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# *Drug-eluting stent and dual platelet aggregation: what we must know*

***Eduardo Nagib Gaudi MD, MSc, PhD***

*Especialista SBC/AMB, FESC*

*Diretor Médico do Hospital Prócardíaco – Unidade Ipanema*

*Coordenador dos Programas de Residência Médica- HM Miguel Couto*





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# Declaração de Conflito de Interesse

Dr. Eduardo Nagib Gai CRM 399566/RJ

De acordo com a Norma 1595/2000 do Conselho Federal de Medicina e a Resolução RDC 96/2008 da Agência de Vigilância Sanitária declaro que:  
Recebo apoio ou patrocínio para participação em eventos nacionais e internacionais, como participante e palestrante e prestação de consultoria.

AstraZeneca

Bayer

Daiichi Sankyo

Pfizer

Servier



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## *Dupla Antiagregação Plaquetária*

Qual é o antiplaquetário a ser associado a aspirina ?

Qual será a duração da terapia antiplaquetária dupla ?

- Cenário: SCA vs Angioplastia Eletiva
- Qual o tipo de Stent utilizado: plataforma ? droga?
- Qual o grau de complexidade da doença/lesão
- Qual o grau de complexidade da intervenção
- Qual o risco de sangramento

# Evolução da Terapia de Dupla Antiagregação Plaquetária



# AAS

+

Ticlopidina

Clopidogrel

Prasugrel

Ticagrelor

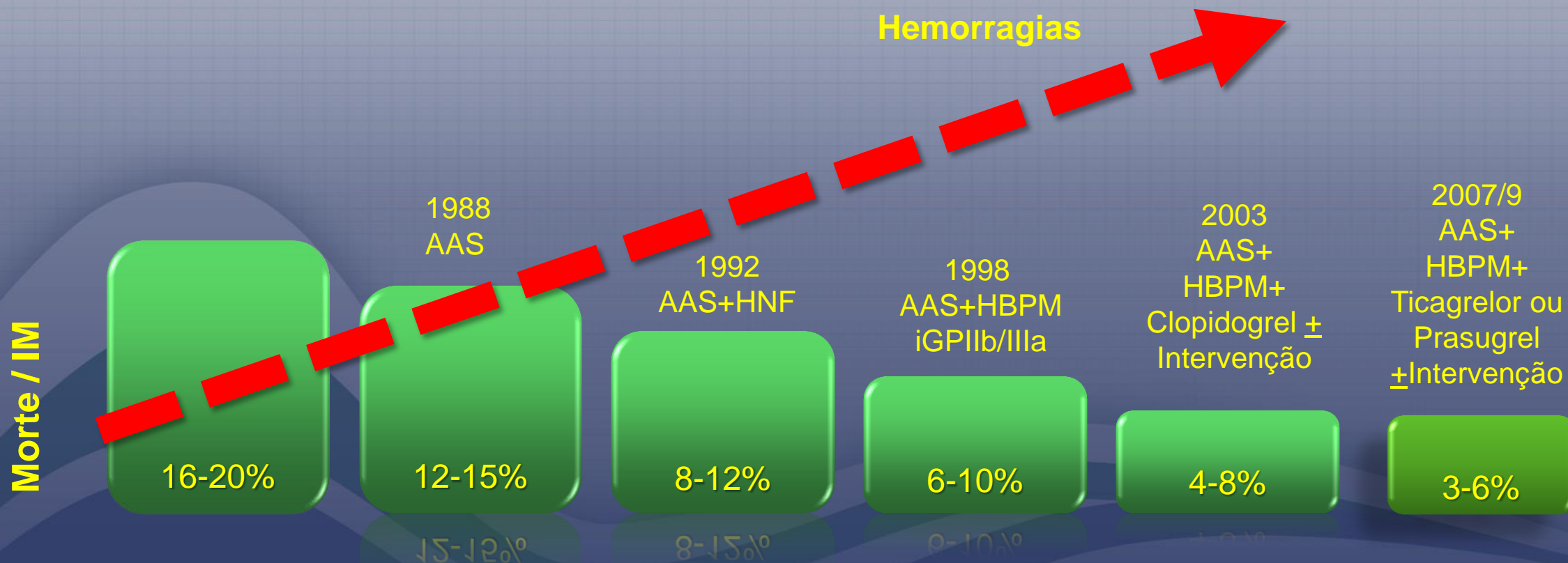
Antiplaquetários com ação rápida e mais potente



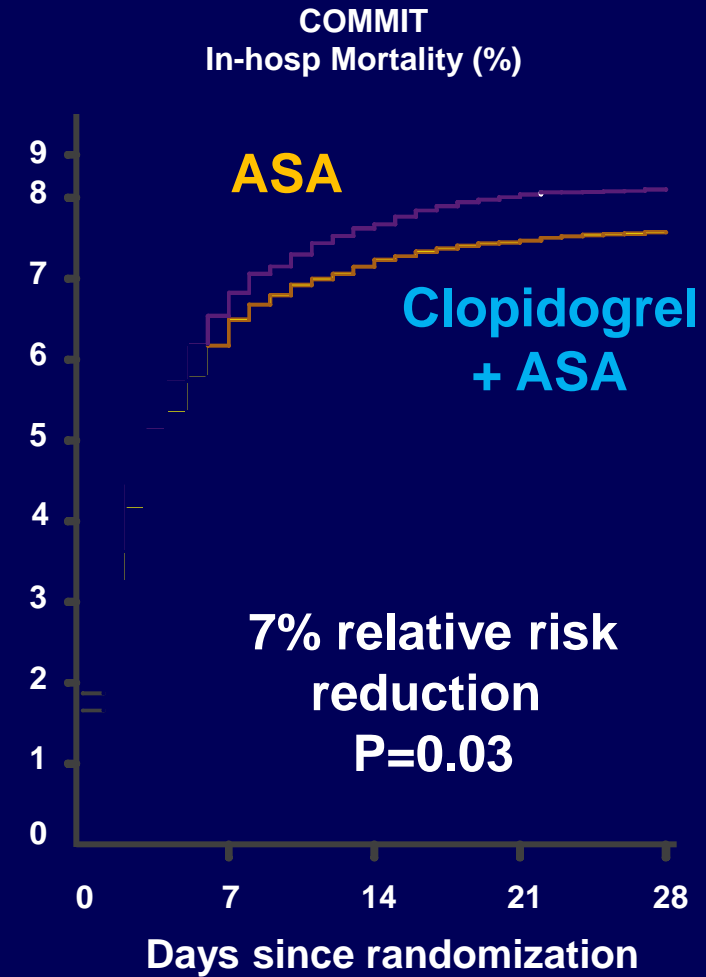
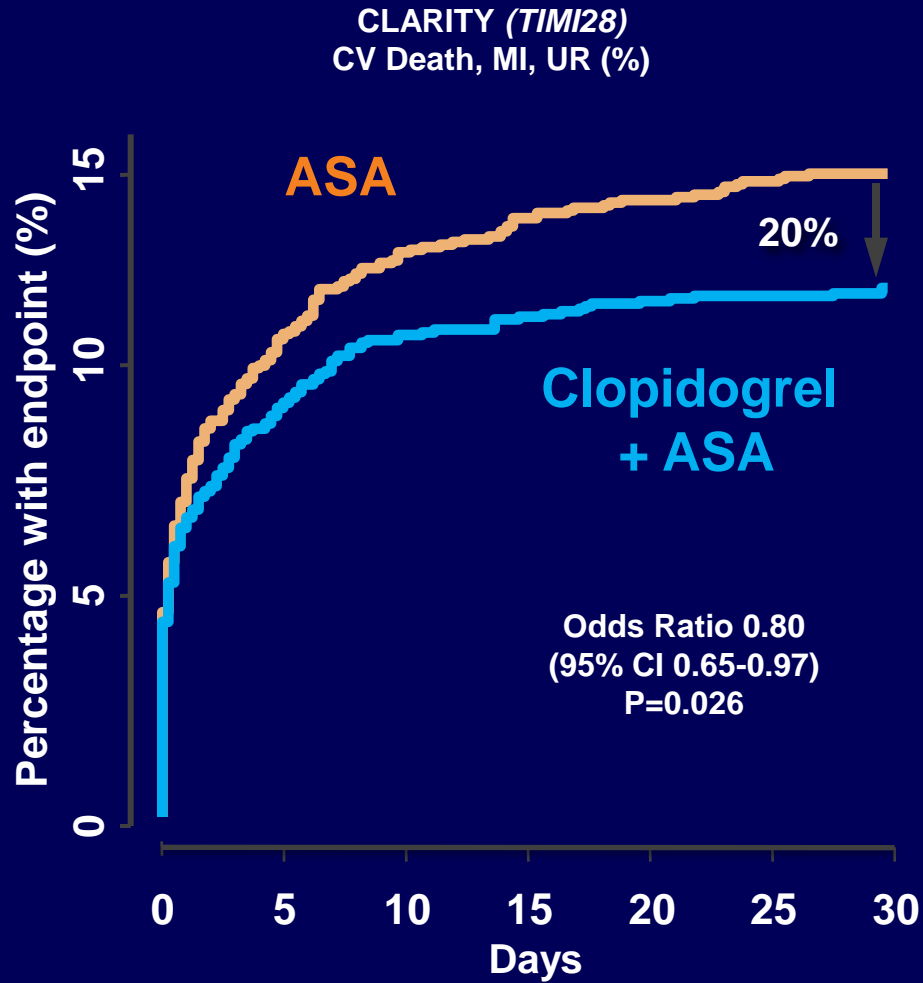
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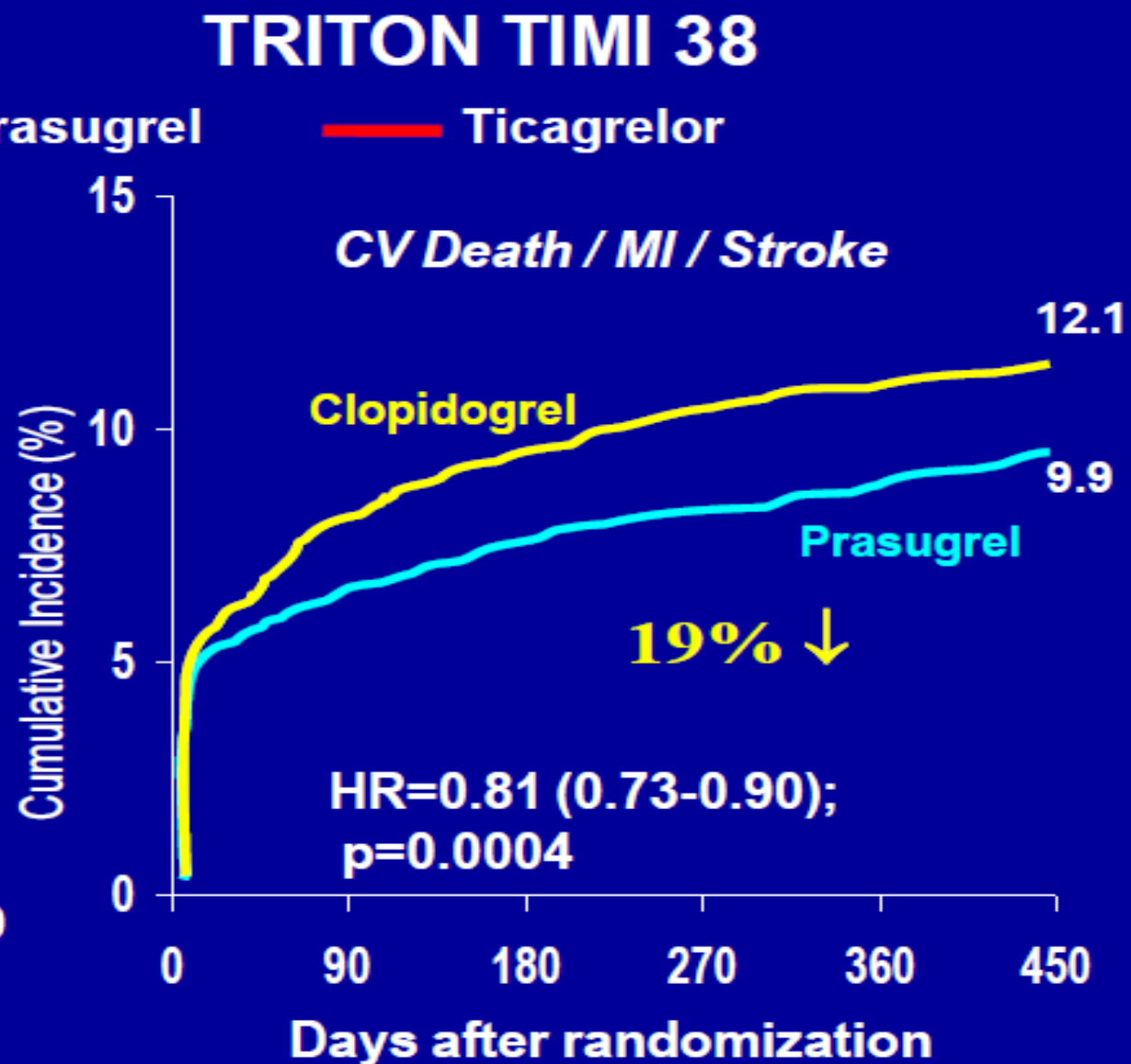
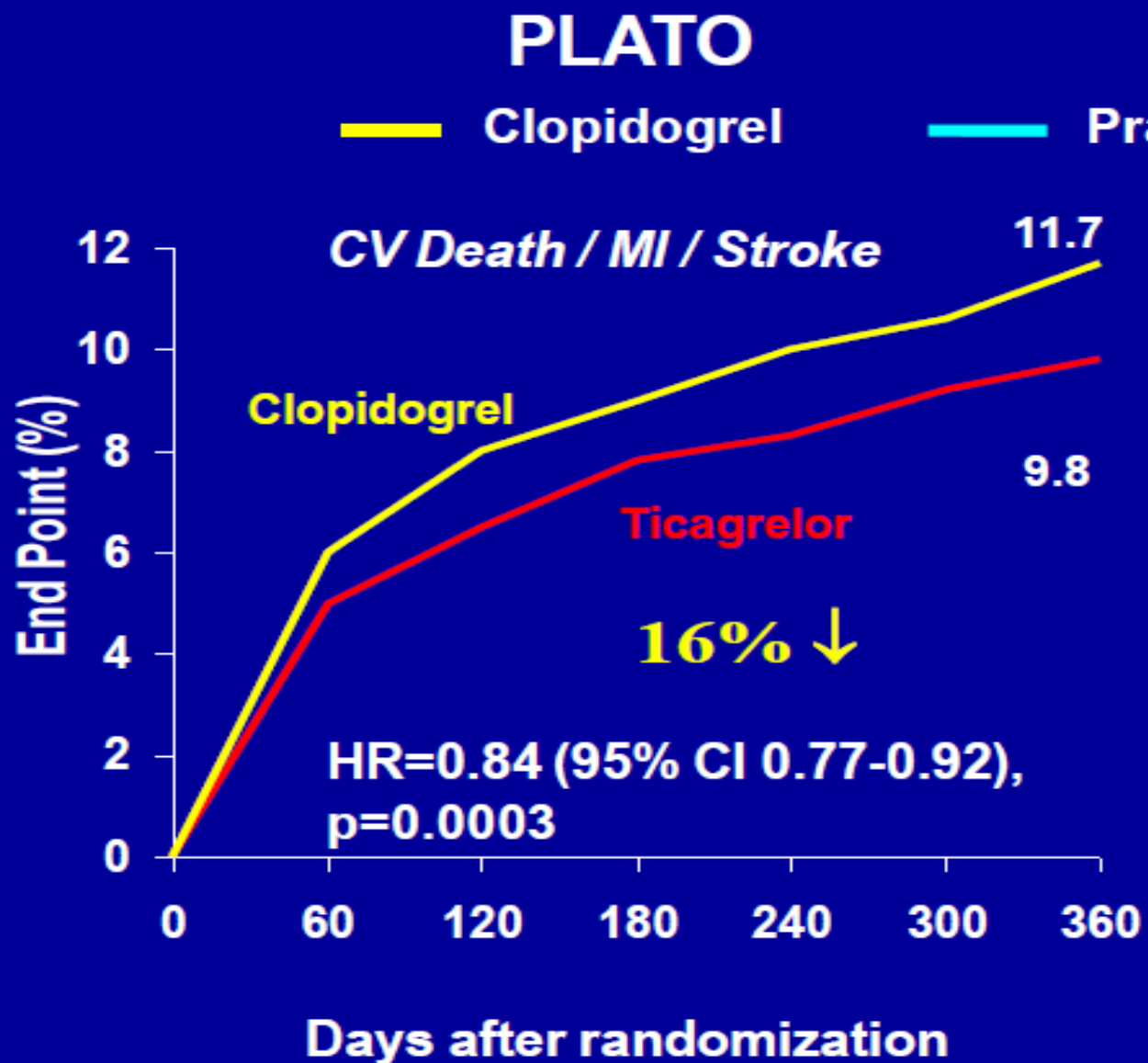
# Maior eficácia vs Menos segurança



# Clopidogrel no IAM com supra ST



# Desfecho 1º: Morte CV , IAM, AVC





# REGISTRO ACCEPT – N=4.557 pts

## Prescrição no IAM com SST

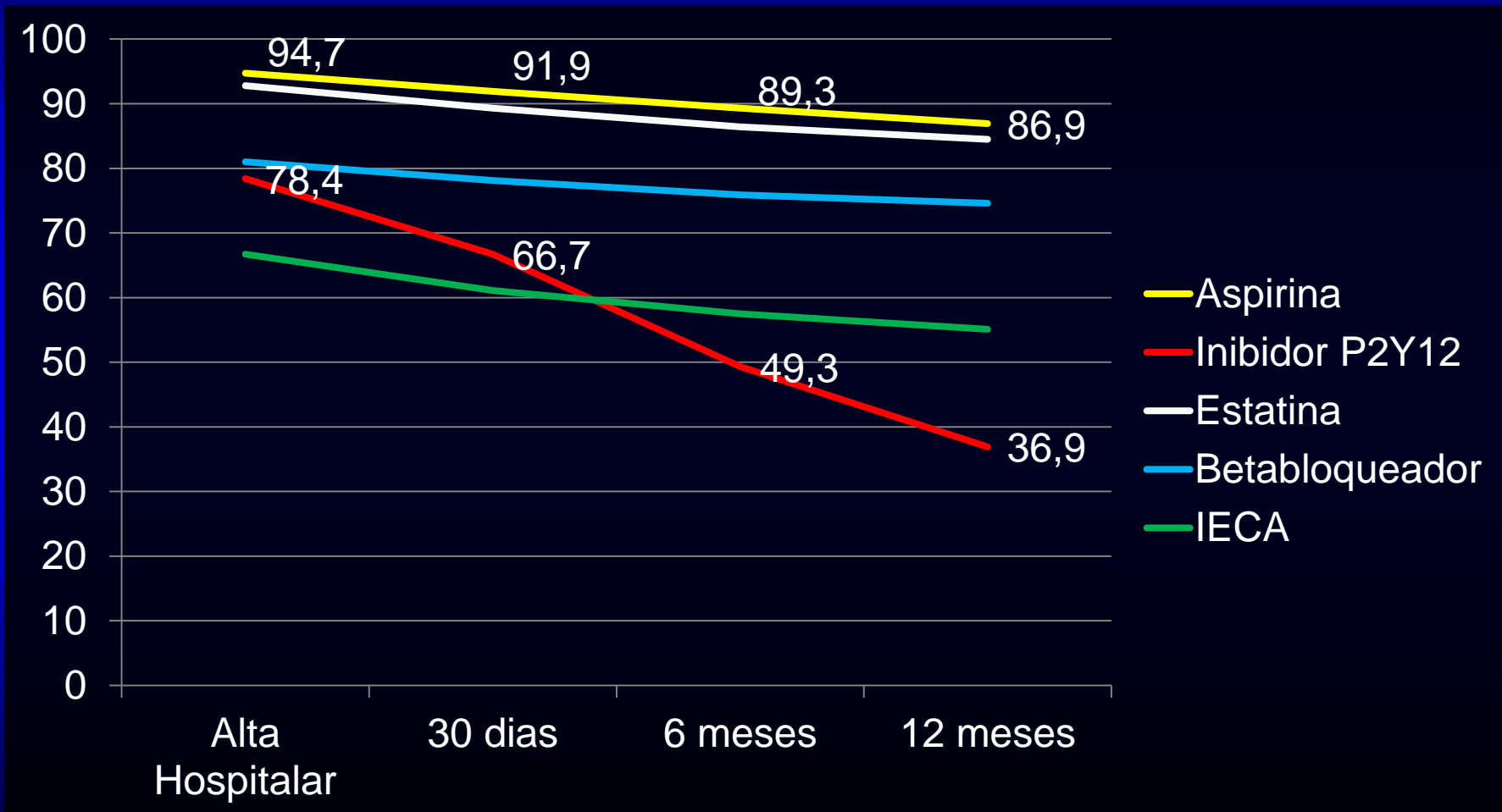
Definição da SCA	Admissão Hospitalar	Alta Hospitalar
Pacientes	1701	1674
Aspirina	98,6%	96,5%
Inibidor P2Y12	97,5%	89,5%
Heparinas	87,5%	42,8%
Inibidores GP IIb/IIIa	17,2%	0,6%
Betabloqueador	79%	86,2%
IECA	73,3%	75,5%
Estatinas	92%	95,5%



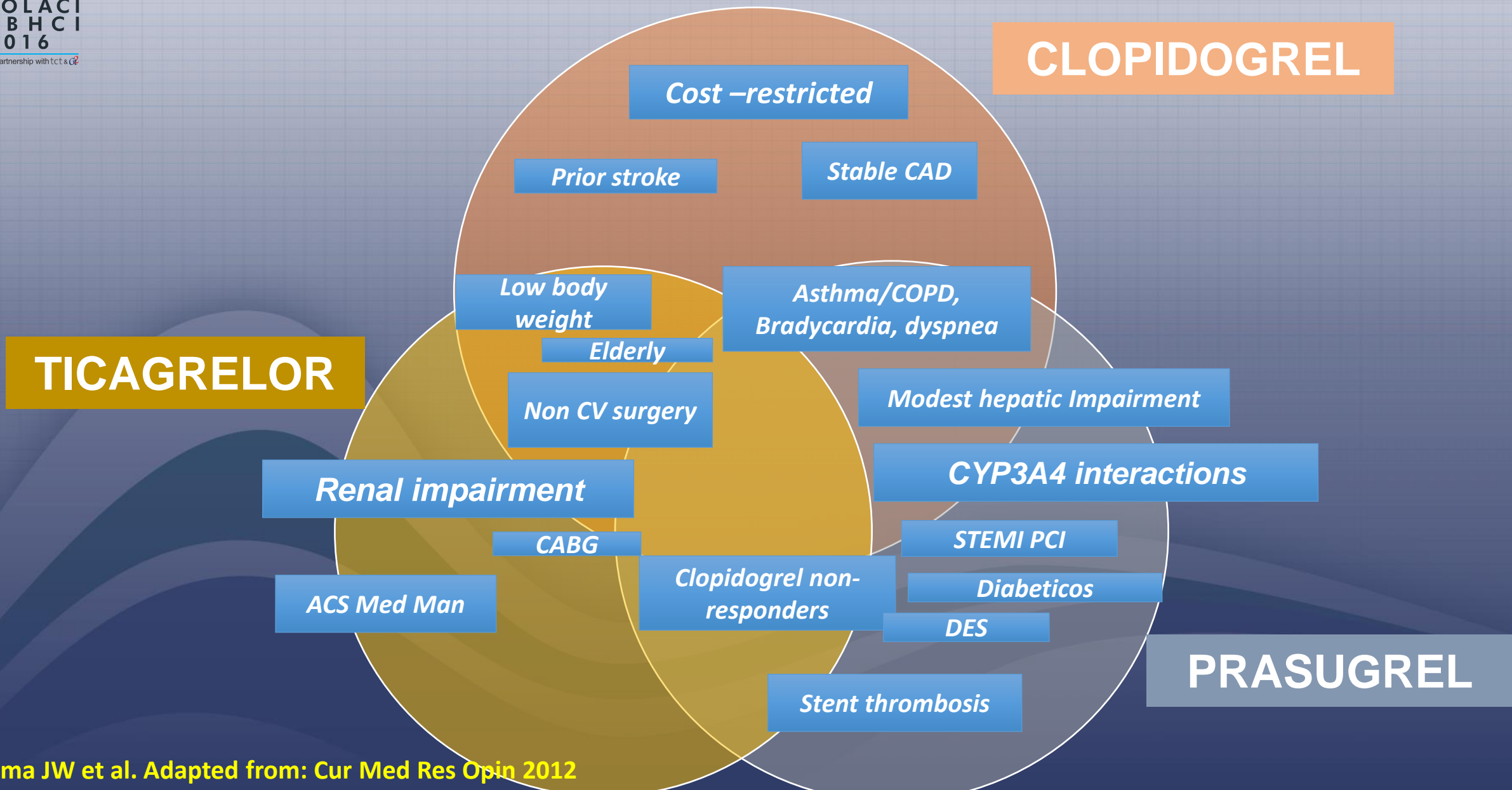


# REGISTRO ACCEPT

## Prescrição ao longo do tempo



# Como escolher o inibidor da P2Y12 ?



JACC: CARDIOVASCULAR INTERVENTIONS

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<http://dx.doi.org/10.1016/j.jcin.2016.03.038>

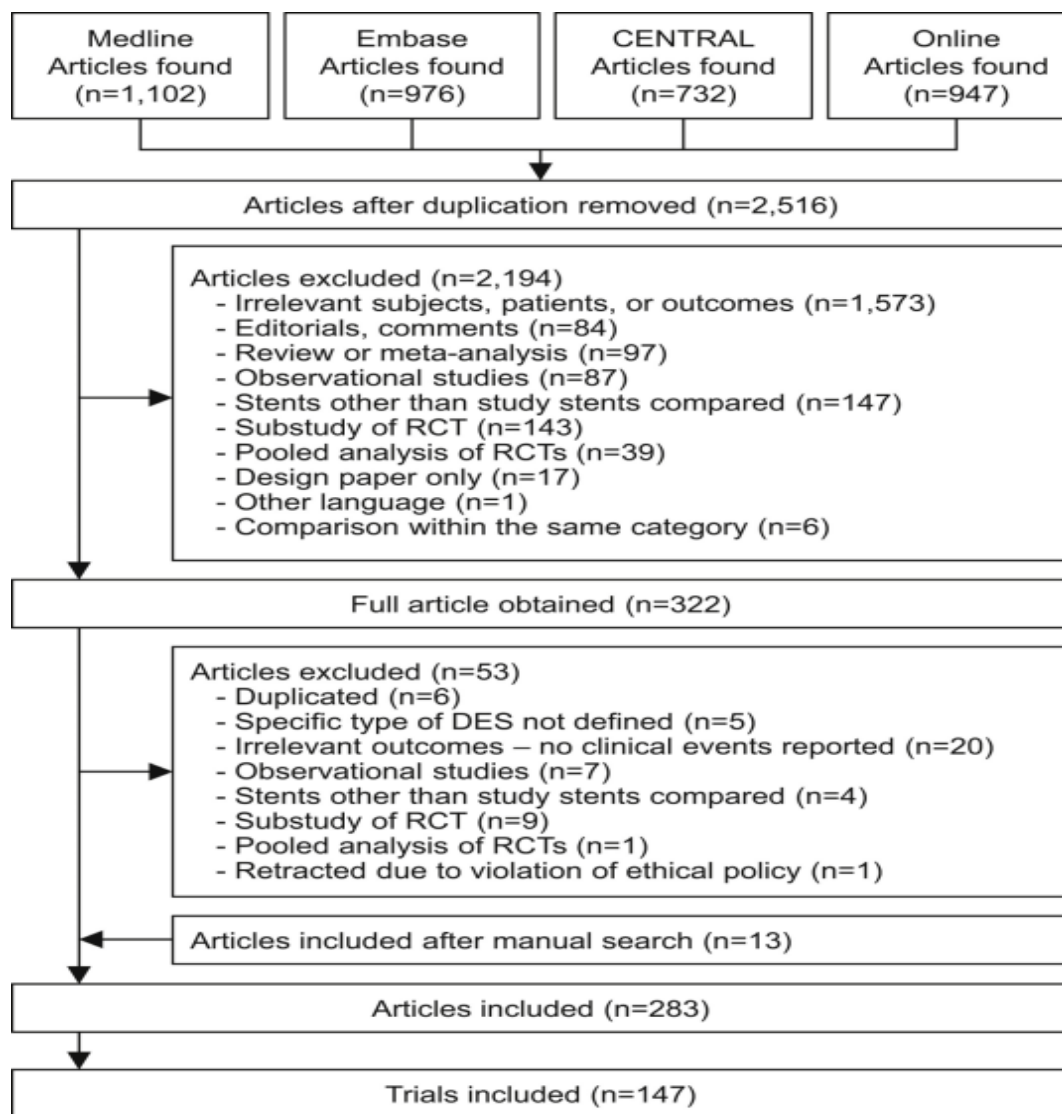
# Stent Thrombosis With Drug-Eluting Stents and Bioresorbable Scaffolds

## Evidence From a Network Meta-Analysis of 147 Trials

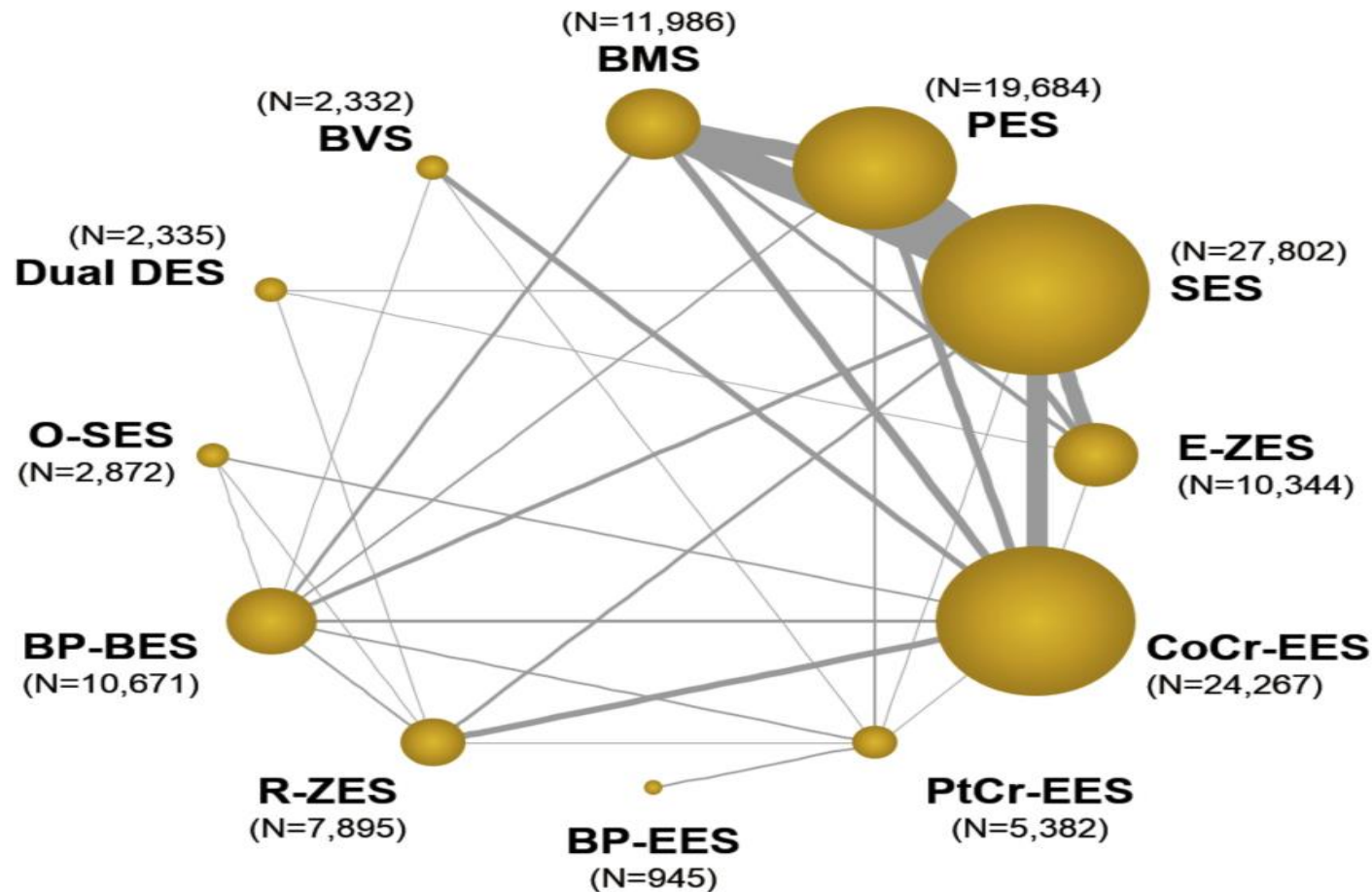
Si-Hyuck Kang, MD,<sup>a</sup> In-Ho Chae, MD, PhD,<sup>a</sup> Jin-Joo Park, MD, PhD,<sup>a</sup> Hak Seung Lee, MD,<sup>b</sup> Do-Yoon Kang, MD,<sup>c</sup>  
Seung-Sik Hwang, MD, PhD,<sup>d</sup> Tae-Jin Youn, MD, PhD,<sup>a</sup> Hyo-Soo Kim, MD, PhD<sup>b</sup>



## From: Stent Thrombosis With Drug-Eluting Stents and Bioresorbable Scaffolds: Evidence From a Network Meta-Analysis of 147 Trials



From: Stent Thrombosis With Drug-Eluting Stents and Bioresorbable Scaffolds: Evidence From a Network Meta-Analysis of 147 Trials



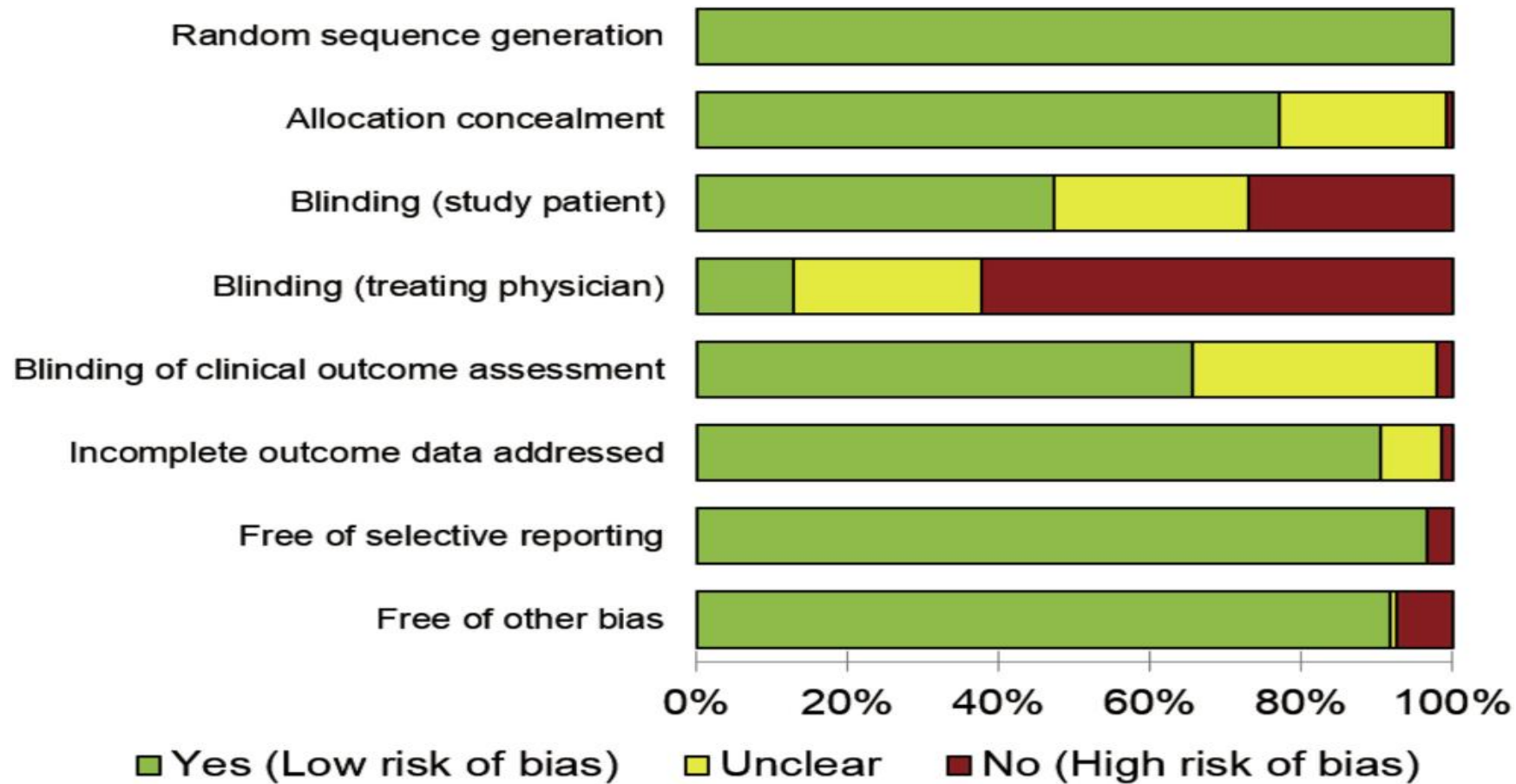
J Am Coll Cardiol Interv. Published online June 01, 2016. doi:10.1016/j.jcin.2016.03.038

### Network Plot of Included Trials

Each stent is represented by a node. The size of the node is proportional to the sample size randomized to each stent, whereas the thickness of the line connecting the nodes is proportional to the total randomized sample size in each pairwise treatment comparison. BMS = bare-metal stent(s); BP-BES = biodegradable polymer biolimus-eluting stent(s); BP-EES = biodegradable polymer everolimus-eluting stent(s); BVS = bioresorbable vascular scaffolds; CoCr-EES = cobalt-chromium everolimus-eluting stent(s); dual DES = sirolimus- and probucol-eluting stent(s); E-ZES = Endeavor zotarolimus-eluting stent(s); H-SES = hybrid sirolimus-eluting stent(s) (O-SES); PES = paclitaxel-eluting stent(s); PtCr-EES = platinum-chromium everolimus-eluting stent(s); R-ZES = Resolute zotarolimus-eluting stent(s); SES = sirolimus-eluting stent(s).

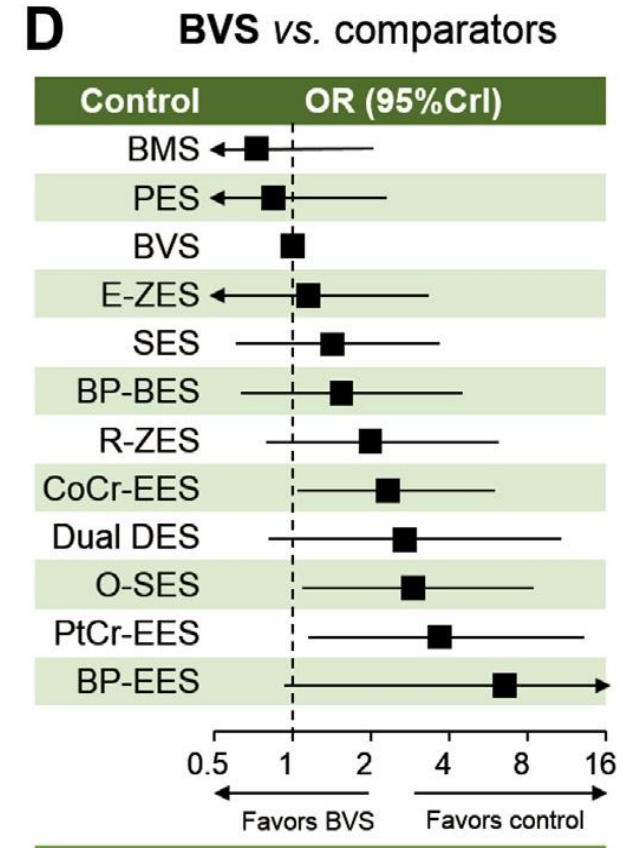
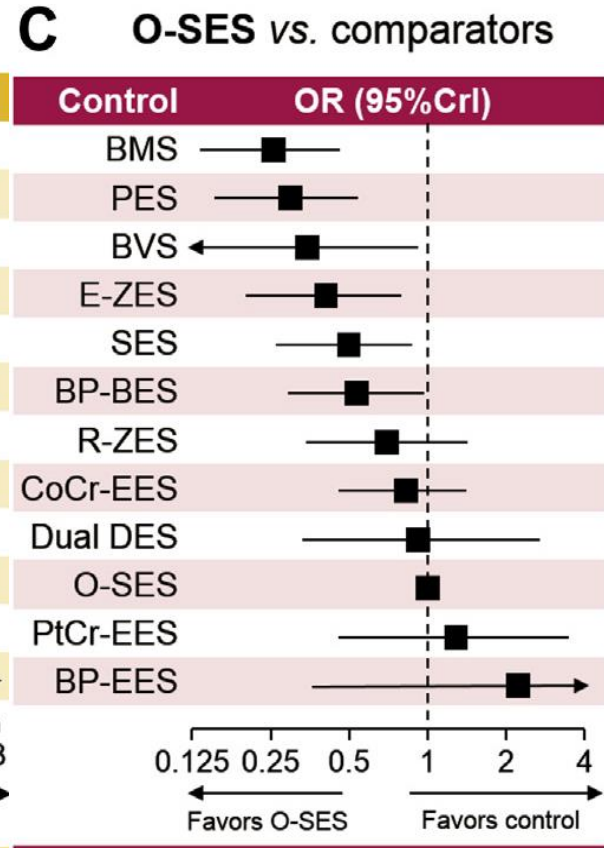
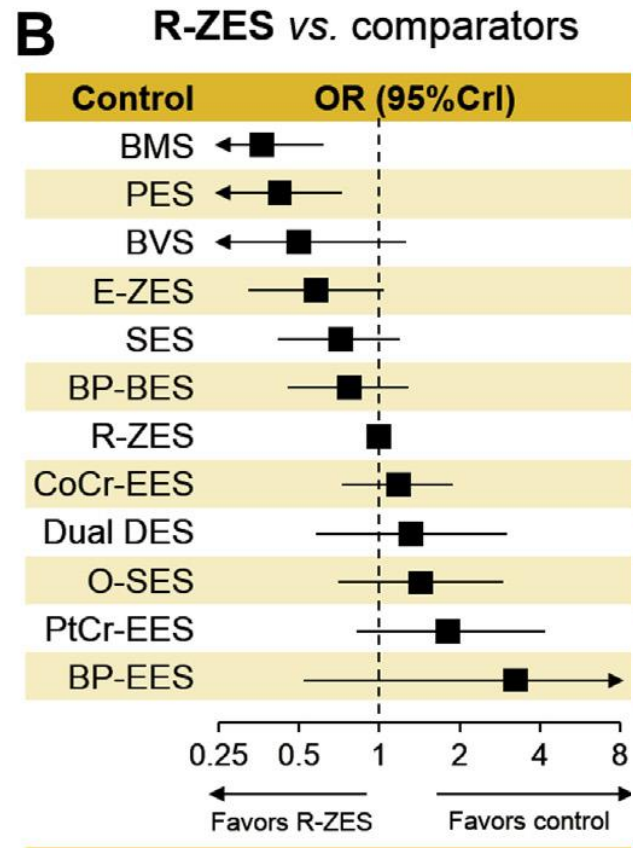
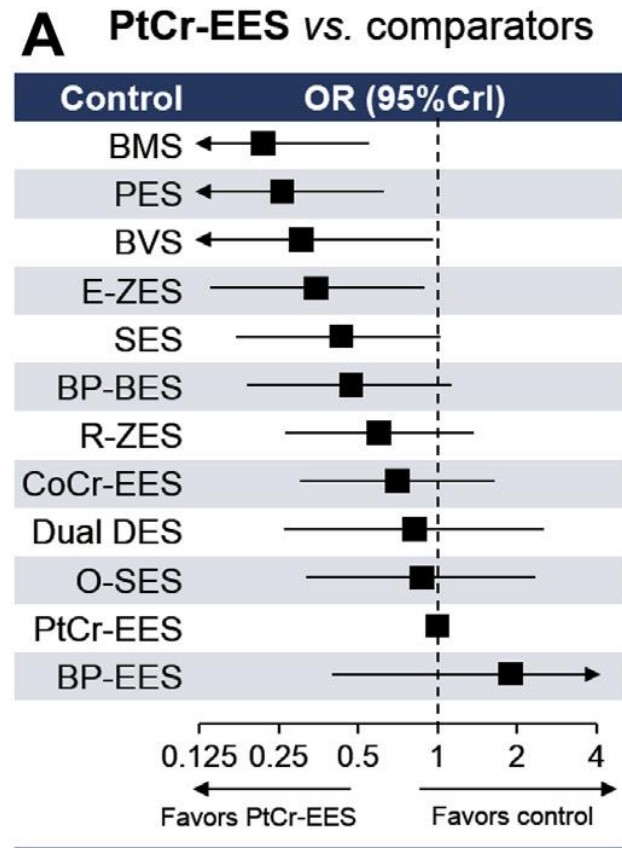


From: Stent Thrombosis With Drug-Eluting Stents and Bioresorbable Scaffolds: Evidence From a Network Meta-Analysis of 147 Trials



From: Stent Thrombosis With Drug-Eluting Stents and Bioresorbable Scaffolds: Evidence From a Network Meta-Analysis of 147 Trials

## Definite or Probable Stent Thrombosis at 1 year



## CONCLUSIONS

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Contemporary DES, including second-generation biocompatible DP-DES, BP-DES, and polymer-free DES, showed excellent safety profiles in terms of definite or probable ST at 1 year. In contrast, BVS was associated with significantly increased risk of device thrombosis compared with CoCr-EES, PtCr-EES, and H-SES. Results from studies with extended follow-up are anticipated to fully appreciate the long-term safety of contemporary coronary devices.





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## ARTICLE IN PRESS

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<http://dx.doi.org/10.1016/j.jcin.2016.04.036>

# 6-Month Versus 12-Month Dual-Antiplatelet Therapy Following Long Everolimus-Eluting Stent Implantation

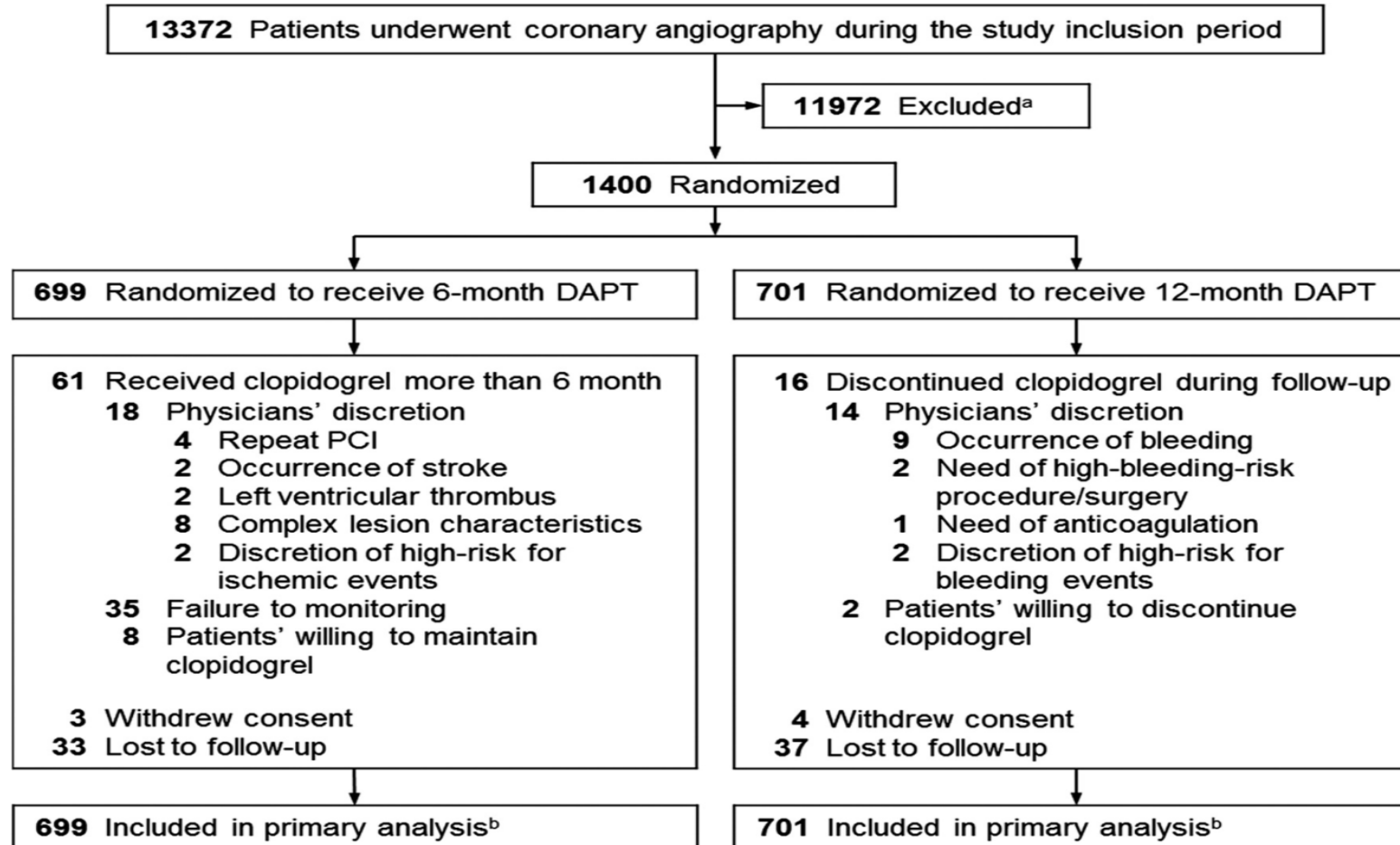
## The IVUS-XPL Randomized Clinical Trial

Sung-Jin Hong, MD,<sup>a,b</sup> Dong-Ho Shin, MD, MPH,<sup>b</sup> Jung-Sun Kim, MD,<sup>b</sup> Byeong-Keuk Kim, MD,<sup>b</sup> Young-Guk Ko, MD,<sup>b</sup>  
Donghoon Choi, MD,<sup>b</sup> Ae-Young Her, MD,<sup>c</sup> Yong Hoon Kim, MD,<sup>c</sup> Yangsoo Jang, MD,<sup>b,d,e</sup> Myeong-Ki Hong, MD,<sup>b,d,e</sup>  
for the IVUS-XPL Investigators



# From: 6-Month Versus 12-Month Dual-Antiplatelet Therapy Following Long Everolimus-Eluting Stent Implantation: The IVUS-XPL Randomized Clinical Trial

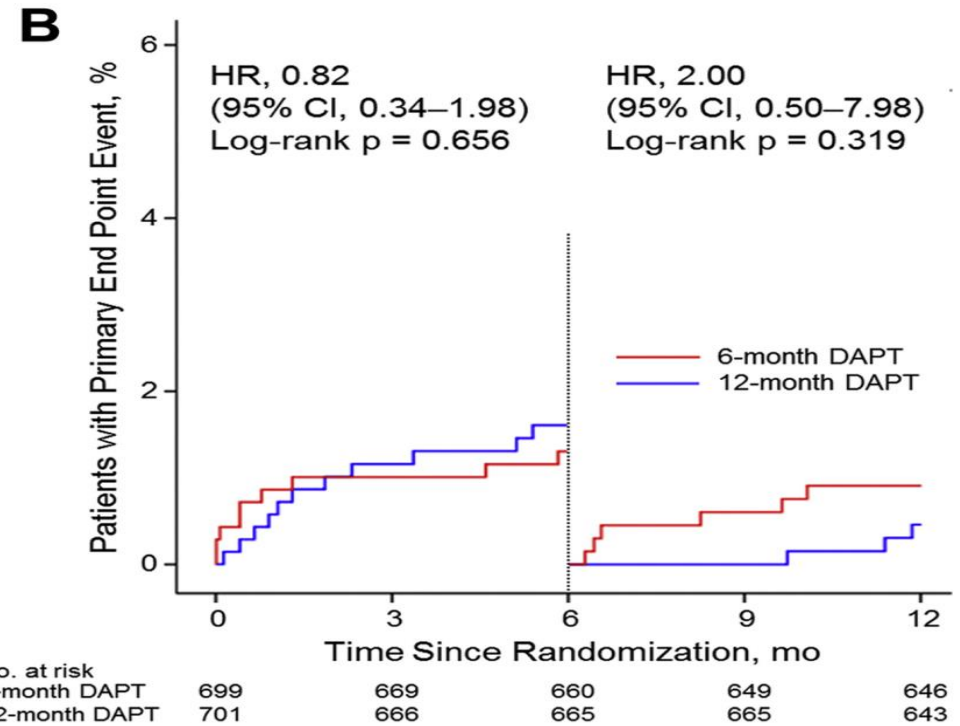
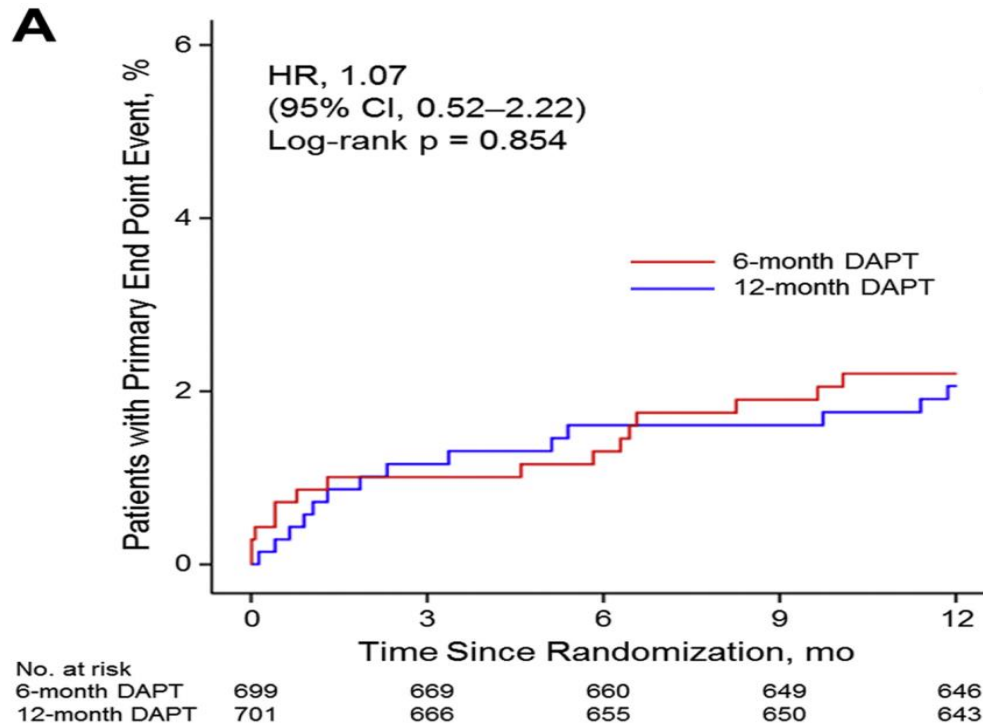
J Am Coll Cardiol Intv. Published online May 17, 2016. doi:10.1016/j.jcin.2016.04.036





## From: 6-Month Versus 12-Month Dual-Antiplatelet Therapy Following Long Everolimus-Eluting Stent Implantation: The IVUS-XPL Randomized Clinical Trial

J Am Coll Cardiol Interv. Published online May 17, 2016. doi:10.1016/j.jcin.2016.04.036



### Kaplan-Meier Curves

Primary endpoint (A) and 6-month landmark analysis for the primary endpoint (B). CI = confidence interval; HR = hazard ratio; other abbreviation as in Figure 1.



## From: 6-Month Versus 12-Month Dual-Antiplatelet Therapy Following Long Everolimus-Eluting Stent Implantation: The IVUS-XPL Randomized Clinical Trial

J Am Coll Cardiol Intv. Published online May 17, 2016. doi:10.1016/j.jcin.2016.04.036

Subgroup	6-month DAPT		12-month DAPT	
	No. of events	No. of patients	No. of events	No. of patients
All patients	5	344	5	348
Age, y				

### PERSPECTIVES

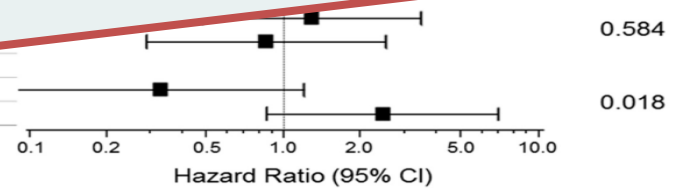
**WHAT IS KNOWN?** Long stent implantation for diffuse long lesions has a high risk for stent thrombosis, myocardial infarction, and target lesion failure, even with the use of new-generation DES. Well-designed studies that determine optimal DAPT strategies, particularly after long-length everolimus-eluting stent implantation, are limited.

**WHAT IS NEW?** Our study showed that 6-month DAPT compared with 12-month DAPT did not increase the

composite events of cardiac death, myocardial infarction, stroke, or major bleeding at 1 year in the patients who underwent everolimus-eluting stent implantation.

**WHAT IS NEXT?** Further randomized studies with larger number of patients and longer term (>1 year) follow-up are needed to confirm these findings.

544	5	348	0.33 (0.09 – 1.21)
			2.45 (0.86 – 6.96)



Subgroup Analysis of the Primary Endpoint



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European Heart Journal (2016) 37, 353–364  
doi:10.1093/eurheartj/ehv712

REVIEW

*Clinical update*

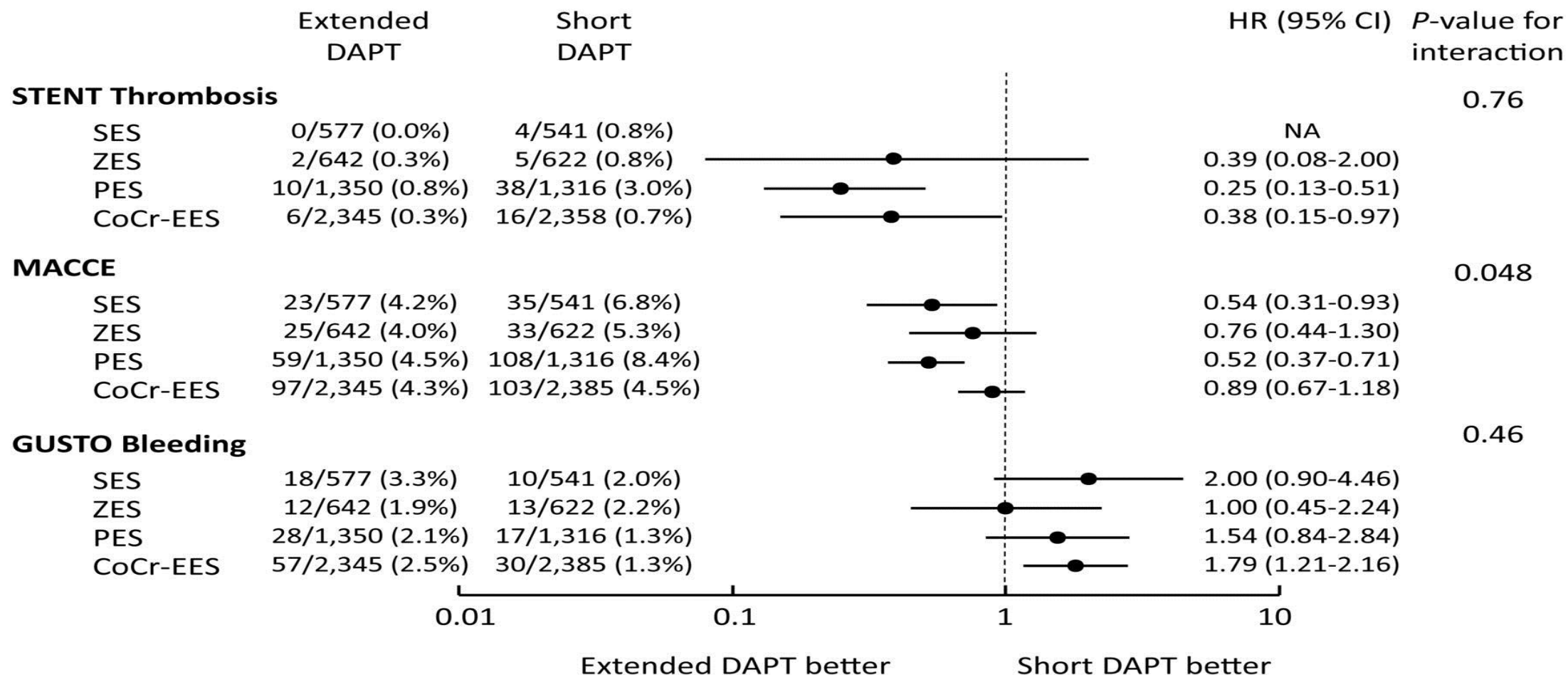
# Optimal duration of dual antiplatelet therapy after drug-eluting stent implantation: conceptual evolution based on emerging evidence

**Tullio Palmerini<sup>1</sup> and Gregg W. Stone<sup>2\*</sup>**

<sup>1</sup>Dipartimento Cardio-Toraco-Vascolare, University of Bologna, Bologna, Italy; and <sup>2</sup>Columbia University Medical Center/New York-Presbyterian Hospital, The Cardiovascular Research Foundation, 111 E. 59th Street, 11th Floor, New York, NY 10022, USA

Received 30 July 2015; revised 27 November 2015; accepted 4 December 2015

Interaction analysis in the dual antiplatelet therapy trial for the risk of (i) definite or probable stent thrombosis, (ii) major adverse cardiac and cerebrovascular events (death, myocardial infarction, or stroke), and (iii) major bleeding between the type of drug-eluting stent and dual antiplatelet therapy duration.



Tullio Palmerini, and Gregg W. Stone Eur Heart J 2016;37:353-364

Estimates of risk in the intention to treat population in the meta-analysis by Palmerini et al. for (A) all-cause mortality and (B) cardiac mortality between shorter and longer dual antiplatelet therapy.

**A**

Study

ARCTIC Interruption

DAPT

DES LATE

EXCELLENT

ISAR SAFE

ITALIC

OPTIMIZE

PRODIGY

RESET

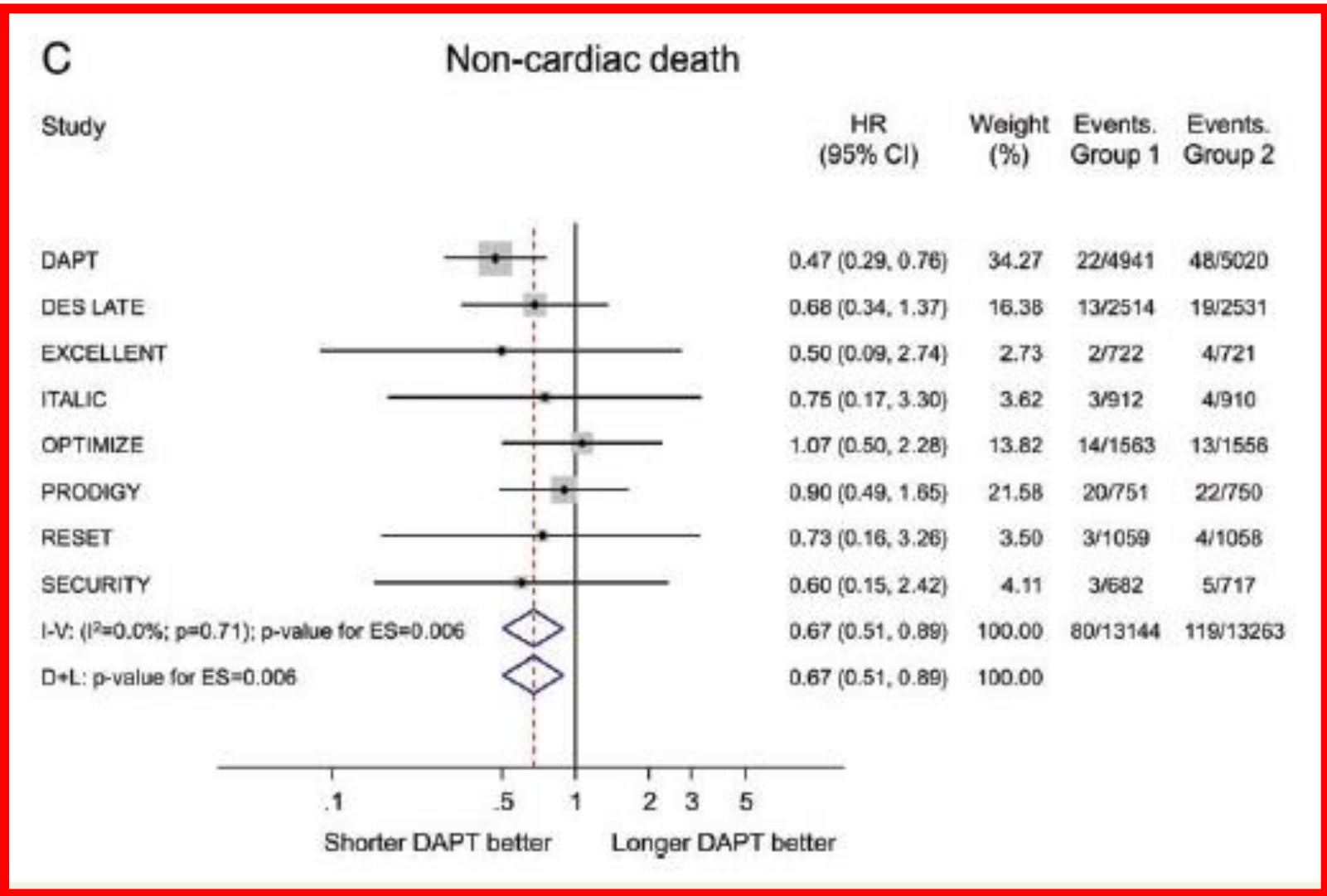
SECURITY

I-V: ( $I^2=0.0\%$ ,  $p=0.93$ ); p-value for ES=0.02

D+L: p-value for ES=0.02

.1

Shorter DAPT



CI)

Weight (%)

Events, Group 1

Events, Group 2

1.53) 35.40 52/4941 50/5020

1.23) 15.69 19/2514 28/2531

3.99) 1.68 2/722 3/721

6.97) 2.65 5/912 3/910

1.49) 21.79 29/1563 32/1556

1.58) 18.14 25/751 27/750

2.73) 1.88 2/1059 4/1058

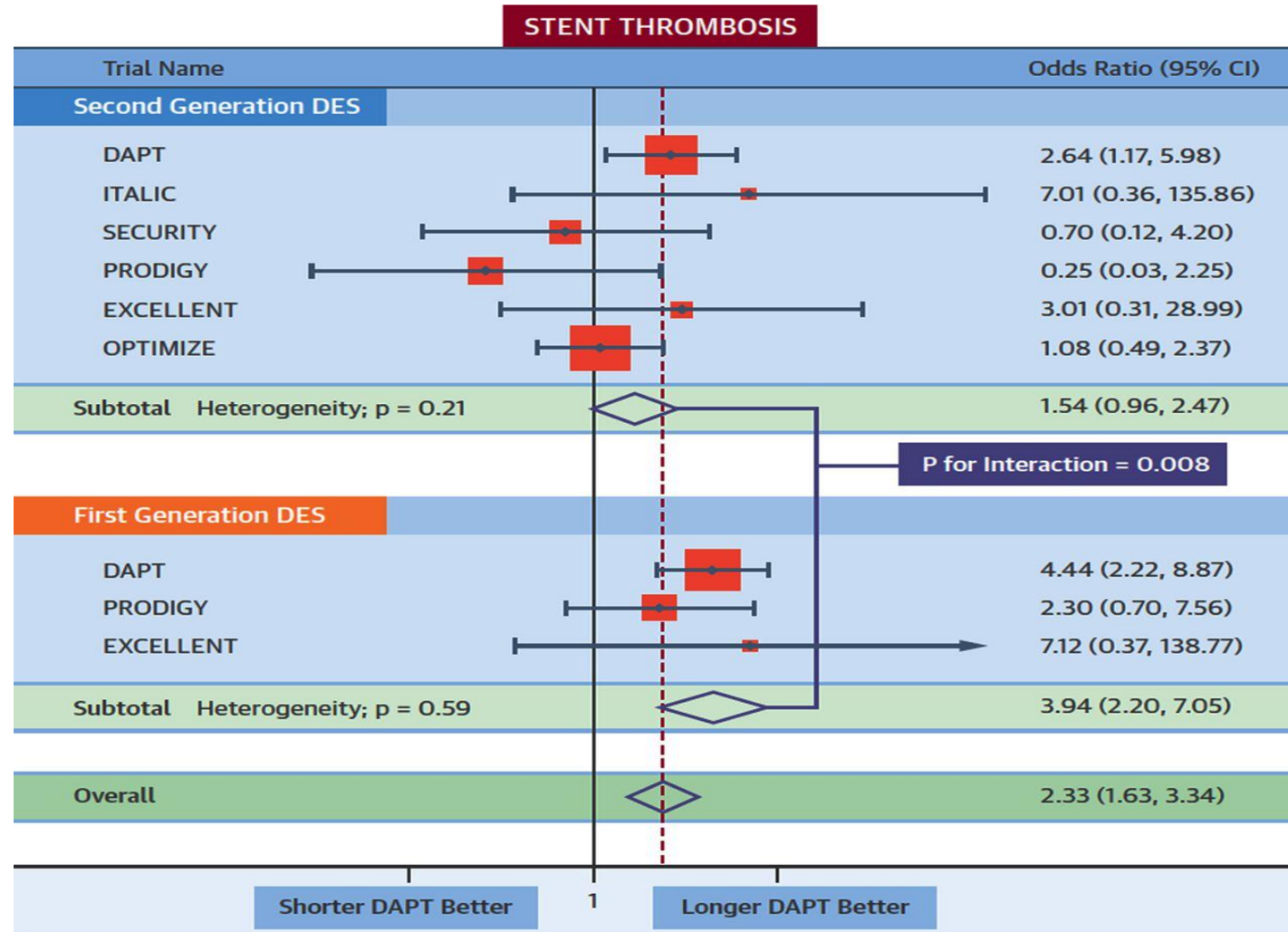
6.59) 2.81 5/682 3/717

1.17) 100.00 139/13144 150/13263

1.17) 100.00

Tullio Palmerini, and Gregg W. Stone Eur Heart J 2016;37:353-364

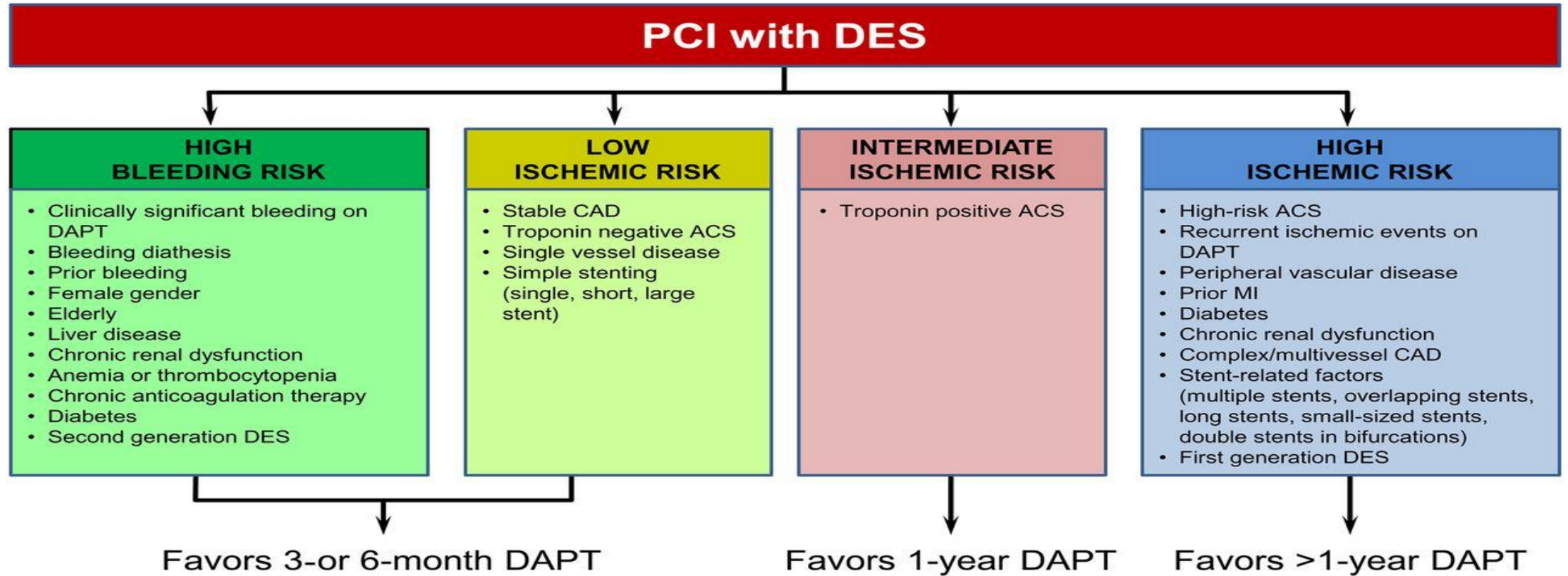
# Interaction analysis from the meta-analysis by Giustino et al. between the type of drug-eluting stent and dual antiplatelet therapy duration on the risk of definite or probable stent thrombosis.



Tullio Palmerini, and Gregg W. Stone Eur Heart J 2016;37:353-364



# Comprehensive evaluation of bleeding and ischaemic risk factors related to dual antiplatelet therapy duration after drug-eluting stent implantation.



Tullio Palmerini, and Gregg W. Stone Eur Heart J 2016;37:353-364



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CARDIOLOGY\*

European Heart Journal (2016) 37, 344–352

doi:10.1093/eurheartj/ehv377

REVIEW

*Clinical update*

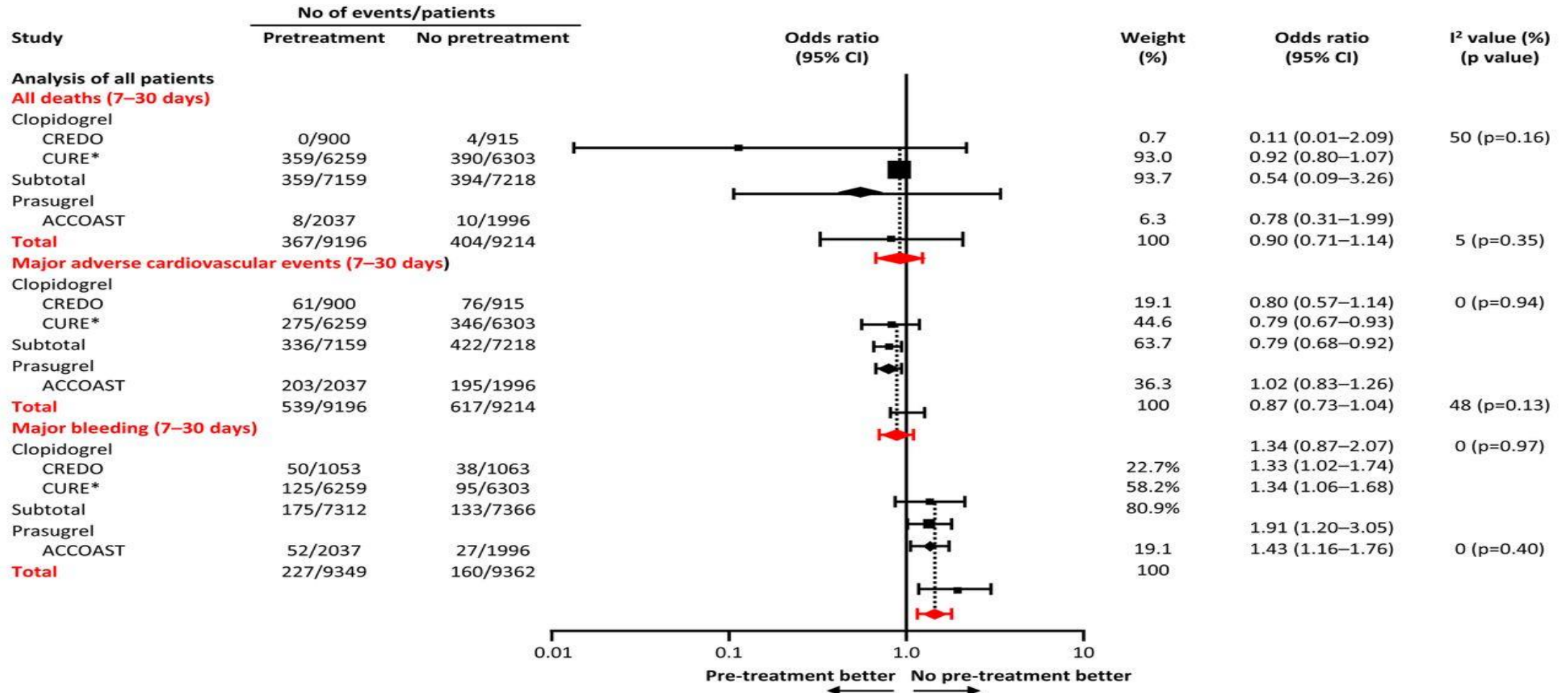
# Oral dual antiplatelet therapy: what have we learnt from recent trials?

**Gilles Montalescot<sup>1\*</sup> and Marc S. Sabatine<sup>2</sup>**

<sup>1</sup>ACTION Study Group, Institute of Cardiology, Pitié-Salpêtrière Hospital (AP-HP), Université Paris-6, Paris 75013, France; and <sup>2</sup>TIMI Study Group, Division of Cardiovascular Medicine, Brigham & Women's Hospital and Harvard Medical School, Boston, MA, USA

Received 8 June 2015; revised 14 July 2015; accepted 21 July 2015; online publish-ahead-of-print 6 August 2015

# Meta-analysis reporting the benefit and risk of pre-treatment with P2Y12 antagonists in NSTEMI-ACS, irrespective of the revascularization strategy.

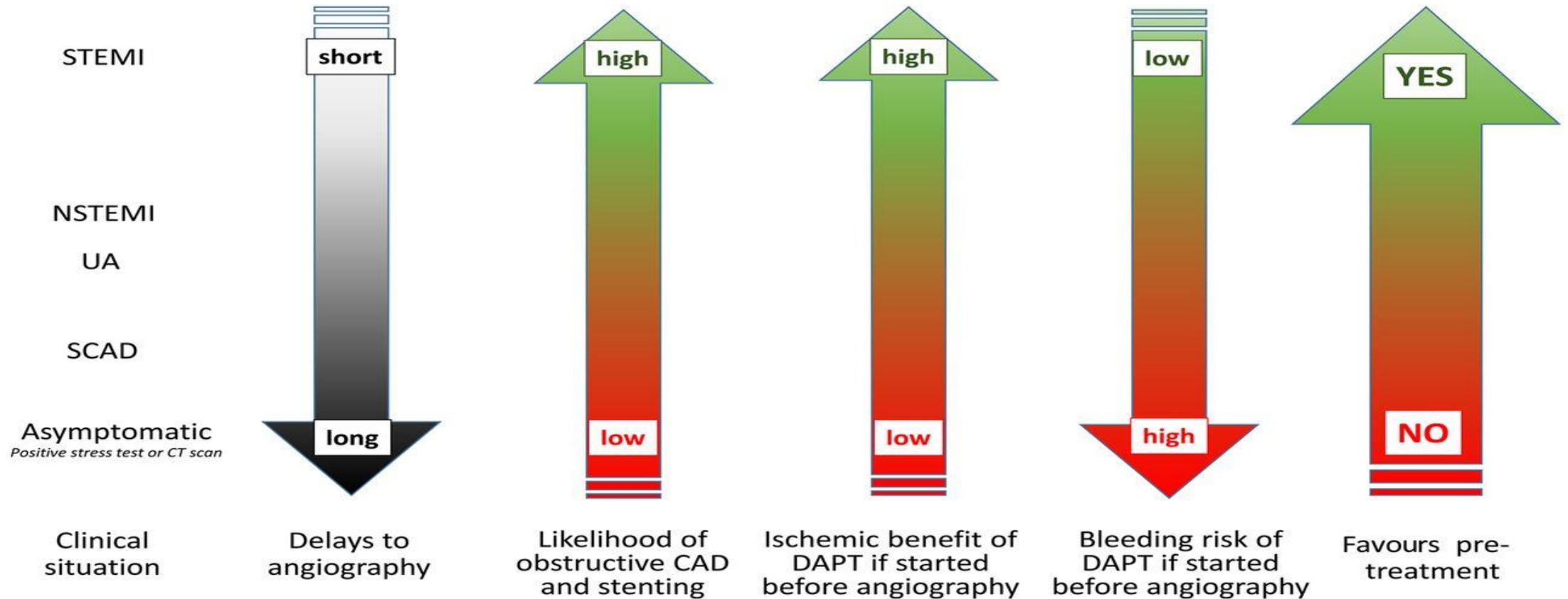


\*Endpoint at 9 months

Bellemain-Appaix et al. *BMJ* 2014;349:g6269

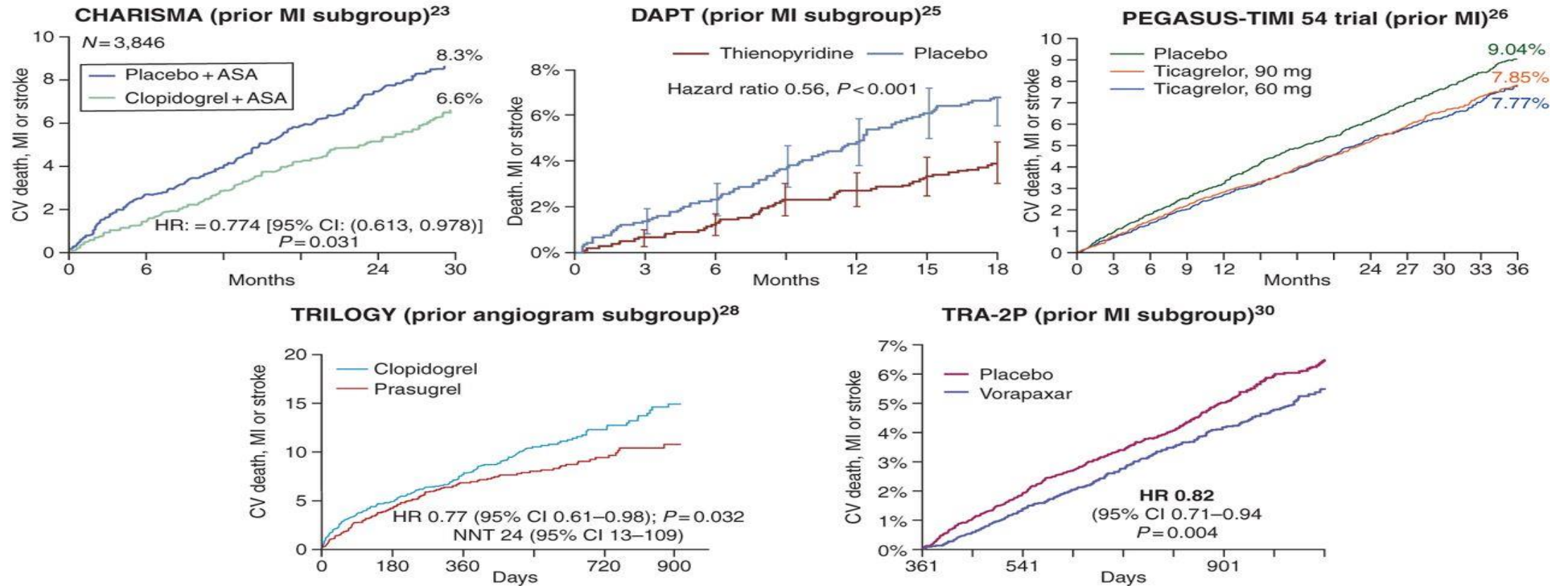
Gilles Montalescot, and Marc S. Sabatine *Eur Heart J* 2016;37:344-352

The benefit and risk of pre-treatment depends on the clinical presentation of the patient and the time to angiography.



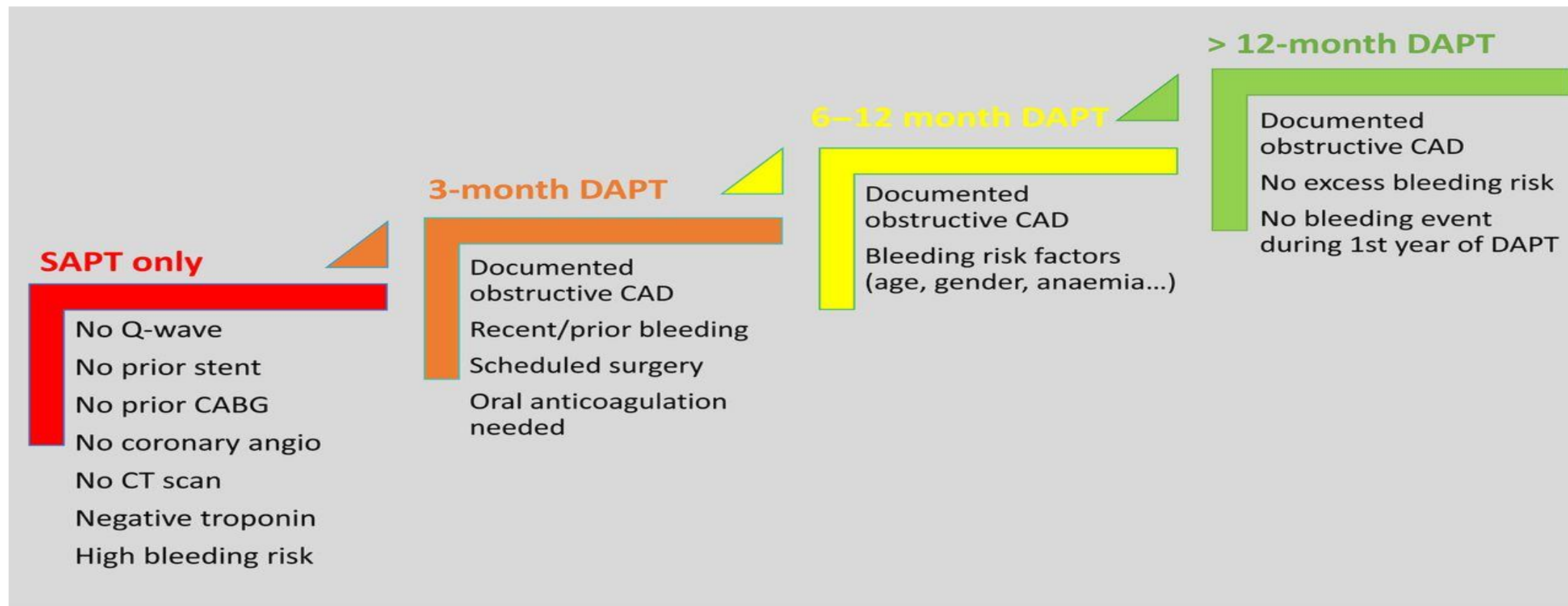
Gilles Montalescot, and Marc S. Sabatine Eur Heart J 2016;37:344-352

**Results of the five studies which tested stronger antiplatelet therapy beyond 1 year vs. standard of care, in patients with proven coronary artery disease (prior myocardial infarction or angiographically proven coronary artery disease).**



Gilles Montalescot, and Marc S. Sabatine Eur Heart J 2016;37:344-352

The proposed algorithm for the decisions concerning the use and duration of dual antiplatelet therapy in acute coronary syndrome patients, irrespective of the use of stents.



Gilles Montalescot, and Marc S. Sabatine Eur Heart J 2016;37:344-352

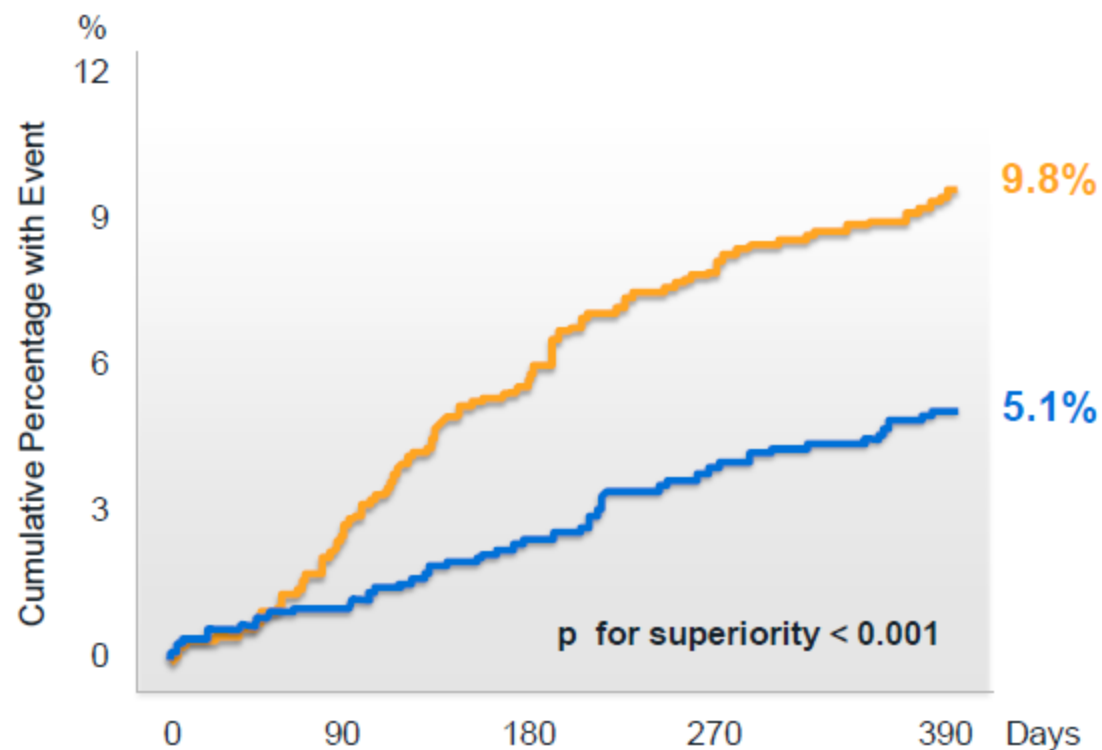
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# LEADERS *FREE*

## Biolimus-Coated vs. Bare-Metal Coronary Stents in High Bleeding Risk Patients

Philip Urban, Alexandre Abizaid, Ian T. Meredith,  
Stuart J. Pocock, Didier Carrié, Christoph Naber,  
John Gregson, Samantha Greene, Hans Peter Stoll  
and Marie-Claude Morice for the LEADERS FREE Investigators

## Primary Efficacy Endpoint (Clinically-Driven TLR)



### Number at Risk

DCS	1221	1167	1130	1098	1053
BMS	1211	1131	1072	1034	984

390 days chosen for assessing primary EP to capture potential events driven by the 360 day FU contact



2016 | euro  
**PCR**

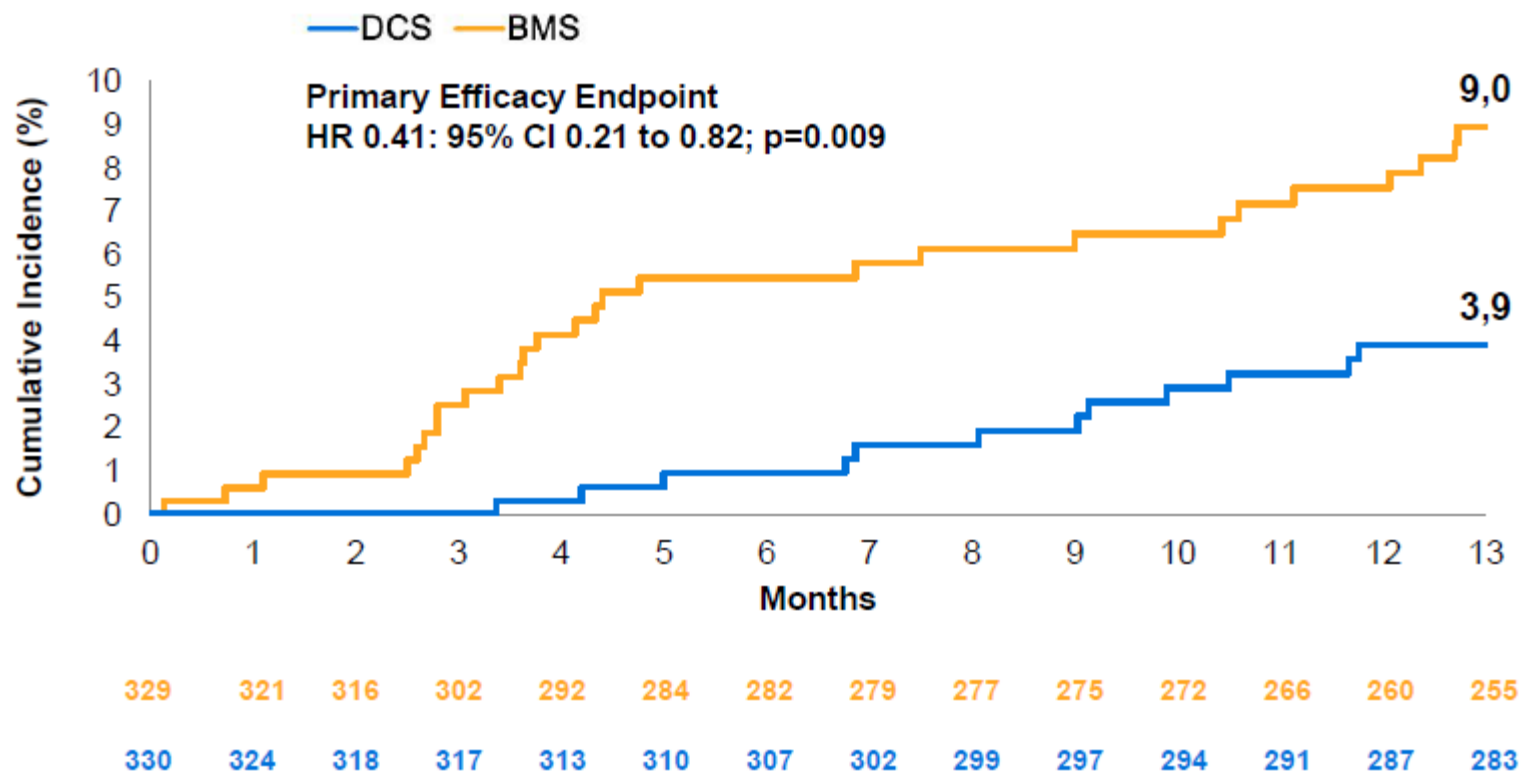
# LEADERS FREE - ACS -

CK Naber, P Urban, PJ Ong, M Valdes-Chavarri, A Abizaid, SJ Pocock, F  
Fabbicchi, C Dubois, S Copt, S Greene and MC Morice  
for the LEADERS FREE Investigators



## LEADERS FREE ACS

Clinically driven Target Lesion Revascularization - 12 Month FU





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## Conclusões

- DAPT reduz os desfechos CV pós SCA e/ou Angioplastia Coronariana
- Em pacientes estáveis pós ATC com DES de última geração a DAPT deve ser mantida por até 6 meses
- DAPT de longa duração pode ser razoável em pacientes com baixo risco de sangramento e que tolerem bem os fármacos
- Para pacientes pós SCA DAPT prolongada traz benefício e portanto é razoável ser mantida enquanto a terapia for bem tolerada
- O ideal é que a terapia seja individualizada e que o risco vs benefício seja reavaliado periodicamente