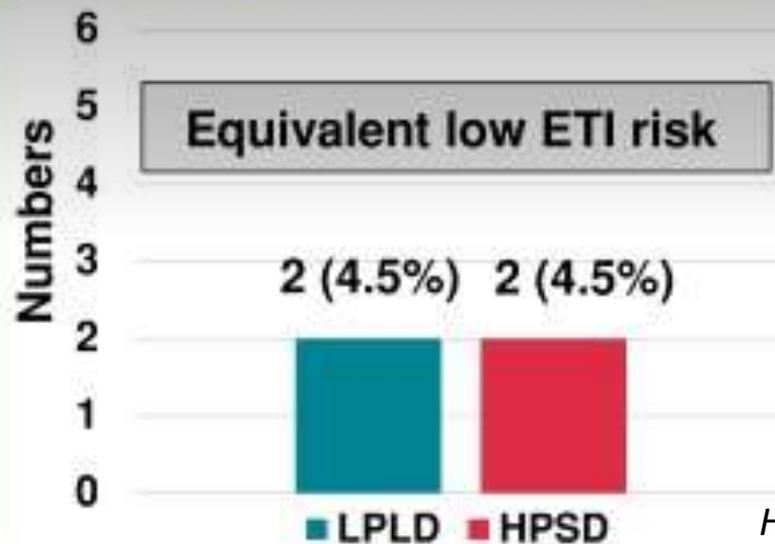
Higher Power Short Duration (40W) versus Lower Power Longer Duration (25W) on posterior LA wall

88 patients

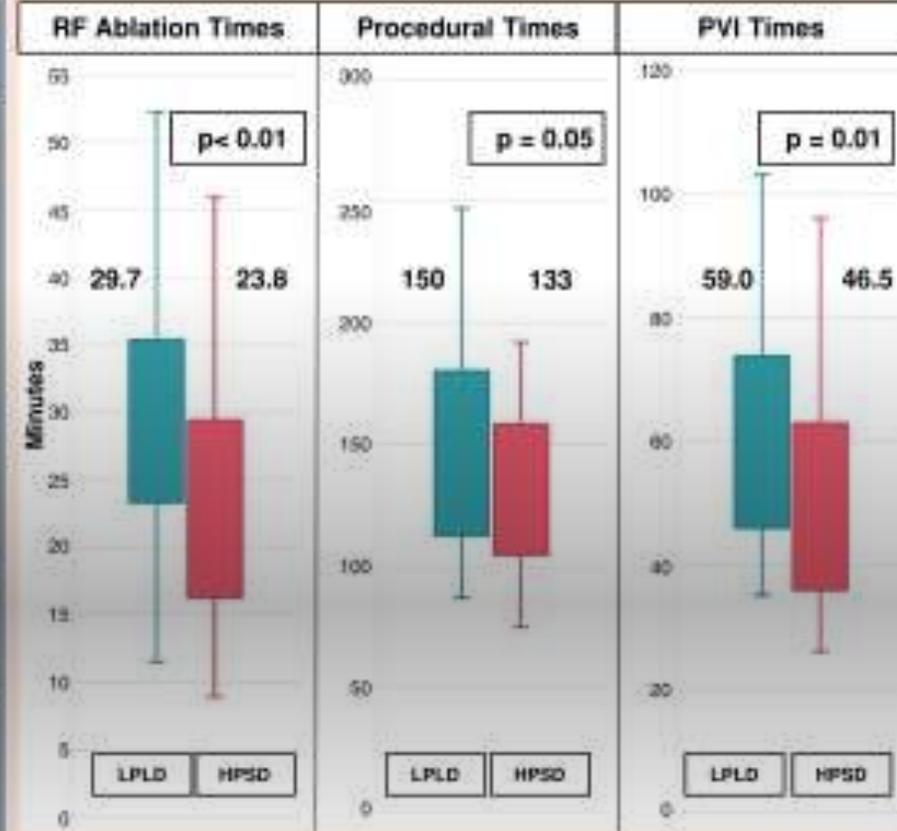
Post ablation Endoscopy



Esophageal Thermal Injury



Procedural Outcomes



Reduced RF Ablation, Total Procedural and PVI Times with HPSD ablation

Pared anterior de esófago está en **contacto** con zona de ablación (VP11 7/10, VP12 2/10) **48 al 61%** de veces.

A,C - RF - B,D - Cryo

A, D - PFA

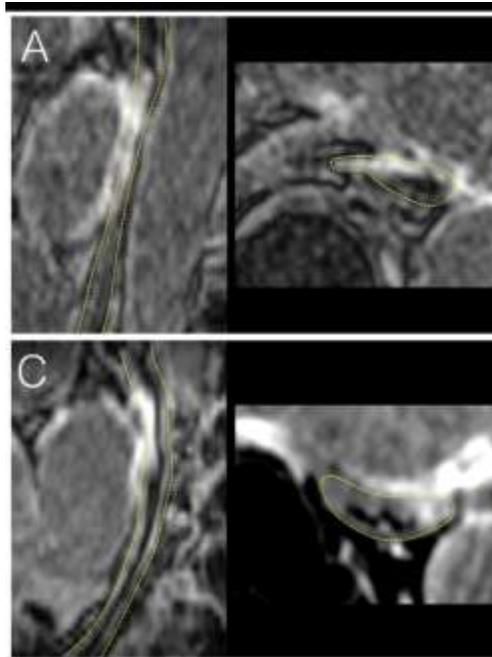
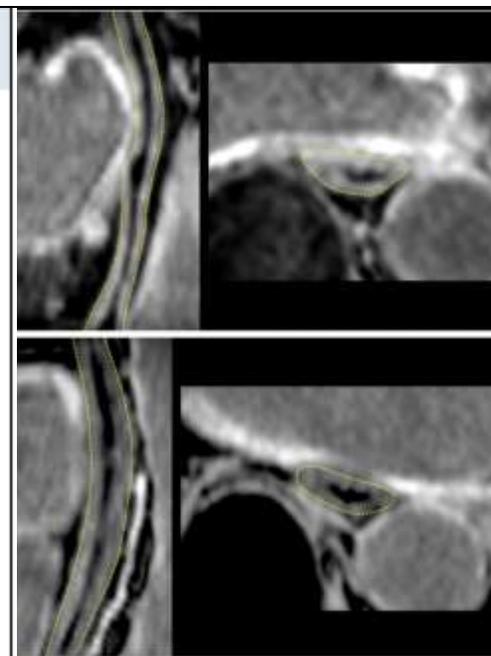
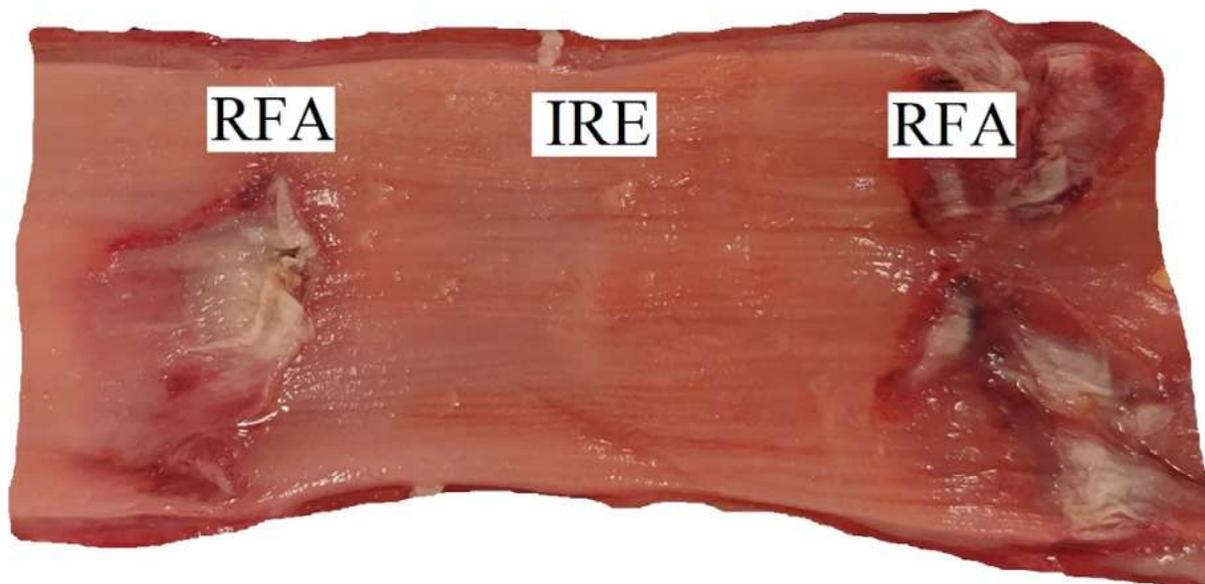


FIGURE 3 Effect of IRE and RFA Application on the Esophagus



Lesiones esofágicas con RF y crioterapia:
10/23 (43 %) pacientes (6 con RF, 4 con crioterapia).
50% fueron **transmurales** y 40% con engrosamiento de pared.
El 91% de los pacientes con contacto directo tuvo lesión.

Lesiones esofágicas con PFA: 0/0

Esófago y ablación de FA

1. *EP Europace*, Volume 23, Issue 9, September 2021, Pages 1391–1399
2. *Heart Rhythm* 2015; 12: 268 – 74.
3. *J Cardiovasc Electrophysiol* 2009; 20: 1272 – 8.
4. *J Cardiovasc Electrophysiol* 2012 ;23: 147 – 54

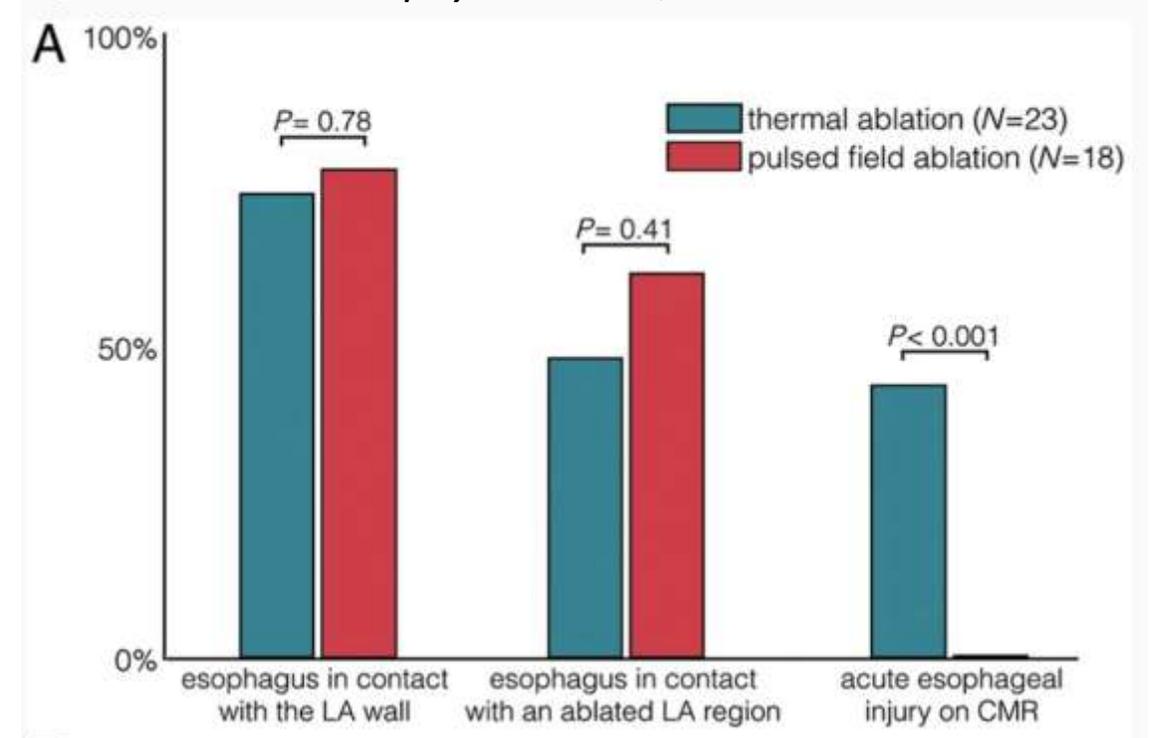
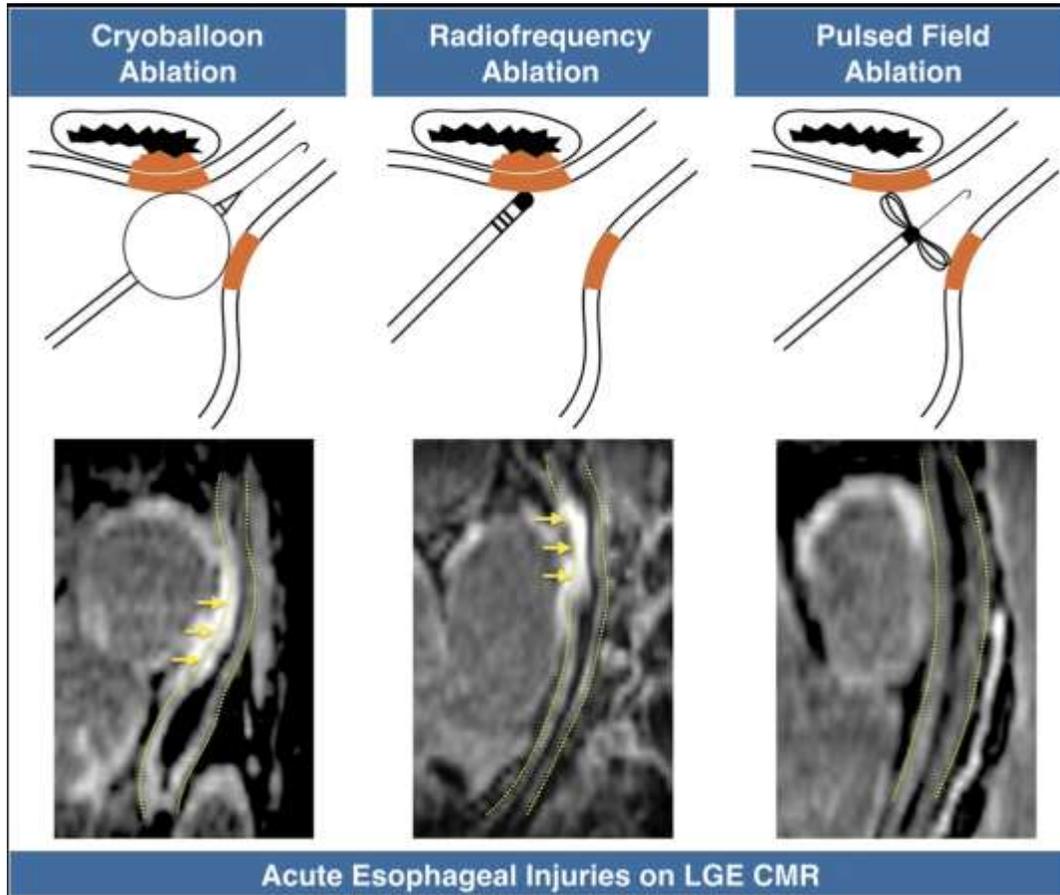


Table 2
Procedural characteristics

Group	Total	Thermal (N=23)	PFA (N=18)	P-value
Total procedure time (min)	141±50	142±51	126±37	0.27
Fluoro time (min)	24±11	25±14	24±9	0.78
Energy delivery duration (min)	NA	RF: 45±23 CRYO: 17±3	0.57±0.08	<0.001 ^a
Successful PVI	41 (100%)	23 (100%)	18 (100%)	NA

Medidas de mitigación:

1. Monitorización de temperatura ².
2. Sistemas de enfriamiento ³.
3. Desplazamiento esofágico mecánico ⁴.

Incidence and Characteristics of Coronary Artery Spasms Related to Atrial Fibrillation Ablation Procedures

— Large-Scale Multicenter Analysis —

Métodos

Registros de ablación de FA de **22,232** pacientes en **15** hospitales japoneses.

Incidencia

42 de 22,232 pacientes: incidencia de **0,19 %** (\approx 1 de cada 526):

- 21 (50 %) durante la aplicación de energía.
- 9 (21 %) antes del inicio de ablación (tiopental).
- 12 (29 %) después hasta 24 h.

Diagnóstico y tratamiento

- Angiografía 37 de los 42 casos (88 %).
- Estenosis o espasmos focales/oclusión.
- Resolución completa con nitratos.
- 7/42 pacientes (17 %) complicaciones graves.

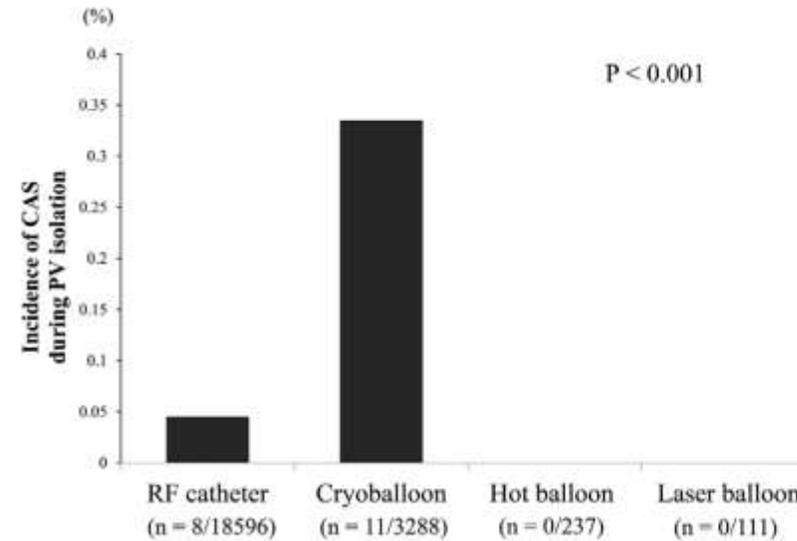
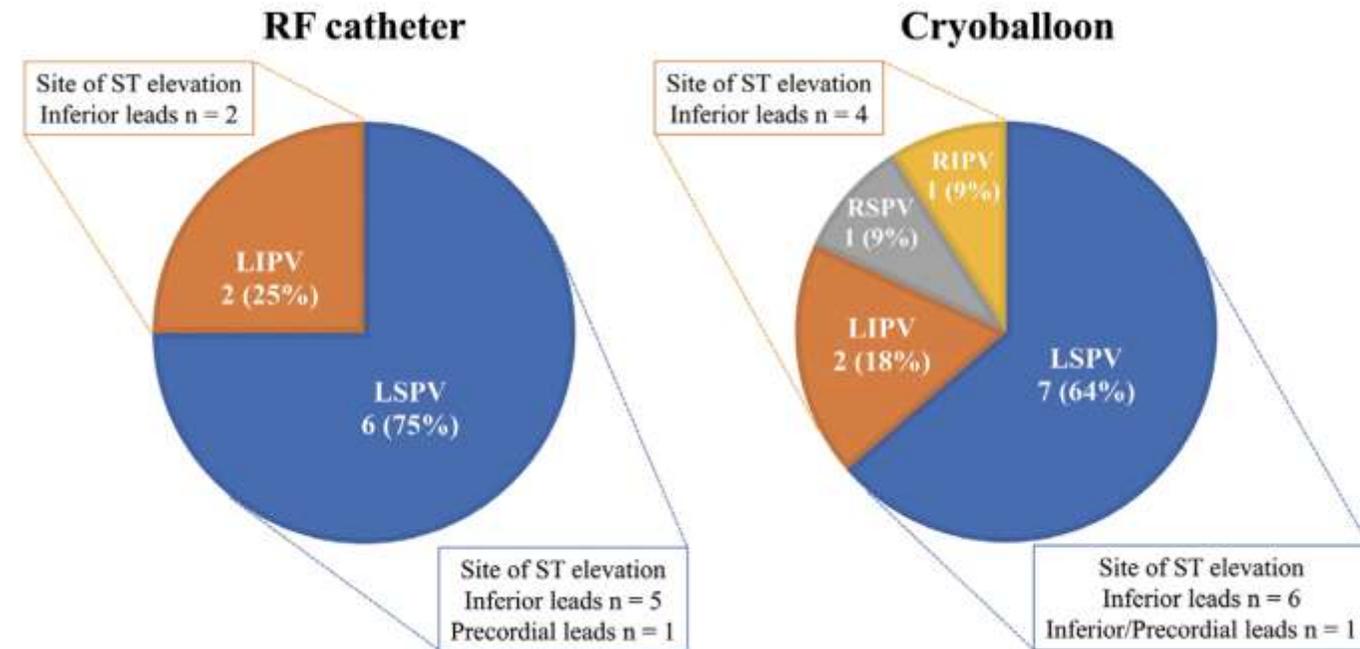


Figure 3. Comparison of the incidence of coronary artery spasms (CASs) during delivery of ablation energy using different ablation energy sources. PV, pulmonary vein. RF, radiofrequency.



XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Costo

Organiza:



Pulsed field ablation with the pentaspline catheter compared with cryoablation for the treatment of paroxysmal atrial fibrillation in the UK NHS: a cost-comparison analysis

Table 3 Base case results

Cost component	Costs by modality		
	Cryoablation	PFA*	Δ PFA*—cryoablation
De novo ablation, of which	10 733	11 516	+783
Catheter and accessories	6005	6950	+945
Procedure	4371	4371	–
Complications	357	195	–162
Repeat ablation, of which	2171	1045	–1126
Catheter and accessories	958	461	–497
Procedure	1119	538	–580
Complications	94	45	–49
Total	12 904	12 561	–343

Costo total: Crio > PFA

Cost, efficiency, and outcomes of pulsed field ablation vs thermal ablation for atrial fibrillation: A real-world study

Table 4 Procedural costs (£) per modality

Item	PFA (n = 208)	CB (n = 325)	RF (n = 174)	P
Ablation equipment*	5363	3277	3755	<.001
Cardiologist time	852 (750–1019)	1019 (902–1152)	1027 (862–1332)	<.001
Anesthetic support	457 (402–547)	0 [†]	426 (0–555)	<.001
Catheter laboratory use costs	2327 (2047–2784)	2784 (2464–3149)	2806 (2356–3640)	<.001
Ward costs	765 (340–879)	355 (320–807)	807 (615–877)	<.001
Total costs [‡]	10,010 (9441–10,821)	8106 (7537–8665)	8949 (8334–10,249)	<.001

Costo directo: PFA > RF > Crio

XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



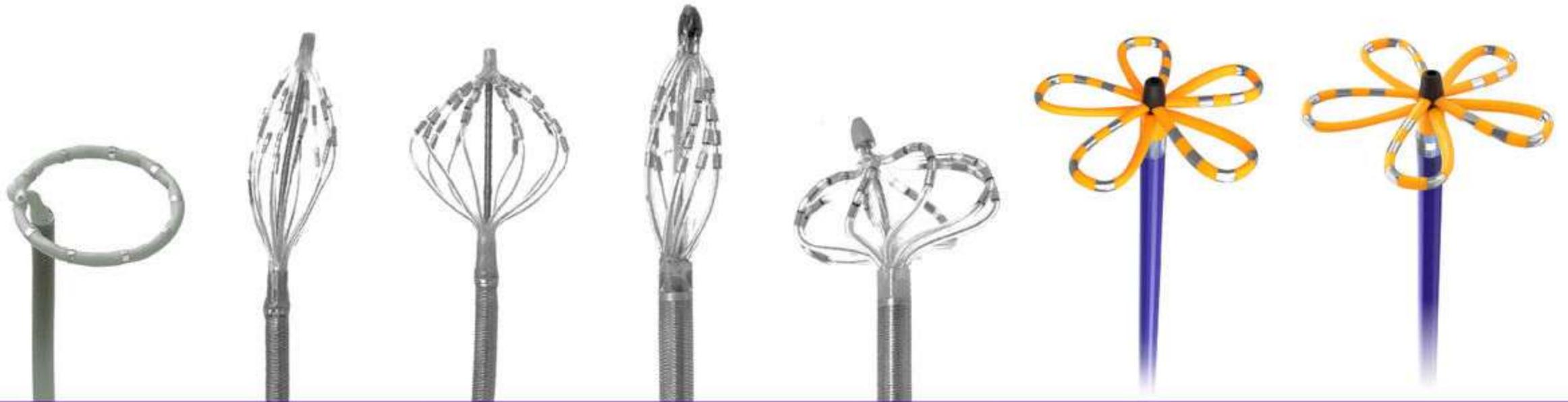
Diseño y desarrollo

Organiza:





Design evolution of the FARAWAVE Pulsed Field Ablation Catheter over 10 years



LASSO

8-SPLINE

10-SPLINE

6-SPLINE

BALLOON

FARAWAVE™

Pulsed Field
Ablation Catheter

FARAWAVE™ NAV

Pulsed Field
Ablation Catheter



Circunferenciales

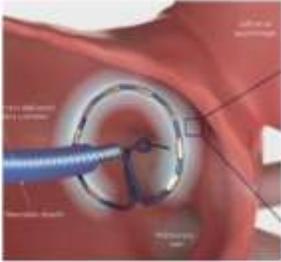
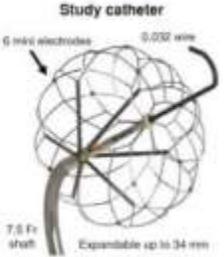
Indicación de uso (FDA, CE):

Fibrilación auricular paroxística.
 Fibrilación auricular persistente.
 Ablación de pared posterior*.

Bajo investigación:

Vías accesorias
 Arritmias ventriculares.

Table 2 Overview of contemporary circumferential PVI tools

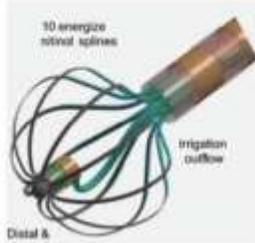
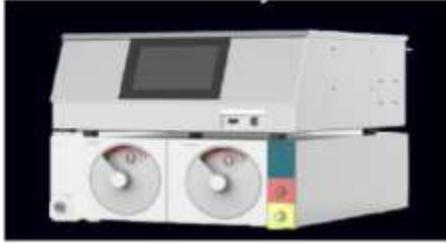
						
	Farapulse™ Boston Scientific	PulseSelect™ Medtronic	Inspire™ Biosense Webster	Globe PF™ Kardia	Volt™ Abbott	Sphere 360™ Medtronic
Diameter	31/35 mm	25 mm	25–35 mm	30 mm	28 mm	34 mm
Size	12F	9F	8.5F	16F	13F	8.5F
Over the wire	Yes	Yes	No	No	Yes	Yes
PVI	++++	++++	++++	++++	++++	++++
Non-PV lesions/ versatility	+++	++	++	++	+	+
Clinical experience	+++++	+++	++	+	+	++
Ablation mode	Bipolar	Bipolar	Bipolar	Bipolar	Bipolar	Monopolar
Dedicated 3D mapping	No	No	Yes	Yes	Yes	Yes
Approval	EU/USA	EU/USA	EU/Japan	No	No	No

Heart Rhythm. 2025;22(7):e74-e84.
Circulation. 2024;150(15):1174-1186
Euroace 2023;25(6):eua147.
JACC. 2019;74(3):315-326
Heart Rhythm. 2025;22(7):e13-e22.
Heart Rhythm. 2025;:S1547-5271(25)02552-4
Heart Rhythm. 2024;21(8):1211-1217.
Europace (2024) 26, euae134



Focales de huella grande - Mapeo/PFA/RF

Table 3 Overview of focal point-by-point large/intermediate footprint PFA catheters and a specific generator enabling PFA using conventional RF catheters

	 Sphere 9™ Medtronic	 Omnypulse™ Biosense Webster	 Faraflex™ Boston Scientific	 LFC Centauri	 Centauri
Diameter	9 mm	12 mm	10 mm	10 mm	3.5–4 mm
Size	8F	7.5F	8F	8.5Fs	8F
Catheter deflection	Bidirectional	Bidirectional	Bidirectional	Bidirectional	Unidirectional/bidirectional
PVI	++++	+++	+++	NA	+++
Non-PV lesions/versatility	++++	++++	++++	NA	++++
Clinical experience	++++	+	+	No	++
Ablation mode	Monopolar	Bipolar	Bipolar Monopolar	Monopolar	Monopolar
PFA/RFC	Yes/Yes	Yes/No	Yes/No	Yes/No	Yes/Yes
Dedicated 3D mapping	Yes	Yes	Yes	multiple	multiple
Approval	EU	No	No	No	EU

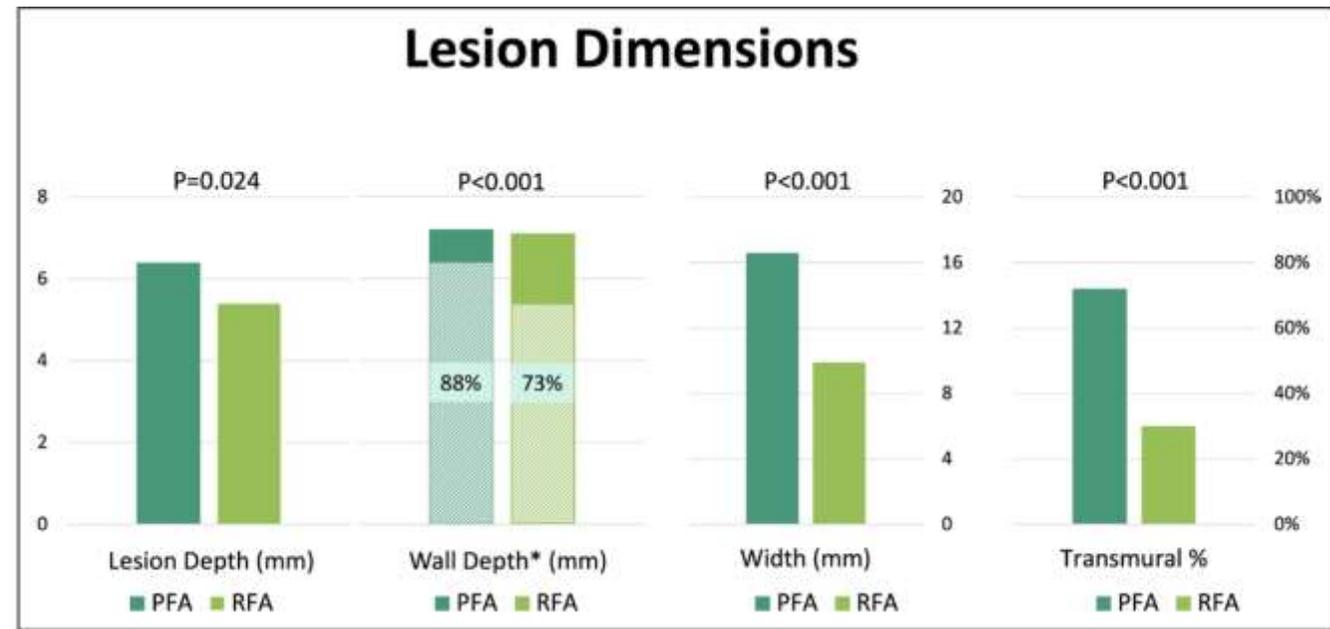
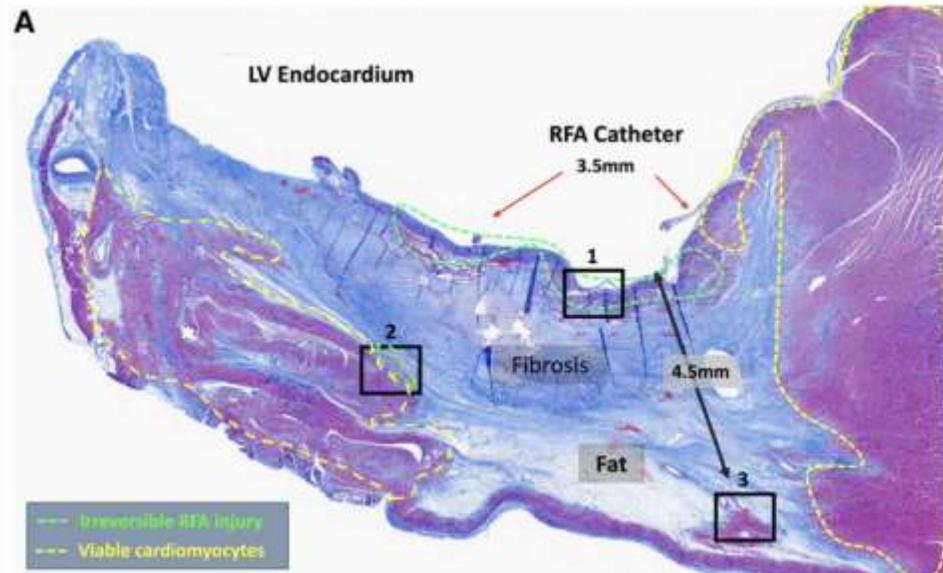
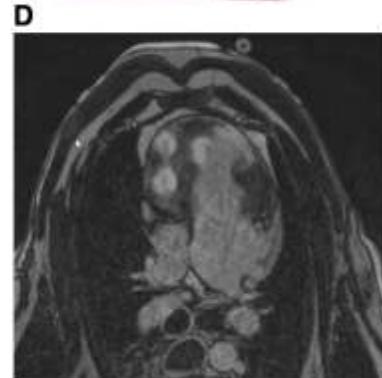
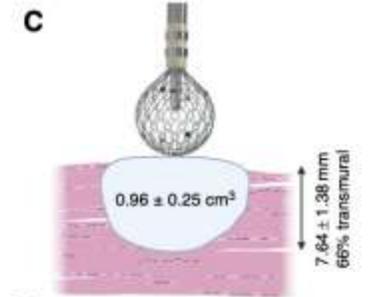
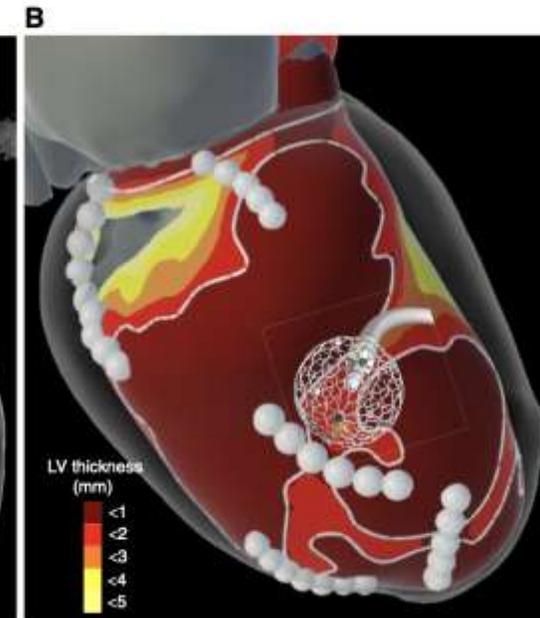
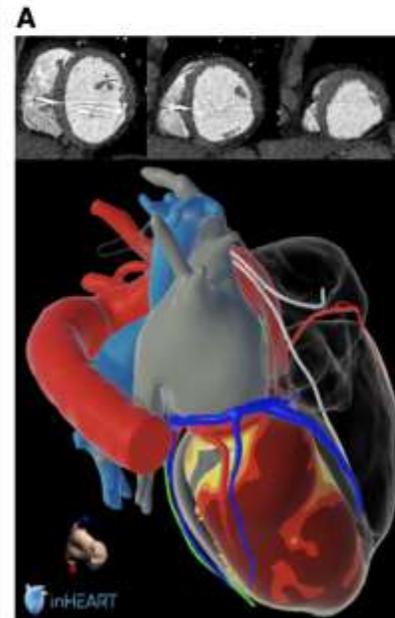
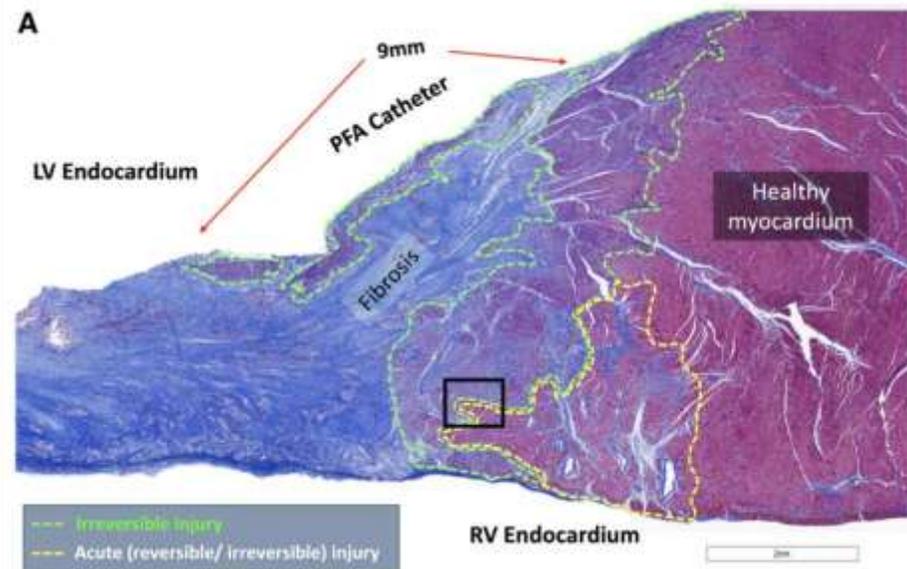


Figure 3. Comparison of lesion dimensions at infarct border zone.



XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI



Conclusiones

Organiza:





XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA
CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI
DE LA **PREVENCIÓN** A LA **INTERVENCIÓN**



LD Solís en Santa Teresa Beach, Costa Rica

4 mar · 🌐



Publicación de Edgar

Edgar Fuentes está con **Vivien Araya** y 4 personas más en **Clínica Bíblica**.
12 nov 2017 · 🌐

Ecocardiografía 3D + Electrofisiología: Ablación por Radiofrecuencia de Venas Pulmonares para Fibrilación Auricular. #3DEcho Con grandes amigos!

👍❤️ 125 18 comentarios 4 veces compartido

Me encanta Comentar Compartir

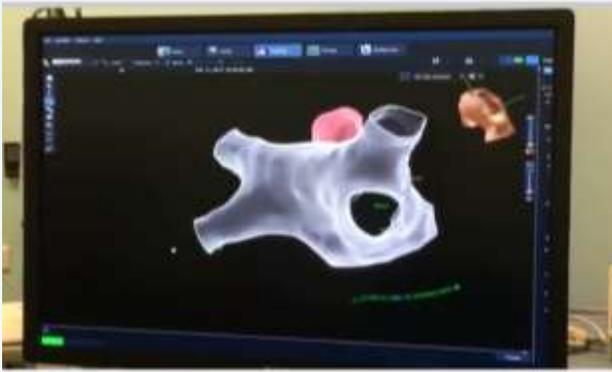


Ecocardiografía 3D + Electrofisiología: Ablación por Radiofrecuencia de Venas Pulmonares para Fibrilación Auricular. #3DEcho Con grandes amigos!

LD Solís y una persona más

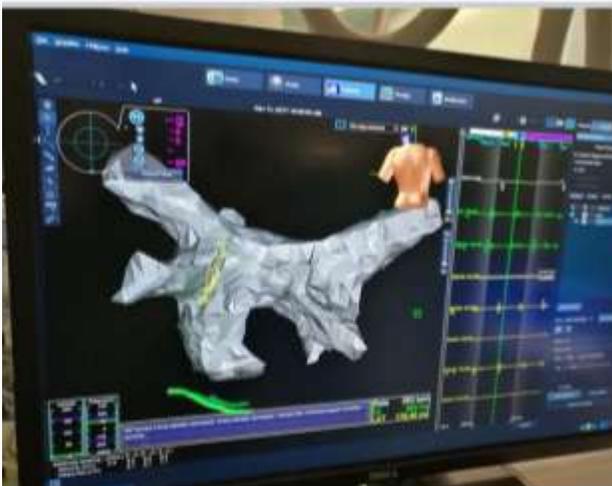
Publicación de Edgar

Me gusta Comentar



Pamela Chaves y 4 personas más 3 comentarios

Me gusta Comentar



Ecocardiografía 3D + Electrofisiología: Ablación por Radiofrecuencia de Venas Pulmonares para Fibrilación Auricular. #3DEcho Con grandes amigos!

LD Solís

Publicaciones Fotos Reels

LD Solís se 😊 siente bendecido con **Vivien Araya** y 2 personas más.
28 ago 2019 · 🌐

Con este equipo de trabajo excepcional, seguimos cosechando éxitos!
Dos nuevos casos de ablación exitosa para fibrilación auricular y seguimos contando...
[Hugo Arguedas-Jimenez Vivien Araya Fer Aguero](#)




206 24 comentarios 6 veces compartido

LD Solís

Publicaciones Fotos Reels

Hugo Arguedas-Jimenez está con **LD Solís** y 2 personas más en **Hospital CIMA-San José**.
26 oct 2019 · 🌐



Hace frío en el oeste!
26 de octubre de 2019 con **Yamilah Bouzid**, **Leonardo Meza** y **LD Solís** en **Hospital CIMA-San José**

Gracias al apoyo de **Medtronic** y la tecnología **@articfrontadvance** muchas personas con **@fibrilacionauricular** podrán curarse! La tecnología de ablacion con balón frío permite mejorar el control de esta arritmia y el desarrollo de insuficiencia cardíaca.
<https://youtu.be/uY3mfcYF6DI>

68 3 comentarios 6 veces compartido

Me gusta Comentar Compartir



Hace 2 años.....
hace rato que
perdimos la
cuenta, pero son
más de 200 y
contando! A ver
cuándo llegamos a
las 1000. 🤔 🤗 👍

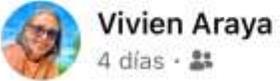
🕒 HACE 2 AÑOS



Hoy celebrando la 10ma ablación juntos y seguimos contando!!! 👍👍 Por que "el sufrimiento se lleva mejor en compañía y el éxito se disfruta mucho más en equipo!!!"



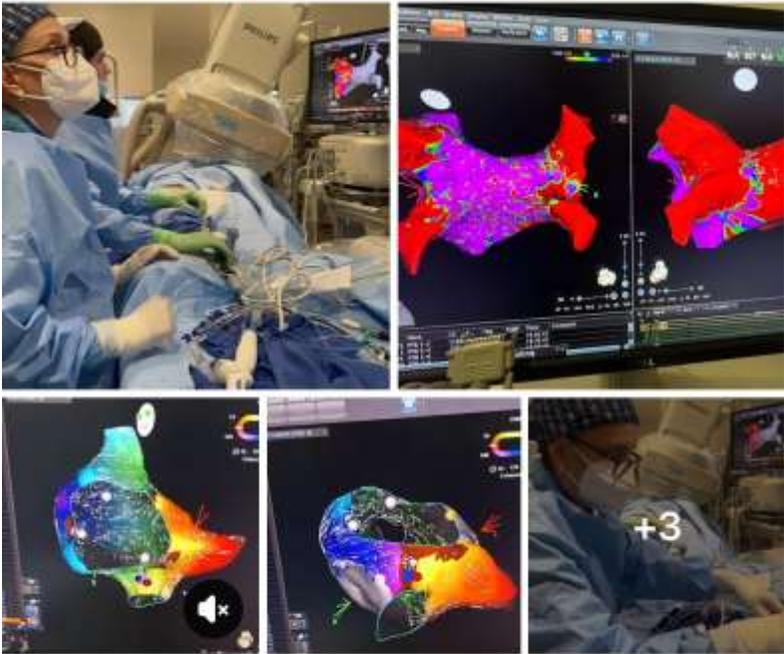
Publicaciones Fotos Reels



Vivien Araya

4 días · 👤

Setiembre, mes del corazón. Trabajando con el corazón 🤗👩🏻💪❤️



👍❤️ LD Solís y 54 personas más

8 comentarios

👍 Me gusta 🗨 Comentar 📧 Enviar

SOLO INTERNACIONAL DE CARDIOLOGIA
EXPERIENCIONISTA - LII JORNADA ACCI-SOLACI
/ ENCIÓN A LA INTERVENCIÓN

< Publicación de Vivien

👍 Me gusta 🗨 Comentar 📧 Enviar

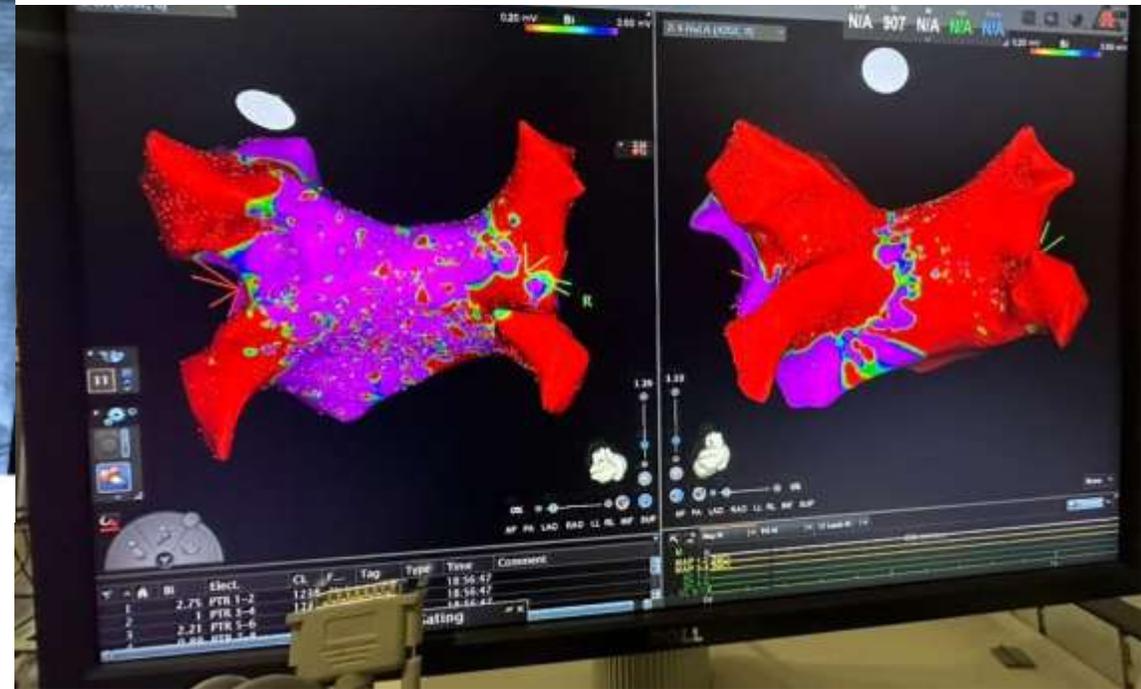


👍 1



👍 3

1 comentario



	Elect.	Cl.	F.	Tag	Type	Time	Coment.
1	2.75 PTR 1-2	1230				18:56:47	
2	1 PTR 1-4	1230				18:56:47	
3	2.21 PTR 6	1230				18:56:47	
4	1.64 PTR 2-4	1230				18:56:47	

¿Percibió la fuerte rayería sobre el Valle Central? Instituto Meteorológico explica a qué se debió

Se prevé que el fenómeno persista en los próximos días

Por Sebastián Sánchez

09 de octubre 2025, 03:24 p. m.





**XIII CONGRESO INTERNACIONAL DE CARDIOLOGIA
CARDIOLOGIA INTERVENCIONISTA - LII JORNADA ACCI-SOLACI
DE LA **PREVENCIÓN** A LA **INTERVENCIÓN****

