

# Intervencionismo de Insuficiencia Mitral Rol de la imagen

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**CardioSUC**  
**2025** 41º Congreso Uruguayo  
de Cardiología

El paciente en el corazón de cada decisión

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 **7 al 9 de mayo**  
 Radisson Montevideo Victoria Plaza Hotel



# El ecocardiograma como protagonista:

Diagnóstico preciso de IM

Selección de candidatos a intervencionismo

Guía intra-procedimiento  
Resultado final

### What is the Mechanism of MR?

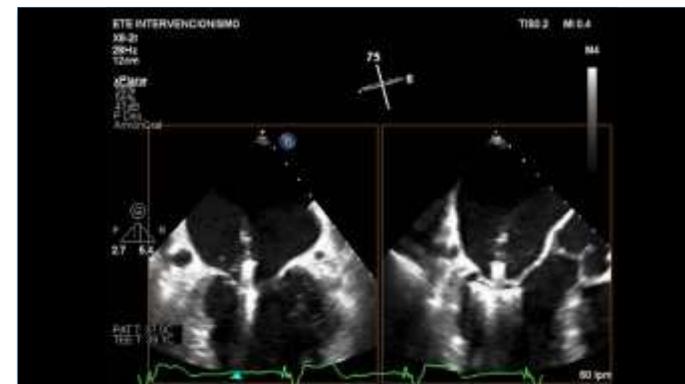
Leaflet Motion (Carpentier Classification)  
Leaflet Morphology

### What is the Severity of MR?

Are multiple parameters internally consistent?  
Beware of common pitfalls!  
Further testing needed?

### What are the consequences of MR on the LV, LA, and pulmonary circulation?

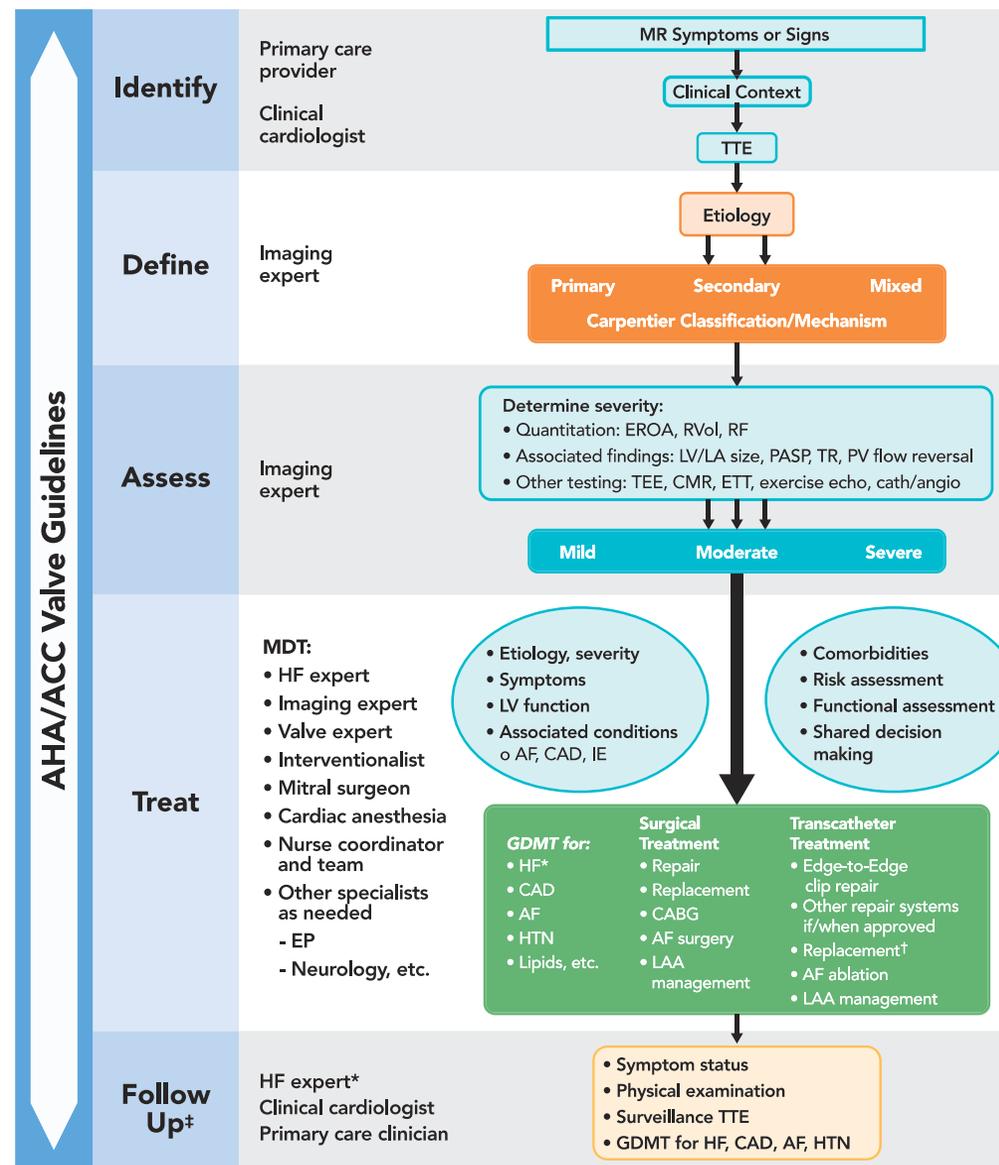
Normal LV and LA volumes and RV systolic pressure are not consistent with severe MR



# Encare ecocardiográfico de IM:

## Evaluación de IM

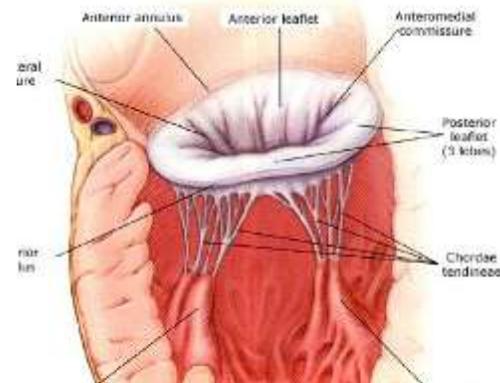
- Etiología y mecanismo
- Severidad
- Repercusión hemodinámica
- Planificar intervencionismo



## Etiología de IM

### Insuficiencia Mitral Primaria

- Enfermedad de Barlow avanzada
- Degeneración fibroelástica
- Prolapso valvular:
  - Elongación o deformación de CT
  - Ruptura de cuerdas tendinosas
  - Rotura de MP

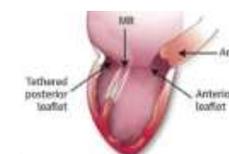


### Insuficiencia Mitral Funcional

#### Dilatación de anillo

#### Dilatación de VI

#### Dilatación de AI



Propuesta terapéutica diferente

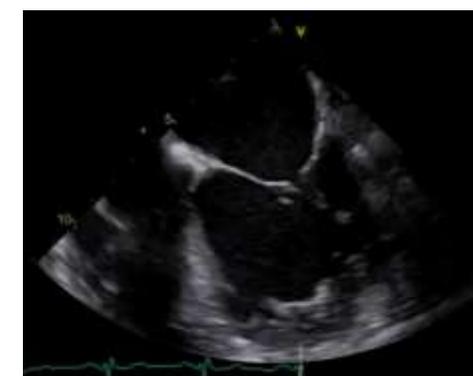
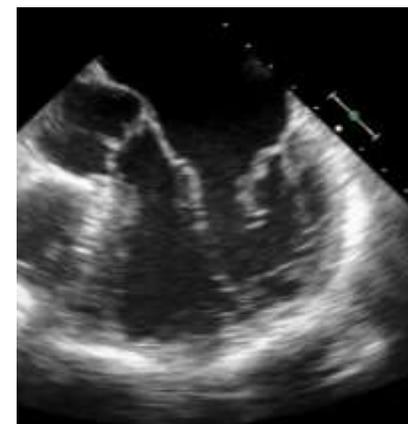
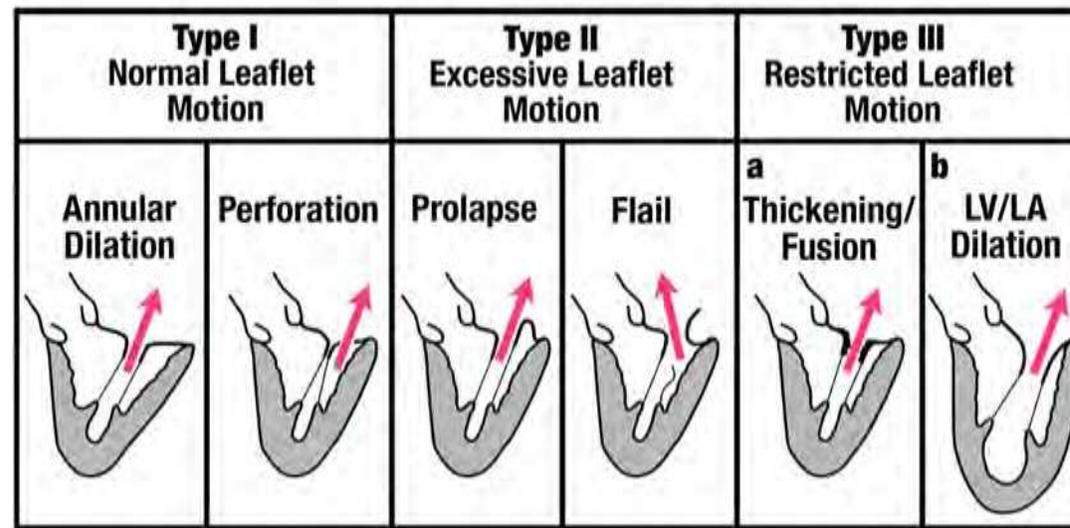


- Disfunción/dilatación VI (cardiopatía isquémica o no isquémica)
- Disfunción auricular izquierda
- Dilatación anular debido a
  - Pérdida de coaptación de velos secundario:
  - Aumento del tamaño del anillo mitral
  - Desplazamiento de MP y tethering/tenting de velos

# Insuficiencia Mitral: Etiología y mecanismo

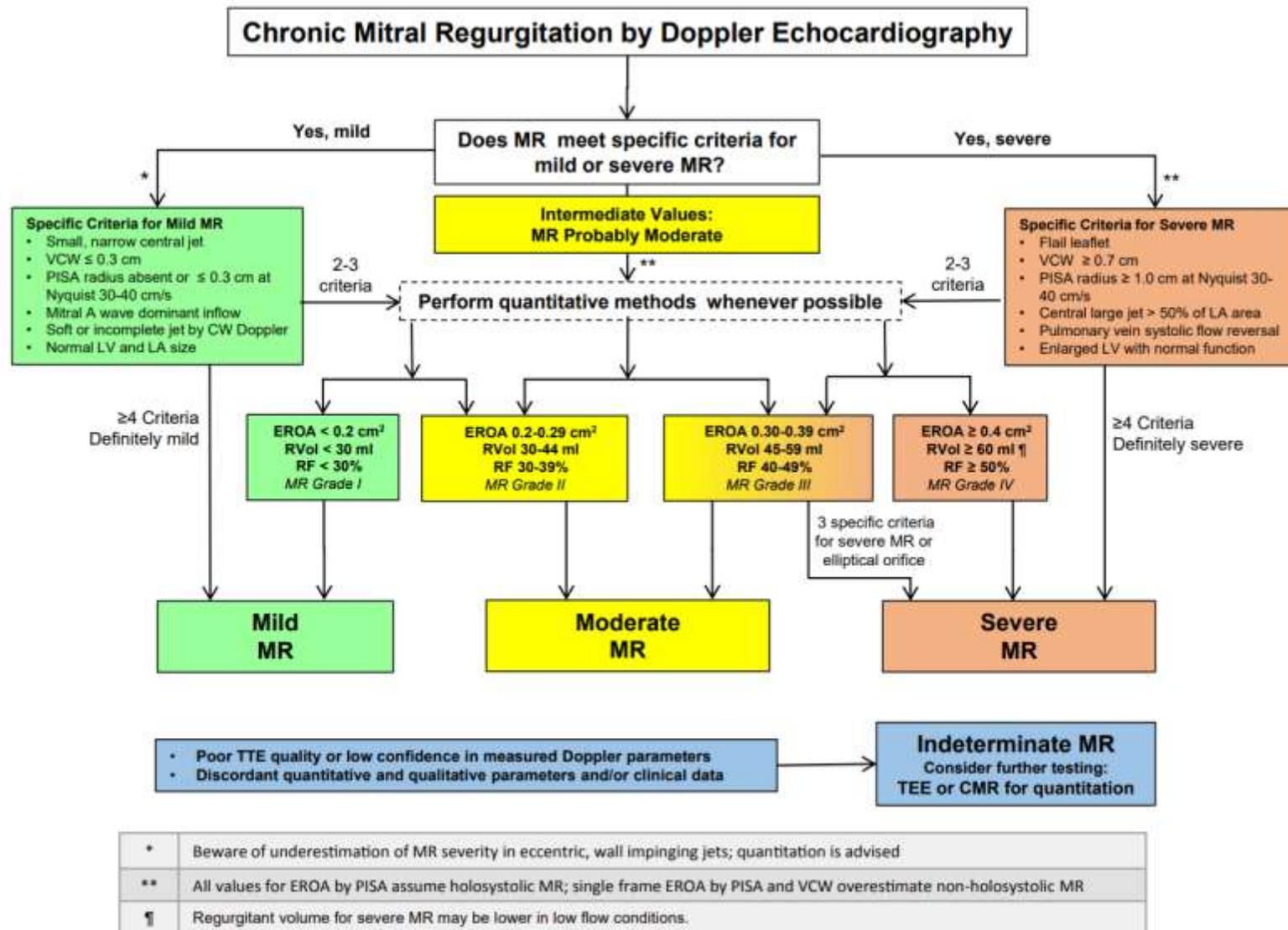
Tipo	Causa	Descripción
<b>Primaria</b>	Prolapso de la válvula mitral	Valvas elongadas o rotas, prolapso hacia AI
	Cambios degenerativos	Engrosamiento, calcificación valvular
	Endocarditis infecciosa	Vegetaciones, perforaciones, aneurismas
	Inflamatoria	Reumática, collagenopatías, drogas, radiación
	Congénita	Valva hendida, válvula en paracaídas
<b>Secundaria</b>	Isquémica (post-enfermedad coronaria)	Disfunción del músculo papilar por remodelado VI
	Miocardopatía no isquémica	Dilatación ventricular con tracción de valvas
	Dilatación anular	FA, miocardopatía restrictiva

# Clasificación de Carpentier:



# Evaluación integrativa de Severidad de IM

- Integra múltiples parámetros
  - Cualitativos
  - Semicuantitativos: VC  $\geq 7$  mm
  - Cuantitativos: ORE  $\geq 0,4$  cm<sup>2</sup>, VR 60 ml, FR >50%
- Tener en cuenta condiciones de carga
- Contemplar la anatomía valvar, etiología y el mecanismo de IM
- Correlación entre severidad y repercusión HD
  - Remodelado de VI con FEVI conservada es hallazgo específico de severidad



# Terapia borde a borde percutaneo (M-TEER): indicación

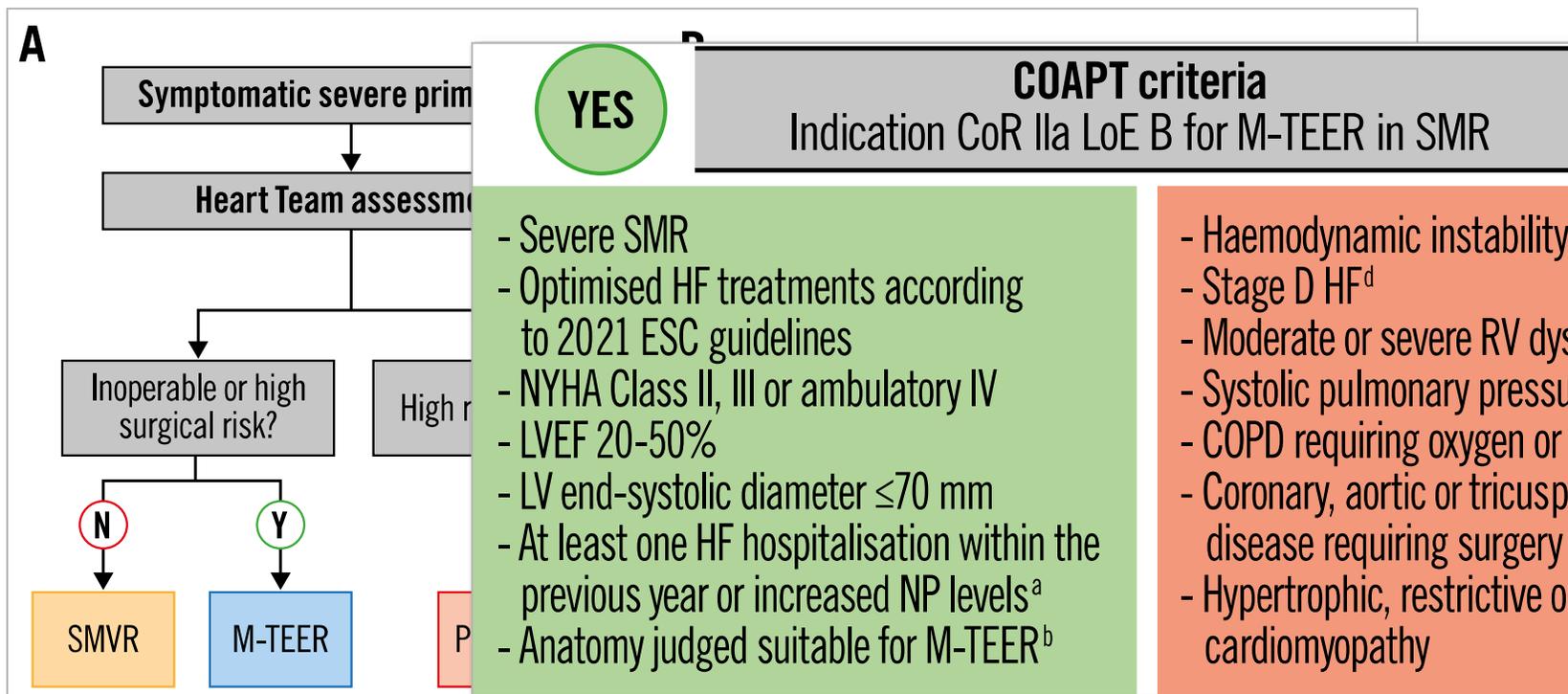
## Recommendations on indications for intervention in severe primary mitral regurgitation

TEER may be considered in symptomatic patients who fulfil the echocardiographic criteria of eligibility, are judged inoperable or at high surgical risk by the Heart Team and for whom the procedure is not considered futile. <sup>299–302</sup>

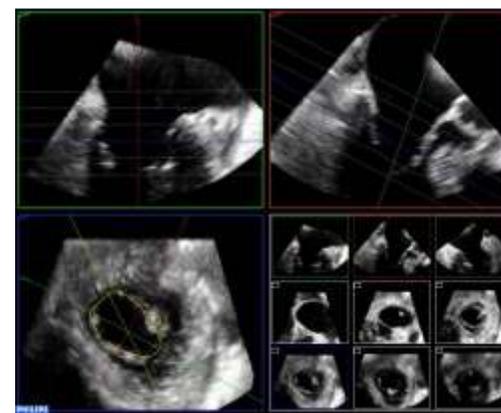
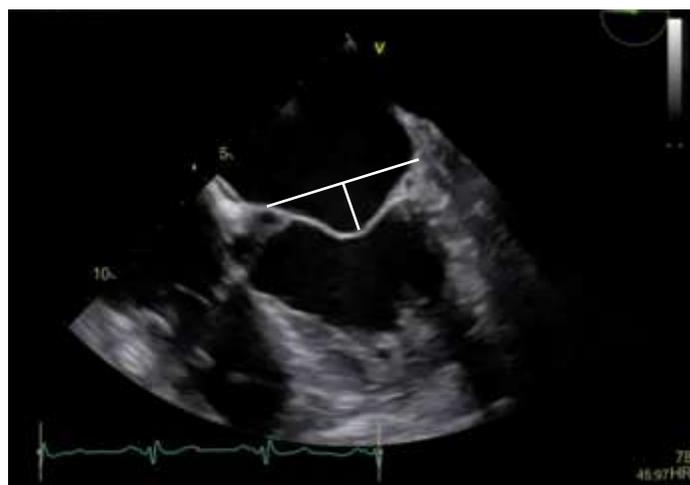
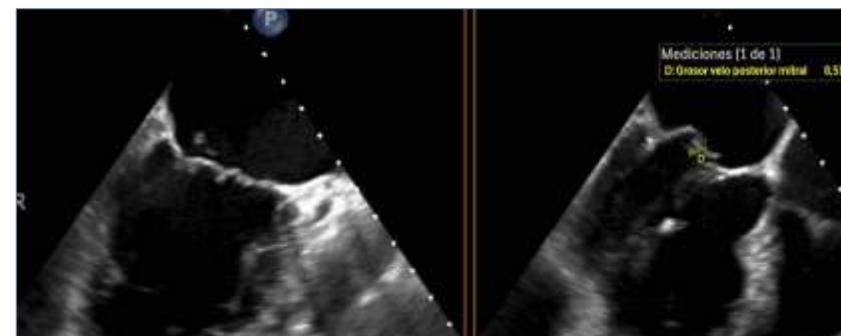
<b>IIb</b>	<b>B</b>
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## Recommendations on indications for mitral valve intervention in chronic severe secondary mitral regurgitation<sup>a</sup>

	Class <sup>b</sup>	Level <sup>c</sup>
is recommended for patients with severe SMR who remain symptomatic despite optimal medical treatment (including CRT if indicated) and who are judged not to be suitable for surgery by a structured Heart Team assessment. <sup>247,323,336,337</sup>	<b>I</b>	<b>B</b>
is recommended for patients with chronic severe SMR who are judged not to be suitable for surgery by the Heart Team on the basis of the following characteristics: <sup>d</sup> PCI followed by TEER (in addition to medical treatment) should be considered in selected symptomatic patients, not eligible for surgery and fulfilling criteria suggesting an increased chance of responding to the treatment. <sup>337,338,356,357 e</sup>	<b>IIa</b>	<b>C</b>
TEER should be considered in selected symptomatic patients, not eligible for surgery and fulfilling criteria suggesting an increased chance of responding to the treatment. <sup>337,338,356,357 e</sup>	<b>IIa</b>	<b>B</b>



# Selección de paciente candidato a TEER:



**Repair!**

**Anatomical suitability for M-TEER**

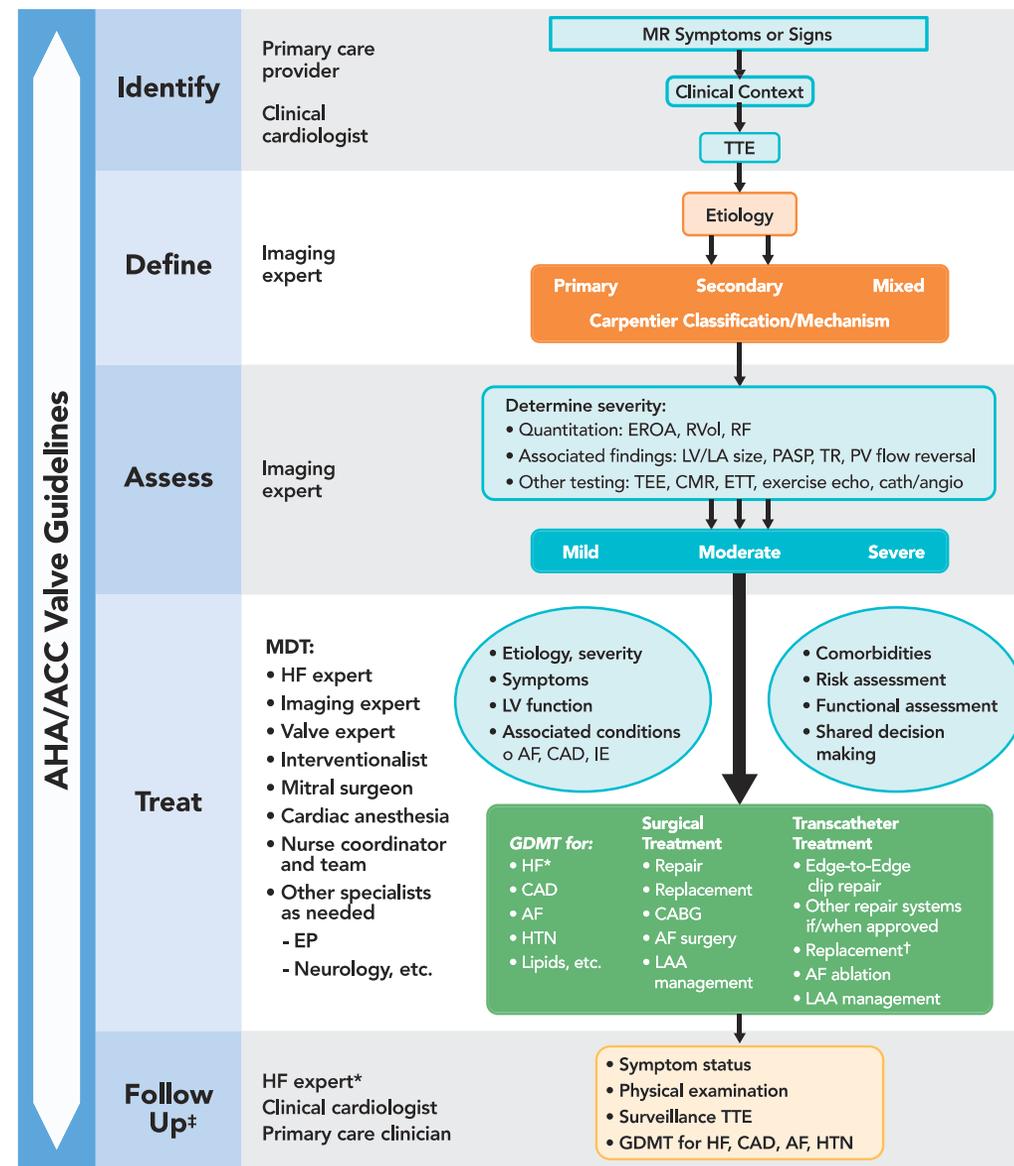
**Centre experience**

**Replacement?**

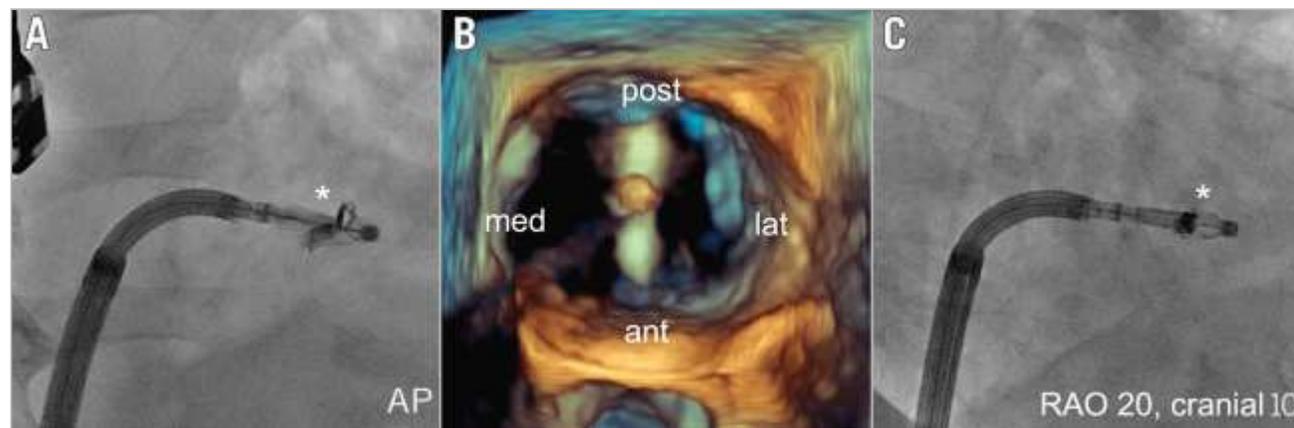
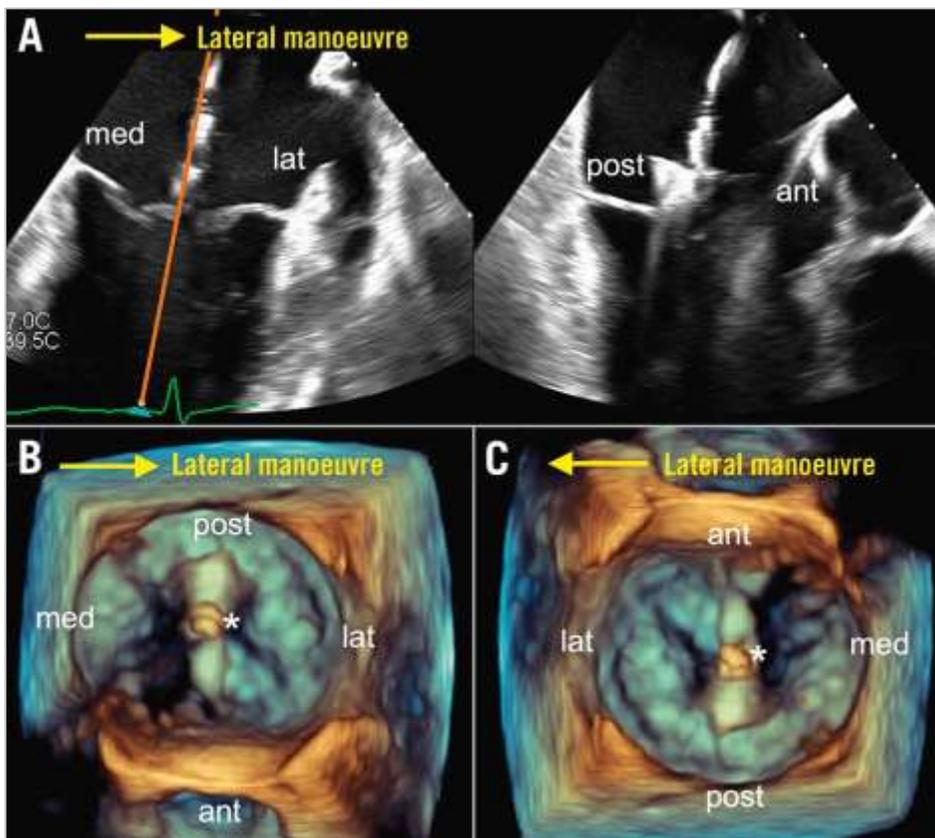
Non-complex Ideal for M-TEER	Complex Suitable for M-TEER	Very complex Challenging for M-TEER	Criteria favouring replacement M-TEER hard or impossible
<ul style="list-style-type: none"> <li>- Central pathology</li> <li>- No calcification</li> <li>- MVA &gt;4.0 cm<sup>2</sup></li> <li>- Posterior leaflet &gt;10 mm</li> <li>- Tenting height &lt;10 mm</li> <li>- Flail gap &lt;10 mm</li> <li>- Flail width &lt;15 mm</li> </ul>	<ul style="list-style-type: none"> <li>- Isolated commissural lesion (A1/P1 or A3/P3)</li> <li>- Annular calcification without leaflet involvement</li> <li>- MVA 3.5-4.0 cm<sup>2</sup></li> <li>- Posterior leaflet length 7-10 mm</li> <li>- Tenting height &gt;10 mm</li> <li>- Asymmetric tethering<sup>26</sup></li> <li>- Coaptation reserve &lt;3 mm<sup>24</sup></li> <li>- Leaflet-to-anulus index &lt;1.2<sup>25</sup></li> <li>- Flail width &gt;15 mm</li> <li>- Flail gap &gt;10 mm</li> <li>- Two jets from leaflet indentations</li> </ul>	<ul style="list-style-type: none"> <li>- Commissural lesion with multiple jets</li> <li>- Annular calcification with leaflet involvement</li> <li>- Fibrotic leaflets</li> <li>- Wide jet involving the whole coaptation</li> <li>- MVA 3.0-3.5 cm<sup>2</sup></li> <li>- Posterior leaflet length 5-7 mm</li> <li>- Barlow's disease</li> <li>- Cleft</li> <li>- Failed surgical annuloplasty</li> </ul>	<ul style="list-style-type: none"> <li>- Concentric MAC with stenosis</li> <li>- MVA &lt;3.0 cm<sup>2</sup></li> <li>- Relevant mitral valve stenosis (mean gradient &gt;5 mmHg)</li> <li>- Posterior leaflet &lt;5 mm</li> <li>- Calcification in the grasping zone</li> <li>- Deep regurgitant cleft</li> <li>- Leaflet perforation</li> <li>- Multiple/wide jets</li> <li>- Rheumatic mitral stenosis</li> </ul>

## ¿Que no puede faltar en la evaluación de IM candidatos a M-TEER?

- Evaluación integral de IM
  - Etiología
  - Mecanismo
  - Severidad y que criterios
  - Repercusión de IM:
    - Dilatación de cavidades, VI-AI
    - FEVI
    - HTP
- Características anatómicas para M-TEER



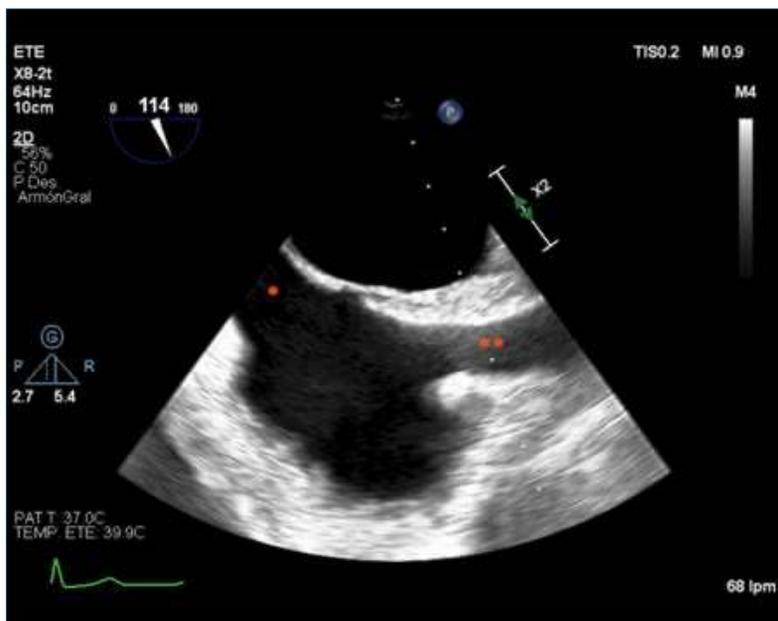
# Guía del implante: la imagen cardíaca-los ojos del Heart Team



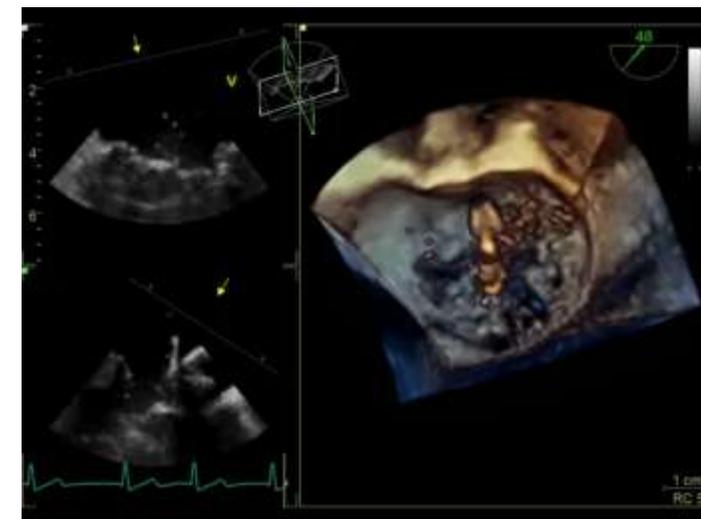
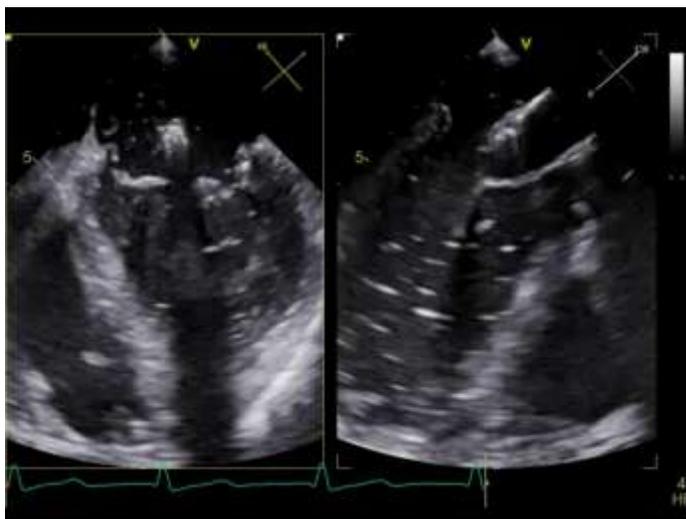
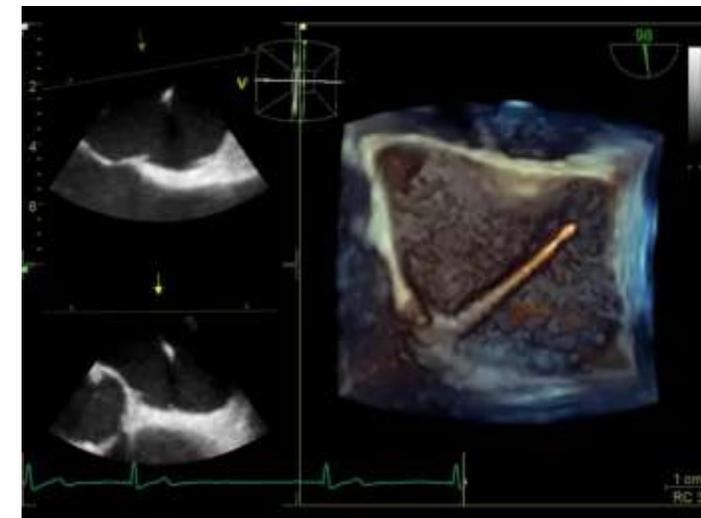
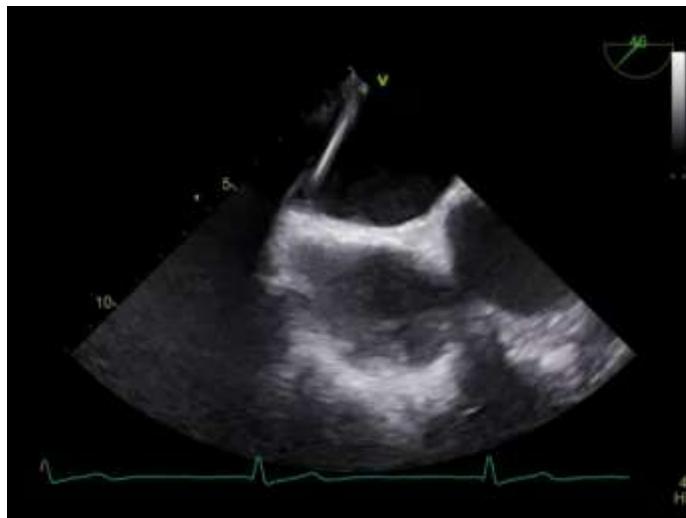
## Ecocardiograma 4D

- Imagen multiplanar
- Volumétrico en face de VM

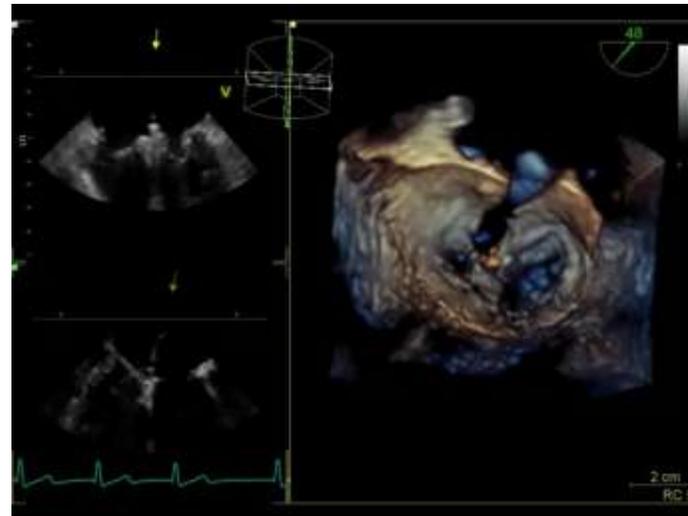
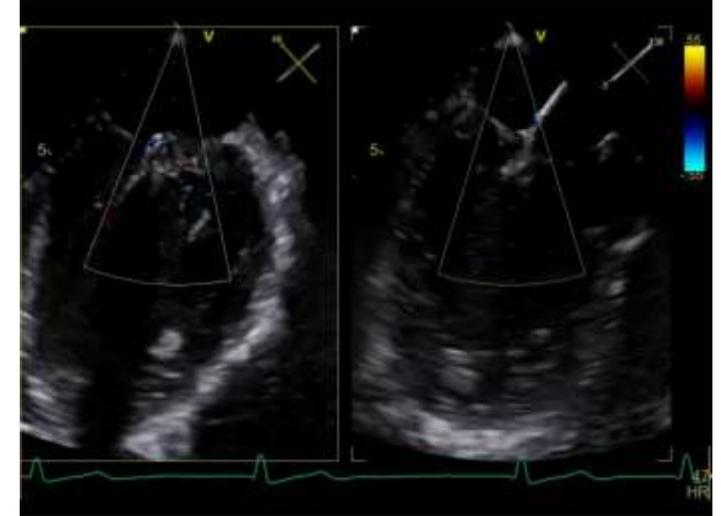
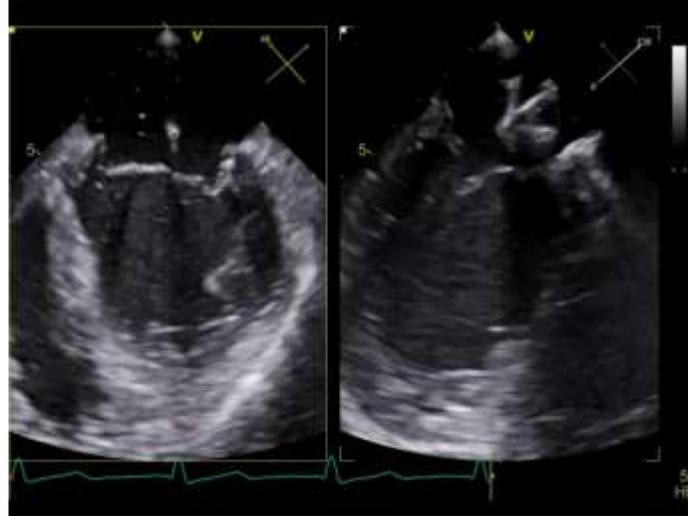
## Punción Transeptal:



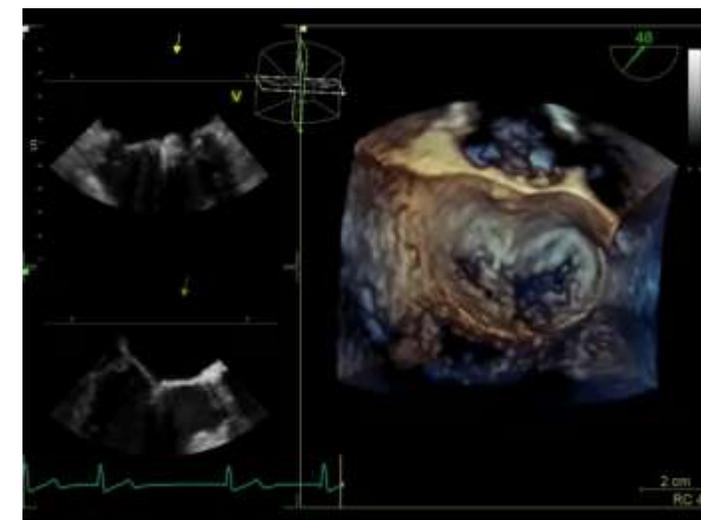
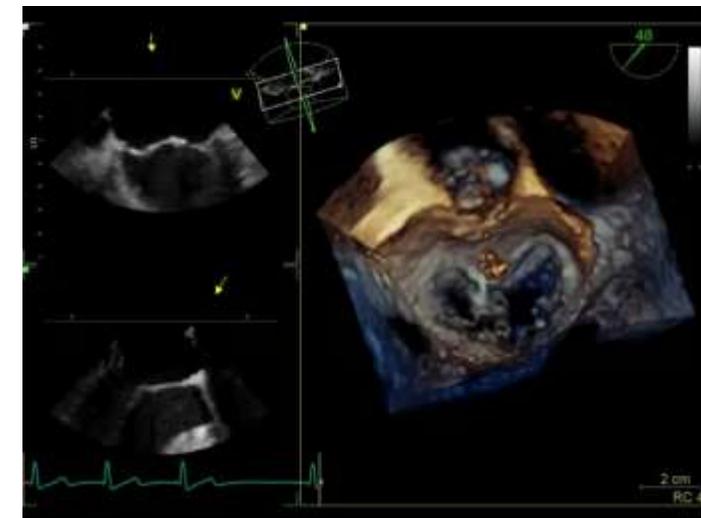
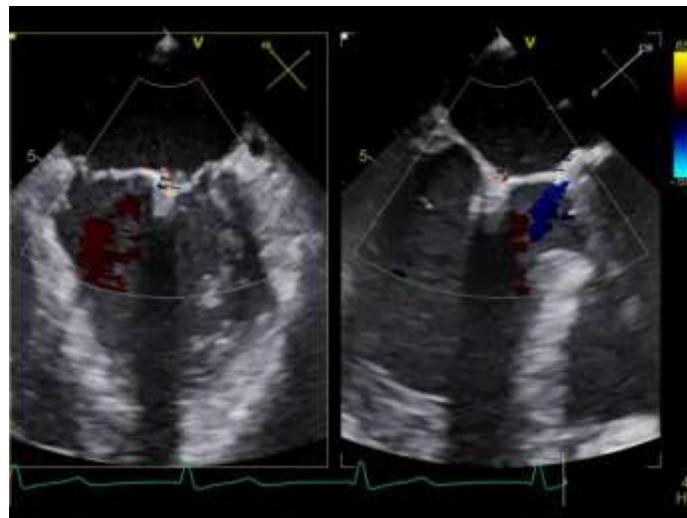
- Introducción del catéter guía y del sistema liberador del clip
- Avance del CDS
- Grasping de los velos



- Avance del CDS y grasping de los velos
- Valoración del resultado
  - Captura de velos
  - Movilidad de velos
  - Imagen de las pirámides
  - Longitud de velo retenido, 5 mm
- Liberación del dispositivo

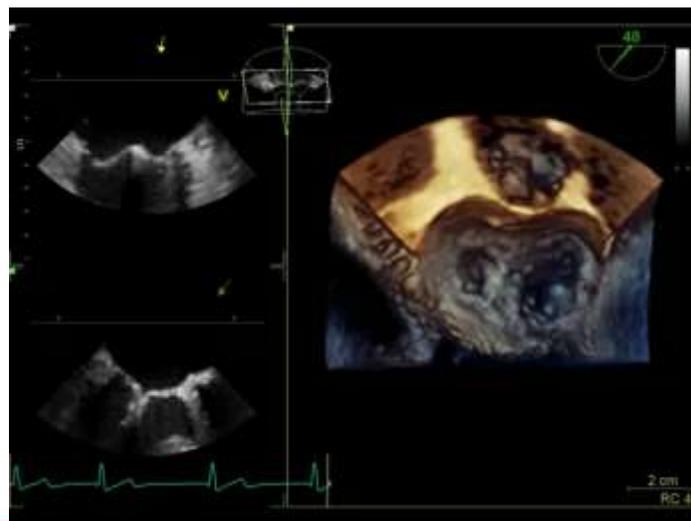
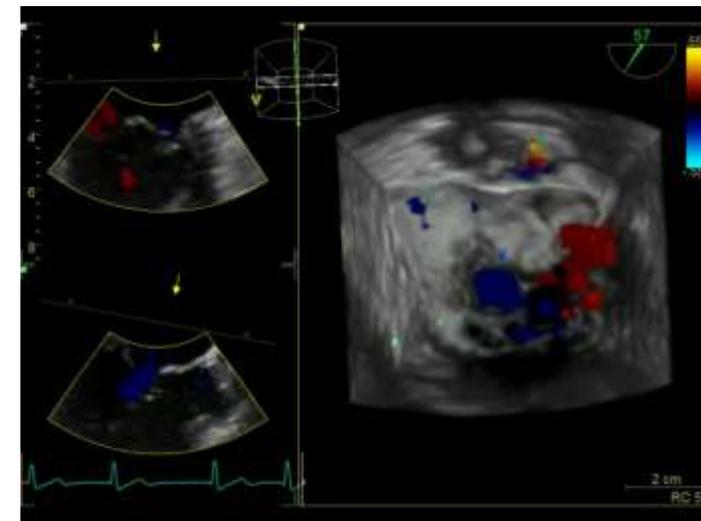


- Necesidad de Clip adicional:
  - Grado de IM
  - Estenosis mitral
    - $GM > 5\text{mmHg}$
    - AVM
  - Mejoría hemodinamica
  - Dificultad técnica de implantar 2º - 3er Clip



# Antes y después: ¿Cómo evaluamos éxito del procedimiento?

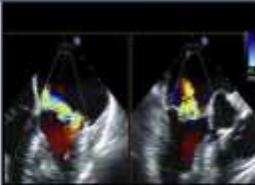
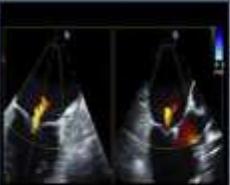
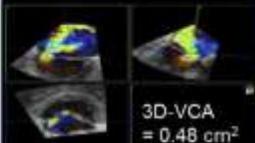
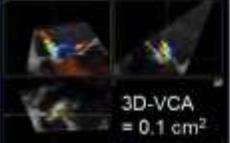
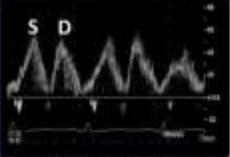
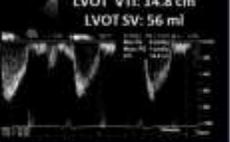
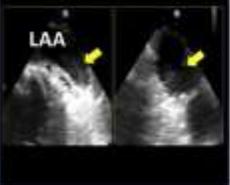
- Estenosis mitral residual
- Regurgitación residual



# Evaluación de los resultados: Regurgitación residual

**Table 5** Hemodynamics and TEE parameters useful in determining residual MR severity during MV interventions in the catheterization laboratory

Parameter	Assessing severity of residual MR
Invasive hemodynamics	Decrease in regurgitant v wave, LA pressure, and pulmonary pressures are specific signs of reduction in MR severity; Consider effects of general anesthesia on MR severity
General echocardiographic findings	
Spontaneous echo contrast in LA	Appearance of spontaneous contrast after MV intervention suggests significant reduction in MR severity
LVEF	Decline in LVEF after MV intervention suggests significant MR reduction in the absence of other causes (ischemia, pacemaker-related, etc.)
Color Doppler	
Color Doppler jet (size, number, location, eccentricity)	<ul style="list-style-type: none"> <li>- Easy to obtain with a comprehensive, systematic approach</li> <li>- Difficult to assess multiple and eccentric jets</li> <li>- Jet area affected by eccentricity, technical and hemodynamic factors (especially driving velocity)</li> </ul>
Flow convergence	<ul style="list-style-type: none"> <li>- Large flow convergence denotes significant residual MR whereas a small or no flow convergence suggests mild MR</li> <li>- Difficult to use in presence of multiple jets or very eccentric jets, or may be masked by the device</li> </ul>
Vena contracta width	<ul style="list-style-type: none"> <li>- VCW <math>\geq 0.7</math> cm specific for severe MR</li> <li>- Difficult to use in presence of multiple small jets or very eccentric jets for which orifice shape is not well delineated</li> </ul>
Vena contracta area (3D planimetry)	<ul style="list-style-type: none"> <li>- Allows better delineation of eccentric orifice shape and possibly the addition of VCA of multiple jets</li> <li>- Prone to blooming artifacts</li> </ul>
Spectral Doppler	
Pulmonary vein flow pattern	<ul style="list-style-type: none"> <li>- Systolic flow reversal in &gt;1 vein specific for severe MR</li> <li>- Increase in forward systolic velocity after MV intervention helps confirm MR reduction</li> </ul>
MR jet profile by CWD (contour, density, peak velocity)	<ul style="list-style-type: none"> <li>- Dense, triangular pattern suggests severe MR</li> <li>- May be hard to line up CWD properly in flail leaflet or very eccentric jet after intervention</li> </ul>
Mitral inflow pattern	<ul style="list-style-type: none"> <li>- In sinus rhythm, mitral A-wave-dominant flow excludes severe MR</li> <li>- Decrease in mitral E velocity and VTI suggests reduction in MR severity</li> </ul>
Pulsed Doppler of LVOT (deep transgastric view)	Increase in LVOT velocity and VTI after procedure suggests MR reduction
Quantitative parameters	In general, more difficult to perform; some procedure-specific limitations in quantitation
EROA by PISA	<ul style="list-style-type: none"> <li>- Not recommended after edge-to-edge repair because assumption of hemispheric proximal flow convergence is violated by the device.</li> <li>- PISA often underestimates MR severity in the presence of multiple jets or markedly eccentric jets.</li> <li>- Not feasible in PVR of mechanical prosthetic MV or possibly TMVR (flow masking in LV by TEE)</li> </ul>
Regurgitant volume	- Difficult to perform volumetric RVol with pulsed Doppler by TEE

Findings of $\leq$ Mild Residual MR	Baseline	After Edge-to-edge Repair	Specific Features
Significant reduction in color Doppler jet features			<ul style="list-style-type: none"> <li>• Small vena contracta width (&lt; 0.3 cm) of individual MR jets</li> <li>• Small flow convergence radius (<math>\leq</math> 0.3 cm)</li> <li>• Central MR jet with limited penetration into LA</li> </ul>
Significant reduction in VCA by 3D color Doppler	 3D-VCA = 0.48 cm <sup>2</sup>	 3D-VCA = 0.1 cm <sup>2</sup>	<ul style="list-style-type: none"> <li>• More tedious to perform</li> <li>• VCA &lt; 0.2 cm<sup>2</sup></li> </ul>
Improvement or normalization of pulmonary vein flow			<ul style="list-style-type: none"> <li>• Change from S-wave reversal or blunting to antegrade flow</li> <li>• Marked reduction in D-wave velocity</li> </ul>
Improvement of forward stroke volume	 LVOT VTI: 9.12 cm LVOT SV: 35ml	 LVOT VTI: 14.8 cm LVOT SV: 56 ml	<ul style="list-style-type: none"> <li>• Marked increase in PWD VTI in LVOT and derived systemic stroke volume</li> <li>• "paradoxical" decrease in LVEF by 5-10%</li> </ul>
New onset spontaneous contrast within LA or LA appendage			<ul style="list-style-type: none"> <li>• Associated with low flow conditions including atrial fibrillation, and/or severe LV systolic dysfunction</li> <li>• Mean diastolic MV gradient may not be markedly elevated (e.g. &lt; 7mmHg)</li> </ul>

## Mensajes finales: Rol del ecocardiograma en intervencionismo de Insuficiencia mitral

- Evaluación ecocardiográfica de IM debe ser integral.
- Debe contemplar:
  - Etiología y mecanismo
  - Evaluación integrativa de la severidad
  - Repercusión funcional
  - Datos anatómicos que aporten a la evaluación de tratamiento intervencionista
- La imagen representa los ojos del intervencionismo
  - Guía visual del procedimiento
- Evaluar adecuadamente los resultados post M-TEER

Gracias!!