



XIV Jornadas SOLACI **5º Región Cono Sur**

STEMI y MVD Nuevos paradigmas



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No tengo conflicto de intereses que,
declarar respecto a esta presentación

Objetivos en STEMI

```
graph TD; A[Objetivos en STEMI] --> B[Restaurar tempranamente el flujo en la arteria responsable]; B --> C[Disminuir el tamaño del infarto  
Preservar la función ventricular]; C --> D[Mejorar la sobrevida];
```

Restaurar tempranamente el flujo
en la arteria responsable

Disminuir el tamaño del infarto
Preservar la función ventricular

Mejorar la sobrevida

MVD en STEMI

Background

- ✓ **Enfermedad de MV presente en 40-65% de los STEMI**

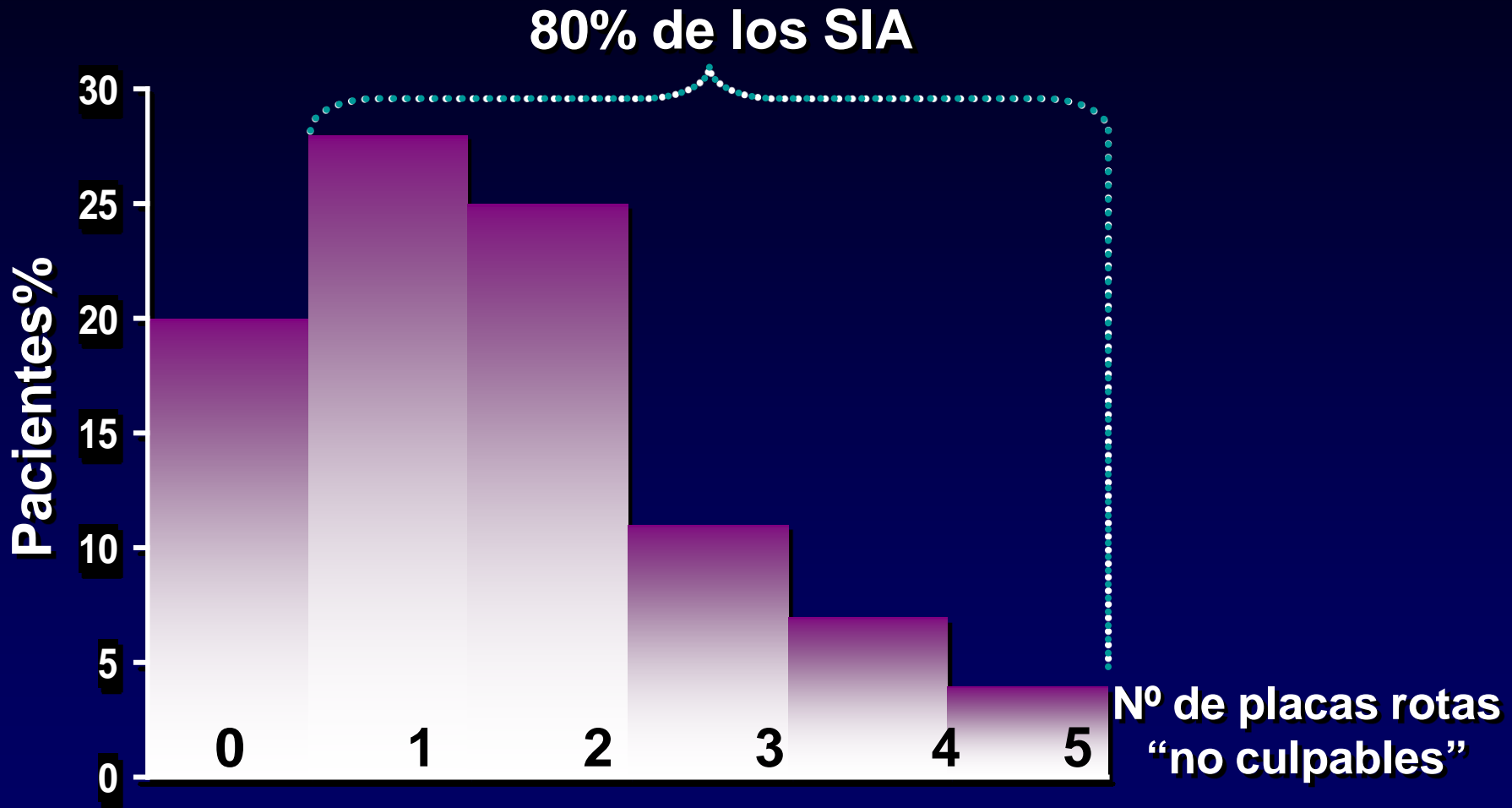
Los pacientes con STEMI y MVD presentan:

- ✓ **Peor función del VI post STEMI**
- ✓ **Mayor mortalidad post STEMI**

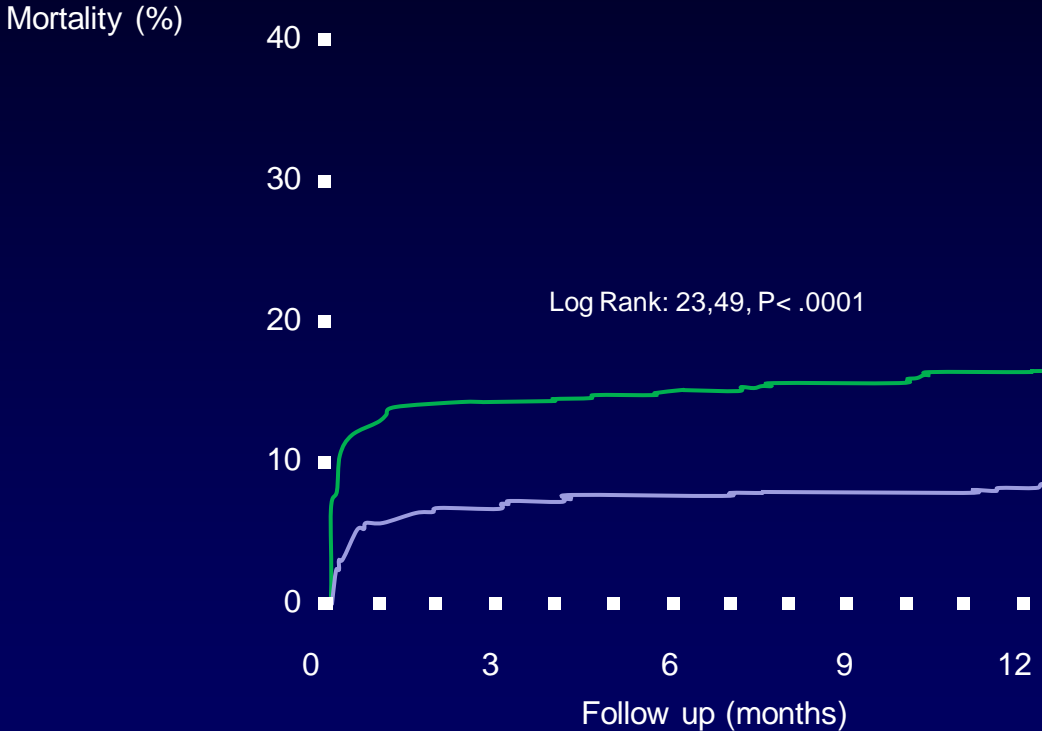
Algunos puntos importantes

- ✓ Muchos pacientes sometidos a PCI por STEMI, tienen múltiples placas complejas que causan angina recurrente y requieren nueva PCI
(Goldstein et al NEJM 2000)
- ✓ El flujo en las lesiones no culpables, está enlentecido en el STEMI
(Gibson et al JACC 1999), increasing amt of jeopardized Myocardium
- ✓ Mejorar la función en los segmentos no infartados mejora la supervivencia
(Grines et al Circulation 1989)
- ✓ La hipercontractilidad compensatoria de los segmentos no infartados, puede comprometerse por lesiones significativas de los vasos no culpables del STEMI
(Grines et al Circulation 1989)

Pacientes vulnerables

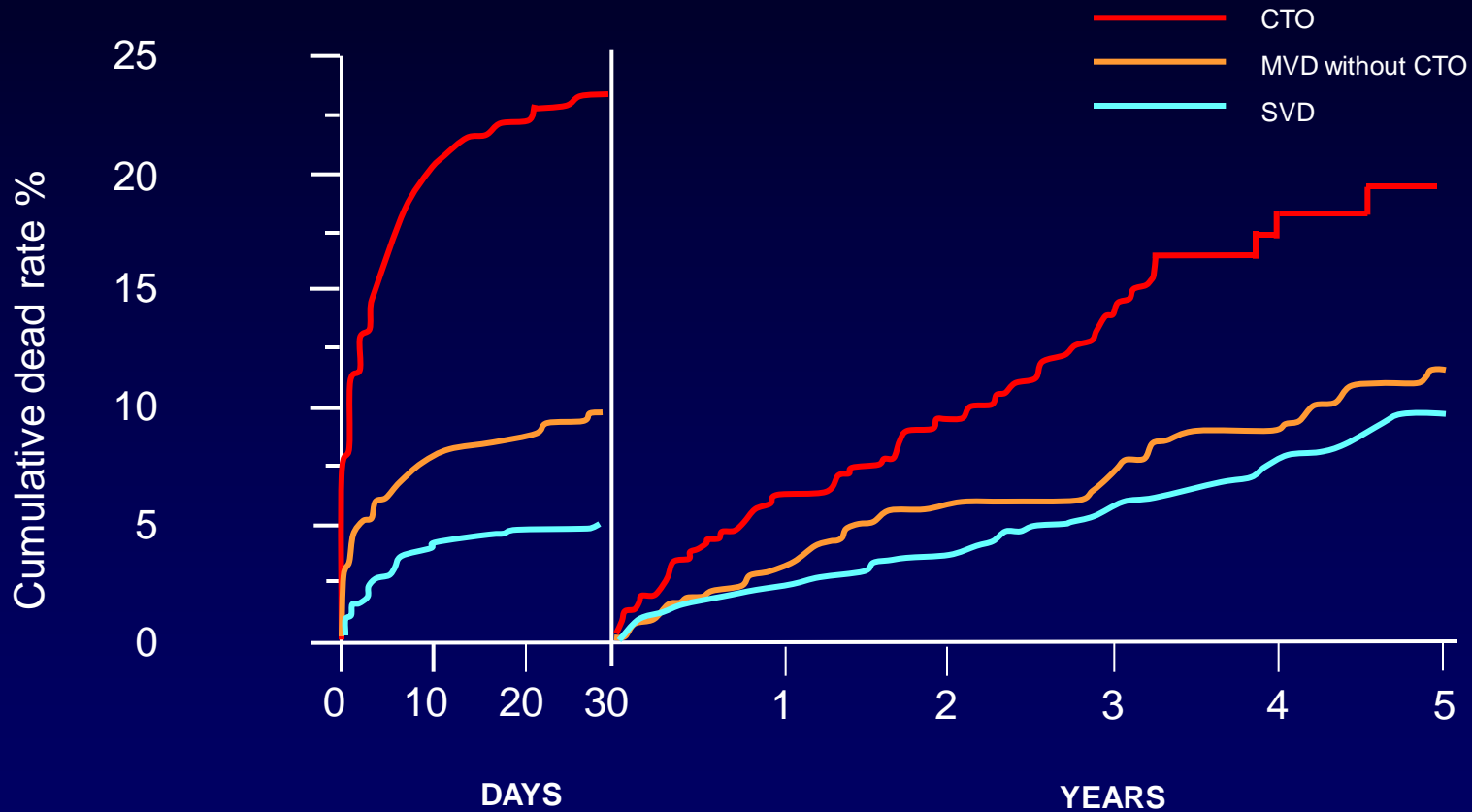


MVD in STEMI



Impact of a CTO in STEMI

(3277 patients)



MVD in STEMI

```
graph TD; A[MVD in STEMI] --> B["WAIT @ SEE; COOL DOWN  
(Ischemia or bad clinical outcome  
driven revascularization)"]; A --> C[COMPLETE REVASCULARIZATION]; B --> D["Stress testing before discharge?"]; B --> E["Stress testing during F/UP?"];
```

WAIT @ SEE; COOL DOWN
(Ischemia or bad clinical outcome
driven revascularization)

COMPLETE REVASCULARIZATION

Stress testing before discharge?

Stress testing during F/UP?

No differences

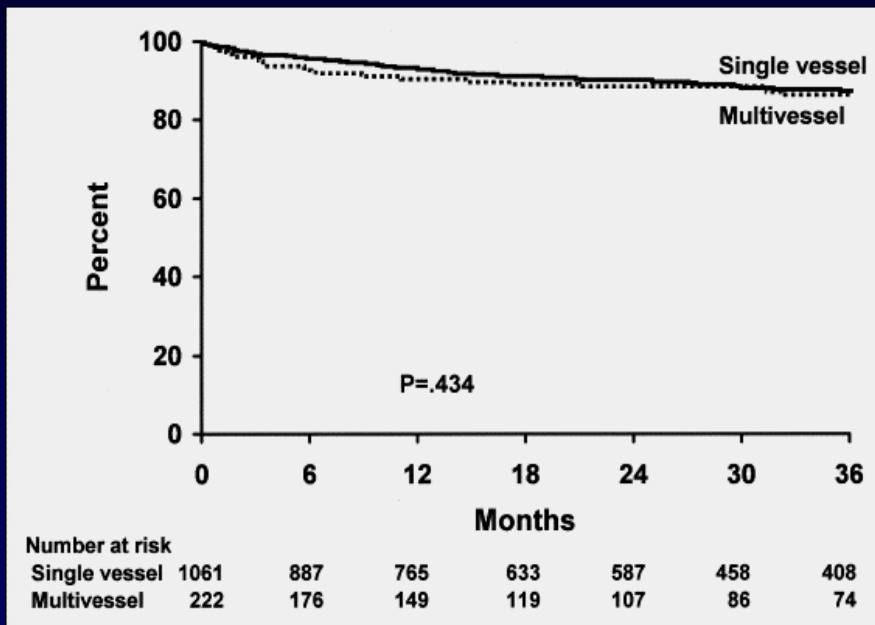
	CR (n=28)	IR (n=25)	P
<i>In-hospital</i>			
Technical success ^a , n (%)	27 (96)	24 (96)	NS
Clinical success ^b , n (%)	26 (93)	23 (92)	NS
AMI, n (%)	1 (3)	1 (4)	NS
Death, n (%)	1 (3)	1 (4)	NS
<i>FU</i>			
Death for any cause (%)	1 (3)	1 (4)	NS
Noncardiovascular death (%)	1 (3)	0 (0)	NS
AMI (%)	0 (0)	1 (4)	NS
Re-PTCA for restenosis (TLR) (%)	3 (11)	3 (13)	NS
Re-PTCA for the novo lesions (%)	0 (0)	1 (4)	0.09
CABG (%)	1 (3)	0 (0)	NS

^a Residual lesion <10%.

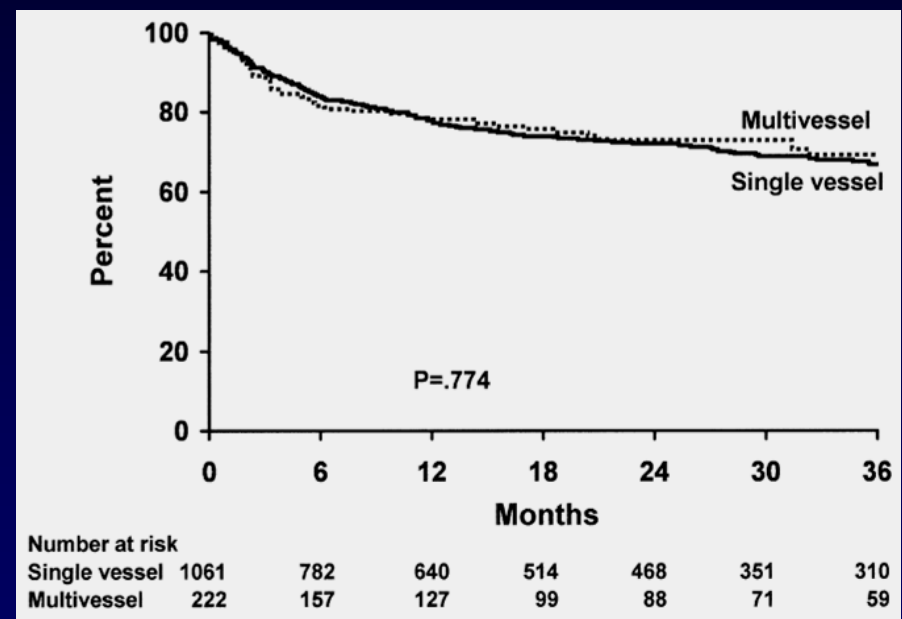
^b Technical success without MACE.

No differences

Survival



Survival free of MI or new revascularization



CR Worst

	IRA only PCI	Multivessel PCI	P
No.	354	152	
Procedural complications			
Acute occlusion	0 (0%)	0 (0%)	1.00
Perforation	0 (0%)	0 (0%)	1.00
Procedure-related CVA	3 (0.8%)	0 (0%)	.26
Major bleed	26 (7.3%)	7 (4.6%)	.25
Vascular complications	21 (5.9%)	6 (3.9%)	.36
Urgent CABG	0 (0%)	1 (0.7%)	.12
Inhospital mortality	20 (5.6%)	8 (5.3%)	.86
30-Day outcomes			
Re-infarction	2 (0.6%)	14 (9.2%)	<.001
Target vessel revascularization	28 (8.0%)	9 (5.9%)	.43
CABG	28 (8.0%)	4 (2.6%)	.02
Mortality	23 (6.5%)	15 (9.9%)	.19
MACE	52 (15%)	33 (22%)	.053
1-Year outcomes			
Re-infarction	10 (2.8%)	20 (13%)	<.001
Target vessel revascularization	53 (15%)	38 (25%)	.007
CABG	41 (12%)	10 (6.6%)	.08
Mortality	42 (12%)	17 (11%)	.82
MACE	98 (28%)	61 (40%)	.006

CR Worst

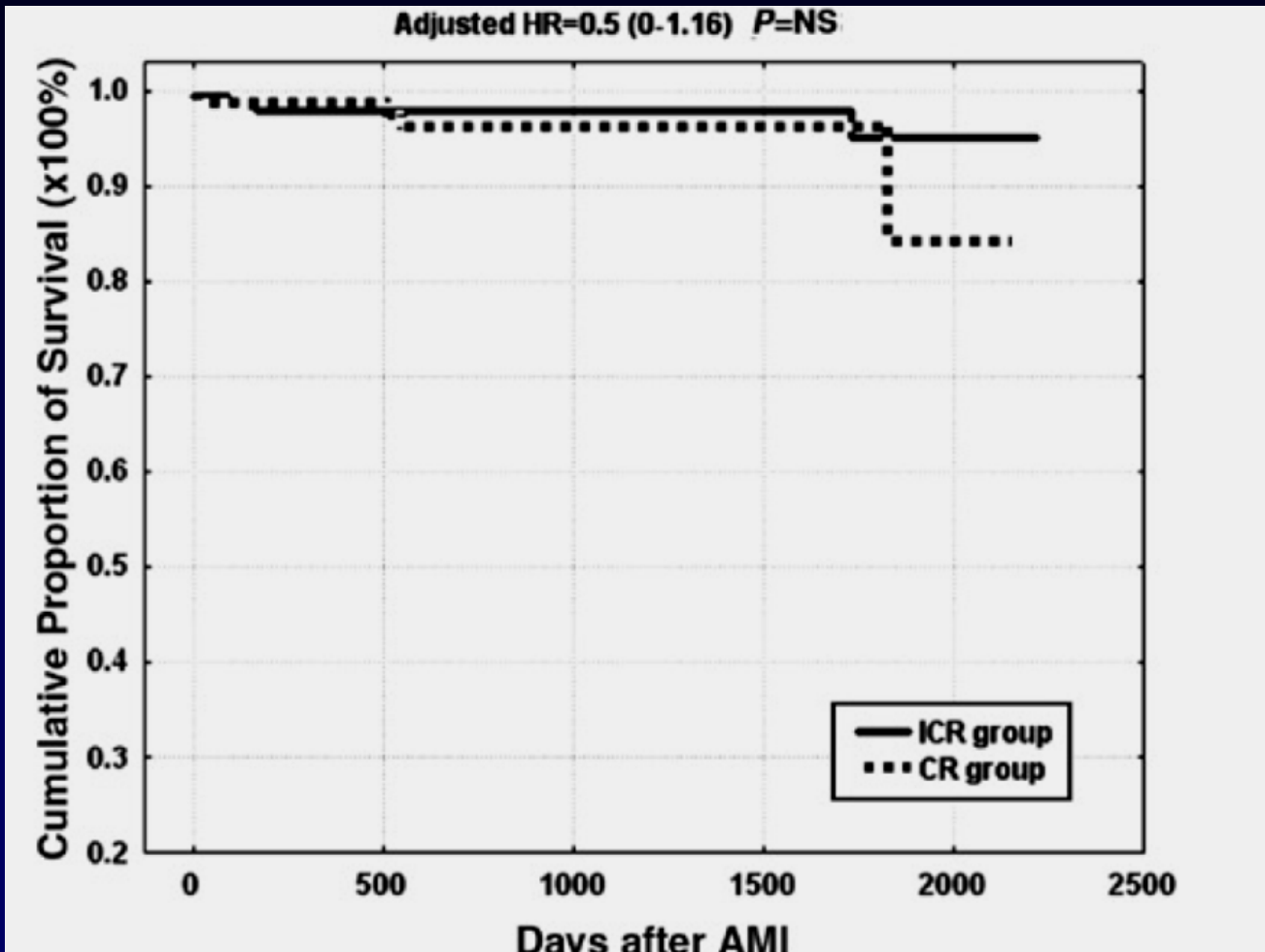
Multivessel PCI

	IRA only	Same procedure	Staged, in-hospital	P*
No.	354	26	126	
Procedural complications				
Acute occlusion	0 (0%)	0 (0%)	0 (0%)	1.00
Perforation	0 (0%)	0 (0%)	0 (0%)	1.00
CVA	3 (0.8%)	0 (0%)	0 (0%)	.52
Major bleed	26 (7.3%)	1 (3.8%)	6 (4.7%)	.51
Vascular complications	21 (5.9%)	1 (3.8%)	5 (4.0%)	.66
Urgent CABG	0 (0%)	0 (0%)	1 (0.8%)	.22
In-hospital mortality	20 (5.6%)	5 (19%)	3 (2.4%)	.003
30-Day outcomes				
Re-infarction	2 (0.6%)	0 (0%)	14 (11%)	<.001
Target vessel revascularization	28 (7.9%)	1 (3.8%)	8 (6.3%)	.66
CABG	28 (8.0%)	1 (3.8%)	2 (2.4%)	.07
Mortality	23 (6.5%)	5 (19%)	10 (7.9%)	.06
MACE	52 (14.7%)	6 (23%)	27 (21%)	.15
1-Year outcome				
Re-infarction	10 (2.8%)	1 (3.8%)	19 (15%)	<.001
Target vessel revascularization	53 (15%)	3 (12%)	35 (28%)	.004
CABG	41 (12%)	2 (7.7%)	8 (6.3%)	.21
Mortality	42 (12%)	5 (19%)	12 (9.5%)	.36
MACE	98 (28%)	9 (35%)	53 (41%)	.02

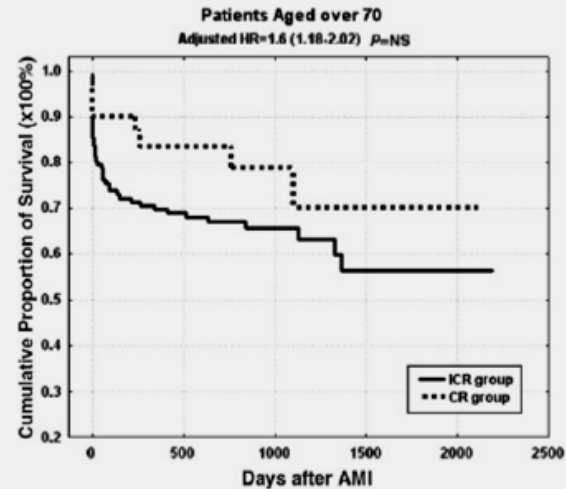
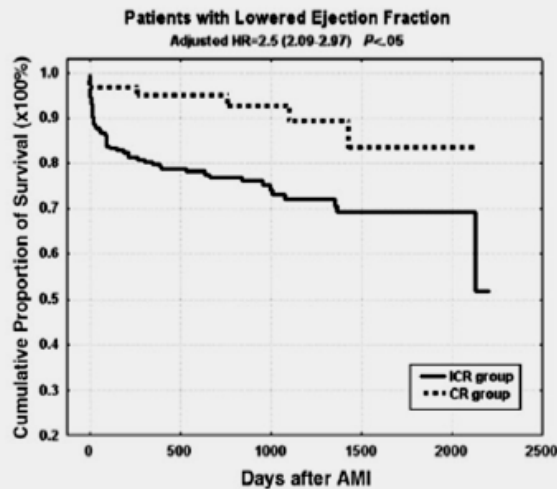
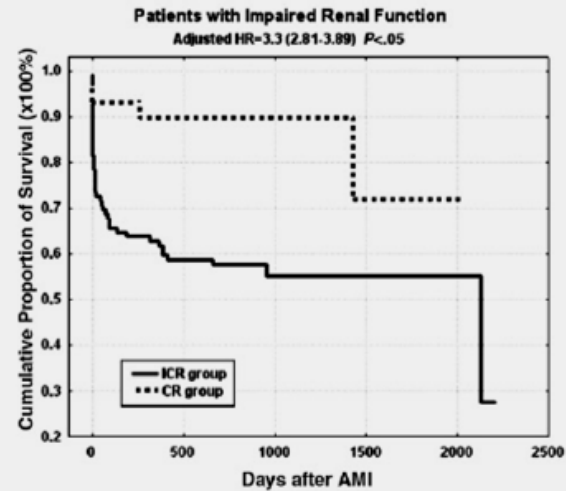
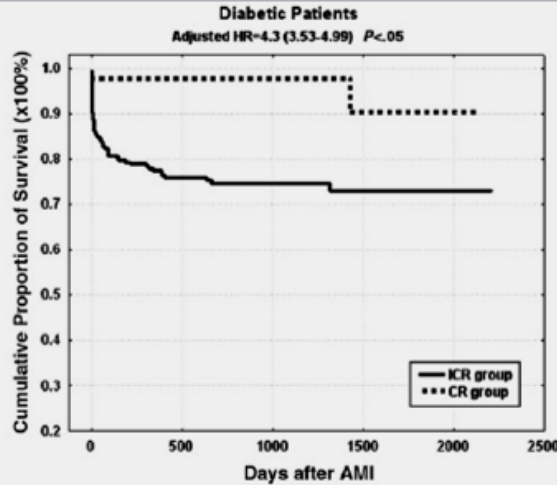
IRA, Infarct related artery; PCI, percutaneous coronary intervention; CVA, cerebrovascular accident; CABG, coronary artery bypass grafting; MACE, major adverse cardiac events.

*Comparison among all treatment groups

CR Better

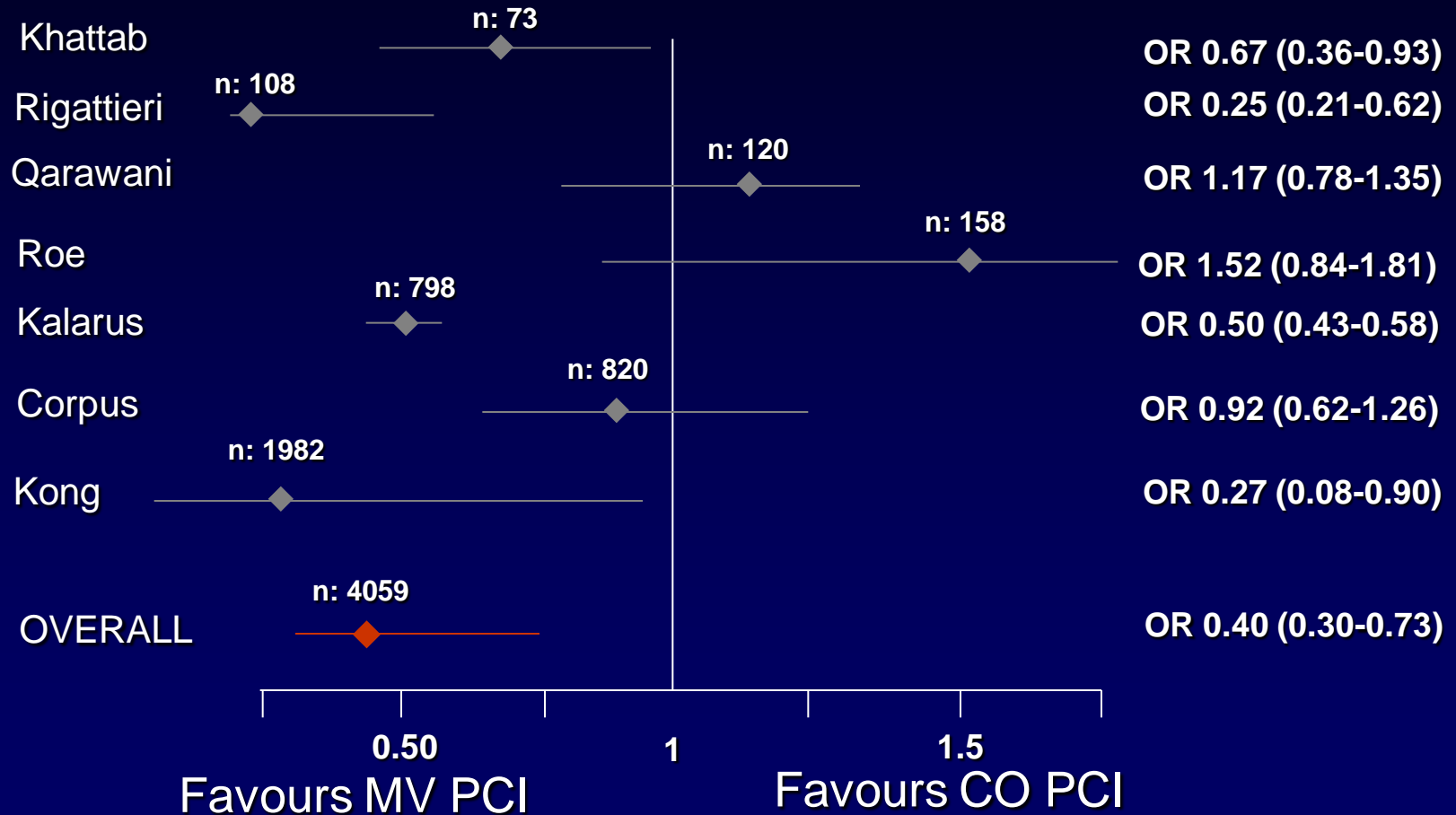


CR Better



STEMI DEATH in Registries

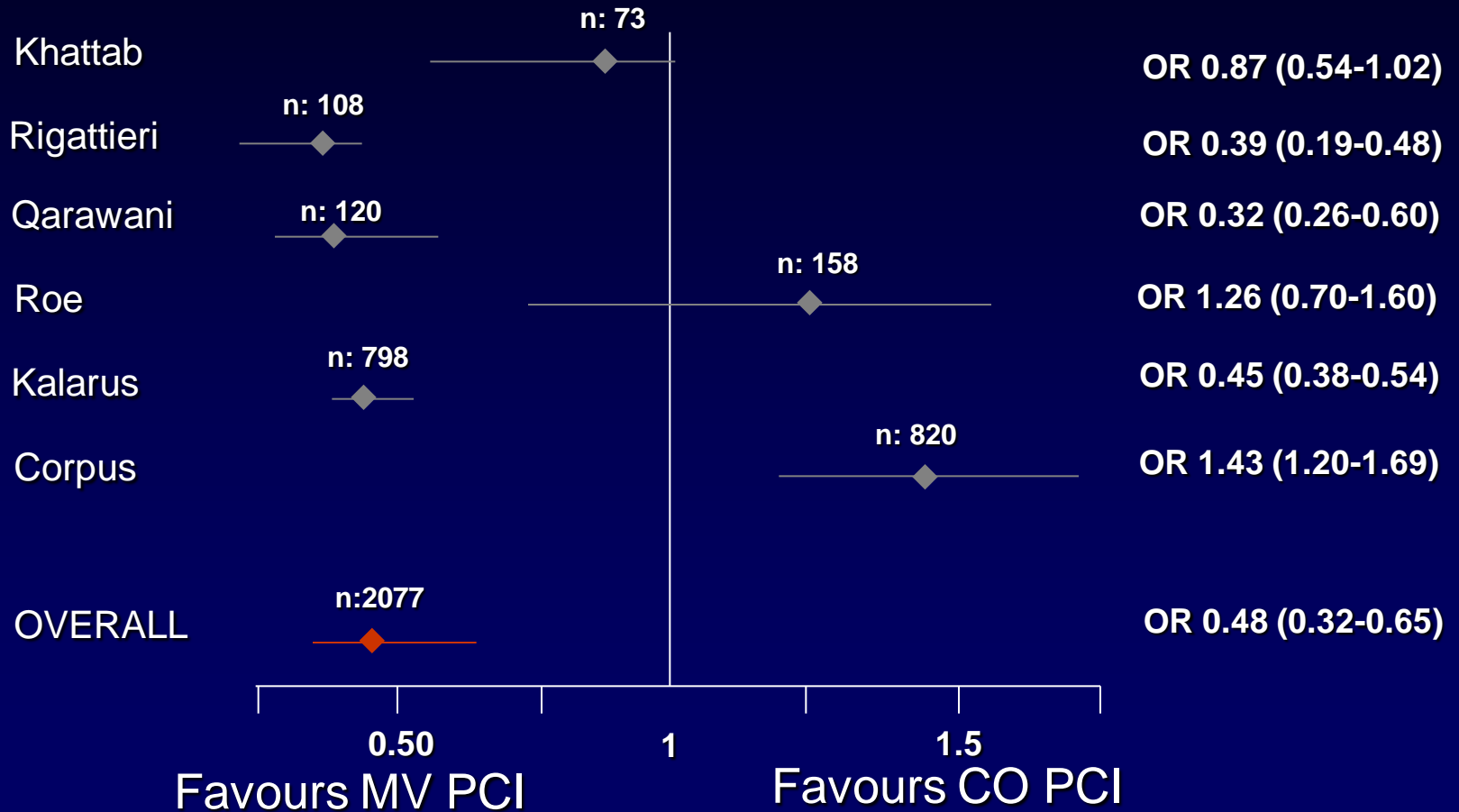
n: 2077 patients



STEMI

MACE in Registries

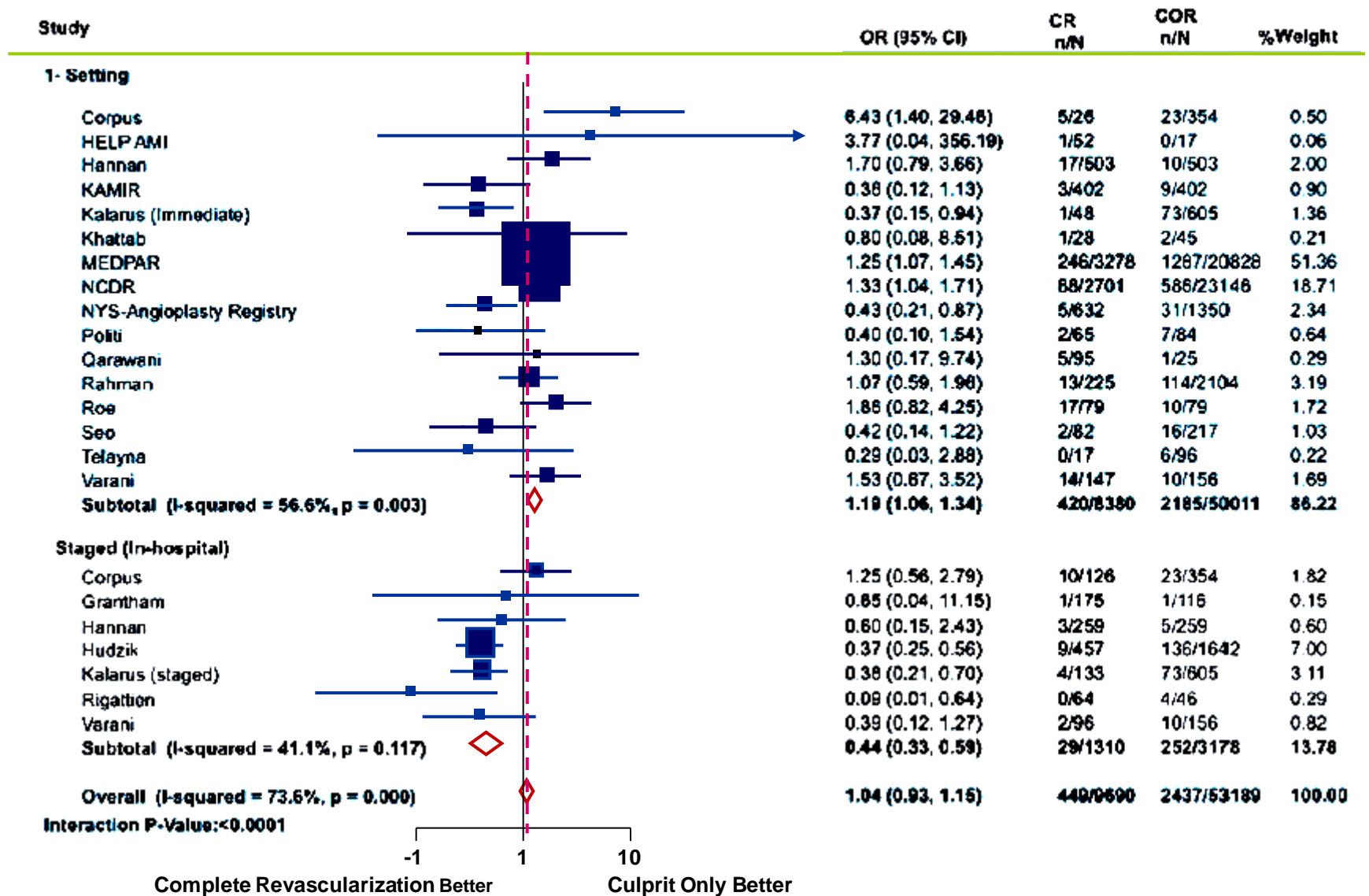
n: 2077 patients



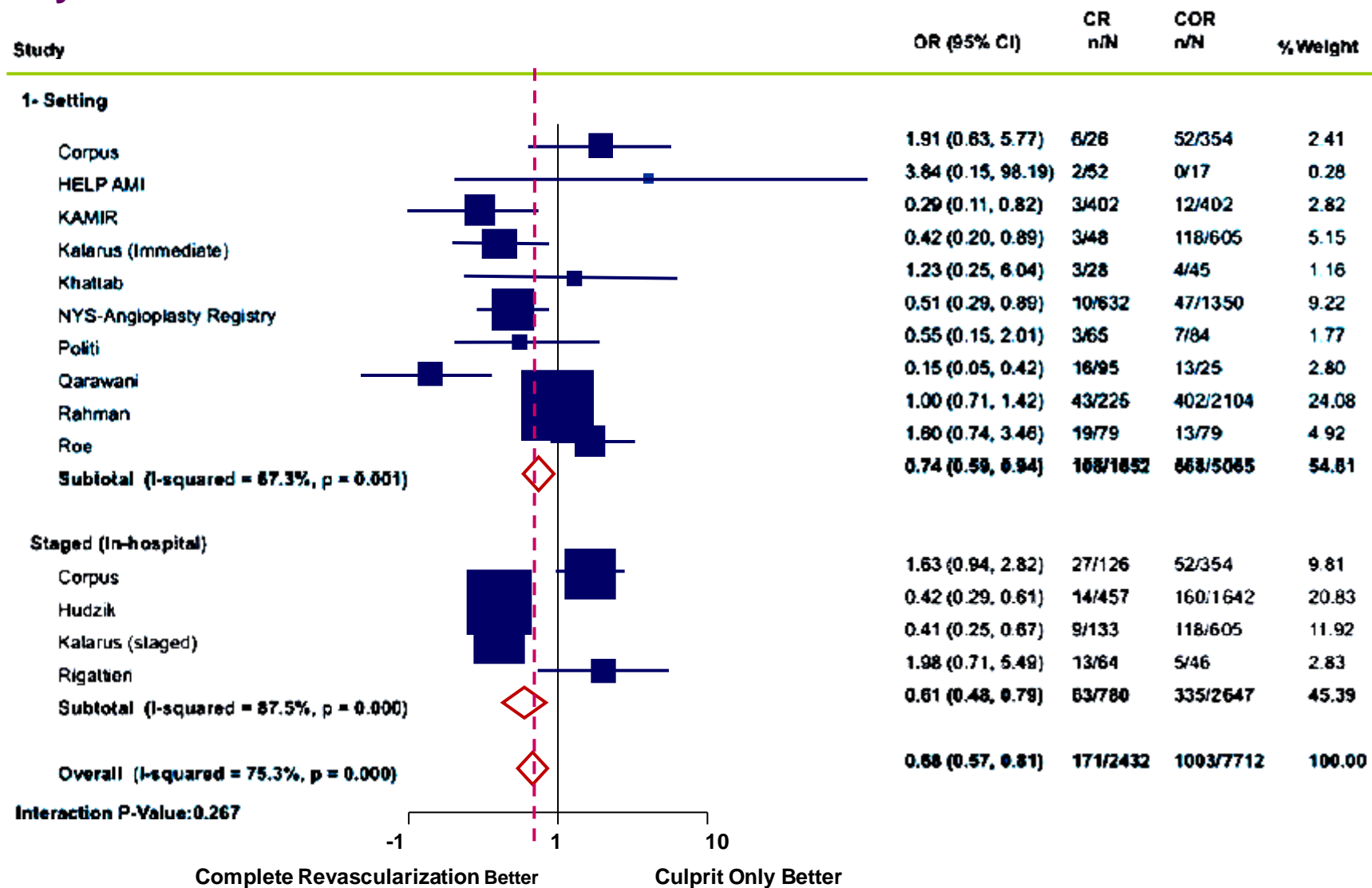
Study	Year	Subjects	Age (years)	Men	Cardiogenic Shock	Killip Class 3/4	Diabetes	Follow-up (months)	Multivessel Revascularization Setting	
									I Setting	Staged
Corpus et al ¹¹	2004	506	63	69%	3.4%	—	17%	12	+	+
Grantham ¹²	2006	291	61	73%	0%	4.8%	22%	6	0	+
Hannan et al ¹³	2010	1524	—	80%	0%	—	22%	42	+	+
HELP-AMI ⁷	2004	69	64	87%	0%	18.8%	19%	12	+	0
Hudzik ¹⁴	2009	2099	64	57%	12%	11.8%	26%	36	0	+
Kalarus et al ¹⁵	2007	786	61	71%	10%	10.0%	33%	30	+	+
KAMIR ¹⁹	2009	804	63	75%	0%	6.0%	28%	8	+	0
Khattab et al ¹⁶	2008	73	66	77%	4%	—	12%	12	+	0
MEDPAR ²⁷	2010	24,106	—	60%	—	—	—	0	+	0
NCDR ^{25*}	2009	25,847	61	72%	0%	—	24%	0	+	0
NYS Angioplasty Registry ^{26†}	2006	1982	61	74%	0%	7.5%	19%	0	+	0
Politi et al ^{8‡}	2010	149	65	77%	0%	—	19%	30	+	0
Qarawani et al ¹⁷	2007	120	66	65%	0%	22.5%	13%	12	+	0
Rahman et al ¹⁸	2010	2077	—	—	—	—	—	12	+	0
Rigattieri et al ²⁰	2008	110	66	75%	0	—	23%	13	0	+
Roe et al ²¹	2001	158	63	71%	28%	33.2%	33%	6	+	0
Seo et al ²²	2009	299	—	—	—	—	—	48	+	0
Telayna ²³	2002	113	60	85%	0	8.8%	19%	6	+	0
Varani et al ²⁴	2008	399	69	71%	—	10.6%	16%	21	+	+

* Cohort without cardiogenic shock.

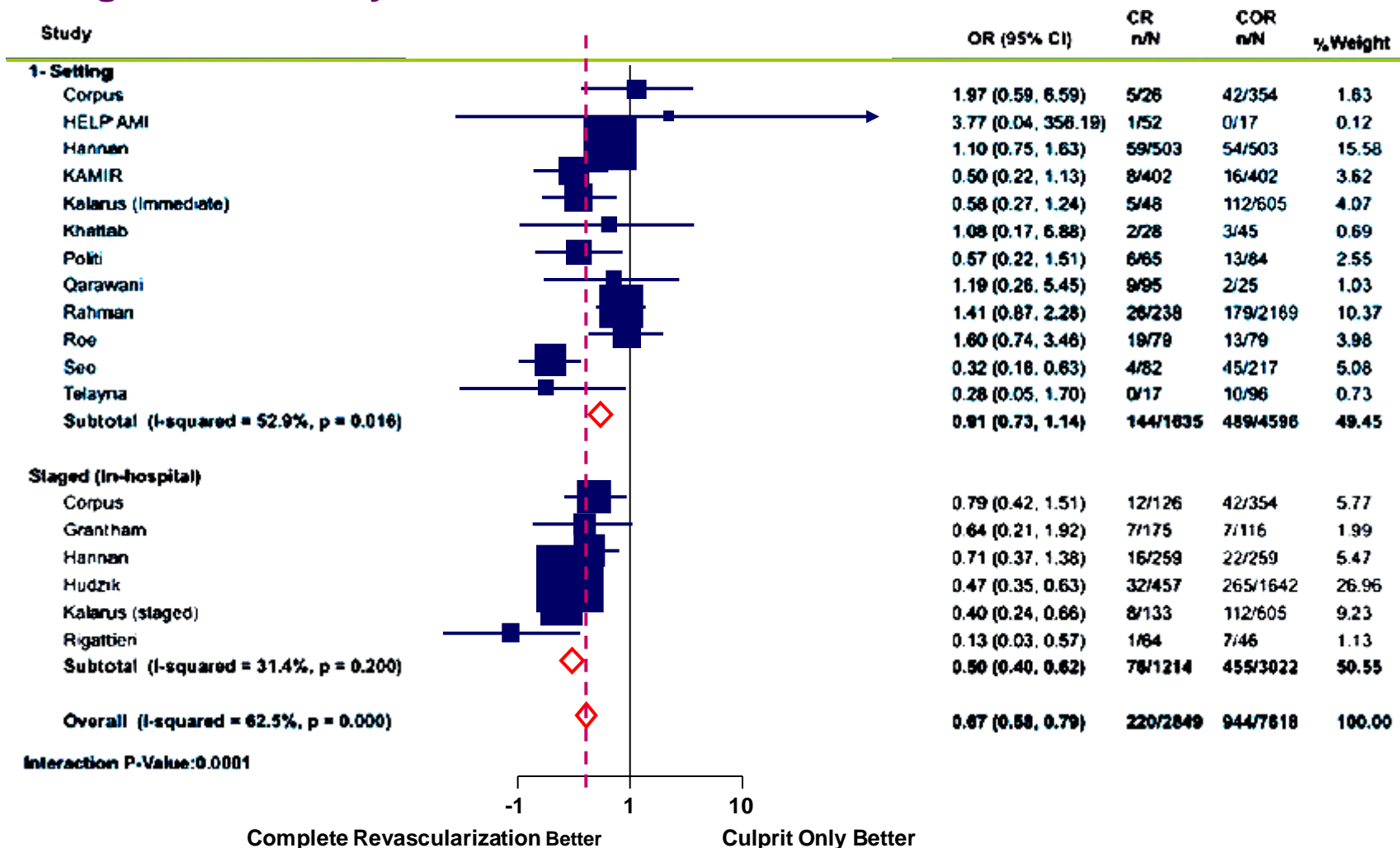
30 Days Mortality



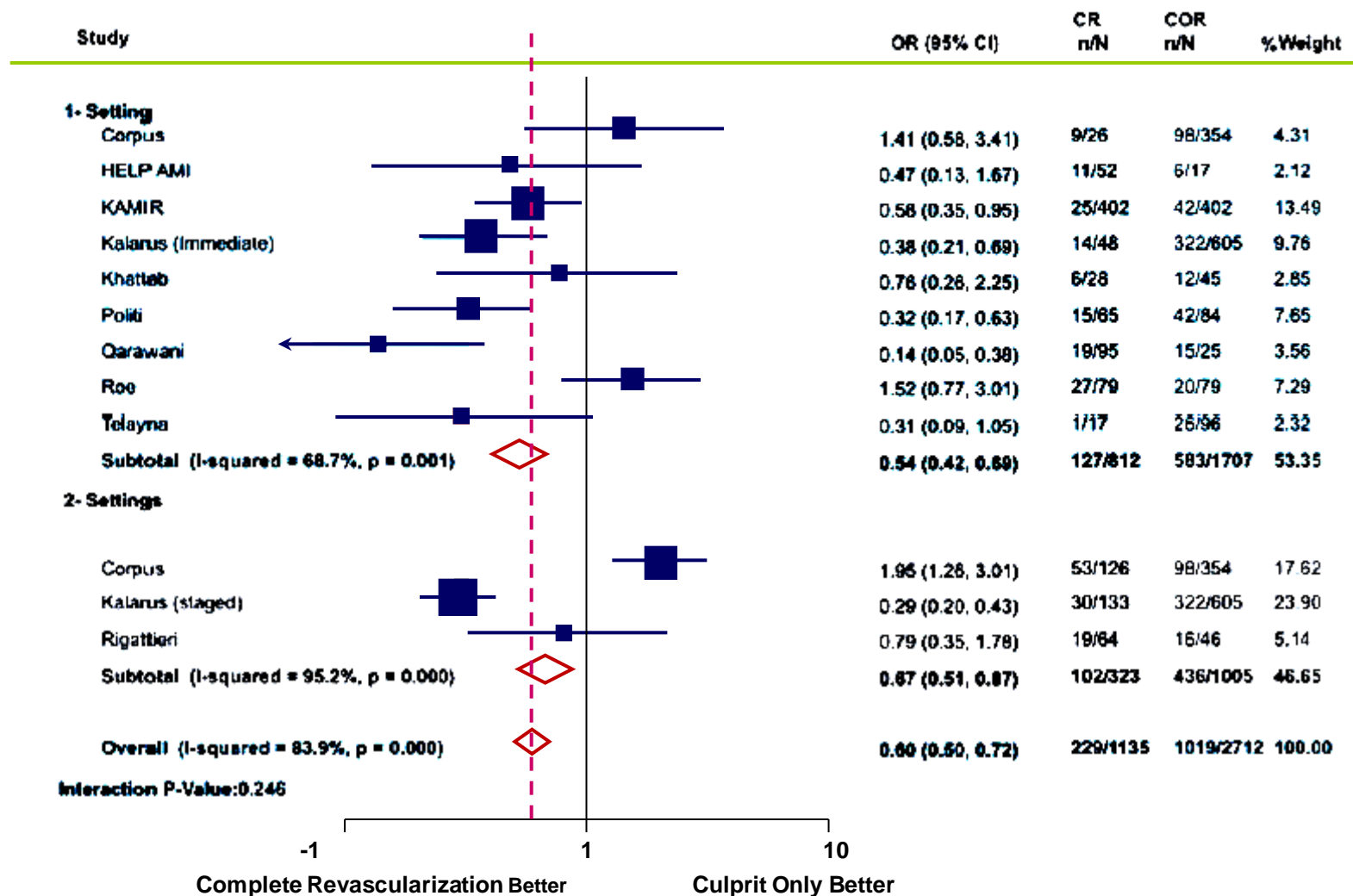
30 Days MACE



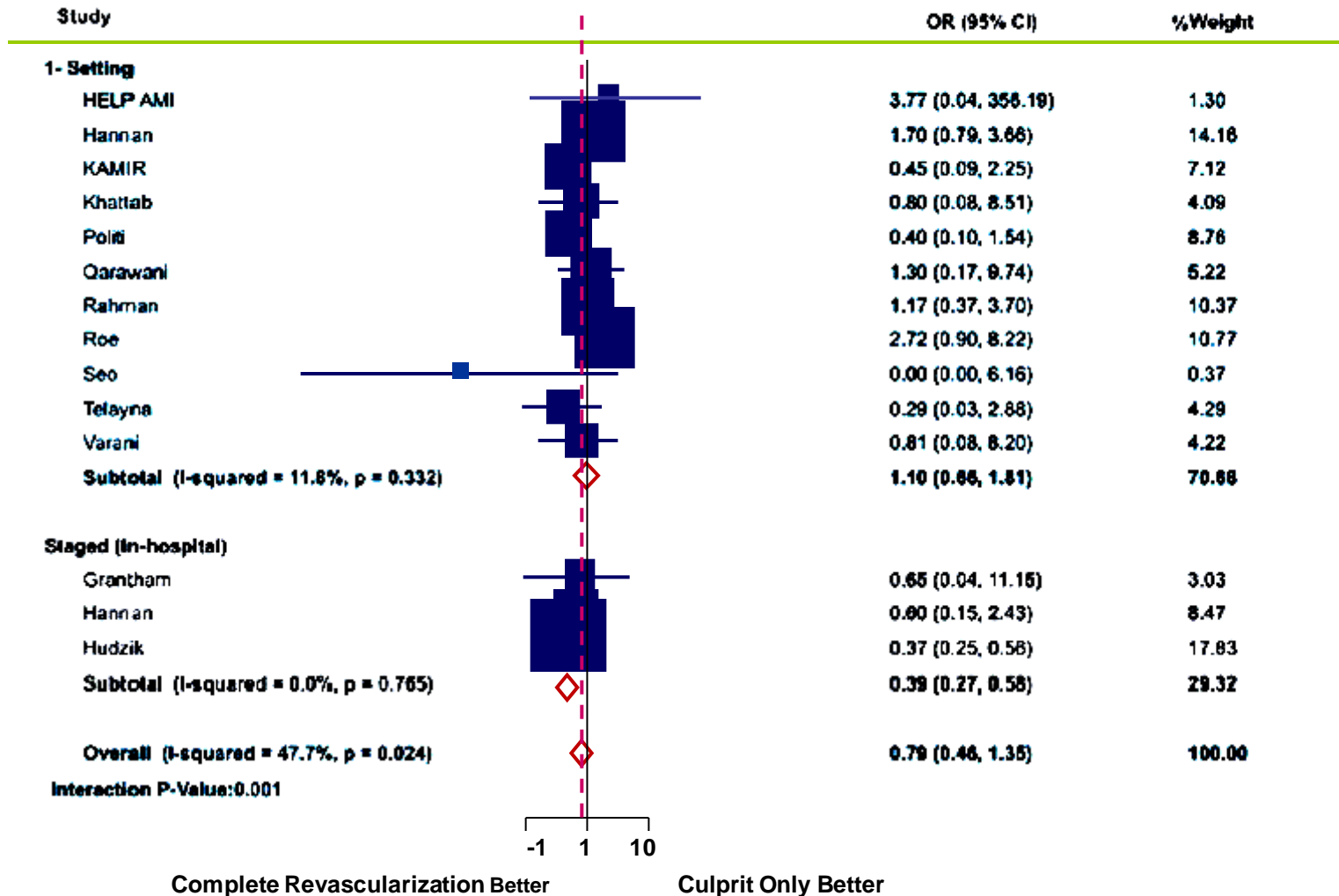
Long term Mortality



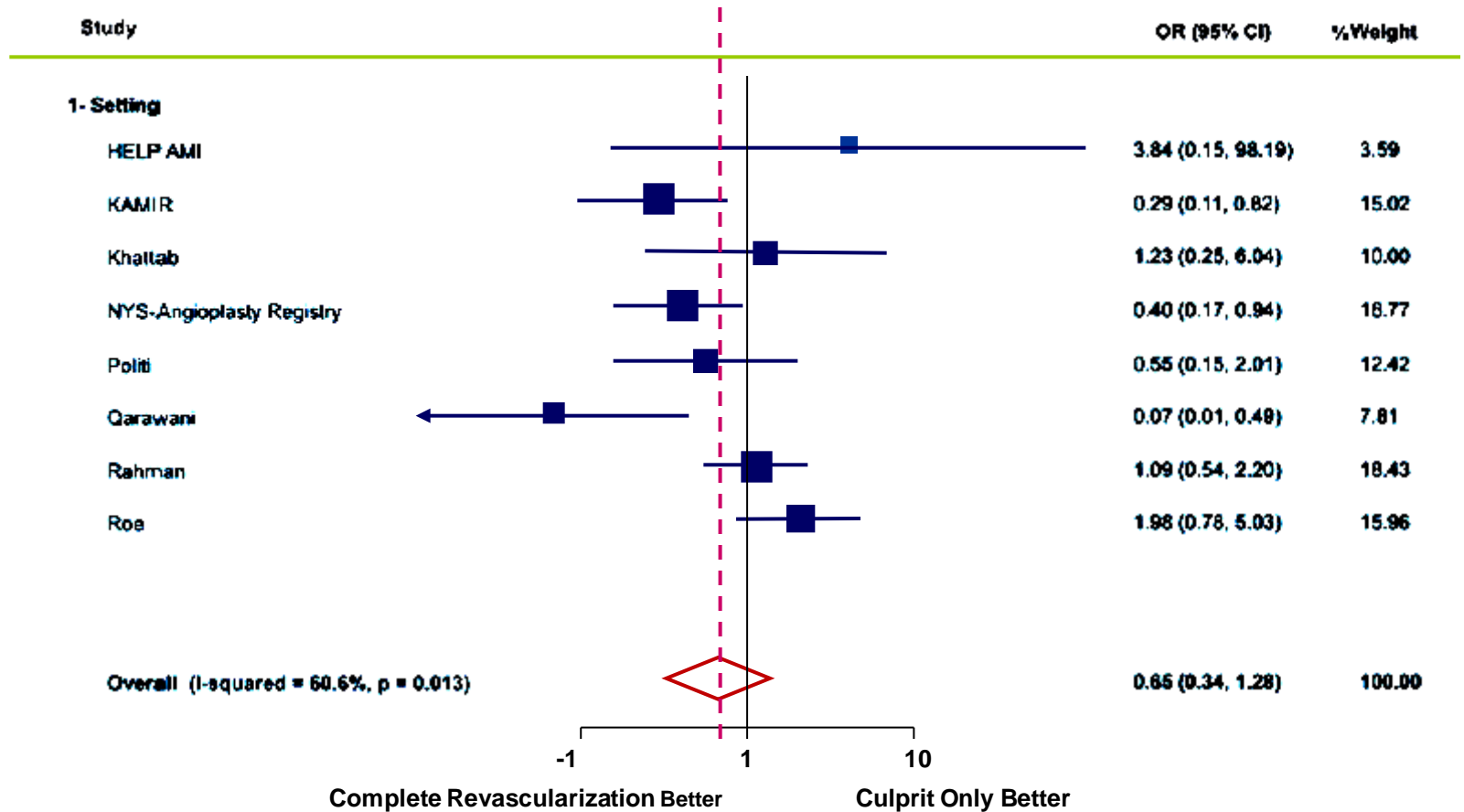
Long term MACE



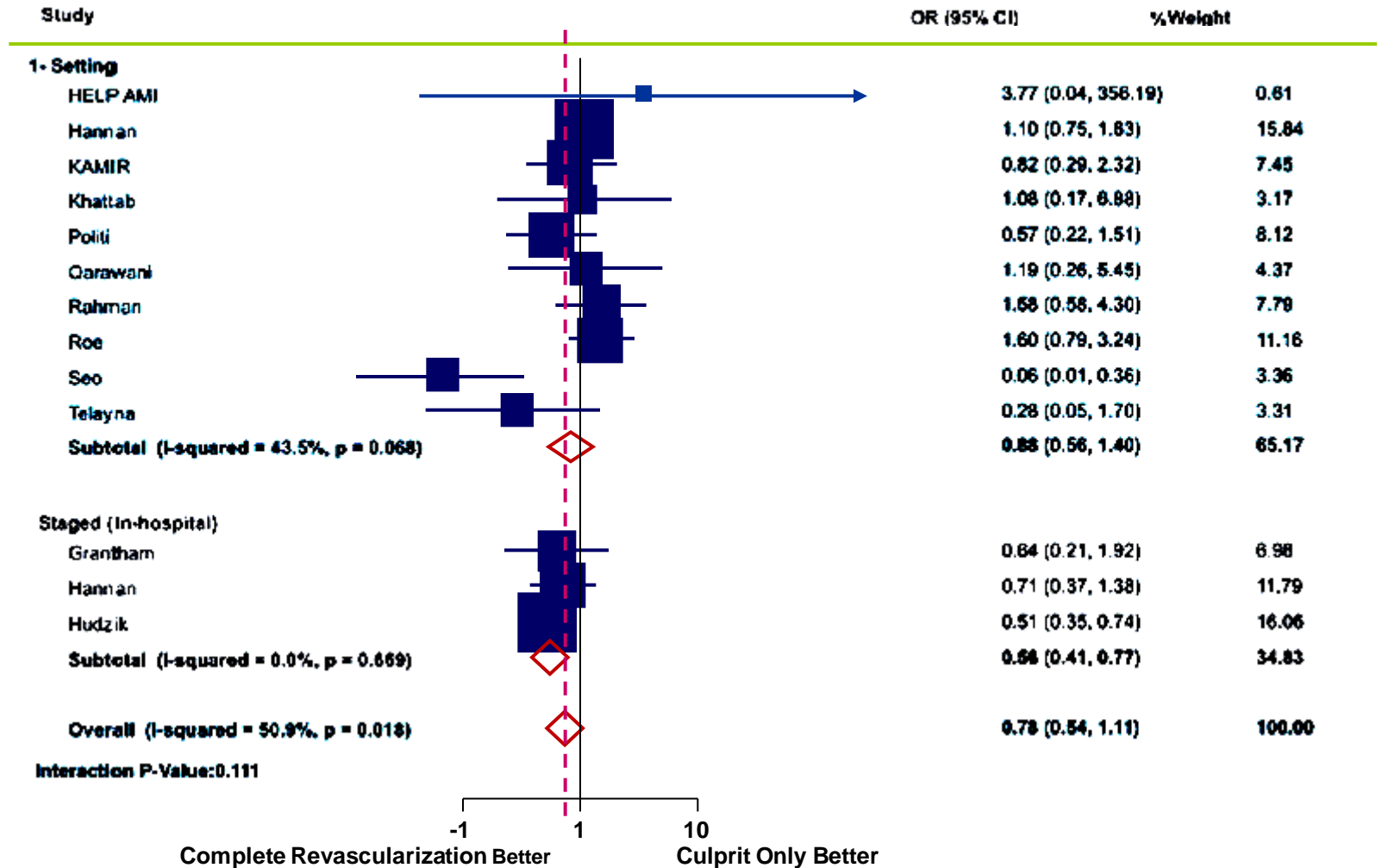
30 Days Mortality (Sensitivity Analysis)



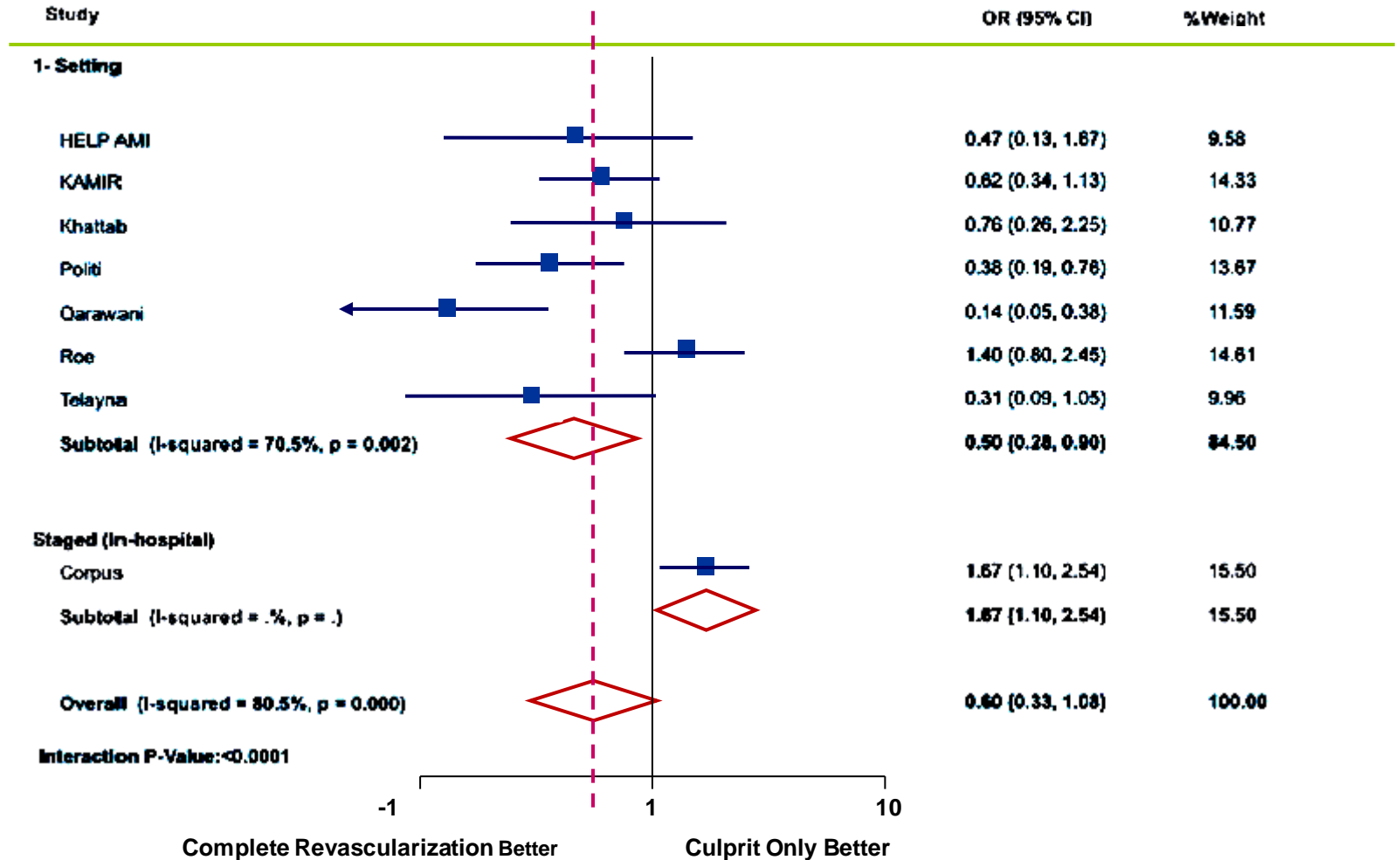
30 Days MACE (Sensitivity Analysis)



Long Term Mortality (Sensitivity Analysis)



Long Term MACE (Sensitivity Analysis)



Puntos a tener en cuenta cuando consideramos PCI de MV en STEMI

- ✓ Priorizar un buen resultado en el vaso responsable con un stent «limpio», flujo TIMI3 y buen «blush» miocárdico
- ✓ Las ventajas versus el riesgo agregado de tratar MV esta influenciada por la dificultad anatomica, los recursos disponibles y la experiencia del operador, entre otras cosas
- ✓ La PCI en el medio de la noche o intercalada en el trabajo del día, por una u otra razón, necesitan terminarse

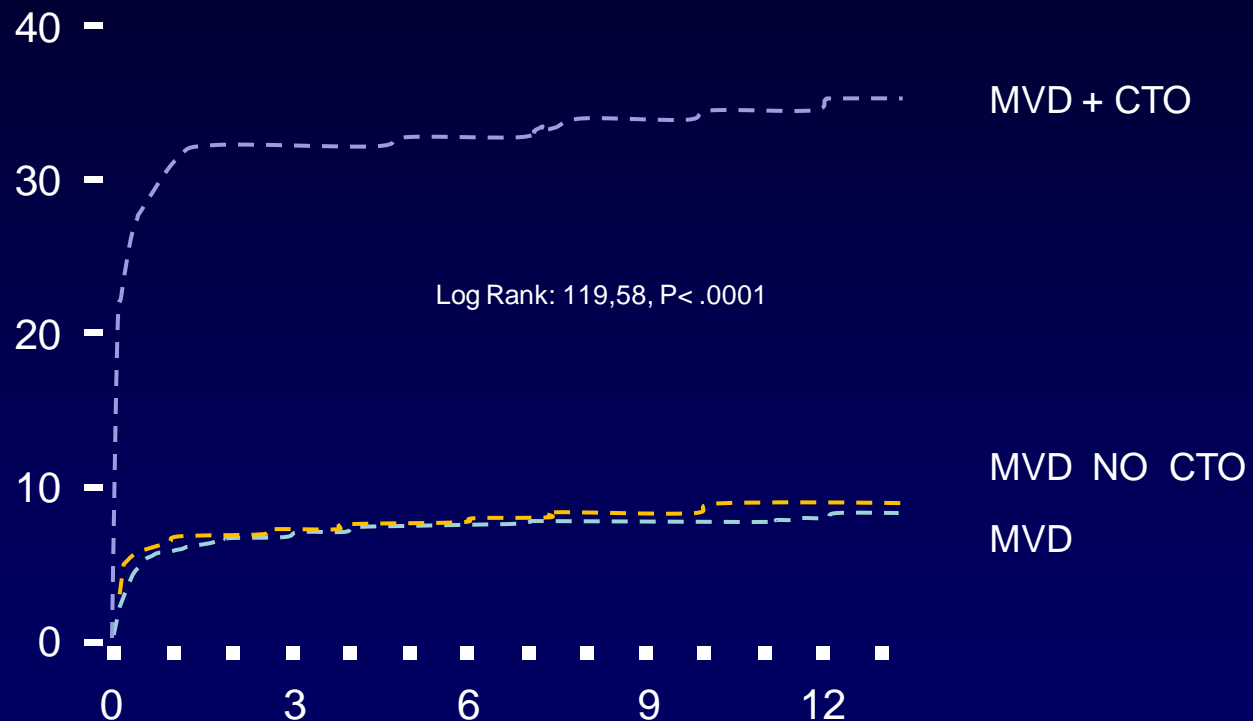
Conclusiones

- ✓ Hay una base racional para recomendar una revascularización lo mas completa posible, en los pacientes con IAM
- ✓ Las guías actuales estratifican la intervención sobre lesiones “no culpables ” durante la angioplastía primaria, como **Clase III (potencialmente perjudicial)**
- ✓ Hay incipiente evidencia que favorece la revascularización completa pero, NO es concluyente
- ✓ El mejor momento para lograr la revascularización completa, también tiene que ser evaluado



MVD in STEMI

Independent prognostic importance of MVD determined by presence of a CTO in a non-IRA* (n=1417)



RCTs

		MVT		Culprit only
HELP AMI	2004		52	17
Rotterdam	2004	✓	108	111

Registries

New York State	2006	✓	632	1350
Kalarus et al. (Poland)	2007	✓	193	605
Xu et al. (China)	2007		105	125
Mayo Clinic. (USA)	2005		239	1145
Corpus et al. (USA)	2004		152	354
Qarawani et al (Israel)	2007		95	25
Khattab et al. (Germany)	2008		28	45
Roe et al. (USA)	2001		68	68

**Registries of STEMI
Metanalysis**



Metanalysis DA IGUAL

Bangalore S, Kumar S, Poddar KL, et al.
Meta-analysis of multivessel coronary
artery revascularization versus culprit-only
revascularization in patients with ST-
segment elevation myocardial infarction
and multivessel disease. *Am J Cardiol.*
2011 Volume 107, Issue 9, 1300-1310



SOCIEDAD PARAGUAYA DE CARDIOLOGIA
SIMPOSIO INTERNACIONAL DE EMERGENCIA CARDIOVASCULAR
CONSEJO DE CUIDADOS INTENSIVOS CARDIOVASCULARES

- ✓ Hay una base racional para recomendar una revascularización lo mas completa posible, en los pacientes con IAM
- ✓ Las guías actuales estratifican la intervención sobre lesiones “no culpables ” durante la angioplastía primaria, como **Clase III (potencialmente perjudicial)**
- ✓ Hay incipiente evidencia que favorece la revascularización completa pero, NO es concluyente
- ✓ El mejor momento para lograr la revascularización completa, también tiene que ser evaluado

Conclusions

- ✓ There is a rational basis for recommending a revascularization as complete as possible in primary PCI
- ✓ Current guidelines stratify intervention on “no culprit” lesions during primary PCI as **Class III (potentially harmful)**
 - ✓ No conclusive evidence favors the additional PCI after successful culprit lesion stenting
- ✓ The right moment for performing PCI in other than culprit vessel, must also be addressed

MVD in STEMI

possible strategies

Immediate additional revascularization of all MVD lesions
(reducing ischemia and improving recovery and outcome)

Wait and see; Cool down
Only ischemia driven revascularization

Routine revascularization in selected MVD patients
(reducing ischemia and improving recovery and outcome)

Impact of a CTO in STEMI

Independent predictors for mortality

Multivariate Cox regression analysis	HR	95% CI	P
Shock	4.4	3.6-5.4	<0.01
CTO	2.8	2.3-3.5	<0.01
Age >60 years	1.9	1.5-2.3	<0.01
LAD related infarction	1.7	1.4-2.1	<0.01
MVD without CTO	1.3	1.1-1.7	0.01
Postprocedural TIMI 3 flow	0.5	0.4-0.6	<0.01

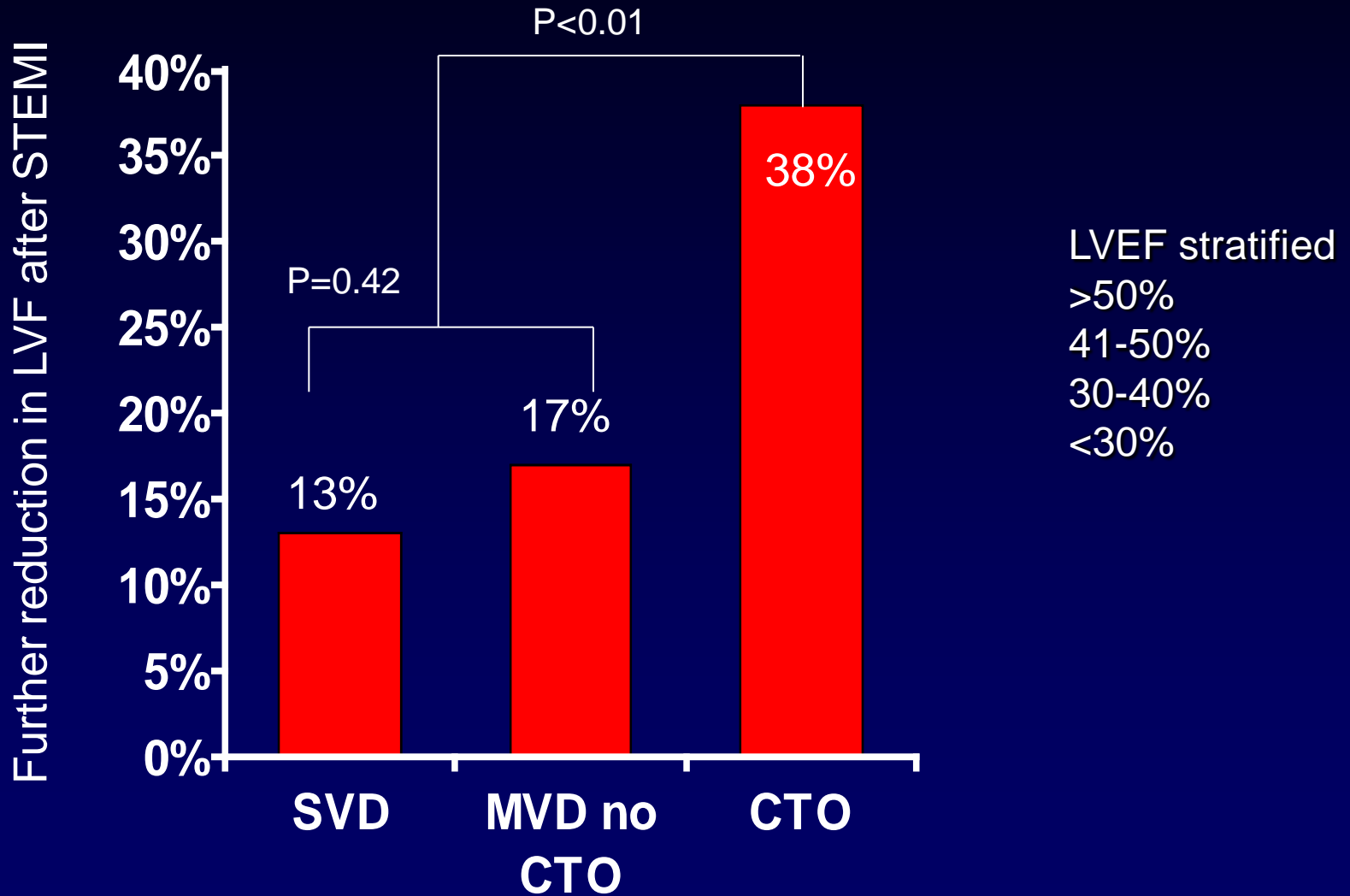
Impact of a CTO in STEMI

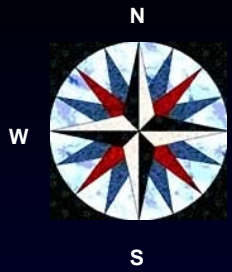
Independent predictors for mortality in hospital survivors

Multivariate Cox regression analysis	HR	95% CI	P
Age >60 years	3.3	2.4-4.5	<0.01
CTO	1.9	1.3-2.6	<0.01
LAD related infarction	1.7	1.3-2.2	<0.01
Shock	1.6	1.0-2.4	0.04
MVD without CTO	1.1	0.8-1.5	0.51
Postprocedural TIMI 3 flow	0.6	0.5-0.9	<0.01

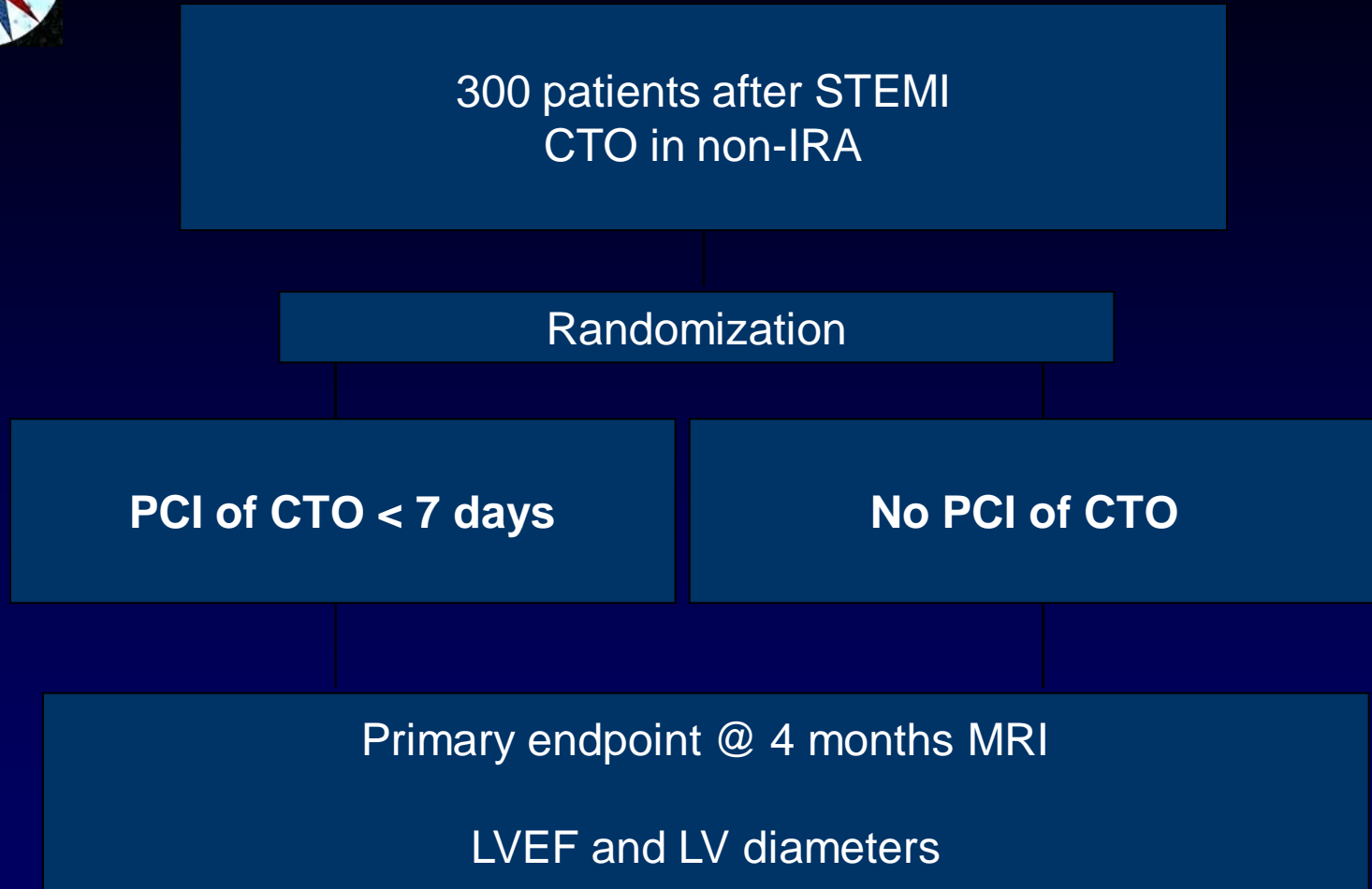
Impact of a CTO in STEMI

Further reduction in LVEF





EXPLORE trial



Principal investigators:

Study coordinator:

E-mail:

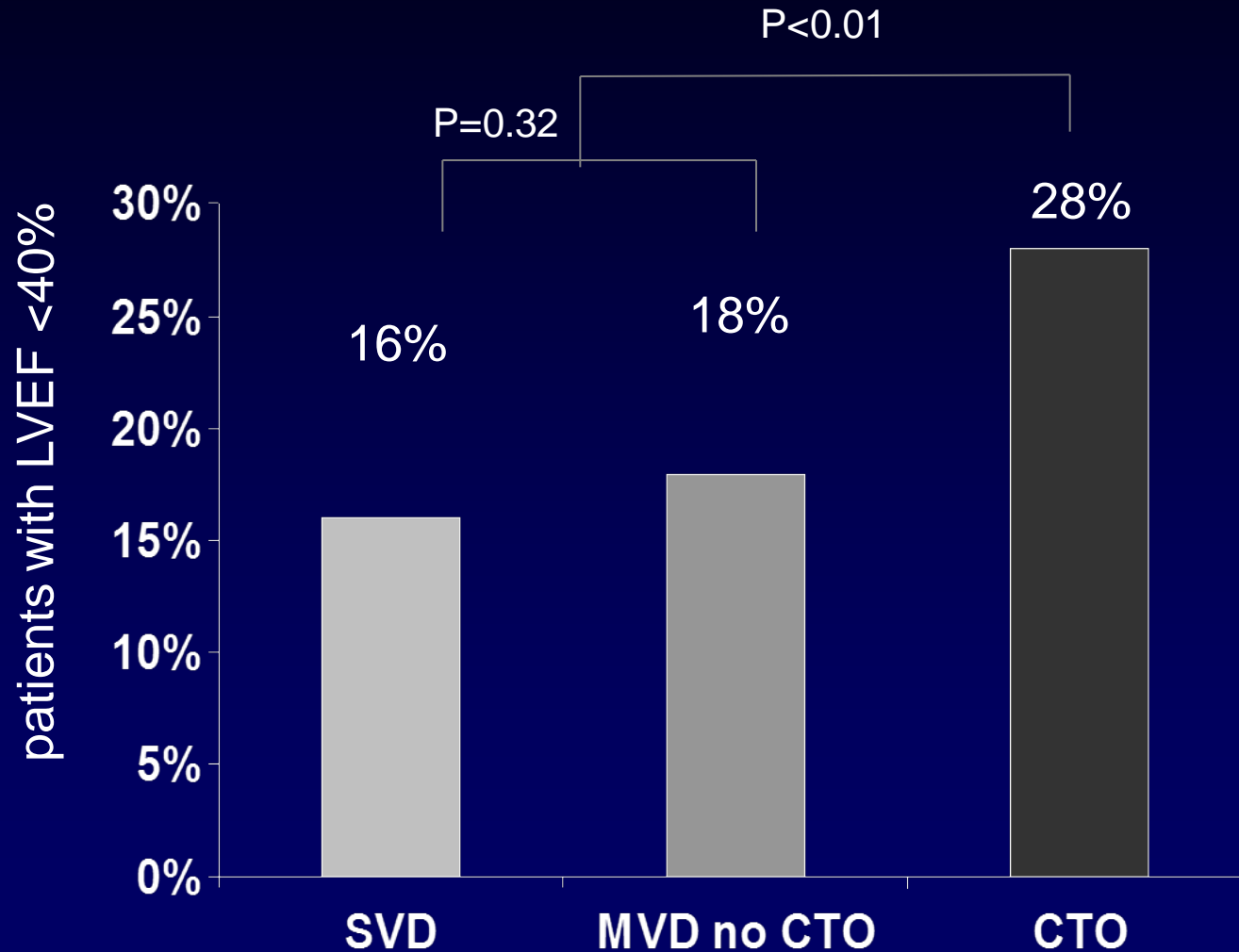
René van der Schaaf / José PS Henriques

Bimmer Claessen / Loes Hoebbers

explore@amc.nl

Impact of a CTO in STEMI

Residual LVEF <40%



Conclusions

CTO drives mortality in STEMI patients with MVD

An independent predictor for mortality

Associated with reduced LVEF

Associated with a further reduction of LVEF

Strategies for MVD in primary PCI

Culprit only or culprit plus

MVD is present in 40-65% of STEMI patients

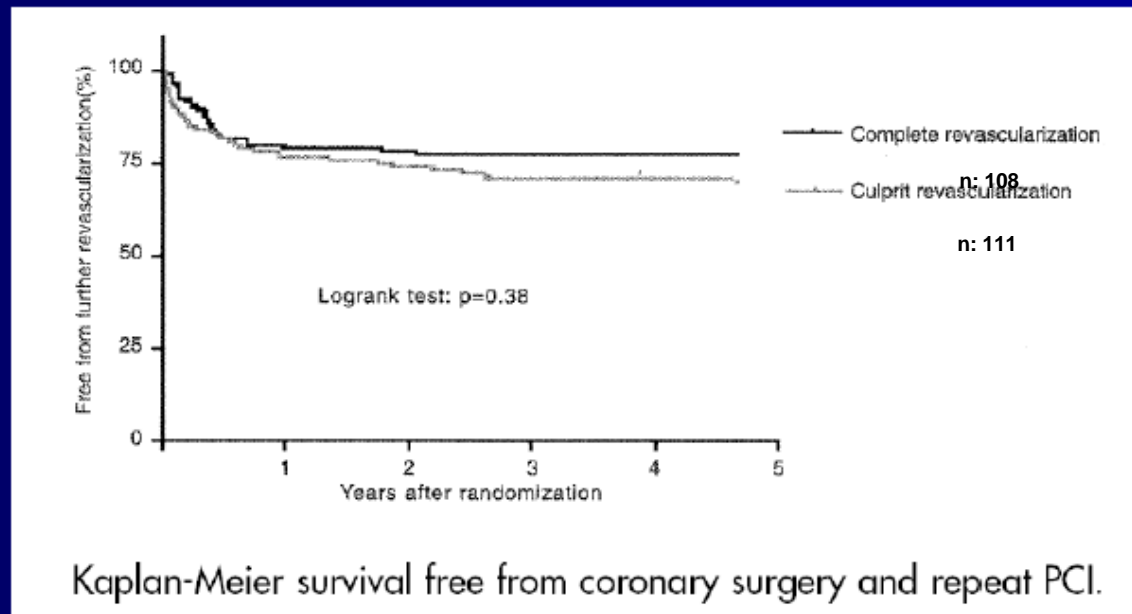
CTO drives mortality in STEMI patients with MVD

Immediate Multivessel PCI has no benefit(SHOCK?)

For non-CTO: Wait and see; Cool down
Only ischemia driven revascularization

For CTO

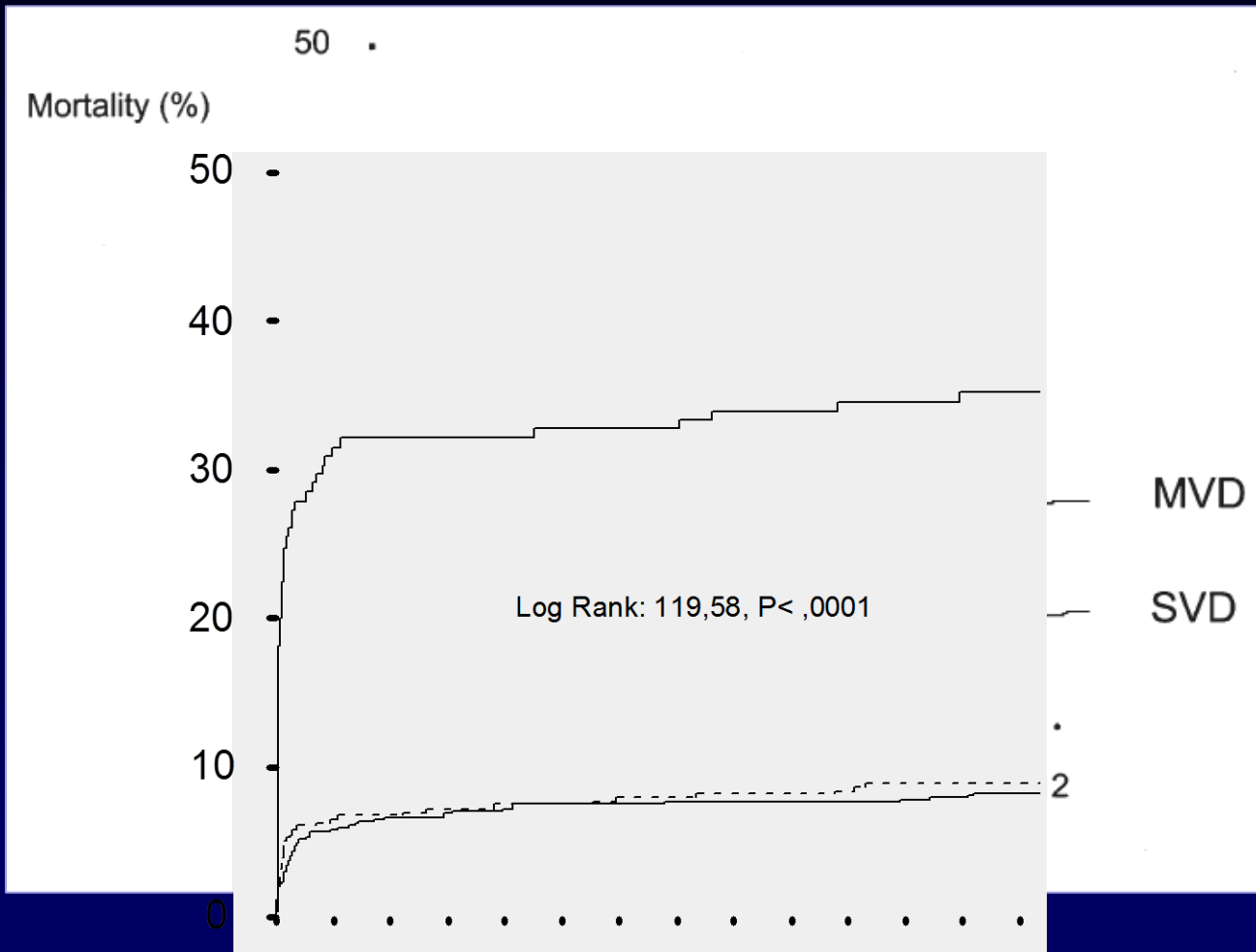
Rotterdam study – not AMI



No significant difference in revascularization rates at long-term F/U

Advice, Recommendations ?

- Evidence is scarce and inconclusive
- Need to individualize therapeutic decisions – we know STEMI is a heterogenous substrate !!
- MVS definitely justifiable where multiple “culprits” and where pt still unstable or in shock after obvious culprit well treated
- MVS may be safe and defensible in hands of experienced operators with availability of adjunctive devices eg. thrombectomy, protection devices (prox or distal) and using pretreatment with abciximab, clopidogrel and knowledge of pharmacotherapy for noreflow etc.



Culprit only

MVT

RCTs

Study	Year	Culprit only	MVT
HELP AMI	2004	17	52
Rotterdam	2004	111	108

Registries

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Metanalysis of Registries of STEMI