



Nitric Oxide for Inhalation to Reduce Reperfusion Injury in STEMI - NOMI

*Stefan P. Janssens, MD, PhD on behalf of the **NOMI** investigators:*

K.D. Bloch, MD, J. Bogaert, MD, PhD, B. Merkely, MD, PhD,

F. Van de Werf, MD, PhD, P. Vranckx, MD, PhD, J. Zalewski, MD, PhD



Krakowski Szpital Specjalistyczny
im. Jana Pawła II

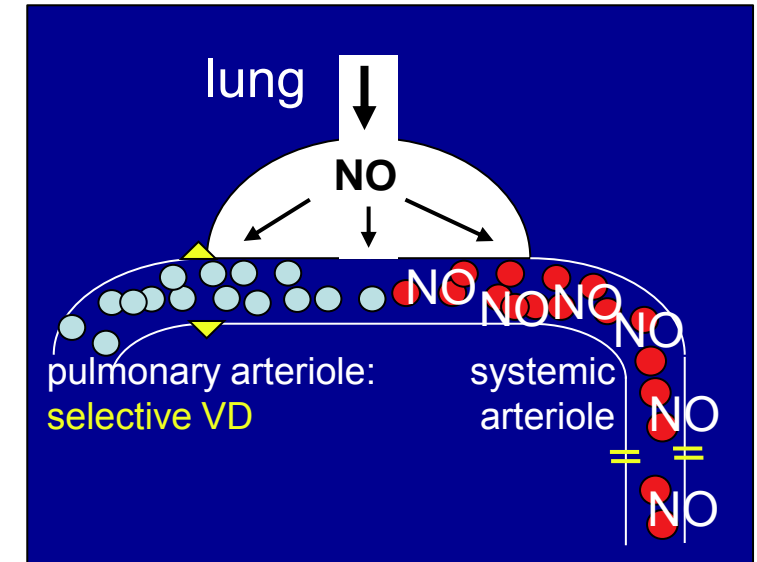
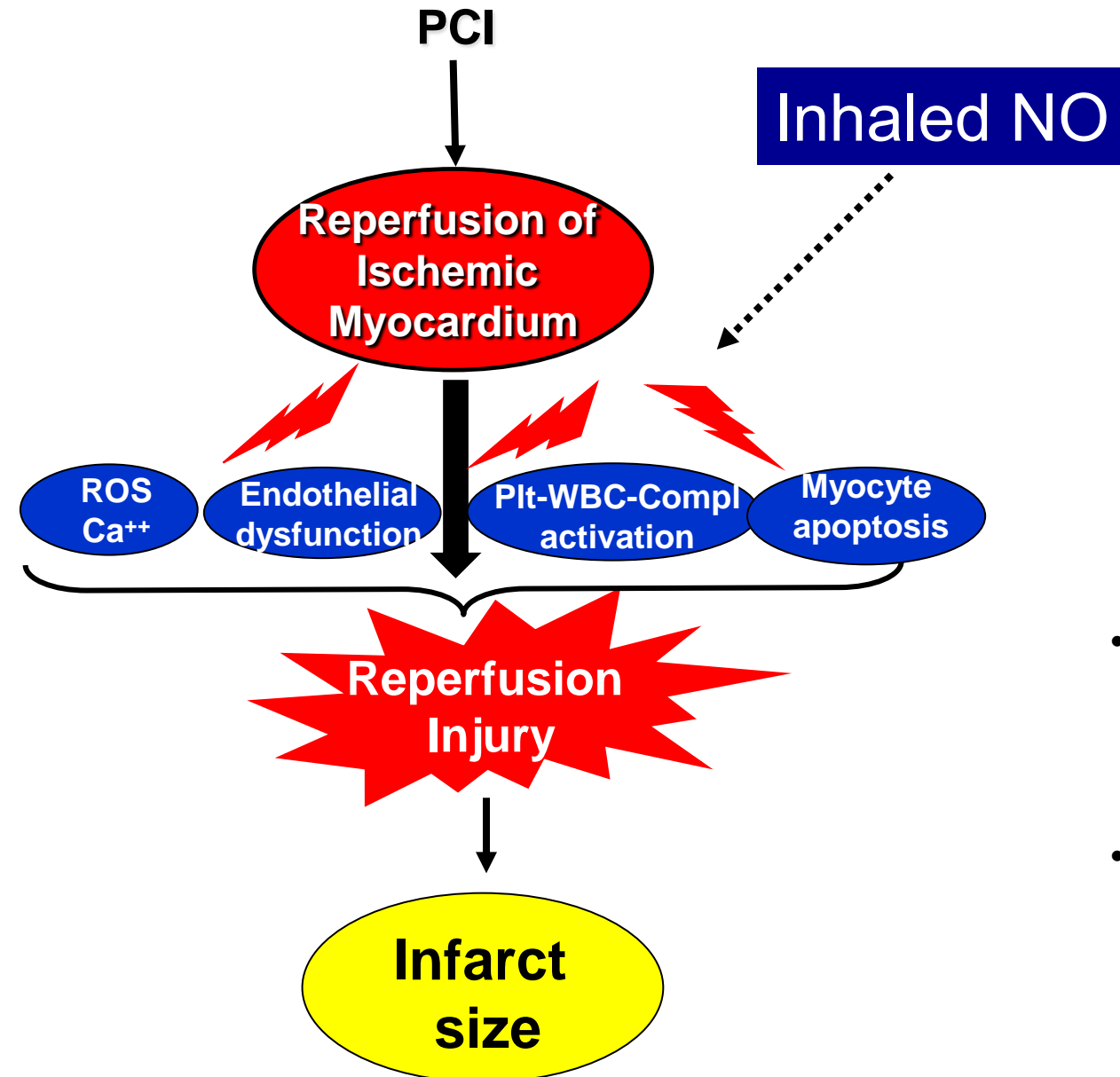


Hartcentrum Hasselt

DECLARATION OF INTEREST

Research contract: preclinical study in pigs

Inhaled NO for Cardioprotection during Ischemia



- Inhalation of 40 and 80 ppm NO for 24h reduced IS/AAR in mice
(Hataishi R et al. *AJ P Heart Circ Physiol.* 2006;
Nagasaka Y et al. *Anesthesiology.* 2008)
- Inhalation of 80 ppm NO for 4h reduced IS/AAR and improved functional recovery in pigs, while 2 ug/kg/min IV NTG failed to do so.
(X. Liu et al. *JACC* 2007)

NOMI: hypothesis and design

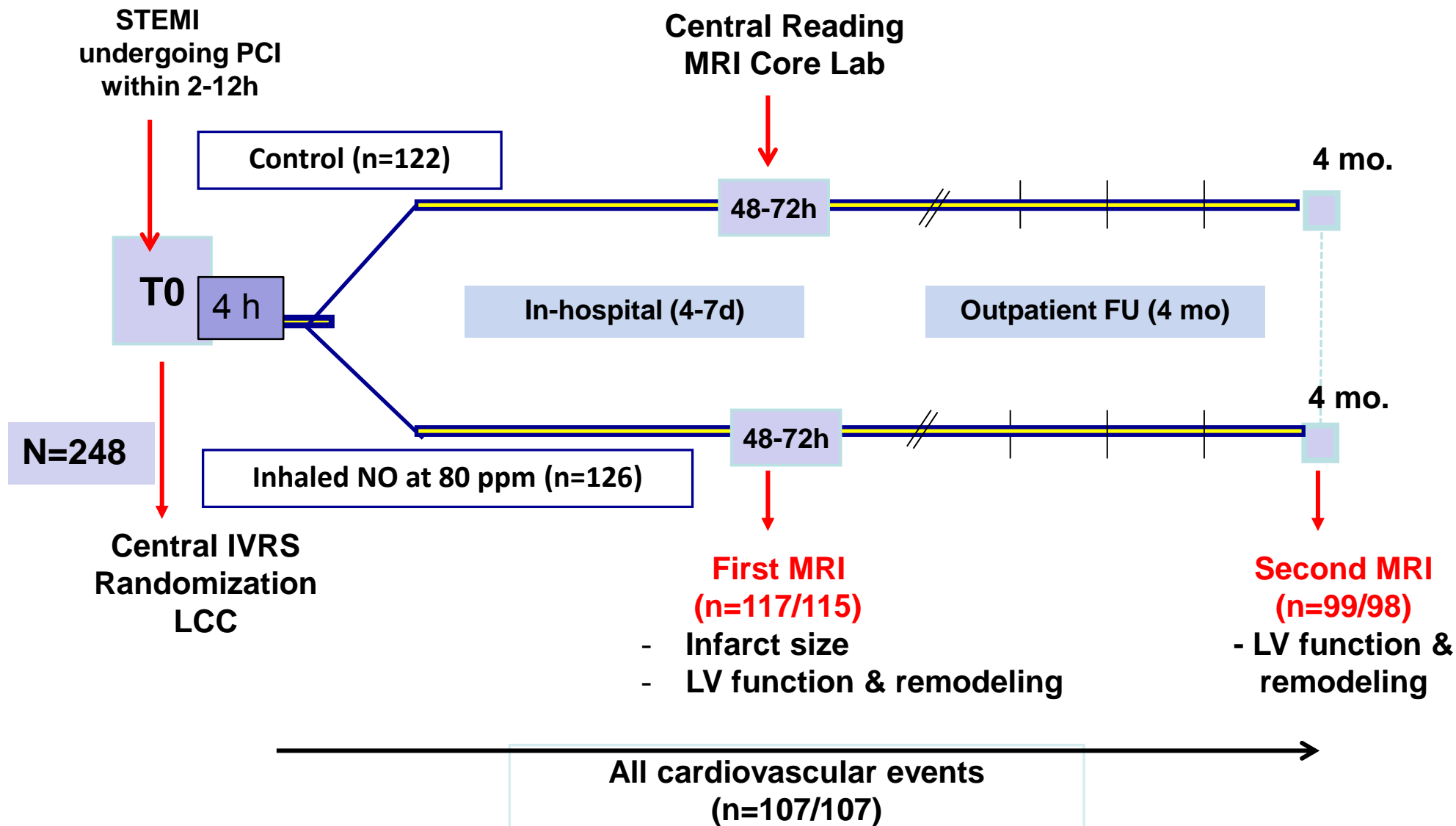
- In STEMI patients with successful percutaneous coronary intervention (PCI), inhalation of NO reduces infarct size (IS), and improves LV functional and structural recovery.
- **Phase II, multicentre, double-blind, RCT**
- **Inclusion criteria:**
 - presenting within 2-12 h of first STEMI
 - no heart failure or abnormal O₂ sat
 - signed informed consent

Pre-specified subgroups for primary EP:

- TIMI flow grade
- Culprit lesion: LAD vs non-LAD
- Time symptom onset to PCI < or > 6h
- Troponin level on admission
- **Use of systemic nitroglycerin (IA/IC)**
- **Use of glycoprotein IIb/IIIa antagonists**



NOMI: Study design



NOMI Baseline and Procedural characteristics (Full Analysis Set)

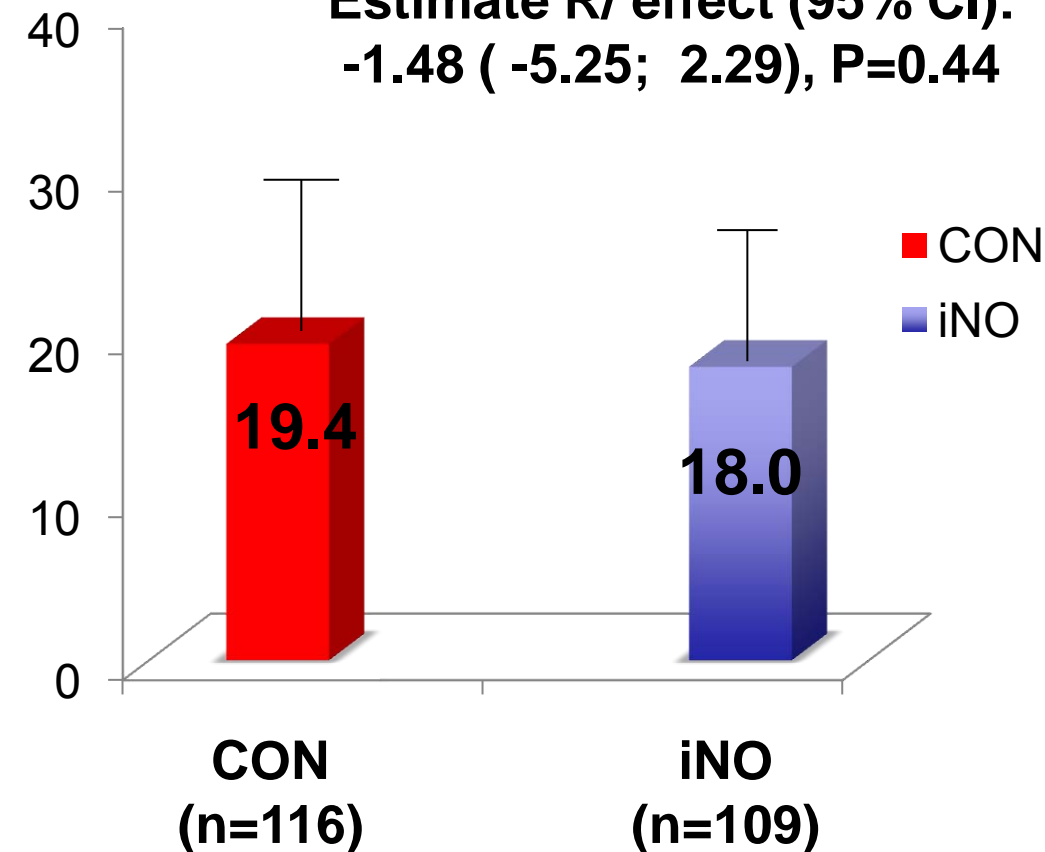
	iNO (n=122)	CON (n=127)	P-value
Age (mean, SD)	63 (13)	60 (11)	0.19
Female n(%)	44 (36)	33 (26)	0.09
Hypertension n(%)	75 (61)	72 (57)	0.44
Hyperlipidaemia n(%)	55 (45)	60 (47)	0.73
Type 2 Diabetes n(%)	15 (12)	13 (10)	0.61
Current smoker n(%)	57 (47)	56 (44)	0.76
Time from symptom to Tx, (mean,SD) (h)	4.4±2.5	4.5±2.8	0.91
TIMI grade 0-1 pre PCI, n(%)	83 (68)	89 (70)	0.68
Anterior location, n(%)	52 (43)	55 (43)	0.66
IA/IC NTG use, n(%)	56 (46)	60(47)	0.89
GP IIb/IIIa use, n(%)	48 (39)	54 (43)	0.69
Methemoglobin (%)	1.06 (0.41)	0.68 (0.31)	-

(no treatment related clinical adverse event during study drug administration)

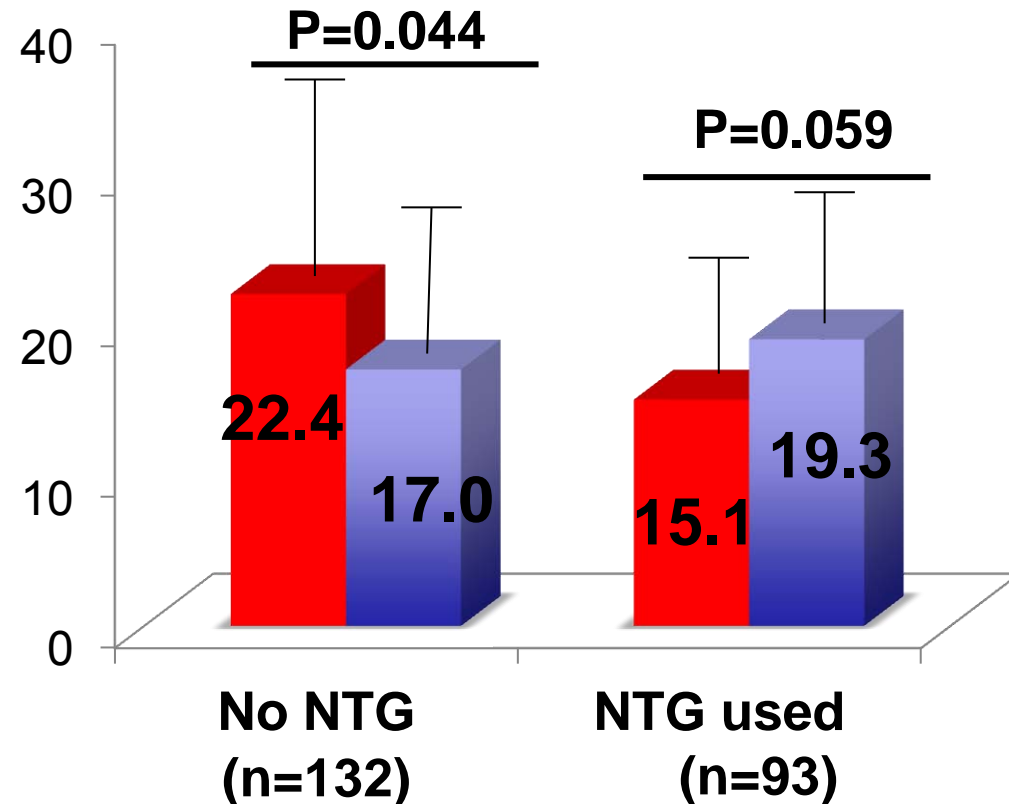
NOMI: Treatment effect of inhaled NO on relative Infarct Size in STEMI

IS/LV mass
(%)

Estimate R/ effect (95% CI):
-1.48 (-5.25; 2.29), P=0.44



Interaction by NTG: P=0.0139

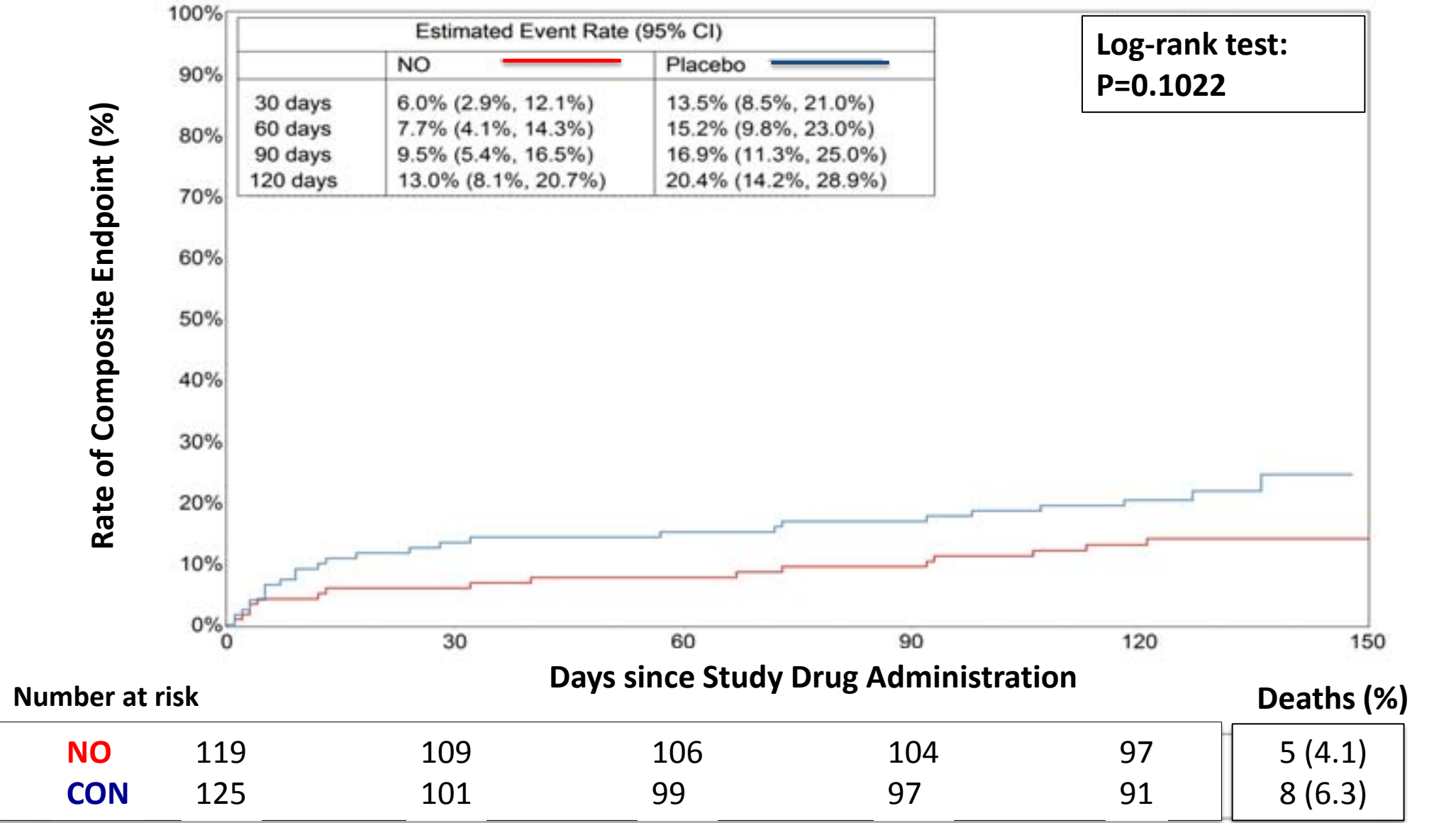


NOMI: secondary CMR endpoints at 48-72h and 4 mo

	NO Mean (sd)	CON Mean (sd)	Effect size: estimates or Odds Ratio (95% CI)	P-value
Secondary EP:				
- IS/Area at risk (%)	53 (26)	60 (26)	-6.8 (-14.8, 1.3)	0.09
- Myocardial salvage index (%)	47 (26)	40 (26)	6.8 (-1.3, 14.8)	0.09
- Myocardial haemorrhage n (%)	14 (13)	23 (21)	0.58 (0.28, 1.20)	0.14
LV remodeling 48-72h				
- LV-ESVi (mL/m ²)	41 (14)	44 (18)	0.93 (0.85, 1.02)	0.10
- LV-EDVi (mL/m ²)	79 (16)	82 (19)	0.97 (0.91, 1.02)	0.21
LV remodeling 4 mo				
- LV-ESVi (mL/m ²)	41 (16)	46 (21)	0.898 (0.807, 0.999)	0.048
- LV-EDVi (mL/m ²)	84 (18)	90 (22)	0.943 (0.886, 1.003)	0.063

NOMI: Kaplan-Meier for Composite Endpoint

(death, recurrent ischemia, stroke or rehospitalization)



Summary and Conclusions:

NO for Inhalation in Myocardial Infarction

- In timely reperfused STEMI, inhalation of NO on top of standard treatment was safe but did not reduce infarct size expressed as % LV mass.
- In a pre-specified subgroup analysis, we found statistically significant heterogeneity of the iNO effect on IS in relation to periprocedural NTG use. iNO reduced infarct size in NTG naïve patients ($P = 0.044$), whereas it increased IS in patients that received NTG during the procedure.
- Inhaled NO showed a trend towards greater myocardial salvage index, and enhanced functional recovery, which was more accentuated over time.
- Our data suggest that iNO might reduce infarct size in NTG naïve patients. This pre-specified subgroup finding, together with a robust safety profile and promising clinical trends, needs independent corroboration in future studies.