Cost-Effectiveness of Fractional Flow Reserve-Guided Percutaneous Coronary Intervention in Patients with Stable Coronary Disease: Results from the FAME 2 trial

William Fearon, Bernard De Bruyne, Nico Pijls, David Shilane, Derek Boothroyd, Pim Tonino, Emmanuele Barbato, Peter Juni, and Mark Hlatky on behalf of the FAME 2 Trial Investigators





Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship

- Grant/Research Support
- Consulting Fees/Honoraria
- Major Stock Shareholder/Equity
- Royalty Income
- Ownership/Founder
- Intellectual Property Rights
- Other Financial Benefit

Company

St. Jude Medical, NIH

HeartFlow

FAME 2 was sponsored by St. Jude Medical





Background

- The FAME 2 trial is a multicenter, international, randomized study comparing fractional flow reserve (FFR)-guided percutaneous coronary intervention (PCI) to best medical therapy (MT) in patients with stable coronary disease.
- The study was stopped early because of a significantly higher rate of the composite endpoint of death, MI and urgent revascularization in patients assigned to MT.





Trial Design



Primary Endpoint: Death, MI, Urgent Revascularization at 2 years





Trial Results

	FFR-Guided PCI (n=447) %	MT (n=441)	P-Value
Primary Endpoint	4.3	12.7	<0.001
Death	0.2	0.7	0.31
Myocardial Infarction	3.4	3.2	0.89
Urgent Revascularization	1.6	11.1	<0.001
Free from Angina (1 month)	71	48	<0.001

De Bruyne, et al. New Engl J Med 2012;367:991-1001.

TCT2012





Objective

 The aim of this presentation is to describe the economic and quality of life implications of the FFR-guided PCI strategy in the FAME 2 trial.







- Direct medical costs of the index procedure and hospitalization were calculated from actual resource consumption.
- Follow-up events were assigned costs based on Medicare's reimbursement rate per diagnosis related group.
- Cumulative costs over 12 months were calculated monthly using an incremental approach.





- Angina was assessed at baseline, 1, 6 and 12 months.
- Patient utility (quality of life) was assessed using the EQ-5D with US weights at baseline, 1 and 12 months.
 - Because the trial was stopped early, only 11% of patients had 12 month utility measured. We used the change in scores from baseline to 1 month to project quality adjusted life-years (QALYs).
- We calculated the cost-effectiveness ratio during the first 12 months (in-trial), and because the treatment effect is likely to extend further, we projected the analysis out to 3 years.





- We assumed that the one year cost difference persisted in subsequent follow-up.
- We estimated the utility difference in 2 ways:
 Improved by PCI (in both arms) and lasted 1 year
 - One month difference declined linearly over 3 years





Freedom from Angina in COURAGE



Weintraub, et al. New Engl J Med 2008;359:677-687.





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- We estimated the utility difference in 2 ways:
 Improved by PCI (in both arms) and lasted 1 year
 - One month difference declined linearly over 3 years
- The Cost-Effectiveness Ratio was calculated as:

 $(\Delta QALY_{FFR-PCI} - \Delta QALY_{MT})$





Results

One Year Cost Estimates Per Patient

	FFR-Guided PCI	МТ
Baseline	\$8,790	\$3,305
Drug-Eluting Stent(s)	\$4,304	\$48
Follow-up	\$2,584	\$5,561
Revascularization	\$442	\$3,928
Total	\$11,374	\$8,866





Cumulative Costs over 12 Months



Results

Quality of Life at 1 Month

	FFR-Guided PCI	МТ	p-value
Angina (%)			
Class 0-1	89	71	<0.001
Class 2-4	11	29	<0.001
Utility Change	0.054	0.003	<0.001

FFR-Guided PCI Cost-Effectiveness

In-trial results

\$2,500 / 0.047 QALY = \$53,000 / QALY

Three Year Projection \$2,500 / 0.079 QALY = \$32,000 / QALY

Cost-Effectiveness

<u>CE Benchmarks:</u> Hemodialysis ≈ \$50,000 / QALY WHO GDP std ≈ \$150,000 / QALY

Study	Comparators	CE Ratio
COURAGE	Angio-Guided PCI vs Medical Therapy	≥ \$168,000 / QALY

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FAME 1	Angio-Guided PCI vs FFR-Guided PCI	FFR-Guided PCI is Dominant (↓\$ / ↑QALY)
FAME 2	FFR-Guided PCI vs Medical Therapy	\$32,000 / QALY

Limitations

• This study is limited by the short time horizon.

- Cost-effectiveness estimates have wide confidence limits due to
 - Model assumptions
 - Parameter uncertainty
 - Statistical uncertainty

Conclusion:

• FFR-Guided PCI has higher initial cost than medical therapy.

• The cost gap narrows by >50% at one year.

- Angina and quality of life are significantly improved by FFR-Guided PCI compared to medical therapy.
- FFR-Guided PCI appears to be economically attractive in cost-effectiveness analysis.

